

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this IMPORTANT letter: [Updated COVID Instructions](#).

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

NINTH SUNDAY AFTER PENTECOST

TROPAR & KONDAK: Tone 8, Page 105 of the Divine Liturgy of St. John Chrysostom Book

TROPAR (Tone 8): You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 8): When You rose from the tomb, You also raised the dead and resurrected Adam. Eve exults in Your resurrection, and the ends of the world celebrate Your rising from the dead, O most merciful One.

PROKIMEN (Tone 8): Pray and give praise to the Lord our God.

VERSE: *In Judea God is known; His name is great in Israel.*

EPISTLE: A reading from the First Letter of the Holy Apostle Paul to the Corinthians (3:9-17)

Brothers and Sisters! We are God's co-workers; while you are his cultivation, his building. Thanks to the favor God showed me I laid a foundation as a wise master builder might do, and now someone else is building upon it. Everyone, however, must be careful how he builds. No one can lay a foundation other than the one that has been laid, namely Jesus Christ. If different ones build on this foundation with gold, silver, precious stones, wood, hay or straw, the work of each will be made clear. The Day will disclose it. That day will make its appearance with fire, and fire will test the quality of each man's work. If the building a man has raised on this foundation still stands, he will receive his recompense; if a man's building burns, he will suffer loss. He himself will be saved, but only as one fleeing through fire. Are you not aware that you are the temple of God, and that the Spirit of God dwells in you? If anyone destroys God's temple, God will destroy him. For the temple of God is holy, and you are that temple.

ALLELUIA VERSES: *Come, let us rejoice in the Lord; let us acclaim God our Savior.*

Let us come before His countenance with praise and acclaim Him with psalms.

GOSPEL: Matthew 14:22-34

At that time while dismissing the crowds, Jesus insisted that his disciples get into the boat and precede him to the other side. When he had sent them away, he went up on the mountain by himself to pray, remaining there alone as evening drew on. Meanwhile the boat, already several hundred yards out from shore, was being tossed about in the waves, raised by strong head winds. At about three in the morning, he came walking toward them on the lake. When the disciples saw him walking on the water, they were terrified. "It is a ghost!" they said, and in their fear they began to cry out. Jesus hastened to reassure them: "Get hold of yourselves! It is I. Do not be afraid!" Peter spoke up and said, "Lord, if it is really you, tell me to come to you across the water." "Come!" he said. So Peter got out of the boat and began to walk on the water, moving toward Jesus. But when he perceived how strong the wind was, becoming frightened, he began to sink and cried out, "Lord, save me!" Jesus at once

stretched out his hand and caught him. "How little faith you have," he exclaimed. "Why did you falter?" Once they had climbed into the boat, the wind died down. Those who were in the boat showed him reverence, declaring, "Beyond doubt you are the Son of God." After making the crossing they reached the shore at Gennesaret.

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

For those who are watching via livestreaming, please recite the prayer below:

BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES - LIVESTREAMING SCHEDULE AND READINGS

MONDAY August 3 - Our Venerable Fathers Isaac (406-25), Dalmatus and Faustus; 1 Corinthians 15:12-19; Matthew 21:18-22.

No service scheduled

TUESDAY August 4 - The Seven Holy Youths of Ephesus; Holy Venerable-Martyr Eudocia (98-117); 1 Corinthians 15:29-38; Matthew 21:23-27.

No service scheduled

WEDNESDAY August 5 - The Fore-feast of the Transfiguration of Our Lord Jesus Christ; Commemoration of the Consecration of the Holy Resurrection Patriarchal Sobor; Holy Martyr Eusignius (360-63); Hebrews 3:1-14; Matthew 16:13-18

10:00 a.m. – Divine Liturgy (intention for +Fr.Yuriy Lazurko requested by Dorothy Lazurko) (**preregistration**)
– **Livestreaming**

THURSDAY August 6 - The Holy Transfiguration of Our Lord, God and Savior Jesus Christ; 2 Peter 1:10-19; Matthew 17:1-9.

10:00 a.m. – Divine Liturgy followed by blessing of fruit (**preregistration**) – **Livestreaming**

FRIDAY August 7 - Post-feast of the Transfiguration; Holy Venerable-Martyr Dometius (360- 63); 2 Corinthians 1:12-20; Matthew 22:23-33.

