

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this IMPORTANT letter: [Updated COVID Instructions](#).

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

SEVENTH SUNDAY AFTER PENTECOST - Holy Fathers of First Six Councils

TROPAR (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You.

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

KONDAK (Tone 6): With His life-giving hand Christ our God, the Giver of life, raised all the dead from the murky abyss and bestowed resurrection upon humanity. He is for all the Savior, the resurrection and the life, and the God of all.

PROKIMEN (Tone 6): Save Your people, O Lord, and bless Your inheritance.

VERSE: *Unto You I will cry, O Lord my God, lest You turn from me in silence.*

EPISTLE: A reading from the Epistle to the Hebrews (13:7-16)

Brothers and Sisters: Remember your leaders who spoke the word of God to you; consider how their lives ended, and imitate their faith. Jesus Christ is the same yesterday, today, and forever. Do not be carried away by all kinds of strange teaching. It is good to have our hearts strengthened by the grace of God and not by foods which are useless to those who take them as a standard for living. We have an altar from which those who serve the tabernacle have no right to eat. The bodies of the animals whose blood is brought into the sanctuary by the high priest as a sin offering are burned outside the camp. Therefore, Jesus died outside the gate, to sanctify the people by his own blood. Let us go to him outside the camp, bearing the insult which he bore. For here we have no lasting city; we are seeking one which is to come. Through him let us continually offer God a sacrifice of praise, that is, the fruit of lips which acknowledge his name. Do not neglect good deeds and generosity, God is pleased by sacrifices of that kind.

ALLELUIA VERSES: *He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.*

He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

GOSPEL: John 17:1 -13

At that time Jesus looked up to heaven and said: "Father, the hour has come! Give glory to your Son that your Son may give glory to you, in as much as you have given him authority over all mankind, that he may bestow eternal life on those you gave him. Eternal life is this, to know you, the only true God, and him whom you have sent, Jesus Christ. I have given you glory on earth by finishing the work you gave me to do. Do you now, Father, give me glory at your side, a glory I had with you before the world began. I have made your name known to those you gave me out of the world. These men you gave me were yours; they have kept your word. Now they realize that all that you gave me comes from you. I entrusted to them the message you entrusted to me and they received it. They have known that in truth I came from you, they have believed it was you who sent me. For these I pray – not for the world but for these you have given me, for they are really yours. Just as all that belongs to me is yours, so all that belongs to you is mine. It is in them that I have been glorified. I am in the world no more, but these are in the world as I come to you. O Father most holy, protect them with your name which you have given me, that they may be one, even as we are one. As long as I was with them, I guarded them with your name which you gave me. I kept careful watch, and not one of them was lost, none but him who was destined to be lost -- in fulfillment of Scripture. Now, however, I come to you; I say all this while I am still in the world that they may share my joy completely.

For those who are watching via livestreaming, please recite the prayer below:

BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

Liturgical services / livestreaming schedule and readings (Please read the readings by clicking on the links in red)

MONDAY JULY 20 - The Holy and Glorious Prophet Elijah (Elias) (9th c. BC); [James 5:10-20](#); [Luke 4:22-30](#)
10:00am Divine Liturgy (for + Paul Markewich – 20 years memorial, requested by Jean Markewich (preregistration) – **Livestreaming**

TUESDAY JULY 21 - Our Venerable Father Simeon, the Fool for Christ (c. 580), and His Ascetical Companion John (527-65); Prophet Ezekiel; [1 Corinthians 10:5-12](#); [Matthew 16:6-12](#)
No service scheduled

WEDNESDAY JULY 22 - The Holy Myrrh-bearer and Equal-to-the-Apostles Mary Magdalene; Return of the Relics of the Priest-Martyr Phocas; [1 Corinthians 10:12-22](#); [Matthew 16:20-24](#)
10:00am Divine Liturgy for + Fr. Rudolph Luzney, requested by UCWLC (preregistration) – **Livestreaming**

THURSDAY JULY 23 - The Holy Martyrs Trophimus, Theophilus and those with them (284-305); Miracle of the Pochaiv Icon of the Mother of God against the Invaders (1675); [1 Corinthians 10:28-11:7](#); [Matthew 16:24-28](#)
No service scheduled

FRIDAY JULY 24 - The Holy Martyrs Borys and Hlib, Named Roman and David at Holy Baptism (1015); Holy Great-Martyr Christine; [Romans 8:28-39](#); [John 15:17-16:2](#);
09:30am Divine Liturgy in Ukrainian for God's blessing upon Vasili (preregistration) – **Livestreaming**

