

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this IMPORTANT letter: [Updated COVID Instructions](#).

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

EIGHTH SUNDAY AFTER PENTECOST

TROPAR (Tone 7): By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrh-bearers to joy, and charged the apostles to proclaim that You are risen, O Christ, our God, offering great mercy to the world.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 7): No longer shall the dominion of death be able to hold humanity, for Christ went down shattering and destroying its powers. Hades is bound. The prophets exult with one voice. The Savior has come for those with faith, saying: "Come forth, O faithful, to the resurrection!"

PROKIMEN (Tone 7): The Lord will give strength to His people; the Lord will bless His people with peace.

VERSE: *Bring to the Lord, O you sons of God; bring to the Lord young rams.*

EPISTLE: A reading from the First Letter of the Holy Apostle Paul to the Corinthians (1:10-18)

Brothers and Sisters! I beg you in the name of our Lord Jesus Christ, to agree in what you say. Let there be no factions; rather, be united in mind and judgment. I have been informed, my brothers, by certain members of Chloe's household that you are quarreling among yourselves. This is what I mean: One of you will say, "I belong to Paul," another, "I belong to Apollos," still another, "Cephas has my allegiance," and the fourth, "I belong to Christ." Has Christ, then, been divided into parts? Was it Paul who was crucified for you? Was it in Paul's name that you were baptized? Thank God I baptized none of you except Crispus and Gaius, so there are none who can say that you were baptized in my name. Oh, and I baptized the household of Stephanus. Beyond that, I am not aware of having baptized anyone else. For Christ did not send me to baptize, but to preach the gospel -- not with wordy "wisdom," however, lest the cross of Christ be rendered void of its meaning. The message of the cross is complete absurdity to those who are headed for ruin, but to us who are experiencing salvation, it is the power of God.

ALLELUIA VERSES: *It is good to give praise to the Lord; and to sing in Your name, O Most High. To announce Your mercy in the morning and Your truth every night.*

GOSPEL: Matthew 14:14-22

At that time as Jesus saw the vast throng, his heart was moved with pity, and he cured their sick. As evening drew on, his disciples came to him with the suggestion: "This is a deserted place and it is already late. Dismiss the crowds so that they may go to the villages and buy some food for themselves." Jesus said to them: "There is no need for them to disperse. Give them something to eat yourselves." "We have nothing here," they replied, "but five loaves and a couple of fish." "Bring them here," he said. Then he ordered the crowds to sit down on the grass. He took the five loaves and two fish, looked up to heaven, blessed and broke them and gave the loaves to the

disciples, who in turn gave them to the people. All those present ate their fill. The fragments remaining, when gathered up, filled twelve baskets. Those who ate were about five thousand, not counting women and children. Immediately afterward, while dismissing the crowds, Jesus insisted that his disciples get into the boat and precede him to the other side.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES - LIVESTREAMING SCHEDULE AND READINGS

(Please read the readings by clicking on the links in red)

Saturday July 25 - The Dormition of Saint Anna, Mother of the Most Holy God-bearer (Theotokos); Holy Women Olympiada and Eupraxia (5th c.)

10:30am Funeral of Raymond Woynarski (by invitation) - - **Livestreaming**

SUNDAY JULY 26 - Eighth Sunday after Pentecost, Tone 7; The Holy Priest-Martyr Hermolaus and those with him (286-305); Holy Venerable-Martyr Parasceve; [1 Corinthians 1:10-18](#); [Matthew 14:14-22](#)

9:15am – Rosary (preregistration) – Livestreaming

9:30am – Divine Liturgy (preregistration) – Livestreaming

1:30pm – Divine Liturgy in Moose Jaw (preregistration)

Monday July 27 - The Holy Great-Martyr and Healer Panteleimon (286-305); Our Holy Father Clement the Wonderworker, Archbishop of Okhrid (910); [2 Timothy 2:1-10](#); [John 15:17-16:2](#)

10:00am – Funeral of Ted Schabel (by invitation) - Livestreaming

Tuesday July 28 - The Holy Apostles and Deacons Prochor, Nicanor, Timon and Parmenas (1st-2nd c.); [1 Corinthians 12:12-26](#); [Matthew 18:18-22](#); [19:1-2](#), [13-15](#).

No service scheduled

Wednesday July 29 - The Holy Martyr Callinicus; [1 Corinthians 13:4-14:5](#); [Matthew 20:1-16](#).

