



sask ***Sunday, March 14, 2021***

**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour

Seniors' Club President - Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; **TEMPORARILY by preregistration**

Weekday Liturgies – as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

E-mail: daris.cherian@gmail.com

Phone: 1-647-680-2415

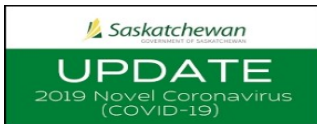
Parish Council Trustee – Saneesh A. Sunny (Phone: 306-807-5454)

E-mail: sachandilsunny@gmail.com

MASKS ARE MANDATORY UPON ENTERING THE CHURCH AND DURING DIVINE LITURGY. THE BULLETINS CANNOT BE LEFT ANYWHERE IN THE CHURCH.



Ukrainian Catholic Eparchy of Saskatoon
Українська Католицька Єпархія Саскатуну



This Tuesday afternoon, March 9, 2021 the province of Saskatchewan, along with Dr. Saqib Shahab, Saskatchewan's Chief Medical Health Officer, announced a revised public health orders that **will take effect on Friday, March 19th** and will remain as follows for places of worship, unless otherwise amended.

The revisions affecting places of worship are as follows:

- **The total number of people participating in the services cannot exceed 30 per cent of seating capacity or 150 people, whichever is less.**
 - This does not include the minimal number of clergy and other leaders required to facilitate the service. However, faith communities are encouraged to keep this number at a reasonable level.
- **Attendees still must stay 2 metres apart from each other and wear masks.**
- Only clergy may remove their mask while officiating but must maintain 3 metres physical distance from all other attendees while mask is removed.
- These guidelines apply to all worship services, including celebrations of life, weddings and outdoor ceremonies. However, these guidelines do not apply to receptions or non- ceremonial gatherings.
- (Unchanged) Services must be held in their usual location. Concurrent services in other rooms within the facility are not permitted.
- (Unchanged) Non-ceremonial meetings are permitted in groups no larger than 30 as long as physical distancing can be maintained.

Please note: As of Friday, March 19th, 2021, St. Athanasius Parish will be changing the capacity of parishioners attending services from 30 people to 30% of the capacity as per Public Health Act of Saskatchewan.

SUNDAY LITURGIES: If you wish to attend Liturgy on Sundays, please contact Rosanne Miller, 306-543-5773, to confirm your attendance (**preferably by Noon on Saturday**). This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

WEEKDAY LITURGIES: If you wish to attend weekday Liturgies, please register by calling Fr. Vasyl at 306-519-9030.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

Glory be to Jesus Christ! Glory be Forever! Слава Ісусу Христу! Слава на віки!

FOURTH SUNDAY OF THE GREAT FAST

DURING LENT...

First Antiphon: p, 21 “Bless the Lord...” (First Psalm of Typica)

Bless the Lord, O my soul, and let all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all His benefits.

He forgives all your iniquities, He heals all your diseases.

He redeems your life from corruption, He crowns you with mercy and compassion.

Compassionate and merciful is the Lord, long-suffering and abounding in mercy.

Bless the Lord, O my soul, and let all that is within me bless His Holy name.

Blessed are You, O Lord.

Third Antiphon: p, 27 “Remember us...” (The Beatitudes)

Remember us, O Lord, in Your kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure of heart, for they will see God.

Blessed are the peacemakers, for they will be called sons of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil word against you falsely because of Me.

Rejoice and be glad for your reward will be great in heaven.

TROPAR (Tone 8): You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK OF THE THIRD SUNDAY OF LENT (Tone 4): Our Father, teacher John, the Lord has placed you and your faithfulness at the summit of the ascetic life like an unerring star illuminating the very limits of the world.

PROKIMEN (Tone 8): Pray and give praise to the Lord our God.

Verse: In Judea God is known; His name is great in Israel.

EPISTLE: A reading from the Epistle to the Hebrews (6:13-20)

Brothers and Sisters! When God made his promise to Abraham, he swore by himself, having no one greater to swear by, and said, "I will indeed bless you, and multiply you." And so, after patient waiting, Abraham obtained what God had promised. Men swear by someone greater than themselves; an oath gives firmness to a promise and puts an end to all argument. God, wishing to give the heirs of his promise even clearer evidence that his purpose would not change, guaranteed it by oath, so that, by two things that are unchangeable, in which he could not lie, we who have taken refuge in him might be strongly encouraged to seize the hope which is placed before us. Like a sure and firm anchor, that hope extends beyond the veil through which Jesus, our forerunner, has entered on our behalf, being made high priest forever according to the order of Melchizedek.