10:00 a.m. – Divine Liturgy for God's blessing upon John and Louise Makuch on their 50th wedding anniversary, requested by prayer partner (**preregistration**) – **Livestreaming**

SATURDAY August 8 - Post-feast of the Transfiguration; Holy Confessor Emilian, Bishop of Cyzicus (815); Romans 15:30-33; Matthew 17:24-18:4.

No service scheduled

SUNDAY August 9 - Tenth Sunday after Pentecost, Tone 1; Post-feast of the Transfiguration; Holy Apostle Matthias; 1 Corinthians 4:9-16; Acts 1:12-17, 21-26; Matthew 17:14-23; Luke 9:1-6.

9:15am – Rosary (preregistration) – Livestreaming

9:30am – Divine Liturgy (preregistration) – Livestreaming

1:30pm – Divine Liturgy in Moose Jaw (preregistration)

ST ATHANASIUS Parish – Cabbage Orders: The parish will be ordering cabbage for our parishioners and their friends. Orders – \$25.00 per 50 lb bag. To place your orders, please call Eleanor Hadubiak at 306-352-6565 or Fran Hladun at 306-543-7354. Payments must be by **cash** and received by Sunday, August 9th, 2020. You can drop off your payment at Fran's house at 74 Hammond Rd, Parish Office – by appointment only, or to Eleanor Hadubiak by Sunday August 9th at church services.

You will be advised by a phone call when the cabbage will be delivered from the gardens for pick up. Cabbage will be delivered to St. Athanasius Parish Parking Lot for pick up as there is no access to the church or auditorium. When picking up the cabbage, you will line up and practice social distancing and wearing a mask. Thank you to all who have already placed their orders.

The Ukrainian Program is looking for support from our parent and community members. We are excited about our long running program and want to ensure that it continues. In keeping with that mandate, we are proposing to form three committees. We are inviting parents and community members who want to get involved to sign up for

one of the committees. If that is not possible we would gladly accept any expertise in any of the below listed areas.

Liaison Committee – this committee would meet with the School Board to work collaboratively for the continued success of the program and should consist of the teachers, priests, bishop and a parent representative.

Communication Committee – this committee would be responsible for sending out information to parents and community members and should consist of two or more parent/community members.

Fundraising Committee – this committee would be responsible for creating fundraising opportunities to raise money for transportation. Opportunities such as grants, support from Ukrainian Community groups or individuals, bottle drives, hot dog sales to name a few. This committee should consist of parents/community members.

REGISTER NOW!

**Regina Catholic School
Ukrainian Program**

**Mon. Online Component;
Wed. 4:30-6:30 & Thursday 6:00-8:00**

**4710 Castle Road
(St. Matthew School)**



**Byzantine Rite.
Language acquisition.**

**Culture.
If interested contact Susan
Kohuch
* s.kohuch@rcsd.ca
* Phone 306-540-5786**

**Come and find out what
the Ukrainian Byzantine Program has to offer.**

Everyone Welcome

<https://www.rcsd.ca/Programs/UkrainianProgram>

This year is an opportunity to show the School Board that we want to work together in good faith for the continued success of the Ukrainian Program. In order to do that we need the support of our parents and the Ukrainian Community as a whole. If you are interested in joining one of the committees, or if you have any expertise or suggestions **please contact Chris Yost** at yostck@mac.com or **Kevin Korchinski** at kevin@osac.ca. We thank you in advance for your continued support of your Ukrainian Program.

SASKATCHEWAN KNIGHTS OF COLUMBUS OFFICE – Important: Free Online Membership Special Limited Offer: My Brother Knights. Supreme has made a very special offer to invite men (and their families) to join the Order. Please review the message below from SVP Mark McMullen. And please post the attached poster in your parishes and distribute them to those men in your communities to invite them to join the Order. Please note it is a limited time offer, so encourage them to act fast.

Thanks.

Joe Riffel

State Deputy

PS: Please include your Council number in the space provided so they can be quickly associated with your Council for easier follow up.

And include a Council contact in the space next to the * beside my name (it is in table format to allow this).