No service scheduled

Thursday July 30 - The Holy Apostles Silas and Silvanus and those with them; [1 Corinthians 14:6-19](#); [Matthew 20:17-28](#)

No service scheduled

Friday July 31 - Fore-feast of the Procession of the Precious and Life-Giving Cross of the Lord; Holy and Just Eudocimus (840); [1 Corinthians 14:26-40](#); [Matthew 21:12-14](#), [17-20](#)

No service scheduled

Saturday August 1 - The Procession with the Holy Relics of the Precious and Life-Giving Cross of the Lord; the Seven Holy Martyred Maccabees, Their Mother Solome and Their Teacher Eleazar; Beginning of the Dormition Fast (Spasivka); [1 Corinthians 1:18-24](#); [John 19:6-11, 13-20, 25-28, 30-35](#)

No service scheduled

SUNDAY AUGUST 2 - Ninth Sunday after Pentecost, Tone 8; The Transfer of the Holy Relics of the First-martyr and Archdeacon Stephen (5th c.); [1 Corinthians 3:9-17](#); [Matthew 14:22-34](#)

9:15am – Rosary (preregistration) – Livestreaming

9:30am – Divine Liturgy (preregistration) – Livestreaming

3:00pm – Divine Liturgy in Glentworth (preregistration)

SYMPATHY AND CONDOLENCES are extended to Lorraine Woynarski and family in the death of her husband, Raymond, who died on Wednesday, July 22. Funeral will be held on Saturday, July 25th, at 10:30 a.m. from St. Athanasius Parish, 55 McMurphy Ave., Regina SK.

Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!

ST. ATHANASIUS APPEAL: Parish Council would like to thank everyone who has already donated to the St. Athanasius Appeal and would encourage those who have yet to do so, please consider making a donation. All funds will stay within the Parish and will help to upgrade our sound and video capabilities for in person and livestream liturgies.

Thank You for your generosity.

Blessings,

St. Athanasius Parish Council

ST ATHANASIUS Parish – Cabbage Orders: The parish will be ordering cabbage for our parishioners and their friends. Orders – \$25.00 per 50 lb bag. To place your orders, please call Eleanor Hadubiak at 306-352-6565 or Fran Hladun at 306-543-7354. Payments must be by **cash** and received by Sunday, August 9th, 2020. You can drop off your payment at Fran's house at 74 Hammond Rd, Parish Office – by appointment only, or to Eleanor Hadubiak by Sunday August 9th at church services.

You will be advised by a phone call when the cabbage will be delivered from the gardens for pick up. Cabbage will be delivered to St. Athanasius Parish Parking Lot for pick up as there is no access to the church or auditorium. When picking up the cabbage, you will line up and practice social distancing and wearing a mask. Thank you to all who have already placed their orders



The Ukrainian Program is looking for support from our parent and community members. We are excited about our long running program and want to ensure that it continues. In keeping with that mandate, we are proposing to form three committees. We are inviting parents and community members who want to get involved to sign up for one of the committees. If that is not possible we would gladly accept any expertise in any of the below listed areas.

Liaison Committee – this committee would meet with the School Board to work collaboratively for the continued success of the program and should consist of the teachers, priests, bishop and a parent representative.

Communication Committee – this committee would be responsible for sending out information to parents and community members and should consist of two or more parent/community members.

Fundraising Committee – this committee would be responsible for creating fundraising opportunities to raise money for transportation. Opportunities such as grants, support from Ukrainian Community groups or individuals, bottle drives, hot dog sales to name a few. This committee should consist of parents/community members.

This year is an opportunity to show the School Board that we want to work together in good faith for the continued success of the Ukrainian Program. In order to do that we need the support of our parents and the Ukrainian Community as a whole. If you are interested in joining one of the committees, or if you have any expertise or suggestions **please contact Chris Yost** at yostck@mac.com or **Kevin Korchinski** at kevin@osac.ca. We thank you in advance for your continued support of your Ukrainian Program.

SERENA SK is looking to raise awareness of NFP options in Saskatchewan and is also looking for volunteers to help in the mission of Serena in building authentic intimacy toward strong marriages.

Serena SK is an organization that teaches the Sympto-Thermal Method of Natural Family Planning (NFP). We rely on our generous volunteers and donors to keep this healthy, safe, effective, and affordable method of NFP available. Want to take a class to learn Serena? Are you interested in teaching others NFP? Do you have some time or talent to offer and have a desire to serve on our Board of Directors? Want to help out with or attend our next event? Would you be willing to support us financially with a donation? Please contact us if you said yes to any of those questions! Email sask@serena.ca or call/text (306)934-8223.

Walking Pilgrimage for Young People 15 Years & Up!



**Dedicated to Pope Francis Apostolic
Exhortation
to Young People "Christus Vivit"
(Christ is Alive)**



**From the Ukrainian Catholic
Cathedral of St. George
(210 Avenue M South)**



**to St. Volodymyr Chapel (25 km)
Ukrainian Catholic Eparchial
Park, Pike Lake**



**"If you are to accompany others on this path (vocational discernment),
you must be the first to follow it, day in and day out"
(Christus Vivit, 298)**

Saturday, August 1, 2020 – following the 10:30 am Divine Liturgy

Young people today face challenges that are hard to handle. A young person is looking for trust, acceptance, authentic witnesses and accompaniment on their way. Therefore, through this pilgrimage we will be praying for and with our youth, for the gift of accompaniment, discernment and their vocations. In the light of Christus Vivit, we will reflect on what accompaniment is, who our true companions are and how to be a companion for others especially in time of present pandemic.

