

Sunday, February 21, 2021

**ST. ATHANASIOUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; **TEMPORARILY by preregistration**

Weekday Liturgies – as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

MEMBERSHIP AT ST. ATHANASIOUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian
Phone: 1-647-680-2415

E-mail: daris.cherian@gmail.com

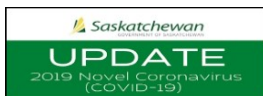
Parish Council Trustee – Saneesh A. Sunny (Phone: 306-807-5454)

E-mail: sachandilsunny@gmail.com

MASKS ARE MANDATORY UPON ENTERING THE CHURCH AND DURING DIVINE LITURGY. THE BULLETINS CANNOT BE LEFT ANYWHERE IN THE CHURCH.



Ukrainian Catholic Eparchy of Saskatoon
Українська Католицька Єпархія Саскатуну



On Monday afternoon, December 14 at 3:00 pm, Dr. Saqib Shahab, Saskatchewan's Chief Medical Health Officer, announced revised public health orders effective Tuesday, February 16, 2021. These remain in effect until Monday, March 15, 2021, unless amended.

The revisions affecting places of worship are as follows:

The Places of Worship Guidelines are established under the provisions of the Public Health Act of Saskatchewan and are legally binding on all residents of Saskatchewan. The government has asked the police to step up enforcement and we have seen a number of local health inspectors looking closely at places of worship. The faith leaders' group has asked all faith communities to protect vulnerable people by following these guidelines.

30-person capacity, no concurrent services:

Over the past three weeks there have been discussions regarding the November 27 health order. These have led to differing rulings by local health inspectors and considerable confusion for local faith communities. The text of the Places of Worship Guidelines has been revised to read: "All places of worship must reduce capacity to 30 people, including wedding, funeral, and baptismal services. No food or drink may be present or served. Services must be held in their usual location. Concurrent services in other rooms within the facility are not permitted." This means that the 30-person capacity limit applies to the whole facility, not to individual rooms.

For clarification, the 30-person capacity does not include the minimal number of clergy and other leaders required to facilitate the service. However, faith communities are encouraged to keep this number at a reasonable level.

Yours in Christ,

Rev. Janko Kolosnjaji, Vicar General, Eparchy of Saskatoon

COVID-19 Guideline Committee:

– Rev. Ivan Nahachewsky, Marcella Ogenchuk, Bernie Bodnar

SUNDAY LITURGIES: If you wish to attend Liturgy on Sundays, please contact Rosanne Miller, 306-543-5773, to confirm your attendance (**preferably by Noon on Saturday**). This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

WEEKDAY LITURGIES: If you wish to attend weekday Liturgies, please register by calling Fr. Vasyl at 306-519-9030.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

FIRST SUNDAY OF THE GREAT FAST

DURING LENT...

First Antiphon: p, 21 “Bless the Lord...” (First Psalm of Typica)

Bless the Lord, O my soul, and let all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all His benefits.

He forgives all your iniquities, He heals all your diseases.

He redeems your life from corruption, He crowns you with mercy and compassion.

Compassionate and merciful is the Lord, long-suffering and abounding in mercy.

Bless the Lord, O my soul, and let all that is within me bless His Holy name.

Blessed are You, O Lord.

Third Antiphon: p, 27 “Remember us...” (The Beatitudes)

Remember us, O Lord, in Your kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure of heart, for they will see God.

Blessed are the peacemakers, for they will be called sons of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil word against you falsely because of Me.

Rejoice and be glad for your reward will be great in heaven.

TROPAR (Tone 5): Let us the faithful acclaim and worship the Word, co-eternal with the Father and the Spirit, and born of the Virgin for our salvation. For He willed to be lifted up on the cross in the flesh, to suffer death and to raise the dead by His glorious resurrection.

TROPAR 1ST SUNDAY OF LENT (Tone 2): We pay homage to Your undefiled image, Good Lord, and beg pardon for our faults, Christ our God. By Your will You chose to mount the cross in Your flesh to free Your creatures from slavery to the enemy. For this we gratefully cry out to You: "By coming to save the world, our Saviour, You filled all things with joy."

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK OF THE FIRST SUNDAY OF LENT (Tone 8): The uncircumscribed Word of the Father became circumscribed by being enfleshed from you, Godbearer. You brought back the stained image to its original state by infusing it with divine beauty. But recognizing our salvation we portray it by word and deed.