Leave No Neighbor Behind

My Brother Knights,

Knights of Columbus everywhere were thrilled to learn that our beloved founder will be beatified and officially declared Blessed later this year.

In recognition of this historic event, I am pleased to announce that the Supreme Council will be making a special membership offer in honor of our founder.

SPECIAL LIMITED TIME MEMBERSHIP PROMOTIONAL OFFER:

For a 2-week period commencing Wednesday, July 22 and continuing through 11:59 p.m. ET on August 5th, new members are being offered FREE ONLINE MEMBERSHIP for their first year. The Supreme Council will pay the first-year dues for every man who joins online between now and August 5. Prospects simply need to visit kofc.org/joinus and enter the code **MCGIVNEY2020** to take advantage of this special offer.

Father McGivney was faced with a pandemic in the 1880s, as we are today. And in the face of that pandemic, he persevered in his efforts to evangelize those in his community, to form his parishioners in their Catholic faith, and to grow the Knights of Columbus. As his spiritual heirs, we can do nothing less.

Our pastors need the Knights of Columbus. Our fellow parishioners need the Knights of Columbus. Those impacted by COVID-19 need the Knights of Columbus. Just as holy founder surely would, let us resolve to Leave No Neighbor Behind, and to offer every Catholic man the opportunity to join the Order that he founded some 138 years ago.

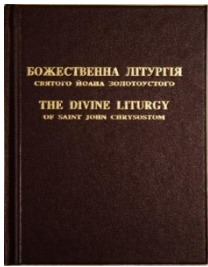
Vivat Jesus!

Fraternally,

Mark McMullen

Senior Vice President

Membership and Marketing



Looking for the Divine Liturgy of St. John Chrysostom Liturgy book? Look no further! The Ukrainian Catholic Religious Education Centre has them in stock.

Cost: \$10.00 no GST. Contact: Sr. Marijka, Sr. Bonnie or Sr. Georgia -Telephone: (306) 652-1718 or email: rel.ed@sasktel.net.

Located in the Chancery Office 214 Avenue M South, Saskatoon

Currently operating on Summer Hours.

Please call before you come, and we'll make arrangements for pick up.

SERENA SK is looking to raise awareness of NFP options in Saskatchewan and is also looking for volunteers to help in the mission of Serena in building authentic intimacy toward strong marriages.

Serena SK is an organization that teaches the Sympto-Thermal Method of Natural Family Planning (NFP). We rely on our generous volunteers and donors to keep this healthy, safe, effective, and affordable method of NFP available. Want to take a class to learn Serena? Are you interested in teaching others NFP? Do you have some time or talent to offer and have a desire to serve on our Board of Directors? Want to help out with or attend our next event? Would you be willing to support us financially with a donation? Please contact us if you said yes to any of those questions! Email sask@serena.ca or call/text (306)934-8223.



SYRO-MALABAR CATHOLIC EPARCHY OF MISSISSAUGA

Rev. Fr. Sajy Thomas Chakkittamuriyilv Pastor of St. John Paul II Syro-Malabar Catholic Parish, Regina has been relieved from his Office effective from July 31, 2020. The services of Rev. Fr. Sajy have been acknowledged with gratitude. As of July 31, 2020 Rev. Fr. Sajy has been appointed as the Pastor of St. Alphonsa Syro-Malabar Catholic Parish, Vancouver, St. Antony's Syro-Malabar Catholic Mission, Victoria, St. Mary's Syro-Malabar Catholic Mission, Prince George and St. Thomas Syro-Malabar Catholic Mission, Abbotsford BC.

Rev. Fr. Daris Cherian Moolayil has been appointed the new Pastor at St. John Paul II Syro-Malabar Catholic Parish, Regina SK.

Appeal to Provide Financial Assistance to
Those Affected by the Flood in Western Ukraine
[How we, as the Eparchy of Saskatoon, can help]



As you may already know, parts of Western Ukraine are under water due to strong torrential rains that have been falling for several days in the past week. Two regions, Ivano-Frankivsk and Chernivtsi, were affected the most. In the Ivano-Frankivsk region, over 4,600 houses were lost or flooded, 550 kilometers of roads were damaged or washed away, and 90 bridges are gone. In addition, at least three people lost their lives. Thousands of people had to be evacuated leaving their homes and properties behind. Many have lost their belongings and savings.