ALLELUIA VERSES: *Come, let us rejoice in the Lord; let us acclaim God our Savior.*

Let us come before His countenance with praise and acclaim Him with psalms.

GOSPEL: Mark (9:17-31)

At that time a man came up to Jesus and said: "Teacher, I have brought my son to you because he is possessed by a mute spirit. Whenever it seizes him it throws him down; he foams at the mouth and grinds his teeth and becomes rigid. Just now I asked your disciples to expel him, but they were unable to do so." He replied by saying to the crowd, "What an unbelieving lot you are! How long must I remain with you? How long can I endure you? Bring him to me." When they did so the spirit caught sight of Jesus and immediately threw the boy into convulsions. As he fell to the ground he began to roll around and foam at the mouth. Then Jesus questioned the father: "How long has this been happening to him?" "From childhood," the father replied. "Often it throws him into fire and into water. You would think it would kill him. If out of the kindness of your heart you can do anything to help us, please do!" Jesus said: "If you can? Everything is possible to a man who trusts." The boy's father immediately exclaimed, "I do believe! Help my lack of trust!" Jesus, on seeing a crowd rapidly gathering, reprimanded the unclean spirit by saying to him, "Mute and deaf spirit, I command you: Get out of him and never enter him again!" Shouting and throwing the boy into convulsions, it came out of him; the boy became like a corpse, which caused many to say, "He is dead." But Jesus took him by the hand and helped him to his feet. When Jesus arrived at the house his disciples began to ask him privately, "Why is it that we could not expel it?" He told them, "this kind you can drive out only by prayer. They left that district and began a journey through Galilee, but he did not want anyone to know about it. He was teaching his disciples in this vein: "The Son of Man is going to be delivered into the hands of men who will put him to death; three days after his death he will rise."

INSTEAD OF 'It Is Truly Right': In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: Praise the Lord from the heavens, Praise Him in the highest.

The just man shall be in everlasting remembrance; of evil hearsay he shall have no fear. Alleluia! Alleluia! Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

**BYZANTINE ACT OF
SPIRITUAL COMMUNION**

O Lord, I believe and profess that you are truly Christ,
The Son of the living God, who came into the world
To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper,
O Son of God,
Come at least spiritually into my heart by your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:

- + Remember me, O Lord, when you come in your kingdom.
- + Remember me, O Master, when you come in your kingdom.
- + Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
*May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen*

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

LITURGICAL SERVICES – LIVESTREAM SCHEDULE AND READINGS

LITURGICAL SCHEDULE March 15 – March 21, 2021

Monday, March 15 -The Holy Martyr Agapius and the Six Martyrs with Him (284-305);
Great Fast Day 29.

6:30 p.m. Divine Liturgy for Health upon Josephine Mackow, requested by Dorothy Lazurko, **followed by Catechism (preregistration) livestreaming**

Tuesday, March 16 - The Holy Martyrs Sabinus and Papas (284-305); Great Fast Day 30.

10:00 a.m. Divine Liturgy for +Fr. Yurij Lazurko, requested by Dorothy Lazurko
(preregistration) livestreaming

Wednesday, March 17 - Our Venerable Father Alexius, Man of God; Great Fast Day 31.

7:00 p.m. Liturgy of Presanctified Gifts, intention for repose of the soul of +Chris Bzdel, requested by Frank and Marg Ricci **(preregistration) livestreaming**

Thursday, March 18 - Our Holy Father Cyril, Archbishop of Jerusalem (386); Great Fast Day 32.

No service scheduled

Friday, March 19 - The Holy Martyrs Chrysanthus and Daria (253-60); Great Fast Day 33.



