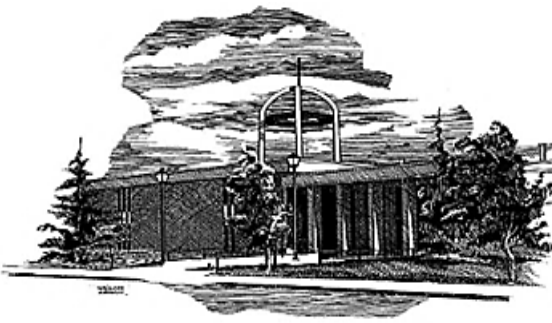


Sunday, July 4, 2021

ST. ATHANASIUS UKRAINIAN  
CATHOLIC CHURCH  
55 MCMURCHY AVENUE  
REGINA SK. S4R 3G3



Parish Priest: Fr. Vasyl Tymishak  
Cell Phone: 306-519-9030

E-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)

**Parish Office:** 306-543-8008

**E-mail:** [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)

**Website:** [www.st-athanasius.ca](http://www.st-athanasius.ca)

**Facebook:** <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski

Cell phone (call or text) @ 306-539-3935

UCWLC President - Josie Vantour

UCBC President - Mark Woitas

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**E-mail:** [kevin@osac.ca](mailto:kevin@osac.ca)

Seniors' Club President - Angie Lawryk

Ultimate A&B Youth - Lesia Lazurko

**DIVINE LITURGY: Sunday - 9:30 a.m. Service in English; TEMPORARILY by preregistration**

**Weekday Liturgies** – as scheduled; **preregistration required** by calling Fr. Vasyl Tymishak (306-519-9030)

**MEMBERSHIP AT ST. ATHANASIUS PARISH** is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

**Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.**

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-647-680-2415

Parish Council Trustee – Saneesh A. Sunny (Phone: 306-807-5454)

E-mail: [daris.cherian@gmail.com](mailto:daris.cherian@gmail.com)

E-mail: [sachandilsunny@gmail.com](mailto:sachandilsunny@gmail.com)

July 4, 2021

Vol. 49, No. 27

MASKS ARE MANDATORY UPON ENTERING THE CHURCH AND DURING DIVINE LITURGY. THE BULLETINS CANNOT BE LEFT ANYWHERE IN THE CHURCH.



**Ukrainian Catholic Eparchy of Saskatoon**  
**Українська Католицька Єпархія Саскатуну**

**СЛАВА ІСУСУ ХРИСТУ! СЛАВА НАВІКИ!**  
**GLORY BE TO JESUS CHRIST! GLORY BE FOREVER**

**June 30, 2021**

Dear Bishop Bryan, brother priests and all faithful in the Eparchy of Saskatoon:

After 16 months of the pandemic, **Saskatchewan will be moving into Step 3 of the Re-Opening Roadmap on Sunday, July 11.** I have received a few questions, so I am setting out the details here for clarity.



1. **Step 3 will not begin until Sunday morning, July 11.** If you have services earlier on the weekend, please continue with Step 2 regulations until midnight. In step 2, the maximum number in attendance at an indoor or outdoor gathering is 150 persons. 2 metre distancing is still required. Masks are required indoors and advised outdoors. Food and drink may not be served. Contact tracing is still required.
2. **In step 3, the capacity limits and physical distancing will be removed.** Masking will no longer be required. Food and drink may be served. Contact tracing is not required. All emergency restrictions will be lifted. The usual pre-pandemic fire, health, privacy, and labour codes remain in effect.

**Anyone with COVID symptoms is required to remain home and schedule a test. Isolate from others until test results are back.** People with cold and flu symptoms are encouraged to remain home.

It is expected that many people will continue to wear masks in public spaces. Please encourage this and make hand sanitizer available.

**Note: places of worship are allowed to require masks and other measures at your discretion.**

Please be aware that we will remain in a state of emergency for some time. Under the emergency declaration, the regional medical health officers have considerable authority to require additional measures to protect the health of the community. In the event that infection rates rise again, the Chief Medical Health Officer may reinstate the public health orders.

