

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this **IMPORTANT** letter: [Updated COVID Instructions](#).

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

FIFTH SUNDAY AFTER PENTECOST - Our Mother of Perpetual Help

TROPAR (Tone 4): When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: "Death has been plundered! Christ our God is risen granting to the world great mercy."

Tropar of the Feast (Tone 7): O Virgin Mother of God, your glory we celebrate, your help we seek, your miraculous icon we venerate. You are our gracious Mother, you are the Hope of the world. Do not despise our prayers, but always rescue us from our sorrows and troubles.

Glory be to the Father, and to the Son and to the Holy Spirit,

KONDAK OF THE FEAST (Tone 6): Our Mother of Perpetual Help, grant us, we pray, help in difficulties, relief in sickness, comfort in sorrow, strength in our labours. Give us, we beseech you, the virtue of piety, unity to Christians, forgiveness to sinners, perseverance to the righteous, salvation to the dying, purification to the souls in purgatory and obtain for them eternal glory.

now and forever and ever. Amen!

SUNDAY KONDAK (Tone 4): My Saviour and Deliverer from the grave as God has raised out of bondage the children of earth and shattered the gates of Hades; and as Master, He rose on the third day.

PROKIMEN (Tone 4): How great are Your works, O Lord: You have made all things in wisdom.

VERSE: *Bless the Lord, O my soul; O Lord my God, You are exceedingly great.*

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Romans (10-1-10)

Brothers and Sisters! My heart's desire, my prayer to God of the Israelites, is that they maybe saved. Indeed, I can testify that they are zealous for God though their zeal is unenlightened. Unaware of God's justice and seeking to establish their own, they did not subject themselves to the justice of God. Christ is the end of the law. Through him, justice comes to everyone who believes. Moses writes of the justice that comes from the law, "The one who observes the law shall live by it." But of the justice that comes from faith he says, "Do not say in your heart, 'Who shall go up into heaven?' (that is, to bring Christ down), or 'Who shall go down into the abyss?' (that is, to bring Christ up from the dead)." What is it he does say? "The word is near you, on your lips and in your heart" (that is, the word of faith which we preach). For if you confess with your lips that Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved. Faith in the heart leads to justification, confession on the lips to salvation.

ALLELUIA VERSES: *Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice. You have loved justice and hated iniquity.*

GOSPEL: Matthew 8:28-9:1

At that time as Jesus approached the Gadarene boundary, he encountered two men coming out of the tombs. They were possessed by demons and were so savage that no one could travel along that road. With a sudden shriek they cried: "Why meddle with us, Son of God? Have you come to torture us before the appointed time?" Some distance away a large herd of swine was feeding. The demons kept appealing to him, "If you expel us, send us into the herd of swine." He answered, "Out with you!" At that they came forth and entered the swine. The whole herd went rushing down the bluff into the sea and were drowned. The swineherds took to their heels, and upon their arrival in the town related everything that had happened, including the story about the two possessed men. The upshot was that the entire town came out to meet Jesus. When they caught sight of him, they begged him to leave their neighbourhood. Then he reentered the boat, made the crossing, and came back to his own town.

Instead of 'It is truly right . . .': O my soul, extol the Mother of God, of Perpetual Help. Beneath the Cross we heard the words of comfort, that you are our Mother and we are your children. Therefore, we have gathered today and sincerely plea: Place our Church and our nation under Your perpetual help,* for we extol you with faith and love,* as our Mother of Perpetual Help.

For those who are watching via livestreaming, please recite the prayer below:

**BYZANTINE ACT OF
SPIRITUAL COMMUNION**

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. I will take the chalice of salvation; and I will call upon the name of the Lord. Alleluia! Alleluia! Alleluia!

