

Sunday, March 7, 2021



**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; **TEMPORARILY by preregistration**

Weekday Liturgies – as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-647-680-2415

Parish Council Trustee – Saneesh A. Sunny (Phone: 306-807-5454)

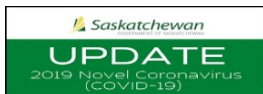
E-mail: sachandilsunny@gmail.com

E-mail: daris.cherian@gmail.com

MASKS ARE MANDATORY UPON ENTERING THE CHURCH AND DURING DIVINE LITURGY. THE BULLETINS CANNOT BE LEFT ANYWHERE IN THE CHURCH.



Ukrainian Catholic Eparchy of Saskatoon
Українська Католицька Єпархія Саскатуну



On Monday afternoon, December 14 at 3:00 pm, Dr. Saqib Shahab, Saskatchewan's Chief Medical Health Officer, announced revised public health orders effective Tuesday, February 16, 2021. These remain in effect until Monday, March 15, 2021, unless amended.

The revisions affecting places of worship are as follows:

The Places of Worship Guidelines are established under the provisions of the Public Health Act of Saskatchewan and are legally binding on all residents of Saskatchewan. The government has asked the police to step up enforcement and we have seen a number of local health inspectors looking closely at places of worship. The faith leaders' group has asked all faith communities to protect vulnerable people by following these guidelines.

30-person capacity, no concurrent services:

Over the past three weeks there have been discussions regarding the November 27 health order. These have led to differing rulings by local health inspectors and considerable confusion for local faith communities. The text of the Places of Worship Guidelines has been revised to read: "All places of worship must reduce capacity to 30 people, including wedding, funeral, and baptismal services. No food or drink may be present or served. Services must be held in their usual location. Concurrent services in other rooms within the facility are not permitted." This means that the 30-person capacity limit applies to the whole facility, not to individual rooms.

For clarification, the 30-person capacity does not include the minimal number of clergy and other leaders required to facilitate the service. However, faith communities are encouraged to keep this number at a reasonable level.

Yours in Christ,

Rev. Janko Kolosnjaji, Vicar General, Eparchy of Saskatoon

COVID-19 Guideline Committee:

– Rev. Ivan Nahachewsky, Marcella Ogenchuk, Bernie Bodnar

SUNDAY LITURGIES: If you wish to attend Liturgy on Sundays, please contact Rosanne Miller, 306-543-5773, to confirm your attendance (**preferably by Noon on Saturday**). This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

WEEKDAY LITURGIES: If you wish to attend weekday Liturgies, please register by calling Fr. Vasyl at 306-519-9030.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

THIRD SUNDAY OF THE GREAT FAST **- Veneration of the Holy Cross**

DURING LENT...

First Antiphon: p, 21 "Bless the Lord..." (First Psalm of Typica)

Bless the Lord, O my soul, and let all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all His benefits.

He forgives all your iniquities, He heals all your diseases.

He redeems your life from corruption, He crowns you with mercy and compassion.

Compassionate and merciful is the Lord, long-suffering and abounding in mercy.

Bless the Lord, O my soul, and let all that is within me bless His Holy name.

Blessed are You, O Lord.

Third Antiphon: p, 27 "Remember us..." (The Beatitudes)

Remember us, O Lord, in Your kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure of heart, for they will see God.

Blessed are the peacemakers, for they will be called sons of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil word against you falsely because of Me.

Rejoice and be glad for your reward will be great in heaven.

TROPAR (Tone 7): By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrh-bearers to joy, and charged the apostles to proclaim that You are risen, O Christ, our God, offering great mercy to the world.

TROPAR OF THE CROSS (Tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK OF THE THIRD SUNDAY OF LENT (Tone 7): The gates of Eden are no more guarded by a blazing sword, for the tree of the cross has gloriously extinguished it, destroying the sting of death and the victory of hell. O my Saviour, You went to those in Limbo crying aloud, "Return to paradise!"