7:00 p.m. Stations of the Cross led by Regina Youth (preregistration) livestreaming

Saturday, March 20 - Our Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas (580-97); Great Fast Day 34

10:00 a.m. Divine Liturgy Sorokousty for the deceased (call Rosanne for preregistration) livestreaming

Sunday, March 21 - Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt, Tone 1; our Venerable Father and Confessor James, Bishop of Catania (813-20); Great Fast Day 35. [Hebrews 9:11-14](#); [Galatians 3:23-29](#); [Mark 10:32-45](#); [Luke 7:36-50](#)

9:15 a.m. Rosary (preregistration) livestreaming

9:30 a.m. Divine Liturgy of St. Basil the Great for faithful (preregistration) livestreaming

1:30 p.m. Divine Liturgy in Moose Jaw (preregistration)

POPE'S PRAYER INTENTION FOR MARCH: INTENTION FOR EVANGELIZATION – Sacrament of reconciliation: Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

MARCH FOOD BANK ITEM: Juice

SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

Sorokousty Services (All Souls Saturday) will be celebrated this year **on, , March 20, and May 22.**

The word "Sorokousty" literally means "forty mouths" (*sorok* = *forty*; *ust* = *mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time. Sorokousty or All Souls Saturdays services have been celebrated for deceased



by holding Liturgies, Panakhydas or Parastas for them on five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call @ 306-543-8008 our parish office Tuesday-Thursday 10:00 a.m. – 2:00 p.m.

PROPOSED PARISH COUNCIL SLATE OF OFFICERS FOR 2021 -22

The following parishioners have agreed to let their names stand for St. Athanasius Parish Council positions for the 2021-22 year:

President - Kevin Korchinski

Vice-President - Len Markewich

Treasurer - Doris Gordon

Secretary - Linda Korchynski

If anyone else is willing to let their name stand for St. Athanasius Parish Council, please contact Fr. Vasyl Tymishak at 306-519-9030, vasyltymishak@gmail.com or Rosanne Miller at 306-543-5773, gtmiller@myaccess.ca by noon on Saturday, March 20, 2021.

As we will again not be able to hold an Annual General Meeting at the parish, reports will be available in hard copy or by e-mail from the parish office. Please phone Maggie at 306-543-8008 to obtain your copy. Proposed candidates will be approved at the next Parish Council Meeting scheduled for Thursday, March 25, 2021.

March 2021 GREETERS

March 14	Maggie Stephen & Bernice Bzdell
March 21	Mark & Karen Woitas
March 28	Terry & Rosanne Miller (First Communion Sunday)



DONATIONS for Easter flowers to decorate our church for Easter are now being accepted. Please use either the specifically marked envelopes provided at the back of the church, e-transfers, or include with your regular donations and indicate "Easter flower donation". Thank you.



Schedule of singers for upcoming Sundays subject to change as needed. We will continue having only limited households at one time, each sharing a microphone while respecting spacing requirements, until the spread of Covid-19 is no longer a risk.

Mar. 14 (**Today**): Phyllis Lukey; Len & Anna Markewich

Mar. 17 Presanctified Liturgy: Phyllis Lukey; Len & Anna Markewich

Mar. 20 Sorokousty: TBD

Mar. 21: Peter & Marion Federko; Alla Gof

Mar. 24 Presanctified Liturgy: Phyllis Lukey; Peter & Marion Federko

Mar. 28 (**Palm Sunday & First Communion**): Phyllis Lukey; Len & Anna Markewich

Holy Week/Resurrection Sunday: Peter & Marion Federko; Phyllis Lukey

SYMPATHY AND CONDOLENCES are extended to Walter & Marianne Brigidear and family and Marie Brigidear on the death of their brother, Harold, who died on March 2, 2021 and whose funeral will be held at St. Basils Parish, Edmonton, on March 15th. Вічна Пам'ять! Vichnaya Pamyat! Eternal Memory!



ST A'S UCWLC PASKAS AND BUTTER LAMBS FOR SALE – for Easter Basket. Large paskas - \$5.00; small paskas – 2 for \$5.00; butter lambs - \$4.00. Contact Marie Brigidear – 306-949-7493 or Josie Vantour 306-347-0631, to place your order and arrange a pick-up time for your pre-packaged order. Curbside pick up on Saturday, March 27, 2021 from 10:00 a.m. – 4 p.m. at 55 McMurchy

Avenue. Please use the west doors off the parking lot. Due to Covid no one is allowed inside.



