

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this IMPORTANT letter: [Updated COVID Instructions](#).

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

SIXTH SUNDAY AFTER PENTECOST

TROPAR (Tone 5): Let us the faithful acclaim and worship the Word, coeternal with the Father and the Spirit, and born of the Virgin for our salvation. For He willed to be lifted up on the cross in the flesh, to suffer death and to raise the dead by His glorious resurrection.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever. Amen!

KONDAK (Tone 5): You, my Savior, descended to Hades, and as the Almighty, You shattered its gates. With Yourself You, as the Creator, raised the dead and shattered the sting of death, and delivered Adam from the curse, O Lover of Mankind. And so we cry out: "Save us, O Lord."

PROKIMEN (Tone 5): You, O Lord, will guard us and will keep us from this generation, and for ever.

VERSE: *Save me, O Lord, for there is no longer left a just man.*

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Romans (12:6-14)

Brothers and Sisters! We have gifts that differ according to the favor bestowed on each of us. One's gift may be prophecy; its use should be in proportion to his faith. It may be the gift of ministry; it should be used for service. One who is a teacher should use his gift for teaching; one with the power of exhortation, should exhort. He who gives alms should do so generously; he who rules should exercise his authority with care; he who performs works of mercy should do so cheerfully. Your love must be sincere. Detest what is evil, cling to what is good. Love one another with the affection of brothers. Anticipate each other in showing respect. Do not grow slack but be fervent in spirit; he whom you serve is the Lord. Rejoice in hope, be patient under trial, persevere in prayer. Look on the needs of the saints as your own; be generous in offering hospitality. Bless your persecutors; bless and do not curse them.

ALLELUIA VERSES: *Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.*

For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

GOSPEL: Matthew 9:1-8

At that time Jesus re-entered the boat, made the crossing, and came back to his own town. There the people at once brought to him a paralyzed man lying on a mat. When Jesus saw their faith he said to the paralytic, "Have courage, son, your sins are forgiven." At that some of the scribes said to themselves, "The man blasphemes." Jesus was aware of what they were thinking and said: "Why do you harbor evil thoughts? Which is less trouble to say, 'Your sins are forgiven' or 'Stand up and walk'? To help you realize that the Son of Man has authority on earth to forgive sins" -- he then said to the paralyzed man -- "Stand up! Roll up your mat, and go home." The man stood up and went toward his home. At the sight, a feeling of awe came over the crowd, and they praised God for giving such authority to men.

For those who are watching via livestreaming, please recite the prayer below:

BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

Liturgical services / livestreaming schedule and readings (Please read the readings by clicking on the links in red)

Monday July 13 - The Synaxis of the Holy Archangel Gabriel; Venerable Father Stephen the Sabbaite (9th c.); Holy Father Julian, Bishop of Kenomane; [1 Corinthians 5:9-6:11](#) ; [Matthew 13:54-58](#)
No service scheduled

Tuesday July 14 - The Holy Apostle Aquila; [1 Corinthians 6:20-7:12](#); [Matthew 14:1-13](#)

No service scheduled

Wednesday July 15 - The Holy Grand Prince Vladimir (Volodymyr), Equal-to-the-Apostles, Named Basil at Holy Baptism (1015); Holy Martyrs Cyricus and Julitta, His Mother; [Galatians 1:11-19](#); [John 10:1-8](#)

10:00am Divine Liturgy

Thursday July 16 - The Holy Priest-Martyr Athenogenes and His Ten Disciples (284-305); [1 Corinthians 7:24-35](#); [Matthew 15:12-21](#)

10:00am Divine Liturgy

Friday July 17 - The Holy Great-Martyr Marina; Passing into Eternal Life (1944) of Blessed Tarsykia (Matskiv) of the Sister Servants of Mary Immaculate, Martyr; [1 Corinthians 7:35-8:7](#); [Matthew 15:29-31](#)

No service scheduled

Saturday July 18 - The Holy Martyr Hyacinth of Amastris; Holy Martyr Emilian (360-63); [Romans 12:1-3](#); [Matthew 10:37-11:1](#)

No service scheduled

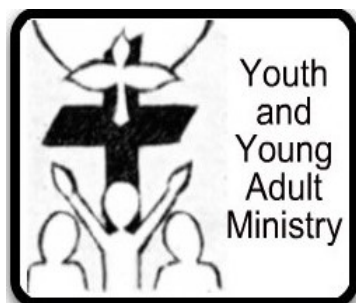
Sunday July 19 - Commemoration of the First Six Ecumenical Councils, Tone 6; Our Venerable Mother Macrina, Sister of Saint Basil the Great (379); Our Venerable Father Dios (c. 431); [Hebrews 13:7-16](#); [John 17:1-13](#)

9:15am – Rosary (preregistration) – Livestreaming

9:30am – Divine Liturgy (preregistration) – Livestreaming

1:30pm – Divine Liturgy in Moose Jaw (preregistration)

The parish has received Memorial Cards for the late +Monsignor Rudolph Luzney. If you are interested in obtaining a card, please call the parish office or you may pick up the card during office hours.