**Therefore, we invite you to
trust God, and join us.
Let the power of the Holy
Spirit strengthen and guide**

For any questions or registration please email to uwitness2youth@gmail.com or call Viktoriia Marko at 306-914-0355 by Tuesday, July 28, 2020.

Covid-19 Restriction Guidelines at that time will apply!

Eparchial Youth and Young Adult Ministry Presents:

Bible/Scripture Reading for Girls & Young Women 15- 35 Years of Age/Viktoriia Marko, Eparchial Youth & Young Adult Minister

We have an awesome group of girls and young women who meet every Thursday morning on "Zoom" to glorify God and grow spiritually by reading the Holy Scripture, reflecting on God's Word and sharing experiences.

We also familiarize ourselves with the verses from *Christus Vivit (Christ is Alive)* – *Apostolic Exhortation on Youth* and reflect on these verses in the light of the Bible passage.

Our group unites girls and young women not only from our Eparchy, but we also welcome youth from Saskatoon Catholic Diocese and the youth from Ukraine. It is an incredible community building opportunity; the experience of belongingness, spiritual growth and the nourishment of God's Word - so much needed in this difficult world!

Therefore, following the example of our Blessed Virgin Mary, who was constantly listening to God's Word and contemplating on it in her heart, we are inviting girls and young women (15-35 years of age) to join our Bible group every Thursday morning at 11:30 am.



Please let us know your willingness to join us by contacting Viktoriia Marko at uwitness2youth@gmail.com or by phone 306-914-0355)

**Appeal to Provide Financial Assistance to
Those Affected by the Flood in Western Ukraine**
[How we, as the Eparchy of Saskatoon, can help]



As you may already know, parts of Western Ukraine are under water due to strong torrential rains that have been falling for several days in the past week. Two regions, Ivano-Frankivsk and Chernivtsi, were affected the most. In the Ivano-Frankivsk region, over 4,600 houses were lost or flooded, 550 kilometers of roads were damaged or washed away, and 90 bridges are gone. In addition, at least three people lost their lives. Thousands of people had to be evacuated leaving their homes and properties behind. Many have lost their belongings and savings.

This is the time when our brothers and sisters in Ukraine need help. Patriarch Sviatoslav has sent a letter of appeal asking us, “to show Christian solidarity and social service, so that those who are suffering might receive assistance as soon as possible. Therefore, I call upon our faithful and churches in our Ukrainian Catholic Eparchy of Saskatoon to act in the spirit of the Good Samaritan of the Gospel, to support those who are deprived of their homes and have come face-to-face with misfortune.”

In response to our Patriarch’s request and in the spirit of Christian love and fellowship, we are announcing a campaign to raise funds for people who lost everything due to the floods and now need food and basic necessities.

- Donations can be made on-line through our Ukrainian Catholic Foundation Office from their website www.ucfsask.org by clicking on the button on their home page: **“Donate to the Western Ukraine Relief Fund”** and complete and submit the form, **noting in the “Comments” box that this donation is directed for the “Western Ukraine Relief Fund”**.
- Donations can also be made by cheque made out to the **Ukrainian Catholic Foundation** and marked **“Western Ukraine Relief Fund”**, and mailed or dropped off at the UCF-SASK Foundation Office at 214 Avenue M South, Saskatoon SK S7M 2K4.
- Donations can also be dropped in your parish collection basket or parish office which will then forwarded to the Foundation Office.

All the donations received will then be forwarded through our Eparchy to the CNEWA Canada Office in Ottawa to distribute the funds to those affected by the Flood in Western Ukraine.

Note: You can also choose to make your donation directly on-line through the CNEWA Office on their website: <https://cnewa.org/ca/donate/> and from the drop-down “Donate To” section, choose “Ukraine”.

No donation is too small or too large. However, your donation will change someone’s life and God will repay a cheerful giver hundredfold. Please keep people of the affected areas in your prayers!



In Christ,
Bishop Bryan Bayda, CSsR
Eparch of Saskatoon Eparchy

PLEASE NOTE: St. Athanasius Parish will not be issuing the receipts for donations to the Western Ukraine Relief Fund. Receipts will be issued by CNEWA Canada Office in Ottawa.

