

THIRD SUNDAY OF THE GREAT FAST
- Veneration of the Holy Cross

DURING LENT...

First Antiphon: p, 21 "Bless the Lord..." (**First Psalm of Typica**)

Third Antiphon: p, 27 "Remember us..." (**The Beatitudes**)

TROPAR (Tone 7): By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrh-bearers to joy, and charged the apostles to proclaim that You are risen, O Christ, our God, offering great mercy to the world.

Tropar of the Cross (Tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

Glory be to the Father, and to the Son and to the Holy Spirit, now and for ever and ever, Amen!

KONDAK (Tone 7): The gates of Eden are no more guarded by a blazing sword, for the tree of the cross has gloriously extinguished it, destroying the sting of death and the victory of hell. O my Saviour, You went to those in Limbo crying aloud, "Return to paradise!"

INSTEAD OF "Holy God ...": To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

PROKIMEN: Save Your people, O Lord, and bless Your inheritance.

Verse: *Unto You I will cry, O Lord my God, lest You turn from me in silence.*

EPISTLE: St. Paul's letter to the Hebrews (4:14 - 5:6)

ALLELUIA VERSES: *Remember the people You long since made Your own.*

Yet, God, my King from the first, author of saving acts throughout the earth.

GOSPEL: St. Mark (8:34 - 9:1)

INSTEAD OF "It is truly right..." In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: The Light of Your face, O Lord, is raised over us. Alleluia! Alleluia! Alleluia!

READERS: Today – Derow Family

March 22 – Moira Young

MINISTERS OF COMMUNION: Today – Tyler Woloshyn, Joe Hladky

March 22 – Len Markewich, Robert Wuschenny

USHERS: Today – Ted Dusyk, Art Wytrykush

March 22 – Kevin Korchinski, Mark Woitas

GREETERS: Today – Terry & Rosanne Miller March 22 – Carl & Linda Korchynski

ALTAR SERVERS: Every Sunday, all volunteers welcomed

DIVINE LITURGIES:

- Monday, March 16** – The Holy Martyrs Sabinus and Papas (284-305) [Philippians 2:5-11; Matthew 13:10-23]
6:00 p.m. – Divine Liturgy followed by Catechism for (+Fr. Yurji Lazurko) requested by Harry and Josephine Mackow
6:30 p.m. – Stations of the Cross
- Tuesday, March 17** – Our Venerable Father Alexis, Man of God [1 Corinthians 1:18-25; Matthew 13:36-43]
No Service scheduled
- Wednesday, March 18** - Our Holy Father Cyril, Archbishop of Jerusalem (386) [Galatians 2:16-20; Matthew 9:18-26]
9:30 a.m. – 12:00 p.m. ~ Confessions for St. Peter School
7:00 p.m. – Liturgy of Presanctified Gifts for (+Fr. Yurji Lazurko) requested by Andy and Audrey Balaberda
- Thursday, March 19** – The Holy Martyrs Chrysanthus and Daria (253-60) [Galatians 5:22-6:2; Matthew 25:14-30]
9:30 a.m. – 12:00 p.m. ~ Confessions for St. Timothy School
- Friday, March 20** – Our Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas (580-97) [2 Timothy 3:10-15; Matthew 25:1-13]
5:00 p.m. – Marriage preparation
6:30 p.m. – Stations of the Cross
- Saturday, March 21** – All Souls Saturday: Our Venerable Father and Confessor James, Bishop of Catania (813-20) [Hebrews 6:9-12; 1 Corinthians 15:47-57; Mark 7:31-37 John 5:24-30]
10:00 a.m. – Sorokousty – Divine Liturgy and Panakhyda at St. Athanasius
4:00 p.m. - Sorokousty – Divine Liturgy and Panakhyda in Moose Jaw
- Sunday, March 22** – Fourth Sunday Of The Great Fast – John Climacus, (Tone 8), The Holy Priest-Martyr Basil, Presbyter of Ancyra (363) [Hebrews 6:13-20; Ephesians 5:9-19; Mark 9:17-31; Matthew 4:25-5:12]
9:30 a.m. – Divine Liturgy of St. Basil the Great at St. Athanasius (for the faithful)

THIS WEEK AT A GLANCE...