INSTEAD OF "Holy God ...": To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

PROKIMEN (Tone 6): Save Your people, O Lord, and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

EPISTLE: A reading from the Epistle to the Hebrews (4:14 -5:6)

Brothers and Sisters! Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our profession of faith. For we do not have a high priest who is unable to sympathize with our weakness, but one who was tempted in every way that we are, yet never sinned. So, let us confidently approach the throne of grace to receive mercy and favor and to find help in time of need. Every high priest is taken from among men and made their representative before God, to offer gifts and sacrifices for sins. He is able to deal patiently with erring sinners, for he himself is beset by weakness and so must make sin offerings for himself as well as for the people. One does not take this honor on his own initiative, but only when called by God as Aaron was. Even Christ did not glorify himself with the office of high priest; he received it from

the One who said to him: “You are my son; today I have begotten you”; just as he says in another place, “You are a priest forever, according to the order of Melchizedek.”

ALLELUIA VERSES: *Remember the people you long since made your own.*

Yet, God, my king from the first, author of saving acts throughout the earth.

GOSPEL: Mark (8:34 – 9:1)

The Lord said: “If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and the gospel's will preserve it. What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life! If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory.” He also said to them: “I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power.”

INSTEAD OF ‘It Is Truly Right’: In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: The Light of Your face, O Lord, is raised over us. Alleluia! Alleluia! Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES – LIVESTREAM SCHEDULE AND READINGS

LITURGICAL SCHEDULE March 8 – March 14, 2021

Monday, March 8 – Lenten Mission at St. Basil's Parish

6:30 p.m. Confessions (preregistration at St.Basil)

7:00 p.m. Lenten Akathist, followed by Session 1 (call 306-535-7539 for preregistration at St. Basil) livestreaming

Tuesday, March 9 - Lenten Mission at St. Basil's Parish

6:30 p.m. Confessions (preregistration at St.Basil)

7:00 p.m. Lenten Akathist, followed by Session 2 (call 306-535-7539 for preregistration at St. Basil) livestreaming

Wednesday, March 10 - Lenten Mission at St. Athanasius Parish

6:00 p.m. Confessions (preregistration)

6:30 p.m. Liturgy of Presanctified Gifts, (intention for repose of the soul of +Chris Bzdel, requested by John and Louise Makuch) followed by Session 3 (call Rosanne for preregistration @ 306-543- 5773) livestreaming

Thursday, March 11 - Lenten Mission at St. Athanasius Parish

6:00 p.m. Confessions (preregistration)

7:00 p.m. Lenten Akathist, followed by Session 4 (call Rosanne for preregistration @ 306-543- 5773) livestreaming

Friday, March 12 - Venerable Theophane Confessor.

7:00 p.m. Stations of the Cross (preregistration) livestreaming

Saturday, March 13 - All Souls Saturday

10:00 a.m. Divine Liturgy Sorokousty for the deceased (call Rosanne for preregistration @ 306-543- 5773) livestreaming

Sunday, March 14 - Fourth Sunday of the Great Fast

9:15 a.m. Rosary (preregistration) livestreaming

9:30 a.m. Divine Liturgy of St. Basil the Great for faithful (preregistration) livestreaming

1:30 p.m. Divine Liturgy in Moose Jaw (preregistration)

POPE'S PRAYER INTENTION FOR MARCH: *INTENTION FOR EVANGELIZATION – Sacrament of reconciliation: Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.*

MARCH FOOD BANK ITEM: *Juice*

PROPOSED PARISH COUNCIL SLATE OF OFFICERS FOR 2021 -22

The following parishioners have agreed to let their names stand for St. Athanasius Parish Council positions for the 2021-22 year:

President - Kevin Korchinski

Vice-President - Len Markewich

Treasurer - Doris Gordon

Secretary - Linda Korchynski

If anyone else is willing to let their name stand for St. Athanasius Parish Council, please contact Fr. Vasyl Tymishak at 306-519-9030, vasylytymishak@gmail.com or Rosanne Miller at 306-543-5773, gtmiller@myaccess.ca by noon on Saturday, March 20, 2021.

As we will again not be able to hold an Annual General Meeting at the parish, reports will be available in hard copy or by e-mail from the parish office. Please phone Maggie at 306-543-8008 to obtain your copy. Proposed candidates will be approved at the next Parish Council Meeting scheduled for Thursday, March 25, 2021.

March 2021 GREETERS	
March 7	Kevin Korchinski & Len Markewich
March 14	Maggie Stephen & Bernice Bzdell
March 21	Mark & Karen Woitas
March 28	Terry & Rosanne Miller (First Communion Sunday)



or include with your regular donations and indicate “Easter flower donation”. Thank you.