PROKIMEN (Tone 4): Blessed are you, and praiseworthy, O Lord, the God of our fathers, and glorious forever is your name.

Verse: For you are just in all you have done.

EPISTLE: A reading from the Epistle to the Hebrews (11:24-26; 32-12:2)

Brothers and Sisters! By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter; he wished to be ill-treated along with God's people rather than enjoy the fleeting rewards of sin. Moses considered the reproach borne by God's Anointed greater riches than the treasures of Egypt, for he was looking to the reward. What more shall I recount? I have no time to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets, who by faith conquered kingdoms, did what was just, obtained the promises; they broke the jaws of lions, put out raging fires, escaped the devouring sword; though weak

they were made powerful, became strong in battle, and turned back foreign invaders. Women received back their dead through resurrection. Others were tortured and would not receive deliverance, in order to obtain a better resurrection. Still others endured mockery, scourging, even chains and imprisonment. They were stoned, sawed in two, put to death at sword's point; they went about garbed in the skins of sheep or goats, needy, afflicted, tormented. The world was not worthy of them. They wandered about in deserts and on mountains, they dwelt in caves and in holes of the earth. Yet despite the fact that all of these were approved because of their faith, they did not obtain what had been promised. God had made a better plan, a plan which included us. Without us, they were not to be made perfect. Therefore, since we for our part are surrounded by this cloud of witnesses, let us lay aside every encumbrance of sin which clings to us and persevere in running the race which lies ahead. Let us keep our eyes fixed on Jesus, who inspires and perfects our faith.

ALLELUIA VERSES: *Moses and Aaron are among His priests and Samuel among those who call upon His name.
They called upon the Lord, and he answered them.*

GOSPEL: John (1:43-51)

At that time Jesus set out for Galilee, but first he came upon Philip. "Follow me," Jesus said to him. Now Philip was from Bethsaida, the same town as Andrew and Peter. Philip sought out Nathanael and told him, "We have found the one Moses spoke of in the law -- the prophets too -- Jesus, son of Joseph, from Nazareth." Nathanael's response to that was, "Can anything good come from Nazareth?" and Philip replied, "Come, see for yourself." When Jesus saw Nathanael coming toward him, he remarked: "This man is a true Israelite. There is no guile in him." "How do you know me?" Nathanael asked him. "Before Philip called you," Jesus answered, "I saw you under the fig tree." "Rabbi," said Nathanael, "you are the Son of God; you are the king of Israel." Jesus responded: "Do you believe just because I told you I saw you under the fig tree? You will see much greater things than that." He went on to tell them, "I solemnly assure you, you shall see the sky opened and the angels of God ascending and descending on the Son of Man."

INSTEAD OF 'It Is Truly Right': In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you,* Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Exult, you just, in the Lord; praise from the upright is fitting. Alleluia! Alleluia! Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

**BYZANTINE ACT OF
SPIRITUAL COMMUNION**

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES – LIVESTREAM SCHEDULE AND READINGS

LITURGICAL SCHEDULE February 22 – February 28, 2021

Monday, February 22 -The Discovery of the Relics of the Holy Martyrs at Eugenius (345-408).
6:30 p.m. Divine Liturgy (intention for repose of the soul of Pat Garvey, requested by Len and Anna Markewich and family **(preregistration) livestreaming, followed by Catechism**

Tuesday, February 23 - The Holy Priest-Martyr Polycarp, Bishop of Smyrna (155-56)
10:00 a.m. Divine Liturgy for Health and God's blessing upon Ethan, requested by baba Cecelia Stadnyk and family **(preregistration) livestreaming**

Wednesday, February 24 - The First and Second Finding of the Precious Head of the Holy, Glorious Prophet and Forerunner John the Baptist; Presanctified – [Genesis 4:16-26](#); [Proverbs 5:15-6:3](#)

7:00 p.m.– Liturgy of Presanctified Gifts (intention for + Fr. Rudolph Luzney) requested by the Huskas **(preregistration) livestreaming**

Thursday, February 25 - Our Holy Father Tarasius, Archbishop of Constantinople (806)
6:30 p.m. Parish Council Meeting on Zoom

Friday, February 26 - Our Holy Father Porphyrius, Bishop of Gaza (420)
7:00 p.m. – UCBC Meeting

Saturday, February 27 - All Souls Saturday; our Venerable Father and Confessor Procopius the Decapolitan (716-40); Great Fast Day 13. [Hebrews 3:12-16](#); [1 Thessalonians 4:13-17](#); [Mark 1:35-44](#); [John 5:24-30](#)