- ❖ Monday, March 16 – 6:00pm - Liturgy followed by Children's Catechism
6:30pm – Stations Of The Cross
- ❖ Friday, March 20 – 7:30pm-9:30pm~A & B Youth at St. Basil's Parish (Movie Night)
- ❖ Saturday, March 21 – 8:30am -St. Athanasius Parish General Church Cleaning
12:00pm-4:00pm~Pysanka Workshop at St. Athanasius Parish hall
5:15pm-9:30pm~Young Adults at St. Basil's Parish

SYMPATHY AND CONOLENCES are extended to the family of Ted Schabel who passed away on Thursday, March 5th, 2020. Prayers will be held on Sunday, April 05th, 2020 at 7:00pm and funeral on Monday, April 6th, 2020 at 10:00am from St. Athanasius Ukrainian Catholic Church. *Vichnaya Pamyat! Eternal Memory!*

ST. ATHANASIUS AGM will be held on Sunday, March 22 following the Divine Liturgy. Muffins, cheese and fruit will be provided. On March 15th the AGM booklets will be distributed after Liturgy. Please remember to bring these with you when you attend the AGM.

PROPOSED PARISH COUNCIL SLATE OF OFFICERS FOR 2020 -21

The following parishioners have agreed to let their names stand for St. Athanasius Parish Council positions for 2020 – 21.

President – Kevin Korchinski

Vice President – Len Markewich

Secretary – Marion Federko

Treasurer – Doris Gordon

Anyone else wishing to let their name stand for St. Athanasius Parish Council for 2020-21 is asked to contact the Nominating Committee – Fr. Vasyl Tymishak @ 306-519-9030, vasyltymishak@gmail.com or Robert Wuschenny @ 306-545-2512, r.wuschenny@sasktel.net

GENERAL CHURCH CLEANING – will be taking place Saturday, March 21, 2020, beginning at 8:30 a.m. We will begin cleaning, then attend the Sorokousty service at 10:00 a.m. and finish cleaning after the service.

Please, sign up on the sheets provided on the front foyer table. *Thank you.*

CHOIR PRACTISES – NOTE SCHEDULE CHANGE – 2 PM today (March 15), March 22 and April 5.

No practise on March 29th. Please come out and join us in preparing for Holy Week services, and Easter. If you're not currently singing with us and would like to, please make your interest known and come out to the practises! Thanks.... *Phyllis Lukey 306-529-8152* PLLukey@gmail.com



EASTER FLOWER DONATIONS are now being accepted. Please use the specifically marked envelopes provided at the back of the church and place in the Sunday collection basket. Thank you!



PEROGY BEE: *Guess what?* The parish is in need of perogies, ***again.*** We will be peeling potatoes and peeling and cooking onions on Monday, March 30th at 6:30 p.m. Potatoes and dough will be prepared at 9:00 a.m. on Tuesday, March 31st. with the perogies being made and cooked that evening at 6:00 p.m. In anticipation of your continued support and help, thank you!

Rosanne Miller, Cook



FIRST HOLY COMMUNION BRUNCH SUNDAY, APRIL 05, 2020

following 9:30 Divine Liturgy hosted by St. Athanasius UCBC.
Tickets: Adults - \$13; Children (6-12) - \$8; Children 5 and under – Free



UCWLC will be selling Paska's this Sunday, March 15th. The cost for a large paska - \$6.00 and small paska -\$4.00. Also, perogies will be sold at 2 dozen for \$10.00.

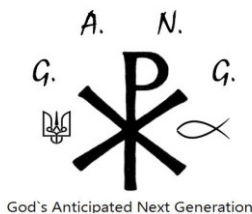
SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

The remaining Sorokousty Services (All Souls Saturday) will be celebrated on **March 21st, and May 30th.**

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call the office @ 306-543-8008, or visit the parish office Tuesday-Thursday 10:00 a.m. – 2:00p.m.



G.A.N.G. Young Adults Announcement!



