

ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

Parish Priest: Fr. Vasyl Tymishak E-mail: vasyltymishak@gmail.com

Cell Phone: 306-519-9030

Parish Office: 306-543-8008 E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: https://facebook.com/reginaukrainiancatholicnorth/live

Parish Council President - Kevin Korchinski - Cell phone (call or text) @ 306-539-3935

E-mail: kevin@osac.ca

UCWLC President - Josie Vantour Seniors' Club President - Angie Lawryk UCBC President - Mark Woitas Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration** Weekday Liturgies – as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

**MEMBERSHIP AT ST. ATHANASIUS PARISH** is recognized by <u>participating</u> in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in <u>contributing</u> to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

E-mail:

daris.cherian@gmail.com Phone: 1-647-680-2415

Parish Council Trustee – Saneesh A. Sunny (Phone: 306-807-5454) E-mail:

sachandilsunny@gmail.com

April 25, 2021 Vol. 49, No. 17

MASKS ARE MANDATORY UPON ENTERING THE CHURCH AND DURING DIVINE LITURGY. THE BULLETINS CANNOT BE LEFT ANYWHERE IN THE CHURCH.





On Tuesday April 13, 2021 the province of Saskatchewan, along with Dr. Saqib Shahab, Saskatchewan's Chief Medical Health Officer, announced the new measures in response to the New measures for all Saskatchewan

These restrictions apply to all places in Saskatchewan. Both of these measures are a return to the guidelines in effect earlier this year.

- 1. Effective Friday, April 16th, all places of worship in Saskatchewan will be limited to a maximum capacity of 30 persons. All existing provisions including 2 metre distancing, hand sanitizing, masking, and contact tracing will remain in effect: (Places of worship guidelines). For clarity: the regulations permit concurrent meetings, but the combined capacity within the facility may not exceed 30 persons; the capacity limit applies to all persons within the place of worship except clergy/religious leadership and key staff/volunteers. Please keep this number as low as possible.
- 2. Effective immediately, April 13th, all private indoor gatherings are prohibited immediately. Residents may not expand their household "bubble". All indoor gatherings are restricted to immediate household members only.

**Reminder:** outdoor public gatherings are limited to 10 people, provided physical distancing between households can be maintained.

These measures are included in the current public health order that expires on Monday, May 10<sup>th</sup>, 2021.

**Please note**: Due to the revised Public Health order regarding places of worship, St. Athanasius Church will allow 30 people to attend services as per Public Health Act of Saskatchewan. **Please continue to register for all services.** 

**SUNDAY LITURGIES:** If you wish to attend Liturgy on Sundays, please contact Rosanne Miller, 306-543-5773, to confirm your attendance (preferably by Noon on Saturday). This is a reminder that this process must be followed for **EACH** Sunday. You can leave a message for Rosanne if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

WEEKDAY LITURGIES: If you wish to attend weekday Liturgies, please register by calling Fr. Vasyl at 306-519-9030.

Please join our services by visiting our website and clicking on the Livestream icon: <a href="https://st-athanasius.ca/">https://st-athanasius.ca/</a> or on Facebook:

https://facebook.com/reginaukrainiancatholicnorth/live

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the



likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

Христос Воскрес! Bоістину Воскрес! Christ is Risen! Indeed, He is Risen!

EASTER REFRAIN: Christ is risen from the dead, by death He conquered death, and to those in the graves He granted life.

END OF LITURGY: He granted us eternal life, we exalt and glorify His Resurrection

NOTE: Please remember that from Resurrection Sunday up to Ascension Thursday, we stand to pray. Note also that from Easter Sunday to Ascension Thursday, at daily Liturgies, the Sunday antiphons are recited and the tropar, kondak, etc. are read from the preceding Sunday bulletin. The Epistle and Gospel are of the day.

Please join us at 9:15 a.m. for the praying of the rosary followed by Divine Liturgy at 9:30 a.m.