Divine Liturgy Celebration & Presentation for Young People at St. Volodymyr Ukrainian Eparchial Park

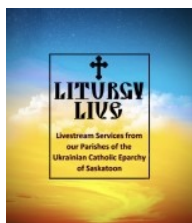
The Youth Ministry Office for our Eparchy is organizing a **Divine Liturgy for our young people on Tuesday, July 14th - 6:00-8:00 pm at St. Volodymyr Ukrainian Eparchial**

Park at Pike Lake with Bishop Bryan Bayda, CSsR and Father Ivan Nahachewsky.

The Liturgy will be followed by Bishop Bryan's presentation on the topic "**Your roots, your rights**" based on Apostolic Exhortation on Young People "Christus Vivit" (Christ is Alive). **Registration is required by Monday, July 13th at uwitness2youth@gmail.com.** The details of the event will be emailed to the registrants. **If any questions, please contact Viktoriia at 306-914-0355. Do not delay! Register early as participation is limited the number of people who can attend!** Looking forward to celebrating the Liturgy with you!



NEWS FROM EPARCHIAL COMMUNICATIONS OFFICE – CHECK THESE OUT ON OUR WEBSITES:



Liturgy Live - Welcome to the Livestream of our Liturgical Services from our parishes in our Ukrainian Eparchy of Saskatoon. If you are unable to attend Divine Liturgies and other Services due to the COVID-19 Pandemic, or if you are away on vacation, tune in directly from our Eparchial Website [Home Page](#) by clicking on the “Liturgy Live” icon.

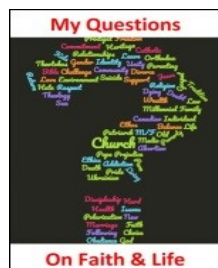
The following parishes now are providing livestreaming & recorded services:

- Ukrainian Catholic Cathedral of St. George, Saskatoon | [Website](#)»

- Ukrainian Catholic Church of Dormition of the Mother of God, Saskatoon | [Website](#)» | [Facebook](#)»»
- Ss. Peter & Paul Ukrainian Catholic Church, Saskatoon – [YouTube Channel](#)»»
- St. Athanasius Ukrainian Catholic Church, Regina | [Website](#)»» | [Facebook](#)»»
- St. Basil’s Ukrainian Catholic Church, Regina | [Facebook](#)»»
- Sacred Heart Ukrainian Catholic Church, Ituna | [Facebook](#)»»
- St. Josaphat Ukrainian Catholic Church Kamsack, Saskatchewan | [Facebook](#)»»
- Check out their [Parish Bulletins](#) for dates and times of Livestream Services (found on the Eparchial Website [Home Page](#) by clicking the “[Parishes](#)” icon or under the [Eparchy](#) tab).

- Live Streaming Services of Ukrainian Catholic Churches in Canada and the World | [Royal Doors](#)»»

Check out Cantors’ Corner - This tool encompasses English language Propers for Sundays and Major Feast Days and ascribes to the Gregorian calendar. **We feature the translation that is being used by Fr. John Sianchuk, CSSR**, as it is widely utilized in our Eparchy and beyond. Cantors’ Corner is now updated to September 30, 2020. **Just click on the “Cantors’ Corner” icon on our Eparchial Website [Home Page](#).**



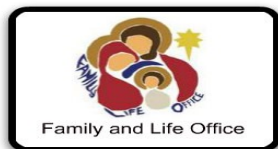
My Questions on Faith & Life - What are your questions? What issues concern you regarding living our faith? What things would you like to hear about from the pulpit? The Bishop, Clergy and Ministries of the Eparchy want to hear from you. Click on the “My Questions on Faith & Life” icon on our Eparchial Website [Home Page](#). Please fill in the question box, briefly stating the type of questions or issues you would like addressed, from a Ukrainian Catholic perspective. These may be things you would like to hear about either in sermons, in programs offered at your parish, online or by direct response. Fill in the remaining boxes and click Submit button. **We look forward to hearing from you.**

Human & Environmental Development Program [HEDP]:

Program Coordinator: Dr. Lesya Sabada E-mail: l.sabada@usask.ca.

The Vision of the HEDP is to transform and inspire humanity to achieve a just, peaceful, and sustainable world. The Mission of the HEDP is to encourage and facilitate dialogue and activities between persons, cultures, and faiths through the **ENCYCLICAL LETTER - LAUDATO SI' - of the Holy Father Francis – On the Care of Our Common Home**. Check out more information on our Eparchial Website [Home Page](#) by clicking the “Human & Environmental Development Program” icon or under the [Eparchy](#) tab.