10:00 a.m. Divine Liturgy Sorokousty for the deceased (preregistration) livestreaming (call Rosanne for preregistration)

1:30 p.m. Divine Liturgy Sorokousty in Moose Jaw

Sunday, February 28 - Second Sunday of the Great Fast: St. Gregory of Palamas, Tone 6; our Venerable Father and Confessor Basil, Ascetical Companion of Procopius (716-40); Great Fast Day 14. The Divine Liturgy of St. Basil the Great is celebrated today. [Hebrews 1:10-2:3](#); [Mark 2:1-12](#)

9:15 a.m. Rosary (preregistration) livestreaming

9:30 a.m. Divine Liturgy of St. Basil the Great for faithful (preregistration) livestreaming

POPE'S PRAYER INTENTION FOR FEBRUARY: *Universal Intention – Violence against women: We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.*

SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

Sorokousty Services (All Souls Saturday) will be celebrated this year **on February 27, March 6, March 13, March 20, and May 22.**

The word “Sorokousty” literally means “forty mouths” (*sorok* = *forty*; *ust* = *mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time.

Sorokousty or All Souls Saturdays services have been celebrated for deceased by holding Liturgies, Panakhydas or Parastas for them on five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call @ 306-543-8008 our parish office Tuesday-Thursday 10:00 a.m. – 2:00p.m.



OUR LENTEN MISSION will take place on ***Monday, March 8th*** and ***Tuesday, March 9rd*** at St. Basil's Parish and will continue at St. Athanasius Parish on ***Wednesday, March 10th*** and ***Thursday, March 11th***.

Our presenter will be Rev. Fr. Jeffrey Stephaniuk from Wynyard. The topics and time for confessions will be informed in followed bulletins.

As every year now, the two Regina parishes organize their Lenten Mission retreat jointly. The sessions are not repeated but all are different, although related to one another.

Preregistration is required for every session at both parishes, according to Covid regulations. The mission will be livestreamed in order to understand the message in its fullness for those who cannot participate in person. If you wish to attend Lenten Mission at St. Athanasius, please contact Rosanne Miller @ 306-543-5773. This is a reminder that this process must be followed for **EACH** Session..

Envelopes to assist with the cost of having this mission are available at the back of the church

Schedule of singers for upcoming Sundays subject to change as needed. We will continue having only limited households at one time, each sharing a microphone while respecting spacing requirements, until the spread of Covid-19 is no longer a risk.

Feb. 21 (today): Peter & Marion Federko; Alla Gof

Feb. 28: Phyllis Lukey; Alla Gof

Mar. 7: Phyllis Lukey; Peter & Marion Federko

Mar. 14: Peter & Marion Federko; Len & Anna Markewich

Mar. 21: Phyllis Lukey; Alla Goff

| February 2021 | |
|---------------|------------------------|
| February 21 | Mark & Karen Woitas |
| February 28 | Terry & Rosanne Miller |

2020 INCOME TAX RECEIPTS ARE AVAILABLE TO BE PICKED UP IN THE FOYER. Also, if you haven't picked up your 2021 Donation Envelope Box please do so at your earliest convenience

ATTENTION: UCWLC MEMBERS

MEMBERSHIP FEE OF \$20 IS DUE BY March 7, 2021

This year because of COVID-19 you can either:

1. By enclosing your membership fee in an envelope marked "UCWLC Membership" and dropping it into the collection box at the church, or
2. by enclosing a cheque for \$20.00 payable to "St. Athanasius UCWL" and mail to: St. Athanasius UCWLC, [55 McMurphy Avenue, Regina, SK. S4R 3G3](#)

Please include a note if you have a change of address, phone or email.

Membership Contacts: Josie Vantour 306-533-0974 or Marie Brigidear 306-949-7493.



Documentaries on Blessed Michael McGivney

Two new documentaries on BL. Michael McGivney – A witness for our times, founder of Knights of Columbus

Known as 'Apostle of Christian family' and 'Priest of the Beatitudes', Father McGivney lived during turbulent times of discrimination and division – particularly difficult for Catholic families. Today, his legacy lives on thanks to the work of Knights of Columbus, the world's largest community of lay Catholic men that he founded in 1882. Immerse yourself and your close ones this Lent into the virtues of prayer, holiness and charity through the life and legacy of this new Blessed in the Church – and learn about his historical and active links to the Canadian Church. Visit fathermcgivney.org/en/media/blessed-mcgivney.html to plan your movie night.