# **SUNDAY OF THE PARALYTIC** - Fourth Sunday After Pascha

TROPAR (Tone 3): Let the heavens be glad, let the earth rejoice, for the Lord has done a mighty deed with His arm. He trampled death by death; He became the first born of the dead; He saved us from the abyss of Hades and granted great mercy to the world.

Glory be to the Father, and to the Son, and to the Holy Spirit;

KONDAK (Tone 3): With your divine protection, O Lord, as You once raised the Paralytic, now lift up my soul paralyzed with all kinds of sin and evil deeds of wickedness, so that, as saved, I may cry out to You: "Glory to your might, O merciful Christ."

Now and for ever and ever. Amen!

KONDAK (Tone 8): Though You went down to the grave, immortal Lord, You destroyed the power of Hades and rose victorious, Christ our God. You who said "Rejoice" to the myrrhbearing women, give peace to Your apostles and offer resurrection to the fallen.

PROKIMEN (Tone 1): Let Your mercy, O Lord, be upon us, as we have hoped in You.

### Verse: Exult, you just, in the Lord; praise from the upright is fitting.

**EPISTLE:** A reading from the Acts of the Apostles (9: 32-42)

In those days Peter was making numerous journeys, he went -- among other places -- to God's holy people living in Lydda. There he found a man named Aeneas, a paralytic who had been bedridden for eight years. Peter said to him, "Aeneas, Jesus Christ cures you! Get up and make your bed." The man got up at once. All the inhabitants of Lydda and Sharon, upon seeing him, were converted to the Lord. Now in Joppa there was a certain woman convert named Tabitha (in Greek Dorcas, meaning a gazelle). Her life was marked by constant good deeds and acts of charity. At about that time she fell ill and died. They washed her body and laid it out in an upstairs room. Since Lydda was near Joppa, the disciples who had heard that Peter was there sent two men to him with the urgent request, "Please come over to us without delay." Peter set out with them as they asked. Upon his arrival they took him upstairs to the room. All the widows came to him in tears and showed him the various garments Dorcas had made when she was still with them. Peter first made everyone go outside; then he knelt down and prayed. Turning to the dead body, he said, "Tabitha, stand up." She opened her eyes, then looked at Peter and sat up. He gave her his hand and helped her to her feet. The next thing he did was to call in those who were believers and the widows to show them that she was alive. This became known all over Joppa, and because of it, many came to believe in the Lord.

ALLELUIA VERSE: The favors of the Lord I will sing forever, through all generations. For you have said: my kindness is established forever.

**GOSPEL:** (John 5: 1–15)

At that time Jesus went up to Jerusalem. Now in Jerusalem by the Sheep Pool there is a place with the Hebrew name Bethesda. It's five porticoes were crowded with sick people lying there blind, lame or disabled, waiting for the movement of the water. For from time to time an angel of the Lord used to come down into the pool; and the water was stirred up, so the first one to get in was healed of whatever sickness he had had. There was one man who had been sick for thirty eight years. Jesus, who knew he had been sick a long time, said when he saw him lying there, "Do you want to be healed?" "Sir," the sick man answered, "I do not have anyone to plunge me into the pool once the water has been stirred up. By the time I get there, someone else has gone in ahead of me." Jesus said to him, "Stand up! Pick up your mat and walk!" The man was immediately cured; he picked up his mat and began to walk. The day was a sabbath. Consequently, some of the Jews began telling the man who had been cured, "It is the sabbath," and you are not allowed to carry the mat around." He explained, "It was the man who cured me who told me, 'Pick up your mat and walk.' "This person who told you to pick it up and walk," they asked, "who is he?" The man who had been restored to health had no idea who it was. The crowd in that place was so great that Jesus had been able to slip away. Later on, Jesus found him in the temple precincts and said to him: "Remember, now, you have been cured. Give up your sins so that something worse may not overtake you." The man went off and informed the Jews that Jesus was the one who had cured him.

Instead of 'It is truly right': The Angel greeted You O full of grace, O purest Virgin rejoice and again I say rejoice. Your Son has risen from the tomb on the third day, and has raised all who were dead. O mankind rejoice!

