

RETURN TO IN-PERSON SERVICES

As it was announced that effective June 8, 2020, places of worship may resume services provided social distancing of two metres can be maintained between each individual household. The allowable occupancy is one-third of the defined occupancy rate of the facility to a maximum of 30 individuals for the initial stage of re-opening. Following these guidelines, Bishop Bryan has written a pastoral letter with instructions for all churches in the Eparchy of Saskatoon. Please take a moment to read this **IMPORTANT** letter: [Updated COVID Instructions](#).

SUNDAY LITURGIES: If you wish to attend Liturgy on Sundays, please contact Rosanne Miller, 306-543-5773, to confirm your attendance. This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

WEEKDAY LITURGIES: If you wish to attend weekday Liturgies, please register by calling Fr. Vasyl at 306-519-9030.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/nl/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/>

Glory be to Jesus Christ! Glory be Forever!

Слава Ісусу Христу! Слава на віки!

Please join us at 10:30 a.m. for the praying of the rosary followed by Divine Liturgy.

SUNDAY BEFORE THE EXALTATION OF THE CROSS

TROPAR & KONDAK: Tone 6, Page 101 of the Divine Liturgy of St. John Chrysostom Book

TROPAR (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever. Amen!

KONDAK (Tone 6): With His life-giving hand Christ our God, the Giver of life, raised all the dead from the murky abyss and bestowed resurrection upon humanity. He is for all the Savior, the resurrection and the life, and the God of all.

PROKIMEN (Tone 6): Save Your people, O Lord, and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Galatians (6:11-18)

Brothers and Sisters! See, I write to you in my own large handwriting! Those who are trying to force you to be circumcised are making a play for human approval --- with an eye to escaping persecution for the cross of Christ. The very ones who accept circumcision do not follow the law themselves. They want you to be circumcised only that they may boast about your bodily observance. May I never boast of anything but the cross of our Lord Jesus Christ! Through it, the world has been crucified to me and I to the world. It means nothing whether one is circumcised or not. All that matters is that one is created anew. Peace and mercy on all who follow this rule of life, and on the Israel of God. Henceforth, let no man trouble me, for I bear the brand marks of Jesus in my body. Brothers, may the favour of our Lord Jesus Christ be with your spirit. Amen.

ALLELUIA VERSES: *I have promoted the one chosen from my people and anointed him with my holy oil. My hand will be constantly with him, he will be able to rely on my arm.*

GOSPEL: John 3:13-17

The Lord said, No one has gone to heaven except the One who came down from there – The Son of Man who is in heaven. Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, that all who believe may have eternal life in him. Yes, God so loved the world that he gave his only Son, that whoever believes in him may not die but may have eternal life. God did not send the Son into the world to condemn the world, but that the world might be saved through him.”

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia, Alleluia, Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

**BYZANTINE ACT OF
SPIRITUAL COMMUNION**

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES - LIVESTREAMING SCHEDULE AND READINGS

LITURGIAL SCHEDULE SEPTEMBER 13 – 20, 2020

Sunday, September 13 - Sunday before the Exaltation of the Cross, Tone 6; Commemoration of the Dedication of the Holy Church of the Resurrection of Christ Our God (335); Forefeast of the Exaltation of the Precious and Life-Giving Cross; the Holy Priest-Martyr Cornelius the Centurion; **Galatians 6:11-18; John 3:13-17.**

10:30 a.m. – Rosary followed by Divine Liturgy (preregistration) – Livestreaming

Monday, September 14 - The Universal Exaltation of the Precious and Life-Giving Cross; 1 Corinthians 1:18-24; John 19:6-11, 13-20, 25-28, 30-35; Great Feast. Holy day of obligation. Traditional day of abstinence from meat and foods that contain meat.

10:00 a.m. – Divine Liturgy (preregistration) – Livestreaming

Tuesday, September 15 - Post-feast of the Exaltation of the Cross; Holy Great-Martyr Nicetas (374); Galatians 5:11-21; Mark 7:5-16.

