

Sunday, September 19, 2021

**ST. ATHANASIOS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski

Cell phone (call or text) @ 306-539-3935

UCWLC President - Josie Vantour

UCBC President - Mark Woitas

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

E-mail: kevin@osac.ca

Seniors' Club President -

Ultimate A&B Youth - Lesia Lazurko

ROSARY: Sunday – 9:15 a.m. *(livestreaming)*

DIVINE LITURGY: Sunday - 9:30 a.m. for the faithful. *(livestreaming)*

Weekday Liturgies – as scheduled

MEMBERSHIP AT ST. ATHANASIOS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-647-680-2415

Parish Council Trustee – Arun Raj Phone: (306-515-1987)

E-mail: daris.cherian@gmail.com

E-mail: rajarunpaul@gmail.com



Saturday, September 11th, The Ukrainian Catholic Eparchy of Saskatoon, Covid Committee with Bishop Bryan met to discuss the current Covid-19 situation. Due to the increased number of Covid cases in Saskatchewan the masks mandatory is temporarily implemented for all persons attending Liturgy. They are not insisting on tracking and collecting telephone numbers. They are not asking for people to register in advance since there is no limitation to the number of people who can be in church.

This became effective Monday, Sept 13, 2021.

- ❖ Mask is mandatory in church
- ❖ Self-Screen using the COVID-19 Health Screening Questionnaire prior to entering facilities.
- ❖ Practice good hand hygiene.
- ❖ Stay home when sick and return once symptom free.

СЛАВА ІСУСУ ХРИСТУ! СЛАВА НАВІКИ!

GLORY BE TO JESUS CHRIST! GLORY BE FOREVER

Today we are celebrating the grads from 2020 and 2021. All are invited to the auditorium for coffee, juice, cookies and socializing. We will be serving cake in honour of the grads.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.



As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

Glory Be To Jesus Christ! Glory Be Forever!
Слава Ісусу Христу! Слава на віки!

SUNDAY AFTER THE EXALTATION OF THE CROSS

FIRST ANTIPHON: My God, my God, look upon me, why have You forsaken me? Why can't my sinful words reach You, my salvation.

Through the prayers of the Mother of God, O Saviour, save us.
When I cry to You during the day, O my God, You do not listen, and there is no rest for me at night.

Through the prayers of the Mother of God, O Saviour, save us.
Nonetheless You are there in the holy place, O Israel's boast.
Through the prayers of the Mother of God, O Saviour, save us.

Glory be to the Father. . . Only Begotten Son. (pg. 23)

THIRD ANTIPHON: Regular 3rd Antiphon but with the following response: *O Son of God, crucified in the flesh, save us who sing to You: Alleluia*

TROPAR OF THE EXALTATION (Tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

SUNDAY TROPAR (Tone 8): You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 8): When You rose from the tomb, You also raised the dead and resurrected Adam. Eve exults in Your resurrection, and the ends of the world celebrate Your rising from the dead, O most merciful One.

INSTEAD OF "HOLY GOD...": To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

PROKIMEN (Tone 8): Pray and give praise to the Lord our God.

VERSE: In Judea God is known; His name is great in Israel.

EPISTLE: A reading from the letter of St. Paul to the Galatians (2:16-20)

Brothers and Sisters! Knowing that a man is not justified by legal observance but by faith in Jesus Christ, we too have believed in him in order to be justified by faith in Christ, not by observance of the law; for by works of the law no one will be justified. But if, in seeking to be justified in Christ, we are shown to be sinners does that mean that Christ is encouraging sin? Unthinkable! If, however, I were to build up the very things I had demolished, I should then indeed be a transgressor. It was through the law that I died to the law, to live for God. I have

been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave himself for me.

ALLELUIA VERSE: Come, let us rejoice in the Lord; let us acclaim God our Savior. Let us come before His countenance with praise and acclaim Him with psalms.

GOSPEL: (Mark 8:34-9:1)

At that time He summoned the crowd with his disciples and said to them: "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and gospel's will preserve it. What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life! If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

INSTEAD OF 'IT IS TRULY RIGHT...': My soul, extol the venerable cross of the Lord. O Mother of God, you are a hidden paradise which mysteriously brought forth Christ by whom a life-giving tree of the cross has been planted on earth. Today this cross is being exalted, and we, adoring it, glorify You.