Saint Athanasius Ukrainian Catholic Brotherhood of Canada

Easter sausage sale

**We are offering two types of sausage, Ham or garlic blend.
The price is \$7.00 / pound (1 link)**



**We ask that you pre-order no later than Monday March 22, 2021.
Pick up will be Saturday March 27, 2021 from 10:00 a.m. – 4:00 p.m.
at 55 McMurchy Avenue. Please use the west doors off the parking lot.
Some delivery options available (request at time of ordering).**

You may place your orders by contacting Basil Kuzyk at:

Cell: 306-570-6618

Email: basilkuzyk@gmail.com

Because of COVID no one is allowed inside so when you arrive please call 306-570-6618 and we will bring out your order to you. All orders will be wrapped and pre-packaged.

Payment is cash (exact change appreciated) or cheque (payable to St. A's U.C.B.C.).

Thank you in advance for your support.



ATTENTION YOUTH AND YOUNG ADULTS

We will be leading the Stations of the Cross at St. Athanasius Parish on Friday, March 19. Stations of the Cross will begin at 7pm. If you

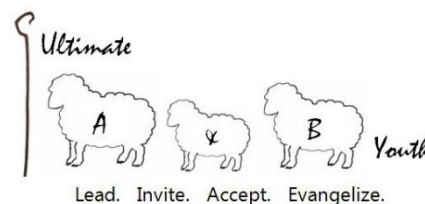
are interested in leading, please email Lesia by Thursday,

March 18, 2021 at ultimateaandb@hotmail.com

ATTENTION PARISHIONERS:

For those who wish to join us in person on Friday, March 19, please register with Fr. Vasyl at 306-519-9030.

For those of you are unable to join in person, the Stations of the Cross will be livestreamed at : <https://www.facebook.com/reginaukrainiancatholicnorth/> and <https://www.facebook.com/Ultimate-A-B-Youth-363356623795243/>.



Tavria Virtual Festival

April 17, 2021

Welcome to the first ever Tavria Virtual Festival

This is a learning curve for all of us! With current Saskatchewan Covid restrictions, we are postponing the Tavria Virtual Festival to April 17, 2021.

Please use our online registration system: <http://tavriaregistration.azurewebsites.net/>.

If you can't remember your username and password, or are new to our festival system, please email tavriafestival@gmail.com.

Entry fee is \$10 per dancer per entry. Please let your families know that solos, duets, etc. are welcome to participate even if the whole school is not!

Registration and video presentation deadline: Monday, April 5, 2021.

The platform to submit videos will be announced asap. Please do your best when videoing dances. Some groups will have access to a stage and others will be in their studio. We welcome your submissions in costume, or in practice clothing, whichever is available!

Please follow provincial health guidelines. In Saskatchewan masks are mandatory. Currently only 8 dancers are permitted to practice together and should be reflected in the dance entered. If the regulations relax, then the number of dancers per entry may increase!

We are looking into platforms to showcase our dancers online. We will provide more information closer to the date! We will provide a media release form. If you do not want your dance(s) shared online, please email tavriafestival@gmail.com.

Dance schools will receive voice adjudication for each dance entered in the Festival. Dancers will receive a certificate of achievement with their mark. No trophies will be awarded in 2021.

We look forward to seeing your Covid inspired choreography!

**“CHRIST OUR PASCHA”
– ONLINE YOUTH AND YOUNG ADULT LENTEN GATHERING
SATURDAY, MARCH 20, 2021 – 9:00 AM**

We are inviting young people to join our Online Lenten Gathering "Christ Our Pascha", and reflect on pain, suffering and sacrifice, on Saturday, March 20th starting at 9:00 am. We will have the opportunity to join in prayerfully for the Stations of the Cross prepared by young people from our Eparchy and Ukraine. His Excellency Bishop Bryan Bayda, CSSR is our retreat master, and together with Father Ivan Nahachewsky, will be answering questions prepared by our youth. Please join us in this spiritual Lenten endeavour by registering at uwitness2youth@gmail.com by March 15th.