SATURDAY JULY 25 - The Dormition of Saint Anna, Mother of the Most Holy God-bearer (Theotokos); Holy Women Olympiada and Eupraxia (5th c.); [Galatians 4:22-31](#); [Luke 8:16-21](#)
No service scheduled

SUNDAY JULY 26 - Eighth Sunday after Pentecost, Tone 7; The Holy Priest-Martyr Hermolaus and those with him (286-305); Holy Venerable-Martyr Parasceve; [1 Corinthians 1:10-18](#); [Matthew 14:14-22](#)
9:15am – Rosary (preregistration) – **Livestreaming**
9:30am – Divine Liturgy (preregistration) – **Livestreaming**
1:30pm – Divine Liturgy in Moose Jaw (preregistration)

Eparchial Youth and Young Adult Ministry Presents: Bible/Scripture Reading for Girls & Young Women 15- 35 Years of Age [Viktoriia Marko, Eparchial Youth & Young Adult Minister]

We have an awesome group of girls and young women who meet every Thursday morning on "Zoom" to glorify God and grow spiritually by reading the Holy Scripture, reflecting on God's Word and sharing experiences. We also familiarize ourselves with the verses from *Christus Vivit (Christ is Alive) – Apostolic Exhortation on Youth* and reflect on these verses in the light of the Bible passage.

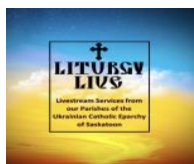
Our group unites girls and young women not only from our Eparchy, but we also welcome youth from Saskatoon Catholic Diocese and the youth from Ukraine. It is an incredible community building opportunity; the experience of belongingness, spiritual growth and the nourishment of God's Word - so much needed in this difficult world!

Therefore, following the example of our Blessed Virgin Mary, who was constantly listening to God's Word and contemplating on it in her heart, we are inviting girls and young women (15-35 years of age) to join our Bible group every Thursday morning at 11:30 am.

Please let us know your willingness to join us by contacting Viktoriia Marko at uwitness2youth@gmail.com or by phone 306-914-0355)



NEWS FROM EPARCHIAL COMMUNICATIONS OFFICE – CHECK THESE OUT ON OUR WEBSITES:



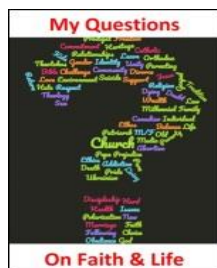
Liturgy Live - Welcome to the Livestream of our Liturgical Services from our parishes in our Ukrainian Eparchy of Saskatoon. If you are unable to attend Divine Liturgies and other Services due to the COVID-19 Pandemic, or if you away on vacation, tune in directly from our Eparchial Website [Home Page](#) by clicking on the “Liturgy Live” icon.

The following parishes now are providing livestreaming & recorded services:

- Ukrainian Catholic Cathedral of St. George, Saskatoon | [Website»](#)
- Ukrainian Catholic Church of Dormition of the Mother of God, Saskatoon | [Website»](#) | [Facebook»»](#)
- Ss. Peter & Paul Ukrainian Catholic Church, Saskatoon – [YouTube Channel»»](#)
- St. Athanasius Ukrainian Catholic Church, Regina | [Website»»](#) | [Facebook»»](#)
- St. Basil’s Ukrainian Catholic Church, Regina | [Facebook»»](#)
- Sacred Heart Ukrainian Catholic Church, Ituna | [Facebook»»](#)
- St. Josaphat Ukrainian Catholic Church Kamsack, Saskatchewan | [Facebook»»](#)
- Check out their [Parish Bulletins](#) for dates and times of Livestream Services (found on the Eparchial Website [Home Page](#) by clicking the “Parishes” icon or under the [Eparchy](#) tab).

- Live Streaming Services of Ukrainian Catholic Churches in Canada and the World | [Royal Doors»»](#)

Check out Cantors’ Corner - This tool encompasses English language Propers for Sundays and Major Feast Days and ascribes to the Gregorian calendar. **We feature the translation that is being used by Fr. John Sianchuk, CSSR**, as it is widely utilized in our Eparchy and beyond. Cantors’ Corner is now updated to September 30, 2020. **Just click on the “Cantors’ Corner” icon on our Eparchial Website [Home Page](#).**



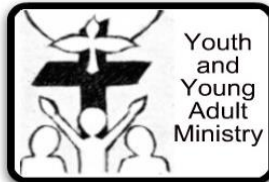
My Questions on Faith & Life - What are your questions? What issues concern you regarding living our faith? What things would you like to hear about from the pulpit? The Bishop, Clergy and Ministries of the Eparchy want to hear from you. Click on the “My Questions on Faith & Life” icon on our Eparchial Website [Home Page](#). Please fill in the question box, briefly stating the type of questions or issues you would like addressed, from a Ukrainian Catholic perspective. These may be things you would like to hear about either in sermons, in programs offered at your parish, online or by direct response. Fill in the remaining boxes and click Submit button. **We look forward to hearing from you.**

Human & Environmental Development Program [HEDP]:

Program Coordinator: Dr. Lesya Sabada E-mail: lsabada@usask.ca.