Liturgical services / livestreaming schedule and readings

Monday July 6 - Our Venerable Father Sisoës the Great (c. 429); Romans 16:17-24; Matthew 13:10-23.
No service scheduled

Tuesday July 7 - Our Venerable Father Thomas of Maleum; and Acacius mentioned in The Ladder of Divine Ascent of Saint John Climacus; 1 Corinthians 1:1-9; Matthew 13:24-30.

8:00pm Zoom meeting on Ukrainian Program at Catholic Schools

Wednesday July 8 - The Holy Great-Martyr Procopius (303); 1 Corinthians 2:9-3:8; Matthew 13:31-36.

Thursday July 9 - The Holy Priest-Martyr Pancratius, Bishop of Tauromenia (1st-2nd c.); 1 Corinthians 3:18-23; Matthew 13:36-43.

10:00am - Divine Liturgy for God's blessing upon Agnes Burant and Family (preregistration, livestreaming)

Friday July 10 - Our Venerable Father Anthony of the Monastery of the Caves in Kiev (1073); Forty-Five Martyrs of Nicopolis in Armenia (321-3); Holy Brothers Francis, Mutius and Raphael and Those with Them, Martyred in Damascus (1860); Galatians 5:22-6:2; Luke 6:17-23

No service scheduled

Saturday July 11 - Repose of Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism (c. 970); The Holy and Praise-worthy Martyr Euphemia (303); Hoshiv Icon of the Mother of God (Attestation of Miracles by Metropolitan Athanasius Sheptytsky, 1737); Galatians 3:23-29; Matthew 25:1-13.

No service scheduled

Sunday July 12 - Sixth Sunday after Pentecost, Tone 5; The Holy Martyrs Proclus and Hilary (98-117); Venerable Father Michael of Maleon (961); Romans 12:6-14; Matthew 9:1-8.

9:15am - Rosary (preregistration) - Livestreaming

9:30am - Divine Liturgy (preregistration) – Livestreaming

2:30pm - Praznyk Divine Liturgy in Chaplin followed by graves blessing (preregistration)

The parish has received Memorial Cards for the late +Monsignor Rudolph Luzney. If you are interested in obtaining a card, please call the parish office or you may pick up the card during office hours.

Parish Council News:

No additional nominations for Parish Council positions were received as a result of the letter sent to parishioners.

The following will form the Parish Council Executive for 2020-2021, effective July 1, 2020:

President - Kevin Korchinski

Vice-President - Len Markewich

Secretary - Marion Federko

Treasurer - Doris Gordon

Past President - Rosanne Miller

Organization and Committee Reps are as designated by the respective organizations and committees.

Robert Wuschenny
Nominations Chair

President's Closing Remarks:

Romans 12:6-8; 10-11 - So we are to use our different gifts in accordance with the grace that God has given us. If our gift is to speak God's message, we should do it according to the faith that we have; if it is to serve, we should serve; if it is to teach, we should teach; if it is to encourage others, we should do so. Whoever shares with others should do it generously; whoever has authority should work hard; whoever shows kindness to others should do it cheerfully. Love one another warmly as Christian brothers and sisters, and be eager to show respect for one another. Work hard and do not be lazy. Serve the Lord with a heart full of devotion.

Five years ago, I stood before you and gave my opening remarks as president elect. [Today](#) I write you to give my farewell comments.

Then I said I would probably do things that would not be popular with all of you and this is probably true. I sincerely hope I have helped to make this parish more welcoming and vibrant. If I have offended anyone, it was not intentional and I ask for your forgiveness and God's forgiveness for things I may have done wrongly.

I must thank the previous parish council members who worked with me, and hopefully it was willingly.

I now look forward to sitting back somewhat, supporting the new parish council, and helping where and if I can. Good Luck to the newly elected Parish Council as well as the organization and committee members.