DONATIONS for Easter flowers to decorate our church for Easter are now being accepted. Please use either the specifically marked envelopes provided at the back of the church, e-transfers,



SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

Sorokousty Services (All Souls Saturday) will be celebrated this year **on, March 13, March 20, and May 22.**

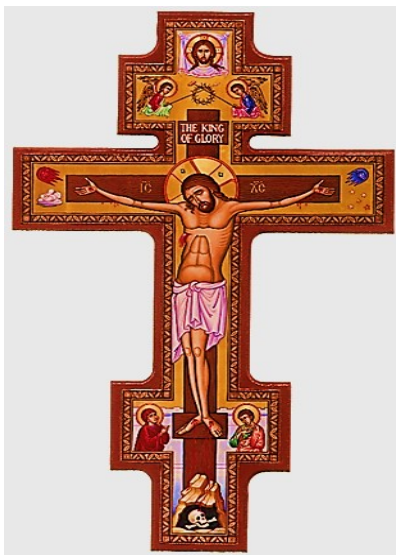
The word “Sorokousty” literally means “forty mouths” (*sorok* = *forty*; *ust* = *mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time.

Sorokousty or All Souls Saturdays services have been celebrated for deceased by holding Liturgies, Panakhydas or Parastas for them on five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year’s list, please call @ 306-543-8008 our parish office Tuesday-Thursday 10:00 a.m. – 2:00p.m.





OUR LENTEN MISSION will take place on **Monday, March 8th** and **Tuesday, March 9rd** at St. Basil's Parish and will continue at St. Athanasius Parish on **Wednesday, March 10th** and **Thursday, March 11th**.

Fr. Jeffrey Stephaniuk will be available during the day on Wednesday and Thursday to hear confessions. Please call Fr. Vasyly to preregister for confessions.

As every year now, the two Regina parishes organize their Lenten Mission retreat jointly. The sessions are not repeated but all are different, although related to one another. Preregistration is required for every session at both parishes, according to Covid regulations. The mission will be

livestreamed in order to understand the message in its fullness for those who cannot participate in person. If you wish to attend Lenten Mission at St. Athanasius, please contact Rosanne Miller @ 306-543-5773. This is a reminder that this process must be followed for **EACH** Session.

Envelopes to assist with the cost of having this mission are available at the back of the church.

Schedule of singers for upcoming Sundays subject to change as needed. We will continue having only limited households at one time, each sharing a microphone while respecting spacing requirements, until the spread of Covid-19 is no longer a risk.

Mar. 7 (today): Phyllis Lukey: Peter & Marion Federko

Mar. 10 & 11 (Mission): Phyllis Lukey: Peter & Marion Federko

Mar. 13 Sorokousty: TBD

Mar. 14: Peter & Marion Federko; Len & Anna Markewich

Mar. 17 Presanctified Liturgy: Phyllis Lukey; Len & Anna Markewich

Mar. 20 Sorokousty: TBD

Mar. 21: Peter & Marion Federko; Alla Gof

Mar. 24 Presanctified Liturgy: Phyllis Lukey; Peter & Marion Federko

Mar. 27 Sorokousty: TBD

Mar. 28 (**Palm Sunday & First Communion**): Phyllis Lukey; Len & Anna Markewich



Saint Athanasius Ukrainian Catholic Brotherhood of Canada

Easter sausage sale

**We are offering two types of sausage, Ham or garlic blend.
The price is \$7.00 / pound (1 link)**



**We ask that you pre-order no later than Monday March 22, 2021.
Pick up will be Saturday March 27, 2021 from 10:00 a.m. – 4:00 p.m.
at 55 McMurphy Avenue. Please use the west doors off the parking lot.
Some delivery options available (request at time of ordering).**

You may place your orders by contacting Basil Kuzyk at:

Cell: 306-570-6618

Email: basilkuzyk@gmail.com

Because of COVID no one is allowed inside so when you arrive please call 306-570-6618 and we will bring out your order to you. All orders will be wrapped and pre-packaged.

Payment is cash (exact change appreciated) or cheque (payable to St. A's U.C.B.C.).

Thank you in advance for your support.