Check out more on our [Eparchial Website](#) and don’t forget to check out all our websites:



<https://ucfsask.org/>

<https://skeparchy.org/flo/>

<https://skeparchy.org/ucya/>

<http://www.ucrec.ca/>

If you have not already done so, take the opportunity to subscribe to receive emails when News is posted on our websites. On the Home Page of our websites at the bottom of "Lates News" you will find "**Subscribe to News**"; fill in your email address and click on the "Sign Me Up" button!

God's Blessings and have a safe summer and stay healthy!

Eparchial Communications Coordinator:

Chris Pidwerbeski

Telephone: 306-653-0138 ext. 226

E-mail: communications@skeparchy.org

Website: www.skeparchy.org

Appeal to Provide Financial Assistance to Those Affected by the Flood in Western Ukraine

[How we, as the Eparchy of Saskatoon, can help]



As you may already know, parts of Western Ukraine are under water due to strong torrential rains that have been falling for several days in the past week. Two regions, Ivano-Frankivsk and Chernivtsi, were affected the most. In the Ivano-Frankivsk region, over 4,600 houses were lost or flooded, 550 kilometers of roads were damaged or washed away, and 90 bridges are gone. In addition, at least three people lost their lives. Thousands of people had to be evacuated leaving their homes and properties behind. Many have lost their belongings and savings.

This is the time when our brothers and sisters in Ukraine need help. Patriarch Sviatoslav has sent a letter of appeal asking us, "to show Christian solidarity and social service, so that those who are suffering might receive assistance as soon as possible. Therefore, I call upon our faithful and churches in our Ukrainian Catholic Eparchy of Saskatoon to act in the spirit of the Good Samaritan of the Gospel, to support those who are deprived of their homes and have come face-to-face with misfortune."

In response to our Patriarch's request and in the spirit of Christian love and fellowship, we are announcing a campaign to raise funds for people who lost everything due to the floods and now need food and basic necessities.

- Donations can be made on-line through our Ukrainian Catholic Foundation Office from their website www.ucfsask.org by clicking on the button on their home page: "**Donate to the Western Ukraine Relief Fund**" and complete and submit the form, **noting in the "Comments" box that this donation is directed for the "Western Ukraine Relief Fund"**.
- Donations can also be made by cheque made out to the **Ukrainian Catholic Foundation** and marked "**Western Ukraine Relief Fund**", and mailed or dropped off at the UCF-SASK Foundation Office at 214 Avenue M South, Saskatoon SK S7M 2K4.
- Donations can also be dropped in your parish collection basket or parish office which will then forwarded to the Foundation Office.

All the donations received will then be forwarded through our Eparchy to the CNEWA Canada Office in Ottawa to distribute the funds to those affected by the Flood in Western Ukraine.

Note: You can also choose to make your donation directly on-line through the CNEWA Office on their website: <https://cnewa.org/ca/donate/> and from the drop-down "Donate To "section, choose "Ukraine".

No donation is too small or too large. However, your donation will change someone's life and God will repay a cheerful giver hundredfold. Please keep people of the affected areas in your prayers!



In Christ,

Bishop Bryan Bayda, CSsR
Eparch of Saskatoon Eparchy

APPEAL TO ST. ATHANASIUS PARISH MEMBERS: Father Vasyl was born in the Western Region in Ukraine that has been affected by the flooding. If you care to make a donation on behalf of Father, please make the cheque payable to Father Vasyl and he will forward the funds. Receipts will be issued from the recipient when donations are received in Ukraine. *Thank you and may God bless you for your generosity.*

SUNDAY LITURGIES: By now you should have all received an e-mail or Canada Post letter explaining the procedures to follow if you wish to attend Liturgy. It mentions that you must contact Rosanne Miller (306-543-5773) to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you, considering we are still at a 30 person capacity. Thank You for your cooperation.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net.

Steps to send funds to St. Athanasius via e-transfers:

You must have on-line banking availability. If you don't already have this, you will have to make a request for this from your financial institution (bank, credit union, trust company, etc.)

- Sign in to your account
- Select "Payments and Transfers"
- Select interac e-transfer; select new recipient/manage recipients: St. Athanasius - Email: stathandeposit@sasktel.net
- Enter your amount of the donation
- Indicate which account to debit
- Add a message: use your envelope number; add a note such as "Sunday Donation", Building Fund", or name of a special collection (Easter flowers, Holy Land, etc.)
- Verify e-transfer.
- Your funds should now transfer from your bank account to the parish bank account.

******If you are having trouble understanding or completing this transaction, please be sure to contact a trusted person, i.e. family member, to help you through this process. The procedure may vary somewhat depending on your financial institution.**

July 5 Donations: 19 regular Sunday envelopes - \$1865; 4 Building Fund envelopes - \$205; 1 Visitor envelope - \$10.