Shine O Shine, O new Jerusalem for the glory of the Lord has surrounded you; be happy now and rejoice O Zion. And you pure Mother of God, exalt and rejoice in the Resurrection of Him who was born of you.

INSTEAD OF "Blessed is He Who comes..." Христос Воскрес! (tropar)

COMMUNION HYMN: Receive the Body of Christ; partake of the source of immortality. Praise the Lord from the heavens, praise Him in the highest.

Alleluia! Alleluia!

SPECIAL NOTE: For those who are in church today, we will be reciting the regular prayer before communion.

For those who are watching via livestreaming, please recite the prayer below:

### BYZANTINE ACT OF SPIRITUAL COMMUNION

O Lord, I believe and profess that you are truly Christ, The Son of the living God, who came into the world To save sinners of whom I am the first.

Although I cannot now be a partaker of your mystical supper, O Son of God,
Come at least spiritually into my heart by your Divine Grace for the healing of my soul and body.

For I will not reveal your mystery to your enemies, Nor will I give you a kiss as did Judas, But like the thief I profess to you:

- \* Remember me, O Lord, when you come in your kingdom.
- Remember me, O Master, when you come in your kingdom.
- \* Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,
Which I would receive, and which is now
here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood.
May I one day partake of your mystical supper again For the remission of all
my sins and for life everlasting. Amen

- + O God, be merciful to me, a sinner.
- + O God, cleanse me of my sins and have mercy on me.
- + O Lord, forgive me for I have sinned without number.

With Ecclesiastical Approbation. Byzantine Catholic Eparchy of Phoenix

INSTEAD OF "We have seen the true light...", "May our mouths be filled..." and "Blessed be the name":

Khrystos Voskrese Khrystos voskrese voskrese, voskrese, iz mertvykh, Smerti-u, smert' poprav, Smerti-u, smert' poprav, Isuschym vo hrobikh, Isuschym vo hrobikh, zhyvot, zhyvot daryvav!

or

Arise and Rejoice! Arise and rejoice,

Arise, arise with the risen Lord. Through His death, death has gone Through His death, death has gone! Everyone who was dead, Everyone, who was dead, Ever, everlasting life has won!

### LITURGICAL SCHEDULE April 26 – May 2, 2021

Monday, April 26 - The Holy Priest-Martyr Basil, Bishop of Amasia (c. 322); Acts 10:1-16; John 6:56-69

7:00 p.m. Online LAURC Covenant Study

**Tuesday, April 27 -** The Holy Priest-Martyr Simeon, Relative of the Lord; Our Venerable Father Stephen, Bishop of Volodymyr in Volhynia (1094); <u>Acts 10:21-33</u>; <u>John 7:1-13</u> **No service scheduled** 

**Wednesday, April 28** - Mid-Pentecost; The Holy Apostles Jason and Sosipater; the Holy Martyrs Dadas, Maximus and Quintilianus (286-305); Our Father among the Saints Cyril of Turau (1183); Acts 14:6-18; John 7:14-30

10:00 a.m. Divine Liturgy for health and God's blessing upon Fr. Vlad and family, requested by Nestor Ewasienko (preregistration by calling Fr. Vasyl @ 306-519-9030) livestreaming

**Thursday, April 29** - The Nine Holy Martyrs of Cyzicus (313-24); the Venerable Memnon the Wonderworker; Acts 10:34-43; John 8:12-20

10:00 a.m. Divine Liturgy for health and God's blessing upon Shelby Johnston, requested by Karen Johnston (preregistration by calling Fr. Vasyl @ 306-519-9030) livestreaming

**Friday, April 30** - The Holy Apostle James, Brother of Saint John the Theologian (c. 44); Polyeleos Feast. Abstention from meat and foods that contain meat. <u>Acts 10:44-11:10</u>; <u>Acts 12:1-11</u>; <u>John 8:21-30</u>; <u>Luke 5:1-11</u>