ST A'S UCWLC PASKAS AND BUTTER LAMBS FOR SALE –
 for Easter Basket. Large paskas - \$5.00; small paskas – 2 for \$5.00; butter lambs - \$4.00. Contact Marie Brigidear – 306-949-7493 or Josie Vantour 306-347-0631, to place your order and arrange a pick-up time for your pre-packaged order. Curbside pick up on Saturday, March 27, 2021 from 10:00 a.m. – 4 p.m. at 55 McMurphy Avenue. Please use the west doors


off the parking lot. Due to Covid no one is allowed inside.

40 HOURS FOR LIFE

FEB. 17 – MAR 28, 2021

4:30 – 5:30 p.m.




Regina General Hospital – 14th Ave.



17,085 lives saved

107 abortion centers closed

206 abortion workers quit

Hosted by

Regina **PRO-LIFE**

rpla@sasktel.net 306-569-1985

This lent, come – even for just one day and pray to end abortion . . . because nothing is more important than protecting the most vulnerable in society!

Musée Ukraina Museum AGM

Our 2021 annual general meeting will be held on Sunday, March 14, 2021 at 2:00 PM as previously announced. We have decided on a virtual format accessible to all members. To register, please email mumsaskatoon1955@gmail.com. You will be able to join the meeting by computer, tablet, or smartphone by clicking on a link in an email sent out in advance of the meeting. Once registered, you will receive an information package prior to the meeting.

If you do not have email or web access, please phone Nissa @ 306.260.5950 to gain access to the meeting by phone.



Tavria Virtual Festival April 17, 2021

Welcome to the first ever Tavria Virtual Festival

This is a learning curve for all of us! With current Saskatchewan Covid restrictions, we are postponing the Tavria Virtual Festival to April 17, 2021.

Please use our online registration system: <http://tavriaregistration.azurewebsites.net/>.

If you can't remember your username and password, or are new to our festival system, please email tavriafestival@gmail.com.

Entry fee is \$10 per dancer per entry. Please let your families know that solos, duets, etc. are welcome to participate even if the whole school is not!

Registration and video presentation deadline: Monday, April 5, 2021.

The platform to submit videos will be announced asap. Please do your best when videoing dances. Some groups will have access to a stage and others will be in their studio. We welcome your submissions in costume, or in practice clothing, whichever is available!

Please follow provincial health guidelines. In Saskatchewan masks are mandatory. Currently only 8 dancers are permitted to practice together and should be reflected in the dance entered. If the regulations relax, then the number of dancers per entry may increase!

We are looking into platforms to showcase our dancers online. We will provide more information closer to the date! We will provide a media release form. If you do not want your dance(s) shared online, please email tavriafestival@gmail.com.

Dance schools will receive voice adjudication for each dance entered in the Festival. Dancers will receive a certificate of achievement with their mark. No trophies will be awarded in 2021.

We look forward to seeing your Covid inspired choreography!



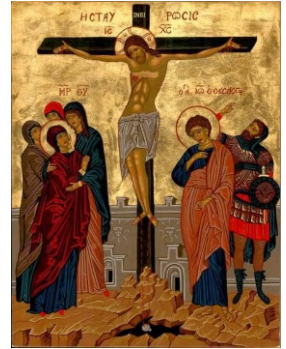
BULLETIN ANNOUNCEMENT FROM CHAS (Catholic Health Association of Saskatchewan)

for a virtual vigil "Together in Remembrance, Together in Hope", marking the one year of COVID in Saskatchewan that will take place on Thursday, March 11th at 7:00 pm. Register for the Zoom event or watch live on YouTube -- Registration is required: Register and find more information at: covidvigil.ca



Stations of the Cross (Livestreamed)

**As prepared and led by the
Youth and Young Adults
of our Ukrainian Catholic
Eparchy of Saskatoon.**



- **Thursday, March 11th at 6:30 pm**
 - Ukrainian Catholic Church of the Dormition of the Blessed Mother of God, Saskatoon | [Website»](#) | [YouTube Channel»»](#) | [Facebook»»](#)
- **Tuesday, March 23rd at 7:00 pm**
 - Ukrainian Catholic Cathedral of St. George, Saskatoon, SK | [Website»](#)
Come join us to pray together with the youth of our Eparchy!