*Yours in Christ,*

*Very Rev. Father Janko Kolosnjaji,  
Vicar General and Chancellor for the Eparchy of Saskatoon*

**SUNDAY LITURGIES:** If you wish to attend Liturgy on Sunday, July 4<sup>th</sup> please contact Rosanne Miller, 306-543-5773, to confirm your attendance (**preferably by Noon on Saturday**). You can leave a message for Rosanne, if she is not home, and she will confirm whether or not there is space for you. Thank you for your cooperation.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

**TO ALL PARISHIONERS:** During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.



As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

**9:15 a.m. Rosary** (preregistration for July 4<sup>th</sup> by calling Rosanne at 306-543-5773) **livestreaming**

**9:30 a.m. Divine Liturgy** for faithful (preregistration for July 4<sup>th</sup> by calling Rosanne at 306-543-5773) **livestreaming**

**Glory Be To Jesus Christ! Glory Be Forever!**

**Слава Ісусу Христу! Слава на віки!**

**SIXTH SUNDAY AFTER PENTECOST**  
**Mother of God of Perpetual Help**

**SUNDAY TROPAR** (Tone 5): Let us the faithful acclaim and worship the Word, co-eternal with the Father and the Spirit, and born of the Virgin for our salvation. For He willed to be lifted up on the cross in the flesh, to suffer death and to raise the dead, by His glorious resurrection.

**TROPAR OF THE FEAST** (Tone 7): O Virgin Mother of God, your glory we celebrate, your help we seek, your miraculous icon we venerate. You are our gracious Mother, you are the Hope of the world. Do not despise our prayers, but always rescue us from our sorrows and troubles.

Glory be to the Father, and to the Son and to the Holy Spirit.

**KONDAK OF THE FEAST** (Tone 6): Our Mother of Perpetual Help, grant us, we pray, help in difficulties, relief in sickness, comfort in sorrow, strength in our labours. "Give us, we beseech you, the virtue of piety, unity to Christians, forgiveness to sinners, perseverance to the righteous, salvation to the dying, purification to the souls in purgatory, and obtain for them eternal glory.

Now and for ever and ever. Amen.

**SUNDAY KONDAK** (Tone 5): You, my Saviour, descended to Hades, and as the Almighty, you shattered its gates. With Yourself You, as the Creator, raised the dead and shattered the sting of death, and delivered Adam from the curse, O Lover of Mankind. And so we cry out: "Save us O Lord."

**PROKIMEN** (Tone 5): You, O Lord, will guard us and will keep us from this generation and for ever.  
Save me, O Lord, for there is no longer left a just man.

**EPISTLE:** A reading from the Letter of St. Paul to the Romans (12:6-14)

Brothers and Sisters: We have gifts that differ according to the favor bestowed on each of us. One's gift may be prophecy, its use should be in proportion to his faith. It may be the gift of ministry; it should be used for service. One who is a teacher should use his gift for teaching; one with the power of exhortation, should exhort. He who gives alms should do so generously; he who rules should exercise his authority with care; he who performs works of mercy should do so cheerfully. Your love must be sincere. Detest what is evil, cling to what is good. Love one another with the affection of brothers. Anticipate each other in showing respect. Do not grow slack but be fervent in spirit; he whom you serve is the Lord. Rejoice in hope, be patient under trial, persevere in prayer. Look on the needs of the saints as your own; be generous in offering hospitality. Bless your persecutors; bless and do not curse them.

**ALLELUIA:** Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared.

**GOSPEL:** St. Matthew 9:1-8

At that time Jesus re-entered the boat, made the crossing, and came back to his own town. There the people at once brought to him a paralyzed man lying on a mat. When Jesus saw their faith he said to the paralytic, "Have courage son, your sins are forgiven." At that some of the scribes said to themselves: "The man blasphemes." Jesus was aware of what they were thinking and said: "Why do you harbor evil thoughts? Which is less trouble to say, 'Your sins are forgiven' or 'Stand up and walk'? To help you realize that the Son of Man has authority on earth to forgive sins" - - he then said to the paralyzed man - - "Stand up! Roll up your mat and go home." At the sight a feeling of awe came over the crowd, and they praised God for giving such authority to men.

**COMMUNION HYMN:** I will take the chalice of salvation; and I will call upon the name of the Lord. Praise the Lord from the heavens; praise Him in the highest. Alleluia! Alleluia! Alleluia!