Know someone who could benefit from joining our local Knights Council? Visit or share kofc.org/joinus for further details.

Inspirational Lenten documentaries for the soul, family

Known as the apostle of Christian family and a model parish priest, Father McGivney lived during turbulent times—particularly difficult for Catholic families. Today, his legacy lives on thanks to the work of Knights of Columbus, the world's largest community of lay Catholic men that he founded in 1882.

Immerse yourself and your close ones this Lent into the virtues of prayer, holiness and charity through the life and legacy of this new Blessed in the Church—and learn about his historical and active link to the Canadian Church.

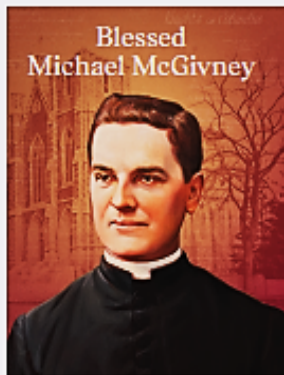
Presented by:



Knights of Columbus®

"We priests and bishops need to learn from his leadership."

Gerald C. Lacroix, Cardinal Archbishop of Quebec City in *A Witness for the World*

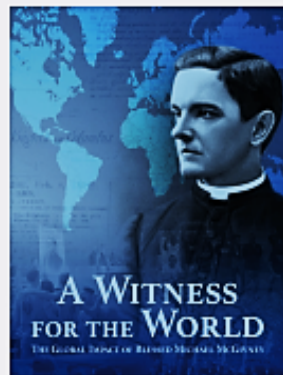


Blessed Michael McGivney

A 26-min. documentary on his life, legacy, and the miracle that led to his beatification.

Available to all at:

fathermcgivney.org/en/media/blessed-mcgivney.html



A Witness for the World

A 27-min. documentary on the world's largest fraternal order for Catholic men – and their families.

Looking to live life to the full as part of a fraternal organization for Catholic men? Start here: kofc.org/joinus



BULLETIN ANNOUNCEMENT FROM CHAS (Catholic Health Association of Saskatchewan) for a virtual vigil "Together in Remembrance, Together in Hope", marking the one year of COVID in Saskatchewan that will take place on Thursday, March 11th at 7:00 pm. Register for the Zoom event or watch live on YouTube -- Registration is required: Register and find more information at: covidvigil.ca

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

February 14: 7 regular envelopes - \$510; 2 Building Fund envelopes - \$60; 1 Visitor envelope - \$50; Loose Change - \$20.

E-Sunday Collections & E-transfers: 4 regular donations - \$115.



**START AND END YOUR DAY
DURING LENT**

WITH THE PRAYER OF ST. EPHEM

*O Lord and Master of my life, Keep from me the spirit of indifference and discouragement, Lust of power and idle chatter.
(Prostration)*

*Instead, grant to me Your servant, the spirit of wholeness of being, humble-mindedness, patience and love.
(Prostration)*

*O Lord and King, Grant me the grace to be aware of my sins, and not to judge my neighbour, For You are blessed, now and forever and ever.
(Prostration)*

FIRST SUNDAY OF THE GREAT FAST – SUNDAY OF ORTHODOXY



Icon of the Restoration of Holy Images

On the Holy Images

In former times God, who is without form or body, could never be depicted. But now when God is seen in the flesh conversing with men, I make an image of the God whom I see. I do not worship matter; I worship the Creator of matter who became matter for my sake, who willed to take His abode in matter; who worked out my salvation through matter. Never will I cease honoring the matter which wrought my salvation! I honor it, but not as God. How could God be born out of things which have no existence in themselves? God's body is God because it is joined to His person by a union which shall never pass away.

The divine nature remains the same; the flesh created in time is quickened by a reason endowed soul. Because of this I salute all remaining matter with reverence, because God has filled it with His grace and power. Through it my salvation has come to me. Was not the thrice-happy and thrice blessed wood of the Cross matter? What of the life bearing rock, the holy and life-giving tomb, the fountain of our resurrection, was it not matter? Is not the ink in the most holy Gospel-book matter? Is not the life-giving altar made of matter? From it we receive the bread of life! Are not gold and silver matter?

From them we make crosses, patens, chalices! And over and above all these things, is not the Body and Blood of our Lord matter? Either do away with the honor and veneration these things deserve, or accept the tradition of the Church and the veneration of images.

Saint John of Damascus