NOTICE OF ANNUAL GENERAL MEETING OF THE UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION

When: Monday, March 22, 2021

(NOTE: This will be a virtual meeting via the Zoom meeting facility)

Time: Registration (Sign into Zoom) – 7:00pm to 7:30pm
Annual General Meeting – 7:30pm

Where: This will be a virtual meeting via the Zoom meeting facility. MEMBERS WISHING TO PARTICIPATE IN THE ANNUAL GENERAL MEETING MUST REGISTER WITH THE UCFSASK OFFICE VIA EMAIL (ADMIN@UCFSASK.ORG) OR TELEPHONE (306-653-0138, EXT 223) BY NO LATER THAN THURSDAY, MARCH 18, 2021 – 5:00PM. A ZOOM MEETING INVITE WILL BE SENT TO ALL WHO HAVE REGISTERED FOR THE ANNUAL GENERAL MEETING.

Who: All members of a Ukrainian Catholic parish or mission within the Ukrainian Catholic Eparchy of Saskatoon who are 18 years of age or older are entitled to participate and vote at the meeting.

Purpose: This meeting is being called for the purposes of:

Approving the Financial Statement Reviewer's Report and the Annual Financial Statements for the fiscal year ending December 31, 2020.

Appointing a Reviewer/Auditor of our financial records for the 2021 fiscal period

Approving Bylaws or Amendment to the Bylaws – see below.

Reporting of activities and motions of the Directors to the membership

Electing Directors

For transacting such other business as may properly come before an Annual General Meeting.

Access to Documents: Annual Meeting Documents and the Financial Statements will be posted on the Ukrainian Catholic Foundation of Saskatchewan website – www.ucfsask.org by no later than March 6, 2021. You may also pick-up copies at the Foundation Office at 214 Avenue M South, Saskatoon Sask.

Bylaw Change: Bylaw 7.3.2 (c) – Change the number of elected directors from each deanery from one to two. Effective January 1, 2021, the number of Deaneries in the Eparchy changed from 4 Deaneries to 2 Deaneries. This bylaw change retains the number of elected directors at 4.

UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION

Call for Nominations to the Board of Directors of Ukrainian Catholic Foundation of Saskatchewan

Ukrainian Catholic Foundation of Saskatchewan is searching for people who are interested in serving on our Board of Directors. To qualify, a person must be 18 years of age or older, a resident of Canada and a member in good standing with a Ukrainian Catholic Parish or Mission within the Ukrainian Catholic Eparchy of Saskatoon.

The Board has two vacancies from the Yorkton Deanery. If you are interested in serving on the Board of Directors as a Deanery Representative from the Yorkton Deanery, please contact the Office Administrator, Iris Owchar at 306-653-0138, ext 223, or email your intention to admin@ucfsask.org. Each nomination will require a letter of support from your Pastor. Nominations will close on Wednesday, March 17, 2021 at 4:00pm. Directors will be elected at the Annual Meeting on Monday, March 22, 2021.

**“CHRIST OUR PASCHA”
– ONLINE YOUTH AND YOUNG ADULT LENTEN GATHERING
SATURDAY, MARCH 20, 2021 – 9:00 AM**

We are inviting young people to join our Online Lenten Gathering "Christ Our Pascha", and reflect on pain, suffering and sacrifice, on Saturday, March 20th starting at 9:00 am. We will have the opportunity to join in prayerfully for the Stations of the Cross prepared by young people from our Eparchy and Ukraine. His Excellency Bishop Bryan Bayda, CSsR is our retreat master, and together with Father Ivan Nahachewsky, will be answering questions prepared by our youth. Please join us in this spiritual Lenten endeavour by registering at uwitness2youth@gmail.com by March 15th.

EPARCHY OF SASKATOON:



**CITIZEN GO: No to Euthanasia (MAiD)
for Mental Illness and Incompetent:
Petition on the Extension of the Euthanasia
Law**

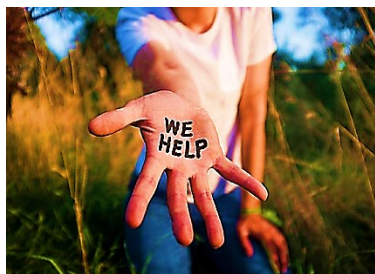
This is a very important issue and so we should do everything we can to speak out against what will become one of the most permissive euthanasia regimes in the world. It may be the last time we actually have a chance to speak out on this issue before the law is changed.

Please take this opportunity to speak out and to sign this petition. Here's the link:
<https://citizengo.org/en-ca/200771-no-euthanasia-maid-mental-illness-and-incompetent-people?tcid=83442348>

PLEASE, PLEASE, PLEASE. speak out. It only takes a few seconds of your time.