### LITURGICAL SCHEDULE July 5 – July 11, 2021

**Monday, July 5** - Venerable Athanasius of Athos; Galations 5:22-6:2; St. Luke 6:17-23  
No service scheduled

**Tuesday, July 6** – Venerable Sisoës; 1 Corinthians 6:20-7:12; St. Matthew 14:1-13  
No service scheduled

**Wednesday, July 7** – Venerable Thomas; 1 Corinthians 7:12-24; St. Matthew 14:34-15:11  
No service scheduled

**Thursday, July 8** – Great Martyr Prokopius; 1 Corinthians 7:24-35; St. Matthew 15:12-21  
No service scheduled

**Friday, July 9** – Priest Martyr Pancratius; 1 Corinthians 7:35-8:7; St. Matthew 15:29-31  
No service scheduled

**Saturday, July 10** – Venerable Anthony of the Caves; Galations 5:22-6:2; St. Luke 6:17-23  
No service scheduled

**Sunday, July 11** – 7<sup>th</sup> Sunday after Pentecost; Tone 6; Romans 15:1-7; St. Matthew 9:27-35

**9:15 a.m. – Rosary:** livestreaming

**9:30 a.m. – Divine Liturgy** for faithful livestreaming

**1:30 p.m. – Divine Liturgy** in Moose Jaw

<b>July Greeters</b>
----------------------

<b>July 4</b>	-	<b>Terry &amp; Rosanne Miller</b>
<b>July 11</b>	-	<b>Kevin Korchinski &amp; Len Markewich</b>
<b>July 18</b>	-	<b>Stephen, Maggie &amp; Bzdell, Bernice</b>
<b>July 25</b>	-	<b>Mark &amp; Karen Woitas</b>

**Schedule of singers** for upcoming Sundays/Special Services etc. subject to change as needed.

Until the SHA guidelines are changed for singers, groups of singers, and choirs, we will continue to have a limited number of singers at one time, with no cross-household sharing of microphones, while respecting the distancing requirements. **For the time being, the choir loft will be limited to choir members and live streaming persons only.**

Sun. July 4 (today): Phyllis Lukey; Len & Anna Markewich

Sun. July 11 and weeks following: TBD Stay tuned (pun intended)

We'll hopefully be looking to restart a full choir based on possible Eparchial recommendations, along with Parish requirements which include resetting and testing of live streaming microphone placements with a larger group. Regular Choir members from prior to the pandemic restrictions who are comfortable in returning will be asked to attend a practise (likely sometime during the week of July 19) in order to test seating and the placement and settings for microphones for both inside the Church and through Facebook streaming. This will take some time for all of us to be comfortable again to sing without masks and in close proximity with each other. That will be strange! We want to continue a high quality of live streaming but we'll need time to sort through technical matters, and the group size may be restarted in stages. Thanks everyone for all your support during these many months of changes. If you have questions, please contact me. Thanks!

---- Phyllis Lukey 306-529-8152 email: [pllukey@gmail.com](mailto:pllukey@gmail.com)

**HOLIDAY TIME:** It is again time to think about taking some well deserved time away from our regular routines, especailly after our COVID restrictions. Enjoy your time away and come back renewed and refreshed. Please be advised that Fr. Vasyl and family will be away from July 5-July 10, July 26-31 and again some time in August (dates to be confirmed). He will be back to serve his parishes on Sundays, however, if you need a priest in an emergency, please contact Fr. Warren Dungen via cell phone at 306-590-7900.





### MARRIAGE BANNS – 2<sup>nd</sup> NOTIFICATION:

**Michael Ken Romanuik** of Regina (son of Kenneth Romanuik and Iris Benko of Yorkton) & **Liudmyla Krupina** of Regina (daughter of Fedor Krupin and Svitlana Tavozhnianskaia of Kherson - Ukraine).

ANYONE HAVING KNOWLEDGE OF ANY OBSTACLES TO THE PROPOSED MARRIAGE HAS AN OBLIGATION IN CONSCIENCE TO MAKE IT KNOWN TO THE PARISH PRIEST AS SOON AS POSSIBLE.



**ATTENTION YOUNG ADULTS: UNITY  
2021 AUGUST 6-7, 2021!**

***"Be still and Know that I am God." –  
Psalm 46:10.***

This verse fits into the  
Unity 2021 theme of  
***Stillness in the Chaos.***

With the blessing and support of the  
Most Rev. Bishop Bryan Bayda,  
CSsR, the Eparchy of Toronto and  
Eastern Canada is excited to be  
hosting Unity 2021.

Unity is a gathering for young adults (**18 - 35 years of age**) of our Ukrainian Catholic Church "who seek to further understand their Catholic Faith, to embrace it more fully and to celebrate it more profoundly. With the grace of God, this is accomplished by means of prayer, education and fellowship."