**10:00 a.m. Divine Liturgy** for God's blessing and good health for Tom&Brenda, requested by Francis Soroski (preregistration by calling Fr. Vasyl @ 306-519-9030) *livestreaming* 

**Saturday May 1** - The Holy Prophet Jeremiah (625-585 BC); Coronation of Pochaiv Icon of the Mother of God (1773); Passing into Eternal Life (1951) of Blessed Klymentii (Clement) Sheptytsky, Archimandrite of the Studites and Confessor; <u>Acts 12:1-11</u>; <u>John 8:31-42</u>

11:00 a.m. Baptism

7:00 p.m. Great Vespers with lytia – Parish Feast St.Athanasius the Great (preregistration by calling Fr. Vasyl @ 306-519-9030) *livestreaming* 

Sunday May 2 – Praznyk Parish Feast St.Athanasius the Great Fifth Sunday after Pascha – Sunday of the Samaritan Woman, (373); Acts 11:19-26, 29-30; John 4:5-42

9:15 a.m. Rosary (preregistration by calling Rosanne @ 306-543-5773) *livestreaming*9:30 a.m. Divine Liturgy for faithful (preregistration by calling Rosanne @ 306-543-5773) *livestreaming* 

POPE'S PRAYER INTENTION FOR APRIL: *UNIVERSAL INTENTION – Fundamental rights*: We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.

APRIL FOOD BANK ITEM: Beans

APRIL/MAY GREETERS	
April 25 (today)	Terry & Rosanne Miller
May 2	Mark & Karen Woitas
May 9	Maggie Stephen & Bernice Bzdell
May 16	Kevin Korchinski & Len Markewich
May 23	Terry & Rosanne Miller
May 30	Mark & Karen Woitas

Schedule of singers for upcoming Sundays/Feast Days, etc. subject to change as needed. We will continue having only limited households at one time, each sharing a microphone while respecting distancing requirements, until the spread of Covid-19 is no longer a risk.

Apr. 25 (today): Peter & Marion Federko; Len & Anna Markewich

May 1 Vespers: Phyllis Lukey; Peter & Marion Federko

May 2: Phyllis Lukey; Peter & Marion Federko

May 9: Peter & Marion Federko; Alla Gof-Tymishak

May 13 (Ascension): Phyllis Lukey; TBA

May 16: Phyllis Lukey; Len & Anna Markewich

May 23 (Pentecost): Phyllis Lukey; Alla Gof-Tymishak

### LAURC COVENANT STUDY



You are invited to join a discussion about the new LAURC Covenant between the Lutheran, Anglican, Ukrainian Catholic, and Roman Catholic churches in Saskatchewan. What is a covenant? Does this mean that we are becoming one church? What will change because of the covenant? What should change? These and other questions will be explored Monday evening April 26th with Nick Jesson

and members of the LAURC Covenant Committee.

This online discussion is open to all but is especially directed to clergy and parish ecumenical representatives of the four covenant churches.

- Monday, April 26 at 7pm on Zoom
- Register now at <a href="https://us02web.zoom.us/meeting/register/tzUkc--tqT-giHdGy0YPCZ\_Cji3kmw4Yy9fmd">https://us02web.zoom.us/meeting/register/tzUkc--tqT-giHdGy0YPCZ\_Cji3kmw4Yy9fmd</a>
- Download the study guide at <a href="https://archregina.sk.ca/sites/de-fault/files/The%20LAURC%20Covenant%20and%20Study%20Guide.pdf">https://archregina.sk.ca/sites/de-fault/files/The%20LAURC%20Covenant%20and%20Study%20Guide.pdf</a>

For further information, contact Nick Jesson at njesson@archregina.sk.ca

This study is planned by the LAURC Covenant Committee and the Prairie Centre for Ecumenism

Prairie Centre For Ecumenism 535 8th Street East Saskatoon, SK S7H 0P9 admin@pcecumenism.ca www.pcecumenism.ca (306)653-1633



### GOOD DAY ST. VOLODYMYR CAMP SUPPORTERS.

It's been a long, quiet year at St. Volodymyr Ukrainian Catholic Park, and we are trying to figure out what's next! Under current health restrictions we have come up with some ideas however we need your feedback!