10:00 a.m. – Divine Liturgy for +Bill and +Jean Gessell, requested by Ron and Cynthia Misko (preregistration) – Livestreaming

Wednesday, September 16 - Post-feast of the Exaltation of the Cross; Holy Great-Martyr Euphemia, the All-Famed (303); Galatians 6:2-10; Mark 7:14-24.

10:00 a.m. – Divine Liturgy for Rose and Mike, requested by Ron and Cynthia Misko (preregistration) – Livestreaming

Thursday, September 17 -Post-feast of the Exaltation of the Cross; Holy Martyr Sophia, and Her Three Daughters Faith, Hope and Love; Ephesians 1:1-9; Mark 7:24-30.

10:00 a.m. – Divine Liturgy (preregistration) - Livestreaming

Friday, September 18 - Post-feast of the Exaltation of the Cross; Our Venerable Father Eumenes, Bishop of Gortyna; Ephesians 1:7-17; Mark 8:1-10.

No service scheduled

Saturday, September 19 - Saturday after the Exaltation of the Cross; Post-feast of the Exaltation of the Cross; Holy Martyrs Trophimus, Sabbatius and Dorymedontus (276-82); 1 Corinthians 1:26-29; John 8:21-30.

No service scheduled

Sunday, September 20 - Sunday after the Exaltation of the Cross, Tone 7; Holy Great-Martyr Eustathius and those with him (276-82); Holy Martyrs and Confessors for the Faith, the Grand Prince Michael, and His Nobleman Theodore, Wonderworkers of Chernihiv (1245); Galatians 2:16-20; Mark 8:34-9:1.

9:15 a.m. – Rosary (preregistration) – Livestreaming

9:30 a.m. – Divine Liturgy (preregistration) – Livestreaming

1:30 p.m. – Divine Liturgy in Moose Jaw (preregistration)

YOUTH AND YOUNG ADULT ANNOUNCEMENT:



YOUTH FESTIVAL “VITER NA-DII” Online (ZOOM) & In-Person Event for National Youth (15 – 29 years of age) – Sunday, September 13-2020

Viter Na-Dii is like World Youth Day, for the Ukrainian Greek Catholic Church! The NATIONAL event is planned to be held via Zoom from 8:30am to approximately 4:00pm.

It will gather young Ukrainians from around the world, uniting them in our shared faith, and celebrating our youth and our Church. For the youth and young adults in our community the gathering will be at St. Athanasius Parish to participate in the event together. Lunch will be provided! To

register: please email Lesia Lazurko at ultimateaandb@hotmail.com by Tuesday, September 8, if you are able to participate and gather with us. This will ensure accuracy in numbers for Divine Liturgy to meet the COVID-19 guidelines. Further details will be provided upon registration! Note: this event will be the first event for the 2020-21 year for us!

If you would like more information or have questions, please contact Lesia, Fr. Vasyl or Fr. Vlad.

ATTENTION PARISHIONERS: Because of the Viter-Na-dii event taking place at our parish on Sunday, September 13th, our regular service will be held at 10:30 a.m. as the youth will be using the church and auditorium for their Zoom retreat/festival. Due to the youth participating in the Divine Liturgy on this Sunday there maybe a different number of people allowed to attend the regular Liturgy. Please watch for further announcements on our website or Facebook page in this regard. You can always enjoy our service via livestreaming which will be led by the youth.

SYMPATHY AND CONDOLENCES are extended to the families of Paul and Frances Hladun, and Cassie Kohut, in the death of their brother Myroslaw (Melvin) Hladun, who passed away on August 19, 2020. Viewing was held on Monday, August 24th at Wolkowski Funeral Home, Kamsack, Sk. Graveside service was held on Thursday, August 27th, 2020 in Riverview Cemetery, Kamsack Sk., with Father Warren Dungen officiating. Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!

SYMPATHY AND CONDOLENCES are extended to Albert Syrota and family, in the death of his brother Stanley, who passed away on August 28, 2020. A graveside service, prayers and interment will be held at St. Demetrius Ukrainian Catholic Church Cemetery in Holar District (Elfros, SK) at a later date. Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!