“Christ Our Pascha”

Online Lenten Gathering

for ESL Youth Ministry Instructors (Ukraine),

Cadets of Odesa Naval Lyceum,

participants of the Courses of Christian Animators (Sambir),

and Youth of the Ukrainian Catholic Eparchy of Saskatoon

When: Saturday, March 20, 2021

Time: 9.00 a.m. (Saskatoon)/11 a.m. (Philadelphia)/6 p.m. (Kyiv)

Registration (by March 15):

Maria Kramar @ mrs.kramar00@gmail.com

Viktoria Marko @ uwitness2youth@gmail.com

Special Guest



Most Reverend
Bryan J. BAYDA, CSSR
Eparch of Saskatoon,
RETREAT MASTER





Stations of the Cross (Livestreamed)

As prepared and led by the
Youth and Young Adults
of our Ukrainian Catholic
Eparchy of Saskatoon.



- **Tuesday, March 23rd at 7:00 pm**
 - Ukrainian Catholic Cathedral of St. George, Saskatoon, SK | [Website»](#)
Come join us to pray together with the youth of our Eparchy!

Eparchial Youth Ministry - Homeless and the Poor Project 2021



*Only one thing will remain yours
– that which you have given to the poor "Pastoral Letter of the
Synod of Bishops of the UGCC
to the clergy, religious, and laity, 2020*

The Eparchial Youth Ministry Office continues successfully to work with our youth and young adults on this wonderful project.

If you are interested in volunteering or donating items, or for more information, please contact Viktoriia Marko, Eparchial Youth Minister, at 306-914-0355; uwitness2youth@gmail.com.

Warm the hearts and bodies of our Brothers and Sisters,
and you will contribute to the building of Heaven on the Earth!

Acceptable food donations:

Dried goods, (e.g., sugar, flour,) (Unopened) commercially packaged or canned goods

Acceptable items:

Hygiene products:

Toothbrushes; Toothpaste; Toothbrush boxes; Hand sanitizers; Masks; Wipes; Shampoo; Toilet paper; Soap bars; Pads for women; Facial tissue; Hand lotion; Dental floss; Shaving products.

Clothing: Gloves; Scarfs; Blankets; Winter jackets; Socks; Winter hats; Winter pants; Winter boots.



Єпархія Торонто й Східної Канади
запрошує Вас до участі у
ВЕЛИКОПОСНІЙ МІСІЇ
"Брати і сестри Ісуса. Діти Бога Отця"
під проводом
МИТРОПОЛИТА БОРИСА ГУДЗІАКА



14, 15 і 16 березня англійською
о 19:00 (Торонто)

21, 22 і 23 березня українською
о 19:00 (Торонто)

Формат:
20-хвилинна наука з сесією питань і відповідей

Жива трансляція на YouTube - Tranquillight Calling
https://www.youtube.com/channel/UCf39034kKgMTZL_hacrM9nA

The Eparchy of Toronto and Eastern Canada
invites you to a

LENTEN MISSION

"Brothers and Sisters of Jesus. Children of God the Father"

with METROPOLITAN BORYS GUDZIAK



MARCH 14, 15 & 16 in English
at 7:00 p.m. (EST Toronto)

MARCH 21, 22 & 23 in Ukrainian
7:00 p.m. (EST Toronto)

Format:
Homily, Discussion and Moleben

Watch Live Stream on YouTube - Tranquillight Calling
https://www.youtube.com/channel/UCf39034kKgMTZL_hacrM9nA

NOTICE OF ANNUAL GENERAL MEETING OF THE UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION

When: Monday, March 22, 2021

(NOTE: This will be a virtual meeting via the Zoom meeting facility)

Time: Registration (Sign into Zoom) – 7:00pm to 7:30pm
Annual General Meeting – 7:30pm

Where: This will be a virtual meeting via the Zoom meeting facility. MEMBERS WISHING TO PARTICIPATE IN THE ANNUAL GENERAL MEETING MUST REGISTER WITH THE UCFSASK OFFICE VIA EMAIL (ADMIN@UCFSASK.ORG) OR TELEPHONE (306-653-0138, EXT 223) BY NO LATER THAN THURSDAY, MARCH 18, 2021 – 5:00PM. A ZOOM MEETING INVITE WILL BE SENT TO ALL WHO HAVE REGISTERED FOR THE ANNUAL GENERAL MEETING.

Who: All members of a Ukrainian Catholic parish or mission within the Ukrainian Catholic Eparchy of Saskatoon who are 18 years of age or older are entitled to participate and vote at the meeting.