Also keep in mind the situation could change at any time! So we have to remain flexible and with a positive attitude.

We have developed a survey to determine your interests, needs and wants for 2021 programming at the park. Sure, it won't be the same as we remember before the health restrictions are in place

but it will be something new and exciting to try!

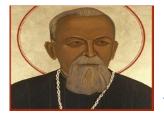
You could be a past or future camper, parent of a future or past camper, been involved as a volunteer or on the staff team, as a counselor or counselor in training, we want to hear from all of you:

### **CLICK HERE TO TAKE THE 2021 CAMP INTEREST SURVEY**

We need as many responses as possible so we can get a good picture of everyone's thoughts so we can move forward with some decision making.

Thank you for participating,

St Volodymyr Camp Committee stvolodymyrcamp@gmail.com



Devotions to Blessed Vasyl Velychkovsky, CSsR
Live-streamed from the Shrine in Winnipeg, MB
Every Wednesday evening at 6:00 pm (Saskatchewan time)
Please join us in prayer. Here is the link to the broadcasts:
https://www.youtube.com/channel/UCFDrZoGsYeJG1lggdZyfYMA



### **Community and Sales Relations Manager**

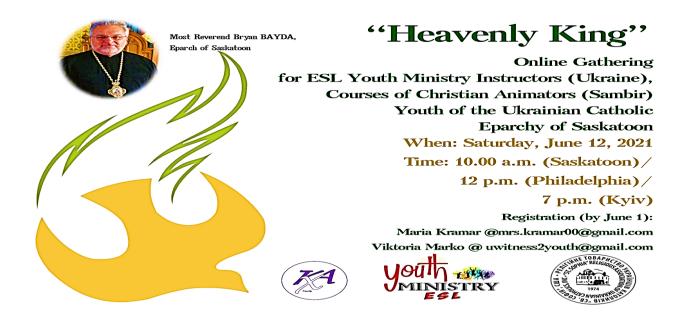
Trinity Manor at Westerra Inc. is looking for a full-time dedicated Community and Sales Relations Manager to design, develop and drive sales strategies to meet or exceed occupancy targets through marketing the facility to potential residents, their families, professional groups and the community. The Community and Sales Manager is responsible for promoting the leasing of suites in accordance with established sales procedures, enhancing community awareness through community outreach events and building relationships with current and new referral sources. The Community and Sales Relations Manager will also represent Trinity Manor at Westerra at community functions and promotional events, conducts tours of the residence and plan and hosts events to highlight the services and hospitality of Trinity Manor at Westerra.

He or she will provide input in terms of marketing and sales policies, advertising direction, media relations, direct mail, sales materials and incentive programs and will help in choosing and implementing a computerized customer relationships software system and tracking all sales inquiries and follow-up. The Community and Sales Relations Manager will assist with facilitating a smooth transition for new residents by processing rental or life lease agreements, providing and reviewing the Resident Handbook prior to move in, ensuring that all pertinent information is collected, and coordinating a post move in visit to provide information as required.

The applicant must be familiar with Regina and surrounding areas, have demonstrated success in sales and marketing, be excellent in verbal and communication skills and a great listener with a heart for seniors.

In addition, the applicant must have a post-secondary education, be a good team player with good organizational and computer skills.

Please apply for this opportunity on Indeed.com. Applications must be received by April 30, 2021.



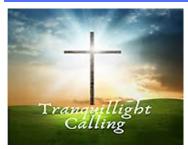






## "The CONVERSATION"

A WEEKLY ZOOM CALL WITH BISHOP BRYAN BAYDA of the UKRAINIAN CATHOLIC CHURCH



"THE CONVERSATION": A weekly Zoom call with Bishop Bryan Bayda, CSsR, Bishops, Clergy and Featured Speakers, and a number of the faithful, as we gather to discuss many topics and field questions from people.