Monday night children's catechism will be starting up for the 2020/2021 season. First class will be Monday September 21st starting at 6:30 with Divine Liturgy. Registration will be conducted through e-mail, there will be no registration night. Please contact Karen Woitas - call/text - 306-775-0667 or e-mail mwoitas@sasktel.net for more information. Children's catechism is for students from grades 1 - 7, grade 2 students receive their first reconciliation/communion, so attendance is mandatory. If you know of a child who would like to attend or who

will be receiving this sacrament please pass on this information.

UKRAINIAN SCHOOL PROGRAM – REGISTRATION IS NOW OPEN FOR REGINA CATHOLIC SCHOOL STUDENTS AND ALL PUBLIC SCHOOL STUDENTS

REGISTER NOW!
Regina Catholic School
Ukrainian Program

Mon. Online Component;
Wed. 4:30-6:30 & Thursday 6:00-8:00

4710 Castle Road
(St. Matthew School)

Ukrainian Program
open to all
Catholic School
students and all
Public School
students

Byzantine Rite.
Language acquisition.
Culture.

If interested contact
Susan Kohuch
* **s.kohuch@rcsd.ca**
* **Phone 306-530-5786**

Come and find out what the
Ukrainian Byzantine Program has to offer.

Program available to All Catholic school students
and now All Public school students.

<https://www.rcsd.ca/Programs/UkrainianProgram>



SEASON OF CREATION

The Season of Creation is an annual celebration of prayer and action to protect creation. It is celebrated by Christians of all traditions, and the leaders of various churches have encouraged the faithful to participate. The season begins on September 1, the World Day of Prayer for Creation, and runs through October 4, the Feast of St. Francis of Assisi, the patron saint of ecology in many

Western traditions. September 1 was proclaimed as a day of prayer for creation (World Day of Prayer for Creation, or Creation Day) by Ecumenical Patriarch Dimitrios I for the Orthodox in 1989, and was embraced by the other major Christian churches in 2001 and by Pope Francis for the Roman Catholic Church in 2015.

For more information and updates on Season of Creation 2020 please click on the following link: [Human & Environmental Development Program»».](#)



THE STEPHEN AND MICHELENE WOROBETZ FOUNDATION

The Stephen and Micheline Worobetz Foundation is a private foundation, administered by the Saskatoon Community Foundation, which provides grants to qualified donees in the areas of:

- religion, especially Ukrainian Catholic based charities;
- health, especially research, teaching and spiritual health care;
- education, especially regarding Catholic and Ukrainian Culture,
- culture, especially the Ukrainian culture,
- assisting persons with special needs,
- promoting voluntary service in the areas of religion, health, education and culture.

FALL INTAKE APPLICATION DEADLINE: OCTOBER 1ST, 2020

For more information, visit www.saskatooncommunityfoundation.ca or call 306-665-1767.



SCAM ALERT - Please be aware that fraudulent messages continue to circulate via e-mail, as well as via text and messaging apps, allegedly coming from our priests, bishop, or others in the Catholic community, asking for money, gift cards, or other gifts. Please DISREGARD all such messages! Do NOT reply or engage with the individuals sending these messages. The email addresses typically look like they could be real. The message asks if you are busy, ask for a favour, or directly ask for iTunes or other gift cards or funds. Do NOT send gift

cards, money, or cash transfers if requested to do so over e-mail or via text message. This applies to any such messages that people receive, not just clergy or from clergy! It could look like it is coming from friends or relatives, however the email will always be just a little different than what the real one is, or the name might be just a bit different as well. Check the email address that the message is coming from – our clergy email addresses are on our Eparchial website under the Eparchy Tab – Clergy & Religious! For example, if you received an email from bishop.bryanbayda.skeparchy@gmail.com do not respond to it! Just block the sender and delete the email! Under no circumstance should you go and purchase gift cards or send any money, etc! Therefore, if you receive messages asking for help like this from our bishops or priests, either contact their offices directly to check whether they are authentic, or just ignore. If you are the victim of fraud, contact your local police or RCMP office.

