

SECOND SUNDAY OF THE GREAT FAST

DURING LENT...

First Antiphon: p, 21 "Bless the Lord..." (**First Psalm of Typica**)

Third Antiphon: p, 27 "Remember us..." (**The Beatitudes**)

TROPAR (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You; Kingdom! Glory to Your saving plan, O only Lover of Man kind.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 4): Now is the proper time for cultivating virtue; judgment is at the door. And so let us fast; let us show tears of remorse and bring alms; let us cry out: "Our sins are more numerous than the sands of the seas. Forgive us, Creator of all, that we may obtain crowns of incorruption."

PROKIMEN (Tone 5): You, O Lord, will guard us and will keep us from this generation, and for ever.

Verse: Save us, Lord, there are no devout men left.

EPISTLE: A reading from the Epistle to the Hebrews (1:10-2:3)

ALLELUIA VERSES: *He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.*

He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

GOSPEL: Mark (2:1-12)

INSTEAD OF 'IT IS TRULY RIGHT': In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins; God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

READERS: Today – Fran Soroski

March 15 - Derow Family

MINISTERS OF COMMUNION: Today – Mark Woitas, Ernie Paluck

March 15 – Tyler Woloshyn, Joe Hladky

USHERS: Today – Arty Wytrykush, Walter Brigidear

March 15 -Ted Dusyk, Arty Wytrykush

GREETERS: Today – Maggie Stephen, Bernice Bzdell,

March 15 – Terry & Rosanne Miller

ALTAR SERVERS: Every Sunday, all volunteers are welcomed

DIVINE LITURGIES:

Monday, March 9 – The Holy Forty Martyrs of Sebaste (321-23) [Hebrew 12:1-10; Matthew 20:1-16]

6:00 p.m. – Children's Liturgy followed by catechism (for +Fr. Yurji Lazurko) requested by Dorothy Lazurko and Family

Tuesday, March 10 – The Holy Martyr Codratus and Those with Him (249-51)[Philippians 2:12-26; Matthew 10:32-38; 19:27-30]

9:15 a.m. – 3:00 p.m. – Confessions for O'Neill School at St. Peter Parish

6:30 p.m. – Divine Liturgy for (health of Betty Herlick) requested by Rosanne and Terry Miller, followed by Liturgical committee meeting

Wednesday, March 11 – Our Holy Father Sophonius, Patriarch of Jerusalem (638) [Ephesians 4:1-6; Matthew 7:1-8]

9:30 a.m. – 12:00 p.m. – Confessions for St. Peter School

7:00 p.m. – Liturgy of Presanctified Gifts for (+Fr. Yurji Lazurko) requested by Art and Theresa Ingleby

Thursday, March 12 – Our Venerable Father and Confessor Theophanes of Sigriana (817); Our Holy Father Gregory the Dialogist, Pope of Rome (604)

9:30 a.m. – 12:00 p.m. – Confessions for St. Augustine School

SOBOR 2020 at St. Athanasius Parish time TBA

Friday, March 13 – The Transfer of the Relics of Our Holy Father Nicephorus, Patriarch of Constantinople (847); Presanctified – [Genesis 8:4-21; Proverbs 10:31-11:12]

5:00 p.m. - Marriage preparation

6:00 p.m. – Stations of the Cross

Saturday, March 14 – All Souls Saturday; Our Venerable Father Benedict of Nursia (547); [Hebrews 10:32-38; 1Thessalonians 4:13-17; Mark 2:14-17; John 5:24-30]

10:00 a.m. – Sorokousty – Divine Liturgy and Panakhyda (all souls Saturday)

Sunday, March 15 – Third Sunday of the Great Fast – Veneration of the Holy Cross, (Tone 7); The Holy Martyr Agapius and the Six Martyrs with Him (284-305) [Hebrews 4:14-5:6; Mark 8:34-9:1]

9:30 a.m. – Divine Liturgy of St. Basil the Great at St. Athanasius (for the faithful)

2:30 p.m. – Divine Liturgy in Chaplin

THIS WEEK AT A GLANCE...

- ❖ Monday, March 9 - 6:00pm – Children's Liturgy followed by catechism
- ❖ Tuesday, March 10 – Noon~K of C Bingo
7:00pm – Liturgical Meeting
- ❖ Friday, March 13 – 7:00pm – 9:00pm~Faith Enrichment Program at St. Basil's Parish
- ❖ Saturday, March 14 – 9:00am – 4:00pm~ Faith Enrichment Program at St. Basil's Parish

ST. ATHANASIUS AGM will be held on Sunday, March 22 following the Divine Liturgy. Muffins, cheese and fruit will be provided. On March 15th the AGM booklets will be distributed after Liturgy. Please remember to bring these with you when you attend the AGM.