Join us every Thursday evening from 5:00 – 7:00 pm (CST) [7-9pm EST]. Watch Livestreaming at: Tranquillight Calling - <a href="https://www.youtube.com/channel/UCf39034kKgMTZI">https://www.youtube.com/channel/UCf39034kKgMTZI</a> hacrM9nA

Email your questions and receive the Zoom link ucconversa-

tion@gmail.com.



NEW 2021 Easter CD:
"Christ is Risen! Indeed, He is Risen! Христос Воскрес!
Воістину Воскрес!"

St. Athanasius Parish, Regina, Sk. is very pleased to offer a new CD of traditional Easter songs and hymns, in both English and Ukrainian!

This recording was recently completed by several members of our Parish Choir while following the 2021 pandemic protocols including wearing masks and physical distancing while recording. This was an intensive labour of love. The music that resulted is a heartfelt expression of the Joy of the Resurrection that we wish to share with you!

We hope that these traditional uplifting songs will bring a sense of new beginnings for you personally as we share this together in our homes this Easter Season and into the years to come. May this music also connect us to our past – our parents, grandparents, grandparents and Priests in our communities who kept the richness of the Ukrainian Easter hymns, along with our beautiful traditions, alive through generations.

We are guided to center our focus on seeing our Resurrected Christ in all things, earthly and heavenly! The pandemic year has brought hardships and changes to all parts of our lives. With the Risen Christ at our side, we move forward and through to a renewed creation.

"All things are now filled light, Heaven and earth and the world beneath. So let all creation celebrate Christ's own Resurrection, for in Him is it strength." (from Ode 3, Paschal Matins)

Our intention is to provide each St. Athanasius Parish household a CD as our gift to you. Extra physical CD's are available by contacting us at <a href="mailto:stathanasius@sasktel.net">stathanasius@sasktel.net</a> or call parish office at 306-543-8008 (Tuesday-Thursday 10:00 a.m. — 2:00p.m.)

If a digital download is your preference, please contact Fr. Vasyl at vasyltymishak@gmail.com and a link will be sent to you for a download. In addition, words to these songs are on St. Athanasius website: https://st-athanasius.ca/nl/liturgical-text

Here is a sample of the kind of hymns you can expect to hear on this Easter CD <a href="https://st-athanasius.ca/nl/new-easter-cd-2021">https://st-athanasius.ca/nl/new-easter-cd-2021</a>

We wish you Peace and Joy this Easter Season and beyond!

Christ is Risen! Indeed He is Risen! Xpuctoc Bockpec! Boictuny Bockpec!

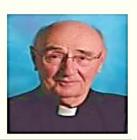
With Paschal Joy, Singers & Fr. Vasyl



## Our Clergy of the Ukrainian Catholic Eparchy of Saskatoon Celebrating Milestone Anniversaries in 2021







Rt. Rev. Andrew Muzyka 1956 - May 13 - 2021





Deacon Myron Yamniuk 1991 - September 8 - 2021





Rev. Demetrius Wasylyniuk 1996 - June 29 - 2021





Rev. Yevhen Zadorozhnyi, CSsR 1996 - October 13 - 2021

We are truly grateful to all of you for your years of loyal and loving service in the Ukrainian Catholic Church in Saskatchewan and wherever you had been called to serve.

May the Lord smile on you and be gracious to you.

May the Lord look kindly upon you and give you peace for many years to come.

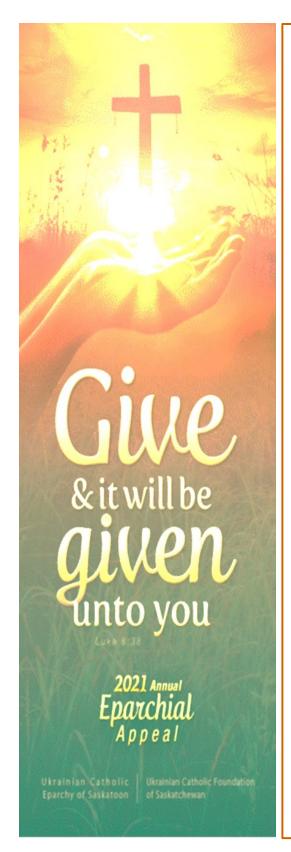
#### Многая і Благая Літа!