Note: This information is also available on our Eparchial website: www.skeparchy.org and on our Eparchial Facebook Page.

Eparchial Youth Ministry - Homeless and the Poor Project 2021



*Only one thing will remain yours
– that which you have given to the poor "Pastoral Letter of the
Synod of Bishops of the UGCC
to the clergy, religious, and laity, 2020*

The Eparchial Youth Ministry Office continues successfully to work with our youth and young adults on this wonderful project.

If you are interested in volunteering or donating items, or for more information, please contact Viktoriia Marko, Eparchial Youth Minister, at 306-914-0355; uwitness2youth@gmail.com.

Warm the hearts and bodies of our Brothers and Sisters,
and you will contribute to the building of Heaven on the Earth!

Acceptable food donations:

Dried goods, (e.g., sugar, flour,) (Unopened) commercially packaged or canned goods

Acceptable items:

Hygiene products:

Toothbrushes; Toothpaste; Toothbrush boxes; Hand sanitizers; Masks; Wipes; Shampoo; Toilet paper; Soap bars; Pads for women; Facial tissue; Hand lotion; Dental floss; Shaving products.

Clothing: Gloves; Scarfs; Blankets; Winter jackets; Socks; Winter hats; Winter pants; Winter boots.



NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

February 28: 33 regular envelopes - \$2785; 3 Building Fund envelopes - \$220; 1 Christmas Offering envelope - \$25; 2 Missions in Canada envelopes - \$90; 4 Initial Offering envelopes - \$75; 1 Visitor envelope - \$100; 2 Lenten Mission envelopes - \$40.

E-Sunday Collections & E-transfers: 6 regular donations - \$985; 1 Building Fund - \$25.



START AND END YOUR DAY DURING LENT

WITH THE PRAYER OF ST. EPHEM

O Lord and Master of my life, Keep from me the spirit of indifference and discouragement, Lust of power and idle chatter.

(Prostration)

Instead, grant to me Your servant, the spirit of wholeness of being, humble-mindedness, patience and love.

(Prostration)

O Lord and King, Grant me the grace to be aware of my sins, and not to judge my neighbour, For You are blessed, now and forever and ever.

(Prostration)

Lenten Online Retreat at the Sheptytsky Institute, March 13, 2021 - 3:00 pm EST (1:00 pm CST) - "The Experience of Deification in the Lenten Liturgies".

You are welcome to join us for our virtual Lenten Retreat at the Sheptytsky Institute. Eastern Christians typically speak of salvation as deification. But can salvation and deification be concretely experienced in our lives in this world?

Fr. Khaled Anatolios will speak on how the liturgy grants us an experience of salvation as deification. This retreat will be based on his latest book, ***Deification through the Cross: An Eastern Christian Theology of Salvation*** (Eerdmans, 2020). **Register:**

Please send an email to sheptytsky@utoronto.ca ***The Retreat will not be recorded. Please email us to register and join. Fee:** There is no mandatory fee. **Donations are welcome at:** <https://www.canadahelps.org/en/dn/37384>.

Fr. Khaled Anatolios is a John A. O'Brien Professor of Theology at the University of Notre Dame. He was born in India and grew up in Egypt and Canada. His other books include *The Development and Meaning of Trinitarian Doctrine*.

THIRD SUNDAY OF THE GREAT FAST – THE HOLY CROSS



Walking Requires Two Feet

When the Lord tells us in the Gospel that anyone who wants to be his follower must renounce himself, the injunction seems harsh; we think he is imposing a burden on us. But an order is no burden when it is given by one who helps in carrying it out. To what place are we to follow Christ if not where he has already gone? We know that he has risen and ascended into heaven; there, then, we must follow him.

There is no cause for despair- by ourselves we can do nothing, but we have Christ's promise One who claims to abide in Christ ought to walk as he walked. Would you follow Christ? Then be humble as he was humble. Do not scorn his lowliness if you want to reach his exaltation. Human sin made the road rough. Christ's resurrection leveled it. By passing over it himself he transformed the narrowest of tracks into a royal highway.

Two feet are needed to run along this highway; they are humility and charity. Everyone wants to get to the top - well, the first step to take is humility. Why take strides that are too big for you - do you want to fall instead of going up? Begin with the first step, humility, and you will already be climbing.

Saint Caesarius of Aries