Young adults, ages 18 to 35ish, come join us for our next event! Our next gathering will take place **Saturday, March 21, 2020 from 5:15-9:30 pm at St. Basil's Parish and Parish Centre.** The evening will begin with 5:15 Divine Liturgy at St. Basil's. We will then proceed to the Parish Centre to make pizzas, play games or watch a movie. Please **RSVP by Wednesday, March 18** to ensure we have enough pizza supplies. If you have any questions or would like more information, please contact Lesia at ultimateaandb@hotmail.com. We look forward to seeing you there.

ULTIMATE A & B YOUTH ANNOUNCEMENT

All youth in grades 7 to 12, come join us for our next event. It will take place **Friday, March 20, 2020 from 7:00–9:30pm at St. Basil's Parish Centre.** And it's movie night! See the poster for more information. If you have any questions or would like more information, please contact Lesia at ultimateaandb@hotmail.com. We look forward to seeing you there!

LAST SUNDAY'S COLLECTION: 61 regular envelopes - \$1945; 3 Missions In Canada envelopes - \$35; 15 Lenten Mission envelopes - \$400; 4 Building Fund envelopes - \$150; 2 Visitor envelopes - \$30; Loose Change - \$20.



ATTENTION: PRAYER PARTNERS

The purpose of Prayer Partners is to promote a prayerful life in our parish and to enhance the spirituality of our parishioners.

Everyone is invited (women, men, and teens) to participate.

PRAYER PARTNER GATHERING 2020: Wednesday, April 1st at St. Athanasius Board Room following Presanctified Liturgy.

AGENDA:

1. Opening Prayer and Blessing by Father Vasyl Tymishak
2. Receive and fill out – Registration Card
3. Reveal 2019 Prayer Partners – last year's Prayer Partners reveal who they prayed for last year (*it was kept a secret for the whole year*)
4. Pick a New Partner for 2020

All registration cards are placed in a basket. Each participant picks one of the registration forms then chooses the person they will pray for by the following:

- Remembering your prayer partner in your prayers daily.

- *May send an anonymous Birthday, Christmas, Get Well or Sympathy Card.*
- *Keeping your Prayer Partner's name secret.*

DATES TO REMEMBER:

If you wish to participate, but are unable to attend the gathering on Wednesday, April 1st at 7:00 p.m. You may pick up a registration card on Sunday, March 22nd, and return the card on Sunday, March 29th.

The chair of Prayer Partner's with the assistance of Father Vasyl, will keep a **secret list** of all the participants until next year's gathering.

Iryna Baran – 306-501-2808
Iryna21.Baran@gmail.com



Musée Ukraina Museum invites you to our Annual Fundraising Gala -Sunday, March 29, 2020, at Holiday Inn Express & Suites Saskatoon East- 9th Floor, 1838 College Drive, Saskatoon.

Reception 4:00 PM – Dinner 5:00 PM

- Program, Entertainment, Live Auction. Tickets \$100.00 per person. Income Tax receipt for portion of ticket.

To purchase tickets please contact: Eileen Bunko @306-227-9097, ebunko@sasktel.net or Nissa Bara @ 306-260-5950, iamnissa@sasktel.net. **Deadline for tickets March 22, 2020.**

Celebrating 40 Years of Ukrainian Bilingual Education

Bishop Filevich Ukrainian Bilingual School

Українська двомовна школа
ім. Владики Філевича



Save the Date: Saturday, June 13, 2020

40th Anniversary of Ukrainian Bilingual Education

Family Day in the Park

Saint Volodymyr Park (by Pike Lake)

Saturday, June 13th, will be a day of fellowship, prayer, fond memories!

More details to follow...



They would love to hear from alumni students, families and staff!

Please call the school (306-659-7230) or email bishop.filevich@gscs.ca to provide your contact information so that we can keep you in the loop!



Livestream Services Through Our Parishes in Eparchy of Saskatoon

Not able to get to Church? Away on vacation? At home sick?

Two of our parishes Livestream their Divine Liturgies & other services!