PROPOSED PARISH COUNCIL SLATE OF OFFICERS FOR 2020 -21

The following parishioners have agreed to let their name stand for St. Athanasius Parish Council positions for 2020 – 21.

President – Kevin Korchinski

Vice President – Len Markewich

Secretary – Marion Federko

Treasurer – Doris Gordon

Anyone else wishing to let their name stand for St. Athanasius Parish Council for 2020-21 is asked to contact the Nominating Committee – Fr. Vasyl Tymishak @ 306-519-9030, vasyltymishak@gmail.com or Robert Wuschenny @ 306-545-2512, r.wuschenny@sasktel.net

GENERAL CHURCH CLEANING – will be taking place Saturday, March 21, 2020, beginning at 8:30 a.m. We will begin cleaning, then attend the Sorokousty service at 10:00 a.m. and finish cleaning after the service.

Please, sign up on the sheets provided on the front foyer table. *Thank you.*

CHOIR PRACTISES – scheduled for **2 PM** as follows, unless otherwise announced:

Sundays, **today**, March **15**, & **29**, and **April 5**. We will prepare for Lenten, Holy Week, and Easter Sunday services. If you're not currently singing with us and would like to, please make your interest known and come out to the practises! Thanks.

... Phyllis Lukey 306-529-8152 PLLukey@gmail.com

ULTIMATE A & B YOUTH ANNOUNCEMENT

All youth in grades 7 to 12, come join us for our next event. It will take place **Friday, March 20, 2020 from 7:00–9:30pm at St. Basil's Parish Centre**. And it's movie night! See the poster for more information. If you have any questions or would like more information, please contact Lesia at ultimateaandb@hotmail.com. We look forward to seeing you there!

Celebrating 40 Years of Ukrainian Bilingual Education

Bishop Filevich Ukrainian Bilingual School
Українська двомовна школа
ім. Владики Філевича



Save the Date: Saturday, June 13, 2020

40th Anniversary of Ukrainian Bilingual Education

Family Day in the Park

Saint Volodymyr Park (by Pike Lake)

Saturday, June 13th, will be a day of fellowship, prayer, fond memories!

More details to follow...

They would love to hear from alumni students, families and staff!

Please call the school (306-659-7230) or email bishop.filevich@gscs.ca to provide your contact information so that we can keep you in the loop!



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Dear Parishioners:

The invitation for help is open to all family, friends and Knights. The Veteran and long-term care wings at the Wascana Rehab need assistance to attend Sunday services. The Regina Chapter of Knights made a commitment to Wascana Rehab to facilitate this program. We require four to five knights' and/or family to help out the veterans and other residents who need assistance attending the service. Portering begins at 9:45 am, mass starts at 10:30 and usually lasts about 35 minutes and the portering ends by 11:30. Our scheduled date is March 22. Please contact Curtis Stechyshyn at 535-4636 if you can help.

SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

Sorokousty Services (All Souls Saturday) will be celebrated this year on, **March 14th, March 21st, and May 30th**.

The word "Sorokousty" literally means "forty mouths" (*sorok = forty; ust = mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time.

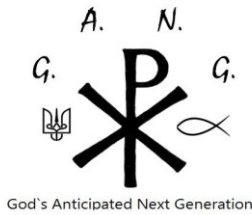
Sorokousty or All Souls Saturday's services have been celebrated for the deceased by holding Liturgies, panakydas or parastas for them on five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call the office @ 306-543-8008, or visit the parish office Tuesday-Thursday 10:00 a.m. – 2:00p.m.



G.A.N.G. Young Adults Announcement!



Young adults, age 18 to 35ish, come join us for our next event! Our next gathering will take place **Saturday, March 21, 2020 from 5:15-9:30 pm at St. Basil's Parish and Parish Centre**. The evening will begin with 5:15 Divine Liturgy at St. Basil's. We will then proceed to the Parish Centre to make pizzas, play games or watch a movie. Please **RSVP by Wednesday, March 18** to ensure we have enough pizza supplies. If you have any questions or would like more information, please contact Lesia at ultimateaandb@hotmail.com. We look forward to seeing you there.