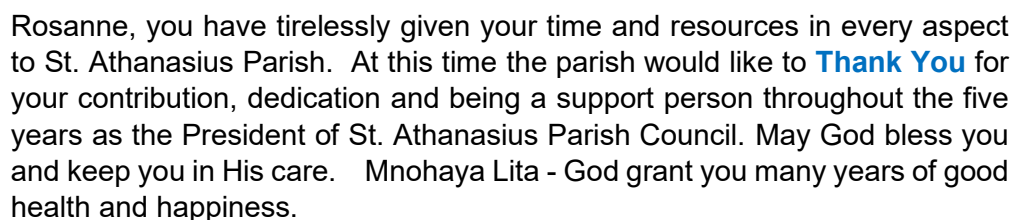
In closing I leave you with this prayer:

Always pray to have eyes that see the best in people,
a heart that forgives the worst,
a mind that forgets the bad,
and a soul that never loses faith in God. Amen!

God Bless one and All!

Rosanne Miller, Outgoing Parish Council President

Thank you.
Rosanne



Rosanne, you have tirelessly given your time and resources in every aspect to St. Athanasius Parish. At this time the parish would like to **Thank You** for your contribution, dedication and being a support person throughout the five years as the President of St. Athanasius Parish Council. May God bless you and keep you in His care. Mnohaya Lita - God grant you many years of good health and happiness.

Dear Rosanne,

On behalf of the entire parish family, let me thank you for your continued active engagement in our parish. We are grateful for having you as parish council president for five years. September 2020 marks two years I've spent as a pastor here at St. Athanasius Church and I remember how welcoming Rosanne was since the first day I moved into city. Rosanne (and others) came to help us carry boxes and helped with settling, immigration paperwork, school for our son, and all tremendous support from the very beginning of my ministry in Regina.

Parish council service is one of the toughest volunteer roles of all, and you performed with dedication and tenacity. During your tenure as president, you have tirelessly given your time, willingness and resources to assume greater roles and

responsibilities with respect to parish various activities and leadership opportunities has helped make us a dynamic, creative and vibrant parish we want to see throughout the years.

Thank you so much for all that you have done. But your work is not done, there is still plenty of adapting and creativity awaiting us in the months and years ahead, and your experience and talents will help to meet the needs of our parish!

May the Lord bless you and family and smile upon you always for all that you do for our parish!

With a grateful heart,

Fr.Vasyl

Welcome to the New Parish Council!

Each of us is just one person coming together in Church, as we become family. As God's family, we gather as sisters and brothers in Christ to share the greatest gifts of our faith and Ukrainian Catholic tradition.

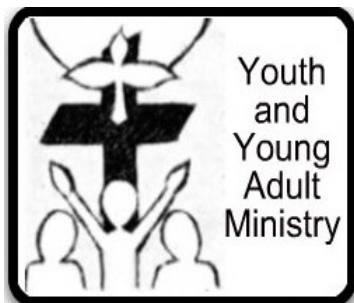
May God help our new parish council members in serving others through sharing your particular talents and gifts. May through your service to Christ, his Church, and one another, we encounter God's image inside each of us and in our parish family.

ANNOUNCEMENT: The **Ukrainian Catholic Women's League of Canada National Executive** is offering two scholarships to post-secondary students enrolled in Ukrainian Studies and Religious Studies. **Deadline for application submission is September 20-2020.**



ЛІГА УКРАЇНСЬКИХ КАТОЛИЦЬКИХ ЖІНОК КАНАДИ
Крайова Управа
UKRAINIAN CATHOLIC WOMEN'S LEAGUE of CANADA
National Executive

<p>The Vera Buczynsky Ukrainian Studies Scholarship for \$1000 is offered to a person of Ukrainian Catholic descent who is enrolled in Ukrainian Studies at the post secondary level. Criteria and applications are available online at www.ucwlc.ca and can be submitted electronically to: The Vera Buczynsky Ukrainian Studies Scholarship Committee Barbara Olynyk, chair ucwlcnationalscholarships@gmail.com <i>Deadline for receipt of completed applications is September 30.</i></p>	<p>The Mary Dyma Religious Studies Scholarship for \$1000 is offered to a lay woman of Ukrainian Catholic descent who is enrolled in Religious Studies at the post secondary level. Criteria and applications are available online at www.ucwlc.ca and can be submitted electronically to: The Mary Dyma Religious Studies Scholarship Committee Barbara Olynyk, chair ucwlcnationalscholarships@gmail.com <i>Deadline for receipt of completed applications is September 30.</i></p>
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Divine Liturgy Celebration & Presentation for Young People at St. Volodymyr Ukrainian Eparchial Park