COMMUNION HYMN: The Light of Your face, O Lord, is raised over us.
Praise the Lord from the heavens, praise Him in the highest.
Alleluia! Alleluia! Alleluia!

LITURGICAL SCHEDULE September 20 – September 26, 2021
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Monday, September 20 - Post-feast of the Exaltation of the Cross; Holy Great-Martyr Eustathius and those with him (276-82); Holy Martyrs and Confessors for the Faith, the Grand Prince Michael, and His Nobleman Theodore, Wonderworkers of Chernihiv (1245); [Ephesians 4:25-32](#); [Luke 3:19-22](#)
10:00 p.m. Private Cemetery Service at Riverside
6:30 p.m. Children Akathist in praise of God's creation followed by Catechism

Tuesday, September 21 - The Leave-taking of the Feast of the Exaltation of the Cross; Holy Apostle Codratus of Magnesia (249-52); [Ephesians 5:20-26](#); [Luke 3:23-4:1](#)
10:00 a.m. Divine Liturgy for health

Wednesday, September 22 - Holy Priest-Martyr Phocas, Bishop of Sinope (98-117); Holy Prophet Jonah (786-46 BC); Venerable Jonah the Presbyter, Father of Theophanes, Composer of Canons, and Theodore the Branded; [Ephesians 5:25-33](#); [Luke 4:1-15](#)
10:00 a.m. Divine Liturgy for God's blessing and good health for Francis Soroski (birthday), requested by anonymous **livestreaming**

Thursday, September 23 - The Conception of the Honourable and Glorious Prophet, Forerunner and Baptist John; [Galatians 4:22-31](#); [Luke 1:5-25](#)

10:00 a.m. Divine Liturgy for repose of the soul of Bill Soroski, requested by aunt Francis Soroski
livestreaming
6:30 p.m. PCM

Friday, September 24 - Holy First-Martyr and Equal-to-the-Apostles Thekla; Abstention from meat and foods that contain meat. [Ephesians 6:18-24](#); [Luke 4:22-30](#)
7:00 p.m.- 9 p.m. Youth meeting at St.Basil's Parish

Saturday, September 25 - Our Venerable Mother Euphrosyne; [1 Corinthians 15:39-45](#); [Luke 4:31-36](#)
1:00 p.m. Divine Liturgy and Graves blessing in Hodgeville

Sunday, September 26 - Eighteenth Sunday after Pentecost, Tone 1; The Passing of the Holy Apostle and Evangelist John the Theologian; [2 Corinthians 9:6-11](#); [Luke 5:1-11](#)
9:15 a.m. Rosary livestreaming
9:30 a.m. Divine Liturgy for faithful **livestreaming**
3:00 p.m. Divine Liturgy in Glentworth

Today, we celebrate our high school graduates from the last two years. We wish our graduates all the best in their studies, future careers and personal lives. Thank you for joining us with your prayers and good wishes.

2020:

Natalia Baran, Tristan Braconnier, Sean Gordon and Reid Wilchoway

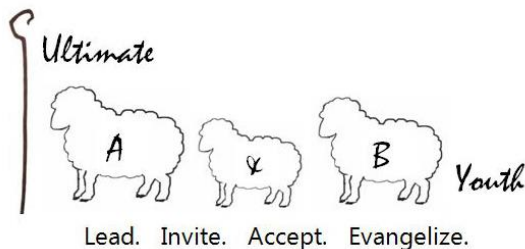
2021:

Abigail Derow, Breanna Romanow

POPE'S PRAYER INTENTION FOR SEPTEMBER: *Universal intention – An environmentally sustainable lifestyle.* We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

SEPTEMBER FOOD BANK ITEM – SOUP

Youth and Young Adult News



ULTIMATE A & B YOUTH

Are you in grades 7 to 12? Have you checked out our youth group? Well now's the chance!

The theme for this year is Awaken!

Our first event is Friday, September 24 from 7:15pm to 9:15pm at St. Basil's Parish Centre. The event will consist of fellowship, team building activities, and a mini reflection. RSVP by September 23, 2021 to Lesia at the email below.