E-transfers received: 8 general donations - \$945; 1 Building Fund donation - \$50

ST. ATHANASIUS APPEAL – 1 Donations - \$200.00

Pre - Authorized Giving for month of July: 11 - \$1775.

POPES'S PRAYER INTENTION for July: *Universal Prayer – Our Families*

We pray that today's families may be accompanied with love, respect and guidance.



Marian Centre

1835 Halifax St. P: (306) 757 0073

Regina, SK

S4P 1T4 mcregina@sasktel.net

Dear Friends

Greetings! We thought it was timely to send you a greeting and to tell you how things have been going for us. More than three months have passed since we served our last meal in our dining room. Since then we have been serving bagged lunches at the door and have been working without the help of our volunteers – whom we miss! The numbers of persons coming for the lunches (men, women and children) has varied but most days we are serving between 80 and 110 persons. We have had the wonderful support of many of you, providing muffins and all the fixing for our lunch bags (meat, cheese, juice boxes, fruit, granola bars) which are much appreciated. While this is a limited form of hospitality, it is what our circumstances have permitted – and it has been gratefully received. We are able to respond to special requests as well – clothing, personal hygiene and other needed items, such as we have them

As we look forward to the next couple of months, this is what we are hoping to do. We will continue to serve lunches at the door through the month of July. We will be closed, as in years past, for the month of August, and the five of us will have the opportunity for some holiday time and to work on special projects in the house. In September we will resume with serving lunches at the door and make preparations for re-opening our dining room. This will likely take place toward the end of that month or the beginning of October. Following the required social distancing restrictions will mean that we will only be able to serve a limited number of persons at one time. For us, this likely means that we will only be able to seat between 18 and 25 persons at one time and will need to work with fewer volunteers, who are willing to wear face masks and try to follow the advised social distancing. Of course, the way we serve food will have to change and we will likely have to lengthen the time for our noon meal in order to accommodate the turnover of limited seating. We will also probably offer the alternative of carry-out to facilitate the limitations on space.

How can we best serve in these current circumstances? We are listening to what the government health authority directs, but also what God seems to be asking and taking such steps as seem to be clear to us.

Thank you for the support which you have given us in so many ways! We are very grateful for your friendship and for your prayers and miss our encounters with you. We do pray for you.

Blessings on your summer days. With love, in Christ,

Charlie for Kate, Christine, David and Peter

Sharing our Wounds



Icon of Jesus Healing the Paralyzed Man

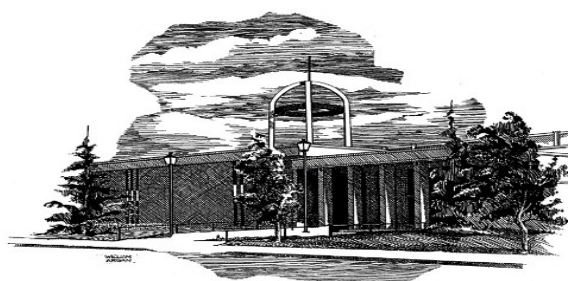
A woman was shattered by the loss of her dear brother. Filled with grief, she asked God, "Why, him O Lord?" But God remained silent. Seeking an answer, she set out on a journey. First, she came upon an old man. He was crying. "I suffered a great loss," he said. "I was a great painter, but I lost my eyesight." Wanting to know "why", he too, joined the woman on her journey to find answers. .

Before long, the grieving woman and the blind painter came across a young man. He was only married a short time before his young bride died tragically. He too, was seeking the reason "why" and joined them on their journey. Next, the trio encountered a young woman who had just lost her only child. She was filled with deep sorrow and likewise joined in the journey to find answers.

Finally, the group came upon Jesus Christ. He was standing in the middle of the road waiting for them. They each presented their sorrows and demanded answers, but Our Lord remained silent. Instead, Jesus began to cry. Moving closer to the group He embraced them and said, I cannot prevent pain, I can only heal it." "How?" they asked. "By sharing it," Jesus answered. Suddenly Our Lord disappeared and the other four remained standing there embracing one another, sharing their grief.

Our Lord comforts, heals and forgives us just as he healed and forgave the paralyzed man and many others in Sacred Scripture. We, too, assist the healing hands of our Lord by sharing and receiving the sorrows of others

Sunday, July 12, 2020



ST. ATHANASIOS UKRAINIAN CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

MEMBERSHIP AT ST. ATHANASIOS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul 11 Syro-Malabar Church - Fr. Sajy Thomas

Phone: 306-450-7790

Parish Council President - Saneesh A. Sunny

Phone: 306-807-5454

E-mail: frsajy@gmail.com

E-mail: sachandilsunny@gmail.com