The Youth Ministry Office for our Eparchy is organizing a **Divine Liturgy for our young people on Tuesday, July 14th - 6:00-8:00 pm at St. Volodymyr Ukrainian Eparchial Park at Pike Lake** with Bishop Bryan Bayda, CSsR and Father Ivan Nahachewsky. The Liturgy will be followed by Bishop Bryan's presentation on the topic "**Your roots, your rights**" based on Apostolic Exhortation on Young People "Christus Vivit" (Christ is Alive). **Registration is required by Monday, July 13th at uwitness2youth@gmail.com.** The details of the event will be emailed to the registrants. **If any questions, please contact Viktoriia at 306-914-0355. Do not delay! Register early as participation is limited the number of people who can attend!** Looking forward to celebrating the Liturgy with you!

NEWS FROM EPARCHIAL COMMUNICATIONS OFFICE – CHECK THESE OUT ON OUR WEBSITES:



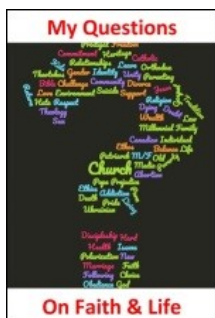
Liturgy Live - Welcome to the Livestream of our Liturgical Services from our parishes in our Ukrainian Eparchy of Saskatoon. If you are unable to attend Divine Liturgies and other Services due to the COVID-19 Pandemic, or if you away on vacation, tune in directly from our Eparchial Website [Home Page](#) by clicking on the "[Liturgy Live](#)" icon.

The following parishes now are providing livestreaming & recorded services:

- Ukrainian Catholic Cathedral of St. George, Saskatoon | [Website»](#)
- Ukrainian Catholic Church of Dormition of the Mother of God, Saskatoon | [Website»](#) | [Facebook»»](#)
- Ss. Peter & Paul Ukrainian Catholic Church, Saskatoon – [YouTube Channel»](#)
- St. Athanasius Ukrainian Catholic Church, Regina | [Website»»](#) | [Facebook»»](#)
- St. Basil's Ukrainian Catholic Church, Regina | [Facebook»»](#)
- Sacred Heart Ukrainian Catholic Church, Ituna | [Facebook»»](#)
- St. Josaphat Ukrainian Catholic Church Kamsack, Saskatchewan | [Facebook»»](#)
- Check out their [Parish Bulletins](#) for dates and times of Livestream Services (found on the Eparchial Website [Home Page](#) by clicking the "[Parishes](#)" icon or under the [Eparchy](#) tab).
- Live Streaming Services of Ukrainian Catholic Churches in Canada and the World | [Royal Doors»»](#)

Check out Cantors' Corner - This tool encompasses English language Propers for Sundays and Major Feast Days and ascribes to the Gregorian calendar. **We feature the translation that is being used by Fr. John Sianchuk, CSsR, as it is widely utilized in our Eparchy and beyond.** Cantors' Corner is now updated to September 30, 2020. **Just click on the "[Cantors' Corner](#)" icon on our Eparchial Website [Home Page](#).**





Human & Environmental Development Program [HEDP]:

The Vision of the HEDP is to transform and inspire humanity to achieve a just, peaceful, and sustainable world. The Mission of the HEDP is to encourage and facilitate dialogue and activities between persons, cultures, and faiths through the **ENCYCLICAL LETTER - LAUDATO SI' - of the Holy Father Francis – On the Care of Our Common Home**. Check out more information on our Eparchial Website [Home Page](#) by clicking the “**Human & Environmental Development Program**” icon or under the [Eparchy](#) tab.