Purpose: This meeting is being called for the purposes of:

Approving the Financial Statement Reviewer's Report and the Annual Financial Statements for the fiscal year ending December 31, 2020.

Appointing a Reviewer/Auditor of our financial records for the 2021 fiscal period

Approving Bylaws or Amendment to the Bylaws – see below.

Reporting of activities and motions of the Directors to the membership

Electing Directors

For transacting such other business as may properly come before an Annual General Meeting.

Access to Documents: Annual Meeting Documents and the Financial Statements will be posted on the Ukrainian Catholic Foundation of Saskatchewan website – www.ucfsask.org by no later than March 6, 2021. You may also pick-up copies at the Foundation Office at 214 Avenue M South, Saskatoon Sask.

Bylaw Change: Bylaw 7.3.2 (c) – Change the number of elected directors from each deanery from one to two. Effective January 1, 2021, the number of Deaneries in the

Eparchy changed from 4 Deaneries to 2 Deaneries. This bylaw change retains the number of elected directors at 4.

UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION **Call for Nominations to the Board of Directors of Ukrainian Catholic Foundation of Saskatchewan**

Ukrainian Catholic Foundation of Saskatchewan is searching for people who are interested in serving on our Board of Directors. To qualify, a person must be 18 years of age or older, a resident of Canada and a member in good standing with a Ukrainian Catholic Parish or Mission within the Ukrainian Catholic Eparchy of Saskatoon.

The Board has two vacancies from the Yorkton Deanery. If you are interested in serving on the Board of Directors as a Deanery Representative from the Yorkton Deanery, please contact the Office Administrator, Iris Owchar at 306-653-0138, ext 223, or email your intention to admin@ucfsask.org. Each nomination will require a letter of support from your Pastor. Nominations will close on Wednesday, March 17, 2021 at 4:00pm. Directors will be elected at the Annual Meeting on Monday, March 22, 2021.

EPARCHY OF SASKATOON:



CITIZEN GO: No to Euthanasia (MAiD) for Mental Illness and Incompetent: Petition on the Extension of the Euthanasia Law

This is a very important issue and so we should do everything we can to speak out against what will become one of the most permissive euthanasia regimes in the world. It may be the last time we actually have a chance to speak out on this issue before the law is changed.

Please take this opportunity to speak out and to sign this petition. Here's the link:
<https://citizengo.org/en-ca/200771-no-euthanasia-maid-mental-illness-and-incompetent-people?tcid=83442348>

PLEASE, PLEASE, PLEASE. speak out. It only takes a few seconds of your time.

Note: This information is also available on our Eparchial website:
www.skeparchy.org and on our Eparchial Facebook Page.

NOTICE: Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

March 07: 15 regular envelopes - \$970; 1 Building Fund envelope - \$20; 4 Easter Flowers envelopes - \$215; 5 Missions in Canada envelopes - \$120; 2 Eparchial Charities - \$25; 4 Lenten Mission envelopes - \$220; Loose Change - \$20.

11Pre authorized Giving Donations - \$1775.

E-Sunday Collections & E-transfers: 5 regular donations - \$160; 2 Missions in Canada - \$35; 2 Easter Flowers - \$40; 1 Lenten Missions - \$40.



**START AND END YOUR DAY
DURING LENT**

WITH THE PRAYER OF ST. EPHEM

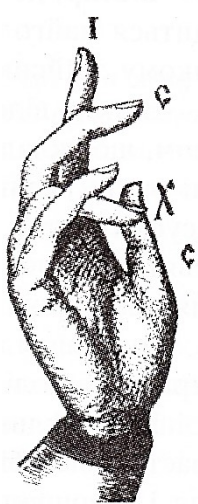
***O Lord and Master of my life, Keep
from me the spirit of indifference and
discouragement, Lust of power and
idle chatter.
(Prostration)***

***Instead, grant to me Your servant,
the spirit of wholeness of being,
humble-mindedness, patience and
love.
(Prostration)***

***O Lord and King, Grant me the grace
to be aware of my sins, and not
to judge my neighbour, For You are
blessed, now and forever and ever.
(Prostration)***

DID YOU KNOW?