This is the time when our brothers and sisters in Ukraine need help. Patriarch Sviatoslav has sent a letter of appeal asking us, "to show Christian solidarity and social service, so that those who are suffering might receive assistance as soon as possible. Therefore, I call upon our faithful and churches in our Ukrainian Catholic Eparchy of Saskatoon to act in the spirit of the Good Samaritan of the Gospel, to support those who are deprived of their homes and have come face-to-face with misfortune."

In response to our Patriarch's request and in the spirit of Christian love and fellowship, we are announcing a campaign to raise funds for people who lost everything due to the floods and now need food and basic necessities.

- Donations can be made on-line through our Ukrainian Catholic Foundation Office from their website www.ucfsask.org by clicking on the button on their home page: **"Donate to the Western Ukraine Relief Fund"** and complete and submit the form, **noting in the "Comments" box that this donation is directed for the "Western Ukraine Relief Fund"**.
- Donations can also be made by cheque made out to the **Ukrainian Catholic Foundation** and marked **"Western Ukraine Relief Fund"**, and mailed or dropped off at the UCF-SASK Foundation Office at 214 Avenue M South, Saskatoon SK S7M 2K4.
- Donations can also be dropped in your parish collection basket or parish office which will then forwarded to the Foundation Office.

All the donations received will then be forwarded through our Eparchy to the CNEWA Canada Office in Ottawa to distribute the funds to those affected by the Flood in Western Ukraine.

Note: You can also choose to make your donation directly on-line through the CNEWA Office on their website: <https://cnewa.org/ca/donate/> and from the drop-down "Donate To" section, choose "Ukraine".

No donation is too small or too large. However, your donation will change someone's life and God will repay a cheerful giver hundredfold. Please keep people of the affected areas in your prayers!



In Christ,
Bishop Bryan Bayda, CSsR
Eparch of Saskatoon Eparchy

PLEASE NOTE: St. Athanasius Parish will not be issuing the receipts for donations to the Western Ukraine Relief Fund. Receipts will be issued by CNEWA Canada Office in Ottawa.

APPEAL TO ST. ATHANASIOUS PARISH MEMBERS: Father Vasyl was born in the Western Region in Ukraine that has been affected by the flooding. If you care to make a donation on behalf of Father, please make the cheque payable to Father Vasyl and he will forward the funds. Receipts will be issued from the recipient when donations are received in Ukraine. *Thank you and may God bless you for your generosity.*

SUNDAY LITURGIES: By now you should have all received an e-mail or Canada Post letter explaining the procedures to follow if you wish to attend Liturgy. It mentions that you must contact Rosanne Miller (306-543-5773) to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you, considering we are still at a 30 person capacity. Thank You for your cooperation.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net.

Steps to send funds to St. Athanasius via e-transfers:

You must have on-line banking availability. If you don't already have this, you will have to make a request for this from your financial institution (bank, credit union, trust company, etc.)

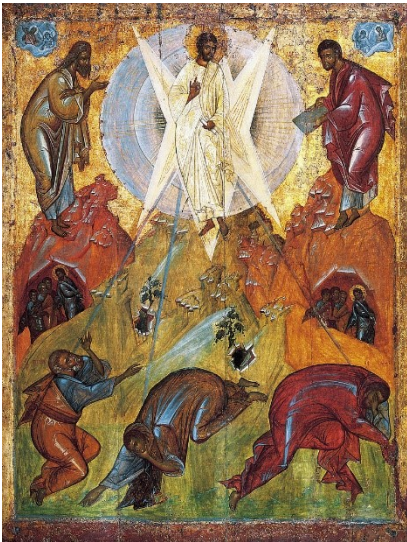
- Sign in to your account
- Select "Payments and Transfers"
- Select interac e-transfer; select new recipient/manage recipients: St. Athanasius - Email: stathandeposit@sasktel.net
- Enter your amount of the donation
- Indicate which account to debit
- Add a message: use your envelope number; add a note such as "Sunday Donation", Building Fund", or name of a special collection (Easter flowers, Holy Land, etc.)
- Verify e-transfer.
- Your funds should now transfer from your bank account to the parish bank account.