<https://ucfsask.org/>

If you have not already done so, take the opportunity to subscribe to receive emails when News is posted on our websites. On the Home Page of our websites at the bottom of “Lates News” you will find “**Subscribe to News**”; fill in your email address and click on the “Sign Me Up” button!

Eparchial Communications Coordinator:

SUNDAY LITURGIES: By now you should have all received an e-mail or Canada Post letter explaining the procedures to follow if you wish to attend Liturgy. It mentions that you must contact Rosanne Miller (306-543-5773) to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you, considering we are still at a 30 person capacity. Thank You for your cooperation.

Steps to send funds to St. Athanasius via e-transfers:

You must have on-line banking availability. If you don't already have this, you will have to make a request for this from your financial institution (bank, credit union, trust company, etc.)

- Sign in to your account
- Select "Payments and Transfers"
- Select interac e-transfer; select new recipient/manage recipients: St. Athanasius - Email: stathandeposit@sasktel.net
- Enter your amount of the donation
- Indicate which account to debit
- Add a message: use your envelope number; add a note such as "Sunday Donation", Building Fund", or name of a special collection (Easter flowers, Holy Land, etc.)
- Verify e-transfer.
- Your funds should now transfer from your bank account to the parish bank account.

*****If you are having trouble understanding or completing this transaction, please be sure to contact a trusted person, i.e. family member, to help you through this process. The procedure may vary somewhat depending on your financial institution.*

June 28 Donations: 5 regular Sunday envelopes - \$1080.55; Loose Change - \$10.

E-transfers received: 1 Sunday collections - \$25; 1 Building Fund donation - \$20

ST. ATHANASIUS APPEAL – 4 Donations - \$1000.00.

Building Fund total to end of June - \$32,765.94

Prayer to Mary, Mother of Perpetual Help

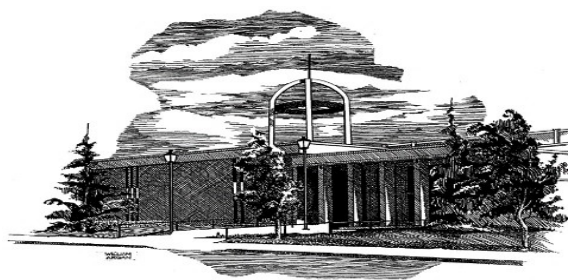
O Mother of Perpetual Help!

Mother of Perpetual Help, thou art the dispenser of every grace that God grants us in our misery;



it is for this cause that He hath made thee so powerful, so rich, so kind, that thou mightiest assist us in our miseries. Thou art the advocate of the most wretched and abandoned sinners, if they but come unto thee; come once more to my assistance, for I commend myself to thee. In thy hands I place my eternal salvation; to thee I entrust my soul. Enroll me among thy most faithful servants; take me under thy protection and it is enough for me: yes, for if thou protect me, I shall fear nothing; not my sins, for thou wilt obtain for me their pardon and remission; not the evil spirits, for thou art mightier than all the powers of hell; not even Jesus, my Judge, for He is appeased by a single prayer from thee. I fear only that through my own negligence I may forget to recommend myself to thee and so I shall be lost. My dear Lady, obtain for me the forgiveness of my sins, love for Jesus, final perseverance and the grace to have recourse to thee at all times, O Mother of Perpetual Help.

Sunday, July 5, 2020



ST. ATHANASIOS UKRAINIAN CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Rosanne Miller: 306-543-5773

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

MEMBERSHIP AT ST. ATHANASIOS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul 11 Syro-Malabar Church - Fr. Sajy Thomas
Phone: 306-450-7790

E-mail: frsajy@gmail.com

Parish Council President - Saneesh A. Sunny
Phone: 306-807-5454

E-mail: sachandilsunny@gmail.com