**Unity will be held online and in-person locally on Friday, August 6, 2021, from 7:00 to 10:00 pm (EST) [5:00 to 8:00 pm Saskatchewan time], and Saturday, August 7, 2021 from 11:00 am to 7:00 pm (EST) [9:00 am to 5:00 pm Saskatchewan time].**

Unity 2021 will feature keynote speakers, breakout sessions, a Bishops' panel and fellowship. Session topics will include: Mental health; Having a relationship with God; What it means to be Ukrainian Catholic; The Divine Liturgy; Theology of the Body and dating; Wellness of Body, Mind and Spirit; Evangelism and the leadership of Jesus Christ; and Catholicism and non-traditional families.

Unity 2021 will be offered **ONLINE**, and all sessions will be held over **Zoom**. There is **NO COST** to attend this event.

**Registration is NOW OPEN.** Participants can register by going to this link <http://bit.ly/3cnsRKT> – **registration deadline is Monday, August 2nd!**

In addition, like and follow us on the Unity 2021 Facebook page <https://bit.ly/3i74F2H>, follow us on Instagram@Unity\_20\_21 and check out more information about this event on the Unity 2021 website at: <https://unity2021.mailchimpsites.com>.

**Eparchial Youth and Young Adult Minister:**

Viktorii Marko

Telephone: 306-653-0138 ext. 227

Cell: 306-914-0355

E-mail: [uwitness2youth@gmail.com](mailto:uwitness2youth@gmail.com)



**PADRE BIKES FOR WHEELS**

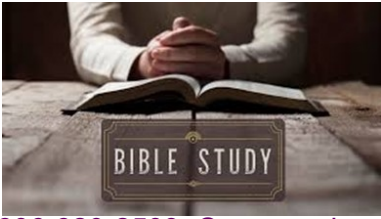
Fr. Ivan Nahachewsky – Helping to Give Wheelchairs to Children and Adults in Ukraine

Fr. Ivan Nahachewsky, a Ukrainian Catholic Priest, 4th Degree Knight, and Military Chaplain from the Eparchy of Saskatoon is preparing to bike 2000 km this July 2021, through Northern Saskatchewan [Cluff Lake Mine – Beauval – Key Lake Mine – La Ronge – Stoney Rapids]. His hope, with your help, is to change thousands of lives by sending

wheelchairs to children & adults in Ukraine. **Fundraising goal is set at \$250,000. You are invited to make a donation at:** [www.padrebikes.ca](http://www.padrebikes.ca) and to follow on the Padre Bike Ride Facebook Page <https://www.facebook.com/padrebikeride> for regular updates. Join this adventure!



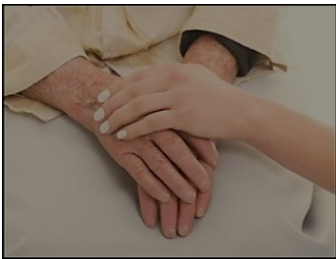
**St. Volodymyr Ukrainian Catholic Camp 2021: July 12 – 16 – Ages 8 - 14!** This year we will be having camp but under different circumstances! Remember to save the date: Registration for camp opens on June 1st! . . . [stvolodymyrcamp.com](http://stvolodymyrcamp.com) -- [stvolodymyrcamp@gmail.com](mailto:stvolodymyrcamp@gmail.com) More details on camp procedures and new additions to come!



**Online Bible Study Sessions with Hieromonk Gregory Hrynkiw - the Book of the Prophet Isaiah - Continue through the Summer Months: Tuesdays June 1 to August 31, 2021 – 6:30 – 7:15 pm.** These Online sessions are available virtually via WebEx. To receive a link for the sessions, please contact the Sisters of Servants of Mary Immaculate (SSMI) at the Ukrainian Catholic Religious Education Centre (UCREC), at [rel.ed@sasktel.net](mailto:rel.ed@sasktel.net) or by calling them at 306-652-1718, 306-653-1897 or

**306-380-8509.** Once you have received the link and downloaded the WebEx App, you will get weekly invitation notices from the Sisters to join in the sessions. **Login will be from 6:15 pm. A “goodwill offering” towards the sessions** can be made by:

- cheque made out to Father Gregory Hrynkiw, mailed to the **Ukrainian Catholic Religious Education Centre (UCREC)** 214 Avenue M South, Saskatoon, SK S7M 2K4;
- via eTransfer from your bank mobile app or website to [the.asketerion@gmail.com](mailto:the.asketerion@gmail.com) [We are Auto Deposit registered, so no need for a security question or password. In the Message, simply type in your name],
- or by the PayPal address: [https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=SRTQSADRCRWCL&source=url](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=SRTQSADRCRWCL&source=url)



#### **Dying Healed Workshops to Resume in the Fall**

The Dying Healed Workshops will be resuming in the Fall, and hopefully with “Reopen Saskatchewan” we can again start group face to face sessions at parishes and seniors' residences. These workshops will provide comprehensive education on palliative care/end of life issues and preliminary training for those wishing to provide compassionate and supportive care to those in need, particularly at end of life. Bookings can and should be done any time, the sooner the better, to help plan for the Fall Workshops. Please contact

Deborah Larmour at [uwitness2family@skeparchy.org](mailto:uwitness2family@skeparchy.org) or call or text her at 306-222-1475.