LAST SUNDAY'S COLLECTION: 46 regular envelopes - \$1385; 2 Building Fund envelopes - \$50; 17 Missions in Canada envelopes - \$380; 1 Eparchial Charities envelope - \$20; 1 Bishop Roborecki Foundation envelope - \$20; 3 Visitor envelopes - \$40; Loose Change - \$35; 11 PAG's - \$1775.



ST. ATHANASIUS SOBOR MEETING: THURSDAY, MARCH 12, 2020

You are invited to Attend!

Dear Parishioners,

In several previous bulletins there has been information regarding the upcoming Eparchial Sobor on April 4, 2020 in Saskatoon. Each Parish/District is asked to meet, discuss and prioritize responses to questions arising from the Sobor Decree prior to the Sobor.

The main topics of discussion will be:

1. Migration, Immigration and Settlement
2. Discipleship and Evangelization
3. Unity of the Ukrainian Greek Catholic Church

At this meeting parishioners will be asked to:

- a) Prioritize our Parish strengths and weaknesses
- b) Prioritize the needs of the faithful and how to meet those needs
- c) Prioritize our opportunities and challenges in the areas of migration, immigration, settlement and unity at our parish/ Eparchial level
- d) Prioritize how to encourage faithful who seldom participate in our parish communities

Your input is important. Please plan to attend this meeting and make your voice count!
That's on **Thursday, March 12, 2020 at 7:00 p.m. in the auditorium.**



Lent is Time of 'Joy' for Ukrainian Catholics

“Joy” is not a word people usually associate with strict fasting and penance — unless they are Ukrainian Catholics, that is Eastern-rite Catholics.

In the Eastern church, the conversion season that prepares believers to celebrate Easter, is called the Great Fast or “Great Lent,” and its prayers invite the faithful to recognize their “need for forgiveness” and to “delight in the joy” of the fast, thus describing the Lenten disposition as “bright sadness.”

“We recognize our weakness and sinfulness, but rejoice in the mercy of God”. Lent for Ukrainian Catholics begins after Forgiveness Vespers on the Cheese-Fare Sunday. During Forgiveness Vespers, the clergy and the congregation ask forgiveness of each other, one person at a time, for offenses they committed, knowingly or not, and exchange a kiss of peace.

Fasting varies by degrees, depending on one’s state of health and type of work. In addition, Eastern Catholics determine their fasting with their spiritual director, who accompanies them on their Lenten journey.

In the Byzantine church, fasting is not individual but communal. The communal aspect is emphasized in the liturgies and prayers, which accompany the faithful through Great Lent. Prayer services and liturgies are a bit longer and more frequent and the faithful are called to additional personal prayer at home.

The readings during Great Lent draw heavily from the Book of Genesis, highlighting the Lenten call to conversion, which requires a “going back to the beginning” and to a “state of harmony and peace with all creation”. To emphasize the fast, the Liturgy of the Pre-Sanctified Gifts is held on Wednesday and Friday and the faithful receive the Eucharist that was consecrated on the previous Sunday.

The Prayer of St. Ephrem, which asks God for mercy and for the spiritual gifts of integrity, humility, patience and love, is also characteristic of Great Lent. Using the prayer, people also ask for the grace not to judge others. “In this prayer, we ask to become aware of our sins and ... to lose our illusions about ourselves”. The prayer is accompanied by three prostrations, which is “a physical expression of one’s openness to conversion”. The entire congregation crouching on the floor and touching their heads to the ground “is an expression of our smallness before God” and how we become bigger in the Lord.

All Catholics are urged to give alms during Lent. In the Ukrainian Catholic Church the emphasis is perhaps less on material goods than on giving of one’s time: being more present to others, devoting oneself to the needy and visiting the sick. Giving alms is “being Christ to others”.

Drawing on the eastern theology of iconography: “Great Lent is about diving into reality, putting yourself in front of a mirror that gives you the honest image of what you are seeking to restore — this icon that time, sin, mistakes and fatigue have blurred. This is a time to restore the icon of the one who created us, that is, the icon we are called to be in the world. That is the meaning of Great Lent.”



**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK.**

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Website: www.st-athanasius.ca

Facebook: www.facebook.com/st.athanasius.regina

Parish Council President - Rosanne Miller: 306-543-5773

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; Confessions before every Divine Liturgy & Week Day Liturgies - As per the Schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Church - Fr. Sajy Thomas

Phone: 306-450-7790

Parish Council President - Saneesh A Sunny

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