The Vision of the HEDP is to transform and inspire humanity to achieve a just, peaceful, and sustainable world. The Mission of the HEDP is to encourage and facilitate dialogue and activities between persons, cultures, and faiths through the **ENCYCLICAL LETTER - LAUDATO SI' - of the Holy Father Francis – On the Care of Our Common Home**. Check out more information on our Eparchial Website [Home Page](#) by clicking the “Human & Environmental Development Program” icon or under the [Eparchy](#) tab.

Check out more on our [Eparchial Website](#) and don’t forget to check out all our websites:



<https://ucfsask.org/>

<https://skeparchy.org/flo/>

<https://skeparchy.org/ucya/>

<http://www.ucrec.ca/>

If you have not already done so, take the opportunity to subscribe to receive emails when News is posted on our websites. On the Home Page of our websites at the bottom of "Lates News" you will find "**Subscribe to News**"; fill in your email address and click on the "Sign Me Up" button!

God's Blessings and have a safe summer and stay healthy!

Eparchial Communications Coordinator:

Chris Pidwerbeski

Telephone: 306-653-0138 ext. 226

E-mail: communications@skeparchy.org

Website: www.skeparchy.org

**Appeal to Provide Financial Assistance to
Those Affected by the Flood in Western Ukraine**
[How we, as the Eparchy of Saskatoon, can help]



As you may already know, parts of Western Ukraine are under water due to strong torrential rains that have been falling for several days in the past week. Two regions, Ivano-Frankivsk and Chernivtsi, were affected the most. In the Ivano-Frankivsk region, over 4,600 houses were lost or flooded, 550 kilometers of roads were damaged or washed away, and 90 bridges are gone. In addition, at least three people lost their lives. Thousands of people had to be evacuated leaving their homes and properties behind. Many have lost their belongings and savings.

This is the time when our brothers and sisters in Ukraine need help. Patriarch Sviatoslav has sent a letter of appeal asking us, "to show Christian solidarity and social service, so that those who are suffering might receive assistance as soon as possible. Therefore, I call upon our faithful and churches in our Ukrainian Catholic Eparchy of Saskatoon to act in the spirit of the Good Samaritan of the Gospel, to support those who are deprived of their homes and have come face-to-face with misfortune."

In response to our Patriarch's request and in the spirit of Christian love and fellowship, we are announcing a campaign to raise funds for people who lost everything due to the floods and now need food and basic necessities.

- Donations can be made on-line through our Ukrainian Catholic Foundation Office from their website www.ucfsask.org by clicking on the button on their home page: "**Donate to the Western Ukraine Relief Fund**" and complete and submit the form, **noting in the "Comments" box that this donation is directed for the "Western Ukraine Relief Fund"**.
- Donations can also be made by cheque made out to the **Ukrainian Catholic Foundation** and marked "**Western Ukraine Relief Fund**", and mailed or dropped off at the UCF-SASK Foundation Office at 214 Avenue M South, Saskatoon SK S7M 2K4.
- Donations can also be dropped in your parish collection basket or parish office which will then forwarded to the Foundation Office.

All the donations received will then be forwarded through our Eparchy to the CNEWA Canada Office in Ottawa to distribute the funds to those affected by the Flood in Western Ukraine.

Note: You can also choose to make your donation directly on-line through the CNEWA Office on their website: <https://cnewa.org/ca/donate/> and from the drop-down "Donate To" section, choose "Ukraine".

No donation is too small or too large. However, your donation will change someone's life and God will repay a cheerful giver hundredfold. Please keep people of the affected areas in your prayers!



In Christ,
Bishop Bryan Bayda, CSsR
Eparch of Saskatoon Eparchy

PLEASE NOTE: St. Athanasius Parish will not be issuing the receipts for donations to the Western Ukraine Relief Fund. Receipts will be issued by CNEWA Canada Office in Ottawa.