The purpose of these events is to enable the youth to share their gifts with others, encourage them to discover their purpose with God and build relationships within our parishes.

Other dates include: Friday, October 29, Friday, November 19, and Friday, December 10, 2021.

Invite a friend or two to join in for any or all the events!

Check out the bulletin board for all the youth event dates and other information.

If you have any questions, please email Lesia Lazurko, Youth and Young Adult Coordinator, at ultimateaandb@hotmail.com.

YOUNG ADULTS



Are you age 18 to 35? Have you heard about our young adult group? If not, now's the time!

Our purpose is to foster spiritual growth, build relationships and empower ourselves to find our role as vibrant members while we encounter God in our parish community.

Our first event will be a WYD 2021: Vigil Walk hosted by the Archdiocese of Regina on Saturday, October 2 from 2:00pm to 12:15 am (Sunday). We will leave Regina at 2pm from Resurrection Parish and travel out to the Kronau Grotto. There, we will have catechesis, small group discussions, Mass, supper, adoration & reconciliation, a vigil walk (6-8 km with 2/3 stops along the way for a prayer experience), hot dogs/hot chocolate, praise party and board the buses back to Regina at 12:15am.



Please see the bulletin board with a poster for the event and how to register.

Other dates include: Sunday, November 7 and Friday, December 10, 2021.

Check out the bulletin board for more information on future dates. If you have any questions, please email Lesia Lazurko, Youth and Young Adult Coordinator, at ultimateaandb@hotmail.com.

GREETERS FOR SEPTEMBER & OCTOBER 2021

September 19	Maggie Stephen & Len Markewich
September 26	Terry & Rosanne Miller
October 3	Mark & Karen Woitas
October 10	Carl & Linda Korchynski
October 17	Maggie Stephen & Bernice Bzdell
October 24	Terry & Rosanne Miller
October 31	Kevin Korchinski & Len Markewich



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

KNIGHTS OF COLUMBUS – FAMILY BRUNCH

Sunday, September 26th, 2021 following 10:00am Divine Liturgy at St. Basils Parish Center 1717 Toronton St., Regina, SK. Cost: Adults - \$12.00, 9 -14 - \$6.00 and 8 and under Free.

Donations For the Food Bank & Coats 4 Kids will be accepted at church/hall.

COATS FOR KIDS



Help keep kids warm this winter by donating gently used winter items or contact a K of C Brother to give a monetary donation for new coats.



ATTENTIONS SENIORS (55 YEARS OLD AND OVER)

Our St. Athanasius Seniors Club is looking for a President and a Secretary. Positions are available as soon as possible. The positions may hold meetings at own discretion. Please contact Fr. Vasyl @306-519-9030 or Angie Lawryk @ 306-591-3702.

ANNOUNCING:

Covenant of Care/Safeguarding 2020 Training Update Who needs to complete safeguarding training?

All persons including clergy, religious, staff or volunteers who work in Eparchial ministries organizations, or affiliated organizations or parishes/parish organizations, who are in positions of trust. The Safeguarding policy p. 8-9



(<https://www.skeparchy.org/wordpress/wp-content/uploads/2020/10/Eparchial-Safeguarding-Policy-Final-Version-06-October-01-2020.pdf>) defines positions of trust as follows:

A 'trust' position will include those:

- *working in an unsupervised setting where ministry, food, transportation or other necessities could be provided to minors and/or vulnerable adults,*
- *having access to confidential information, and/or*
- *being entrusted with control of keys, church property and money.*

Trust positions also include, but are not limited to, Children's or Youth Ministry (including all camps, volunteer driving, Altar Server or Children of Mary Programs, Children's/Youth Choirs,

Catechism and Sacramental Prep), and Eucharistic/Pastoral Care Ministry to the sick and shut-ins.