APPEAL TO ST. ATHANASIUS PARISH MEMBERS: Father Vasyl was born in the Western Region in Ukraine that has been affected by the flooding. If you care to make a donation on behalf of Father, please make the cheque payable to Father Vasyl and he will forward the funds. Receipts will be issued from the recipient when donations are received in Ukraine. *Thank you and may God bless you for your generosity.*

SUNDAY LITURGIES: By now you should have all received an e-mail or Canada Post letter explaining the procedures to follow if you wish to attend Liturgy. It mentions that you must contact Rosanne Miller (306-543-5773) to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you, considering we are still at a 30 person capacity. Thank You for your cooperation.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net.

Steps to send funds to St. Athanasius via e-transfers:

You must have on-line banking availability. If you don't already have this, you will have to make a request for this from your financial institution (bank, credit union, trust company, etc.)

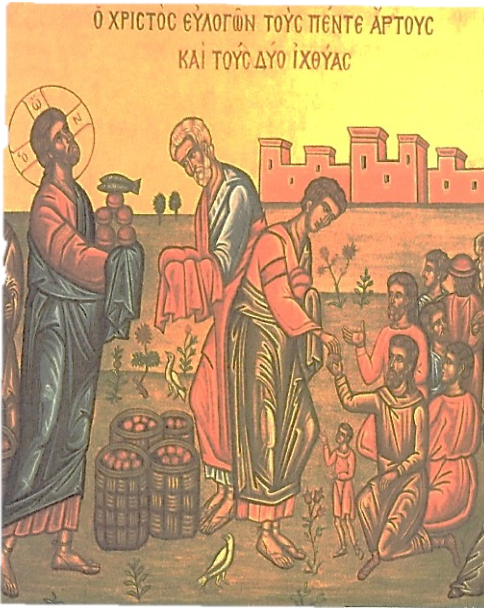
- Sign in to your account
- Select "Payments and Transfers"
- Select interac e-transfer; select new recipient/manage recipients: St. Athanasius - Email: stathandeposit@sasktel.net
- Enter your amount of the donation
- Indicate which account to debit
- Add a message: use your envelope number; add a note such as "Sunday Donation", Building Fund", or name of a special collection (Easter flowers, Holy Land, etc.)
- Verify e-transfer.
- Your funds should now transfer from your bank account to the parish bank account.

*****If you are having trouble understanding or completing this transaction, please be sure to contact a trusted person, i.e. family member, to help you through this process. The procedure may vary somewhat depending on your financial institution.*

July 19 Donations: 11 regular Sunday envelopes - \$440; 3 Building Fund envelopes - \$170; Loose Change - \$45.

E-transfers received: 4 general donations - \$305; 1 Building Fund donation - \$100.00.
St. Athanasius Appeal: \$240.00

FEEDING THE FIVE THOUSAND



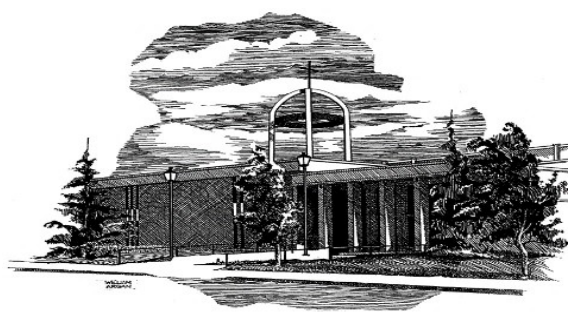
The story of the feeding of five thousand men, plus women and children, is reported in all four evangelists — Matthew 14:14-22 (from which we read today), Mark 6:30-44, Luke 9:10-17, and John 6:1-14. It tells of how Jesus fed his people the way God fed the Israelites in the desert after the Exodus from Egypt. The Church Fathers see the image of the Eucharist in this story, which is also treated extensively in John chapter 6 with the discourse on the Bread of Life.

From five loaves and two fish, all had their fill of food. They were all satisfied by the banquet that the Lord provides. The actions taken by Jesus are similar to those at the Last Supper. He takes the bread, gives thanks by looking to Heaven, breaks the bread, and gives it to his disciples to distribute among the people.

The many parallels with the Last Supper, and thus the Divine Liturgy, is why the Eucharistic symbols are identified.

Today, the disciples distributing the food to the people is represented by the deacons and priests and bishops serving the people of God, and distributing his saving grace and inviting people to participate in the eucharistic banquet. The body and blood of Christ in the Eucharist now replaces the manna provided by God in the wilderness of the Old Testament. The New Testament and Christ's revelation promises life everlasting and not just the promised land.

Sunday, July 26, 2020



ST. ATHANASIUS UKRAINIAN CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul 11 Syro-Malabar Church - Fr. Sajy Thomas

Phone: 306-450-7790

Parish Council President - Saneesh A. Sunny

Phone: 306-807-5454

E-mail: frsajy@gmail.com

E-mail: sachandilsunny@gmail.com