APPEAL TO ST. ATHANASIUS PARISH MEMBERS: Father Vasyl was born in the Western Region in Ukraine that has been affected by the flooding. If you care to make a donation on behalf of Father, please make the cheque payable to Father Vasyl and he will forward the funds. Receipts will be issued from the recipient when donations are received in Ukraine. *Thank you and may God bless you for your generosity.*

SUNDAY LITURGIES: By now you should have all received an e-mail or Canada Post letter explaining the procedures to follow if you wish to attend Liturgy. It mentions that you must contact Rosanne Miller (306-543-5773) to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you, considering we are still at a 30 person capacity. Thank You for your cooperation.

PLEASE NOTE: Regarding pre-registration for attending Divine Liturgy on Sunday, July 26th, 2020. If you are planning to attend Divine Liturgy Service on Sunday July 26th, 2020, please call Mark & Karen Woitas at 306-775-0667.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net.

Steps to send funds to St. Athanasius via e-transfers:

You must have on-line banking availability. If you don't already have this, you will have to make a request for this from your financial institution (bank, credit union, trust company, etc.)

- Sign in to your account
- Select "Payments and Transfers"
- Select interac e-transfer; select new recipient/manage recipients: St. Athanasius - Email: stathandeposit@sasktel.net
- Enter your amount of the donation
- Indicate which account to debit
- Add a message: use your envelope number; add a note such as "Sunday Donation", Building Fund", or name of a special collection (Easter flowers, Holy Land, etc.)
- Verify e-transfer.
- Your funds should now transfer from your bank account to the parish bank account.

****If you are having trouble understanding or completing this transaction, please be sure to contact a trusted person, i.e. family member, to help you through this process. The procedure may vary somewhat depending on your financial institution.

July 12 Donations: 6 regular Sunday envelopes - \$535; 3 Building Fund envelopes - \$150; 1 Pope's Pastoral Works envelope - \$20.

E-transfers received: 4 general donations - \$475; 1 Building Fund donation - \$100.00.

POPES'S PRAYER INTENTION for July: Universal Prayer – Our Families

We pray that today's families may be accompanied with love, respect and guidance.



The Ukrainian Program is looking for support from our parent and community members. We are excited about our long running program and want to ensure that it continues. In keeping with that mandate, we are proposing to form three committees. We are inviting parents and community members who want to get involved to sign up for one of the committees. If that is not possible we would gladly accept any expertise in any of the below listed areas.

1. Liaison Committee – this committee would meet with the School Board to work collaboratively for the continued success of the program and should consist of the teachers, priests, bishop and a parent representative.
2. Communication Committee – this committee would be responsible for sending out information to parents and community members and should consist of two or more parent/community members.
3. Fundraising Committee – this committee would be responsible for creating fundraising opportunities to raise money for transportation. Opportunities such as grants, support from Ukrainian Community groups or individuals, bottle drives, hot dog sales to name a few. This committee should consist of parents/community members.

This year is an opportunity to show the School Board that we want to work together in good faith for the continued success of the Ukrainian Program. In order to do that we need the support of our parents and the Ukrainian Community as a whole. If you are interested in joining one of the committees, or if you have any expertise or suggestions **please contact Chris Yost** at yostck@mac.com or **Kevin Korchinski** at kevin@osac.ca

We thank you in advance for your continued support of your Ukrainian Program.

JULY 20 - THE HOLY AND GLORIOUS PROPHET ELIJAH (ELIAS)

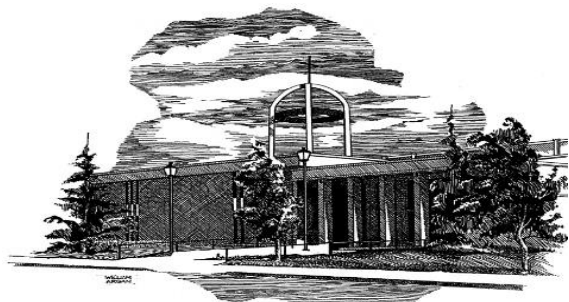


Elijah (Elias) was a prophet who lived in the northern kingdom of Israel (9th century BC). Elijah defended the worship of God over that of the Canaanite deity Baal. He performed many miracles, including resurrection,

bringing fire down from the sky, and entering Heaven alive by fire.

The New Testament notes that some people thought that Jesus was, in some sense, Elijah, but it also makes clear that John the Baptist is the Elijah who was promised to come in Malachi 3:1; 4:5. According to Gospels, Elijah appeared with Moses during the Transfiguration of Jesus.

Sunday, July 19, 2020



ST. ATHANASIUS UKRAINIAN CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul 11 Syro-Malabar Church - Fr. Sajy Thomas

Phone: 306-450-7790

E-mail: frsajy@gmail.com

Parish Council President - Saneesh A. Sunny

Phone: 306-807-5454

E-mail: sachandilsunny@gmail.com