**POPE's PRAYER INTENTION FOR JULY – Social Friendship:** We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

#### **JULY FOOD BANK ITEM - Cereal**

**NOTICE:** Our parish expenses continue, even though there are no large church services. Therefore, it would be very much appreciated if you could continue your support of the parish. There are a few options available to you: drop off your envelope at 54 McMurphy Avenue, mail in your cheque to 55 McMurphy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to [stathandeposit@sasktel.net](mailto:stathandeposit@sasktel.net). **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

**June 27: 17 regular envelopes - \$930; 2 Building Fund envelopes - \$110; Loose Change - \$20. E-Sunday Collections & E-transfers: 3 Regular donations - \$480.**



- Retire the Mortgage Campaign offering to match Ernest & Jayne Paluck of Regina have generously initiated "The



Museum Ukraina Museum is excited to announce Ernest & Jayne Paluck of Regina have generously initiated "The Retire the Mortgage Campaign" offering to match all donations to the Museum up to \$500,000!



→ I want to give a gift of:      \_\_\_ \$100    \_\_\_ \$500    \_\_\_ \$1,000    \_\_\_ \$2,500    \_\_\_ Other \$ \_\_\_\_\_

     \_\_\_ In Memory    \_\_\_ In Honor    \_\_\_\_\_

→ I would like to donate by:

\_\_\_ Cheque Please make cheque payable to Musee Ukraina Museum

\_\_\_ E-transfer ([ukrainamuseum@sasktel.net](mailto:ukrainamuseum@sasktel.net))

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Email address: \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_

## MOTHER OF PERPETUAL HELP



In this novena to Our Lady of Perpetual Help (also known as Our Mother of Perpetual Help from this icon pictured above) we pay tribute to the Blessed Virgin Mary in asking for her assistance. This picture of the Blessed Mother with her Divine Son above has helped her provide strength, comfort and even miracles to the faithful for centuries!

**Oh Mother of Perpetual Help, grant that I may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on my lips. Delay not, Blessed Lady, to rescue me whenever I call on you. In my temptations, in my needs, I will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills my soul when I utter your sacred name or even only think of you! I thank the Lord for having given you so sweet, so powerful, so lovely a name. But I will not be content with merely uttering your name. Let my love for you prompt me ever to hail you Mother of Perpetual Help. Mother of Perpetual Help, pray for me and grant me the favor I confidently ask of you. (Then say three Hail Mary).**

First placed in the Church of San Matteo in Rome in 1499, the picture was thought to be lost at one point after Napoleon's armies sacked that church in 1798. Fortunately, however, it was in the care of the Augustinian fathers until Pope Pius IX ordered that the icon be given to the Redemptorist order at the Church of St. Alphonsus in Rome in 1866 for public viewing once again. Since then it has been copied and venerated in churches and homes all over the world.

Note in this picture how Jesus, while safely cradled in his mother's arms, looks anxiously at St. Gabriel the Archangel, who holds the cross and nails for His Crucifixion. (St. Michael the Archangel, at left, holds the lance, spear, and the vessel of vinegar and gall for our Lord's Passion as well.) The Blessed Mother looks at us solemnly, perhaps as if in contemplation of her beloved Son's future Passion and death for our salvation!

Remember that when we pray this novena to our Lady of Perpetual Help, that we are not choosing to worship her over her Divine Son. She is "our Mother on the order of grace," according to a Vatican II document, and all the graces Mary gives us come directly from our Lord. She is always ready to intercede with Him on our behalf, but never for anything contrary to His wishes.

As long as we approach her as we do Him, with sincerely humble and contrite hearts, we can count on her aid and guidance. Mary's last spoken words in the Gospels concerned her Son when she said at the wedding feast at Cana "Do whatever he tells You" (John 2:5). If we persevere in our intentions to do Christ's will for us, we are doing hers as well.