SERENA SASKATCHEWAN is an organization that teaches the Sympto-Thermal Method of Natural Family Planning (NFP). We rely on our generous volunteers and donors to keep this healthy, safe, effective, and affordable method of NFP available. Want to take a class to learn Serena? Are you interested in teaching others NFP? Do you have some time or talent to offer and have a desire to serve on our Board of Directors? Want to help out with or attend our next event? Would you be willing to support us financially with a donation? **Please contact us if you said yes to any of those questions! Email sask@serena.ca or call/text (306)934-8223.**

POPE'S PRAYER INTENTION for September: *Universal prayer intention: Respect for the Planet's Resources*
We pray that the planet's resources will not be plundered, but shared in a just and respectful manner.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurphy Avenue, mail in your cheque to 55 McMurphy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net.

SEPTEMBER 6 COLLECTION: 22 regular envelopes - \$2385; 4 Building Fund envelopes - \$230; 2 Beatification-Canonizations envelopes - \$40; 1 Holy Land envelope - \$30; 11 Pre-authorized Giving - \$1775.

E-transfers: 2 Sunday donations - \$550.

St. Athanasius Appeal: \$200

THE SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS



Icon of the Exaltation of the Holy Cross – September 13th

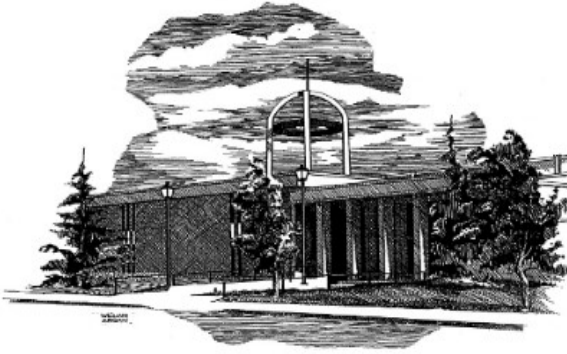
The Exaltation of the Holy Cross

Our celebration of the Exaltation of the Holy Cross honors the occasion in 326 AD when Saint Helena and Saint Macarius found and identified the True Cross on which Jesus Christ gave up His life. After the Crucifixion and Resurrection of Our Lord, the Cross was hidden with the crosses which had held the two thieves. The Christians carefully guarded the memory of the concealment of the True Cross, buried on Mount Calvary. Only after Saint Constantine the Great became Emperor and proclaimed religious freedom for the Christians, did the question of the True Cross appear. Saint Helena, the mother of Saint Constantine (and thus the Empress Mother) came to Jerusalem with an Imperial commission to identify all the Christian holy places. Saint Macarius, Archbishop of Jerusalem, revealed to Saint Helena that the Holy Cross had been buried on Mount Calvary, to keep it safe before the fall of the city, and so far as anyone knew the Holy Cross was still

there. Using her imperial authority, Saint Helena ordered that the site should be carefully searched. The searchers found the three crosses, two for the thieves and the Holy Cross of Our Lord. But how were they to distinguish which was which? Saint Macarius interrupted a Christian funeral, with an order to bring the body of the deceased to Mount Calvary. Asking Almighty God to reveal His glory, Saint Macarius prayed and set the body on each cross, one after the other. Nothing happened when the body touched the first two crosses, but as soon as the body touched the Holy Cross of Christ, the dead man rose up, and testified that this was indeed the True Cross.

Sunday, September 13, 2020

**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH**
55 MCMURCHY AVENUE
REGINA, SK. S4R 3G3



Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://www.facebook.com/reginaukrainiancatholicnorth/>

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration

Weekday Liturgies - as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish - Fr. Daris Cherian

E-mail: daris.cherian@gmail.com

Phone: 1-647-680-2415

Parish Council Trustee - Saneesh A. Sunny (Phone: 306-807-5454)

E-mail: sachandilsunny@gmail.com