Many times, during our liturgical services we hear in the church the words of blessing by priest: “*Peace be with you all*” and others, in reply to them we receive the blessing with reverence and make the sign of the Cross. Bishops and priests sign us with the sign of the Cross. This is called a blessing. This means that through the priest our Lord Jesus Christ Himself blesses us.

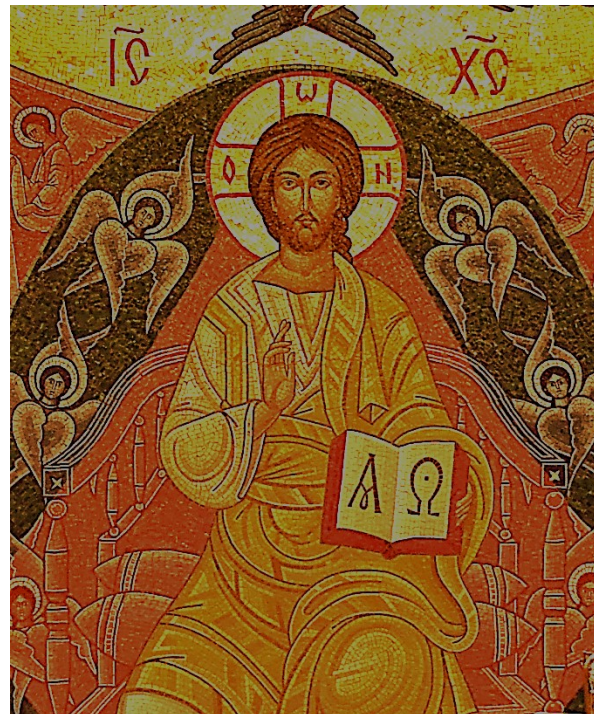


The priest's (or bishop's) fingers spell out the first and last letters of the name "Jesus Christ" (ΙCΥC) (ΧΡΙCΤOC).

We read the abbreviation starting from the index finger. It is easiest to envision the letters if we are looking at the back of the hand and reading left to right.

The index finger looks like (I). The ring finger is bent to look like "C".

The thumb and 4th finger form an "X". The little finger is also bent to look like a "C"



It is by the name of Jesus that we are saved and receive blessings: *"And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him"* (Col 3:17).

The sign is most frequently seen in iconographic images of Christ, which appeared in our churches in the form of mosaics, stained glass windows, relief sculptures, and paintings. One of the most common of such images is the Christ Pantocrator from Greek - Christ Almighty (*see a large mosaic icon behind the altar in our church*), which depicts Christ, with his left arm hugging the gospels to his chest and his right hand raised in the sign of blessing. It is important to note that this gesture is always made with the right hand, as this is the hand with which one blesses, according to Christian doctrine.

FOURTH SUNDAY OF THE GREAT FAST



Icon of the Ladder of Divine Ascent of Saint John Climacus

The Heavenly Bread and the Saving Cup

At the Last Supper, Christ said of the bread: "This is my Body." Who can doubt the truth henceforth? He said of the wine: "This is my Blood." Who can claim that it is not his Blood? Let us then, with full conviction, receive the bread and wine as Christ's Body and Blood. The Body is given to you in this symbolic form of bread, and the Blood is given to you in this symbolic form of wine; having received them, you are one in body and one in blood with Christ. Thus, we become Christ-bearers, for his Body and Blood have been introduced into our physical members. Thereby too we become, according to blessed Peter, sharers in the divine nature.

In the Eucharist, then, we must look beyond the everyday bread and wine, for these are in reality Christ's Body and Blood. Whatever the senses may suggest to you, let faith be assured of the truth. Be certain in faith that what seems to be mere bread to the taste is not mere bread but Christ's Body, and what seems to be mere wine to the taste is truly his Blood. This is the Bread of which David spoke: "The bread strengthens one's spirit, as oil brings gladness to the face." Strengthen your soul, therefore, by receiving the bread as the spiritual food it is, and your heart's face will be glad.

Let your conscience be pure and your heart contemplate the Lord's glory. Then you shall advance from glory to glory in Christ Jesus, our Lord, to whom be honor, power, and glory through all ages. Amen.

From the Mystagogical Catecheses of St. Cyril of Jerusalem