[Ukrainian Catholic Cathedral of St. George – Saskatoon](#)

[Ukrainian Catholic Church of the Dormition of the Blessed Mother of God – Saskatoon](#)

“TUNE IN” directly from our Eparchial Website on the Home Page

by clicking on the “LITURGY LIVE ICON”!

Please join us for our Divine Liturgies & Services whenever you are unable to be physically present. It is also a wonderful way of providing this opportunity to be present to celebrate these services for our shut-ins and elderly.



Let us lift up our hearts! We have lifted them up to the Lord!

SOBOR 2020

O Lord, sending forth the apostles “to baptize all nations”,* you said, “I am with you always, to the end of the age. ”Therefore, as missionary disciples,* may we say to others with our lives,* “The Church is with you always and everywhere.”

We are the Church! We are the Body of Christ! * We are called to reflect on and pray for “Emigration, settlements, and the Global Unity of the UGCC. * We are called to show others the church is with them always and everywhere.

St. Pope John Paul II said, “Encounter with the Living Jesus Christ: is the Way to Conversion, Communion and Solidarity.”⁴

Through the intercession of the *Theotokos*,* and the indwelling of the Holy Spirit,* may we encounter You, O Lord,* in our families, in our parishes, * and in those people to whom we reach out.* For You send us to them and likewise You send them to us.* Indeed, to encounter You, O Lord,* is to encounter my brother and sister wherever they are.*

For you, Our God, are Holy, and we give glory to You, Father, Son and Holy Spirit, now and always and for ever and ever. Amen.

THIRD SUNDAY OF LENT, THE VENERATION OF THE HOLY CROSS



The Lenten liturgical services progressively reveal the essence of true fasting: if we sow the “seeds of repentance” (First Sunday of Lent), our “shoots of virtues” will grow to maturity (Second Sunday of Lent), to allow us to consume the fruit of the life-giving Tree “which leads us back to paradise” (Third Sunday of Lent, the Veneration of the Holy Cross).

Mid-Lent has arrived this Sunday. On this day we decorate the Cross with lights and flowers and greens and we sing: “We venerate Your Cross, O Master, and we glorify Your holy Resurrection.”

According to liturgical tradition the Cross should be made of wood symbolizing the “life-giving tree; it should be placed on a gold plate and a red vozduch (red cloth) which are indicative of its high spiritual value; the decorations around it should be live foliage and flowers signifying the sweet fragrance of the spiritual life it has secured for us.

Adam and Eve, by eating of the fruit of the “tree of knowledge of good and evil,” one forfeits access to the “tree of life” and loses ties to God: “Communion with God is life and light ... But separation from God is death.”

When Adam and Eve transgressed the commandment, they severed their bond with God. Their choice became the cause of death, and the “tree of knowledge of good and evil” became its instrument. The cross was also such an instrument of death, prepared on Golgotha for the Son of God, Jesus Christ. However, by accepting death on the cross, he transformed the instrument of death, the cross, into a “tree of life:” “Truly, O Christ, the tree of life has blossomed. For the cross, planted in the earth, fed with blood and water from your pure side, has put forth life for us.” It has become a *life-giving cross*.

The Church witnesses liturgically to this on the Third Sunday of Lent, the Veneration of the Holy Cross, in Mid-Lent, when we contemplate the Life-Giving Cross in the light of Holy Pascha: “To your Cross, O Master, we bow in veneration; and we glorify your holy Resurrection.” The Lord voluntarily took upon himself the sin of the world and transfigured the cross of death into a sign of the Resurrection, having trampled death by death, and granted us eternal life.



**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK.**

Parish Priest: Fr. Vasyl Tymishak
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E-mail: vasyltymishak@gmail.com

Parish Office : 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: www.facebook.com/st.athanasius.regina

Parish Council President - Rosanne Miller: 306-543-5773

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; Confessions before every Divine Liturgy & Week Day Liturgies - As per the Schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Church - Fr. Sajy Thomas

Phone: 306-450-7790

Parish Council President - Saneesh A Sunny

Phone: 306-807-5454

E-mail: frsajy@gmail.com

E-mail: sachandilsunny@gmail.com