**NOTICE:** Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to <a href="mailto:stathandeposit@sas-ktel.net">stathandeposit@sas-ktel.net</a>. **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.** 

April 18: 12 regular envelopes - \$375; Loose Change - \$20. E-Sunday Collections & E-transfers: 7 regular donations - \$297.09

### **2021 ANNUAL EPARCHIAL APPEAL**

## WEEK 3 - (APRIL 24th/25th, 2021)



The Annual Eparchial Appeal supports many important ministries and programs. Today, the Parish Bulletin Insert features the program offered through the Ukrainian Catholic Religious Education Centre – the Eparchial Faith Formation Program. Please take this opportunity to learn about this ministry and all it has to offer. They provide significant benefits, not only to our Eparchy as a whole, but more particularly to our own Parish.

We would also like to remind you to watch the 2021 Annual Eparchial Video again at home. Access to the video, as well as much more information on the 2021 Annual Eparchial Appeal, is available on the Ukrainian Catholic Foundation of Saskatchewan website at <a href="https://www.ucfsask.org">www.ucfsask.org</a>.

If you have not yet made your pledge, we humbly and respectfully please ask you to consider making a pledge or one-time gift.

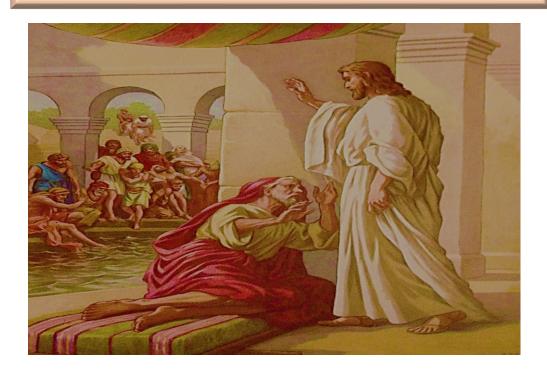
Did you know that there is more than one way to give to the Annual Eparchial Appeal? You can:

- ✓ Make a one-time gift.
- ✓ Make a pledge and spread out your pledge over 12 (or less) monthly payments.
- ✓ Have your donation matched by your company with a Corporate Matching Gift.
- ✓ Online donations using the QR code which links directly to the UCFSask website.



If you have any questions or comments regarding the Eparchial Appeal or the Foundation itself, please contact the Foundation Office at 306-653-0138, ext 223.

### FOURTH SUNDAY OF PASCHA SUNDAY OF THE PARALYTIC



## Limp In, Leap Out!

We celebrate the memory of the Paralytic - a man who was incapacitated for thirty-eight years. Perhaps one of the strangest questions which Jesus ever asked was when He asked this man: "Do you want to get well?" And yet, this is precisely Christ's problem with us. Do we really want to be cured of the spiritual infirmities which bind our souls? This is one of those situations that remind us of the unexpectedly deep words from the comic strip, "POGO" - "We have met the enemy, and the enemy is us."

To not really want the healing mercy of God can only mean that we are holding on to some self-destructing bitterness and we must return anew to the lessons of love that we first heard at our mother's knee.

Every sinner can be spiritually cured if he turns with faith and confidence to the risen Christ. We cannot complain that we have no man who would carry us to the miraculous pool-Christ is our healer. It is He Who helps us to rise, who heals us, who speaks the saving words and gives us strength.

A person who wishes to rise need not wait for the "stirring of the waters," for new intellectual ideas, for moments of inspiration, or for some special burst of enthusiasm. The risen Christ is here, and with Him we can rise whenever we sincerely wish to do so.

**Anonymous**