****If you are having trouble understanding or completing this transaction, please be sure to contact a trusted person, i.e. family member, to help you through this process. The procedure may vary somewhat depending on your financial institution.

July 26 Donations: 21 regular Sunday envelopes - \$2245; 2 Building Fund envelopes - \$50; 1 Easter Offering envelope - \$100.

St. Athanasius Appeal: \$2350.

At-Home FRUIT BLESSING ON THE FEAST OF THE TRANSFIGURATION



In his pastoral directive, Bishop Bryan stresses that *"though your blessing is not sacramental...God is calling laity to experience this, given the circumstances. Try to discover your dignity and worth when Christ, through you, blesses your family and items for your home. Share in Christ's priesthood since you have been baptized in Christ."*

With this in mind, and as we did for Easter baskets blessing, if who cannot participate in the in-person celebration on the Feast of the Transfiguration at our church this year, you are encouraged to bless yours at home - me at church/you at home, following the same blessing text. (As you know, for the moment, a limited number of people is allowed, a max 1/3 of the capacity in group of 30 people, maintaining social distancing of two metres between each individual household).

You are encouraged to have this prayer on hand while participating during our livestream liturgy on Thursday August 6 at 10:00am. Please find the prayer below.

As we did for Easter Sunday, at the conclusion of the Divine Liturgy, we will bless the fruit together (me at the church/you at home, following the same blessing text).

If you wish to attend Liturgy on the Transfiguration Feast in person, please contact Fr.Vasyl.

PRAYER FOR BLESSING OF FRUIT ON THE FEAST OF THE TRANSFIGURATION

O Lord our God, Who have blessed the cycle of the year and have crowned it with fruit-bearing; Who in your great patience have commanded the earth to bring forth its fruits for our nourishment, — grant that the partaking of the first-fruits and harvest of summer may be for the health of our body and soul, and bless us with an abundant increase in all good things: For You are the Provider of all good things, and we give glory to You, Father, Son, and Holy Spirit ,now and ever, and forever. Amen.

May these Fruits be blessed by the sprinkling of this holy water, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Have a Blessed Transfiguration Feast,

Fr. Vasyi

Jesus Walks on the Water



In the Gospels of Matthew, Mark and John, the story of Jesus walking on the water that we hear today immediately follows the account of feeding five thousand people that we heard last week. This story does not appear in the Gospel of Luke.

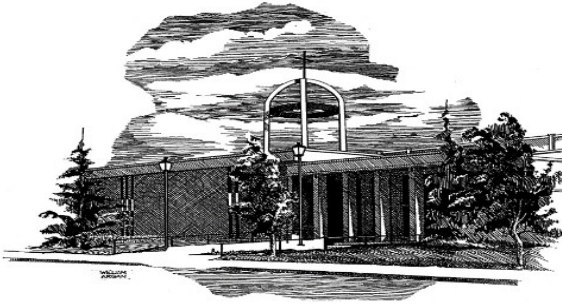
Jesus calms the wind and the sea and thus reveals his divinity as the Messiah and his power over nature. He answers Peter's short prayer of "Lord, save me!" When we repeatedly sing "Lord, have mercy," we are saying the same prayer. And when we use the Jesus Prayer, "Lord, Jesus Christ, Son of God, have mercy on me a sinner," we expand this prayer to encompass our complete belief in Christ as Son of God. We also pray like the Publican who repeats the prayer "God, be merciful to me, a sinner" in the Temple that we hear four Sundays before the Great Fast in Luke 18: 13 on the Sunday of the Publican and Pharisee.

During the storm, Peter approaches Christ on the sea. As he begins to sink, he cries out his prayer, not in unbelief, but doubt. The Greek term from scripture means wavering, hesitation or vacillation. Peter is not denying his faith, but he hesitates and weakens as he takes his eyes from the Lord and realizes where he is. Through prayer and constant reminders of our Lord, we must keep our focus on Christ, our God, and Savior.

POPE'S PRAYER INTENTION for August: *Universal prayer intention:* ***Our Families***

We pray that today's families may be accompanied with love, respect and guidance.

Sunday, August 2, 2020



ST. ATHANASIUS UKRAINIAN CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.