Registration Forms & FAQ (if you are unsure about whether you need to be trained, what type of training it is and how it can be accomplished) can be found on our Eparchial website at:

<https://www.skeparchy.org/wordpress/about-us/policies-and-procedures/eparchial-safeguarding-policy-covenant-of-care-electronic-communication-and-technology-abuse-and-misconduct-policy/>

Send your completed training Registration Form to Deborah Larmour at:
covenantofcare@skeparchy.org

LIFE CHAIN: Please join us as we prayerfully witness to the dignity and importance of all life on Sunday, Oct 3, 2:00 to 3:00pm. This year, we will be meeting on the west side of Albert St in the green space by the Large Grasshopper just off Leopold Cr. We will maintain protocols (if any), grab signs and distance out along Albert St for our hour of prayerful witness to LIFE. Please bring your own hand sanitizer and masks, if you wish to wear them. Due to restrictions, we are unable to offer food or drinks. Please, park on the west side of Albert St on or around Leopold Cr and not in the Museum parking lot.



ST. PETER'S CHURCH HALL: Harvest Music Fest, Sunday, September 26 at 2:00pm. Admission \$10.00. If you would like more information regarding this event, *please* refer to the poster on the bulletin board in the auditorium.

NOTICE: Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group setting, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

September 12: 25 Sunday donation envelopes - \$790; 3 Building Fund envelopes - \$100; 2 Beatifications – Canonizations - \$50; 2 Visitor envelopes - \$50; Loose Change - \$20.
E-Transfers: 4 Sunday donations - \$180; 2 Building Fund donations - \$100; 1 Beatifications - Canonizations - \$20.

THANK YOU to St. Athanasius Seniors for the donation of \$1000.00 to the parish.





OUR LADY OF GUADALUPE PILGRIMAGE & TOUR to Mexico City "Enculturated 2022"– February 10 – 19, 2022 with Bishop Bryan Bayda, CSsR. Journey with San Juan Diego to meet Our Lady on the Hill of Tepeyac! Meditate on the mystery of the miraculous tilma in the Basilica! Be uplifted by thousands of people on a Sunday morning! Experience enculturated evangelization! Come home understanding how powerful Our Lady's appearance truly was and is today! **Land Package & Registration: **Double/triple occupancy \$2100/person; *Single occupancy \$2400.** Land package includes hotel accommodation, breakfasts & dinners at the Hotel Villa Quijotes near the Shrine. Also includes English speaking tour guide with group van

transportation (includes group to/from airport). **Pilgrim's expenses include** travel/health insurance, lunches, tips for maids & waiters, mass offerings & donations, shopping, personal needs, personal requests to tour guide, free time expenses, museum & pyramid admission (\$10 approx.). **Group Airfare & Insurance:** Michael Bayda, Lobstick Travel 1-800-665-0171; mike@lobsticktravel.com

Registration: \$100.00 (nonrefundable deposit) to hold your spot; **\$1,000.00 (\$1150 single)** required by **October 31, 2021**. Balance of **\$1,000.00 (\$1150 single)** required by **November 30, 2021**. **Contact:** Teresa Bodnar-Hiebert all5hieberts@gmail.com



"Memories of Father Wolodymyr Iwaszko" **Book Project Update**



To honour and preserve the memory of Reverend Mitrat Wolodymyr Iwaszko, the Youth and Young Adult Ministry of the Ukrainian Catholic Eparchy of Saskatoon, in cooperation with the youth from Sambir (Ukraine), have launched several projects. Fr. Iwaszko was a simple priest who left an enduring legacy of selfless service to God, country and community, - especially to youth in Canada and in Ukraine.

Nearing completion is the first project- a book that will include Fr. Wolodymyr's memoirs, which he wrote at the age of 85. Many photographs and much material has been collected and compiled, documenting how his life story serves as an inspiration to all he touched; reflecting how his memory remains forever in the hearts and minds of those fortunate enough to have known him.

We invite you to be part of this monumental project by making a donation towards the publication of the book. Any financial support is sincerely welcomed! Donors will be listed in the book.

Please make your cheque payable to "Ukrainian Catholic Eparchy of Saskatoon" indicating that your donation is towards the "Memories of Fr. Iwaszko Project – Book." Mail to:

Chancery Office – 214 Avenue M South, Saskatoon, SK S7M 2K4. A charity receipt will follow.

If you have any questions or require more information regarding this project, please contact Viktoriia Marko, Director of Fr. Iwaszko Projects, at 306-914-0355 or email uwitness2youth@skeparchy.org. Thank-you!

Bishop Ken Nowakowski is currently in the hospital in London suffering from COVID. Please remember Bishop Ken in your prayers for a speedy recovery and return to good health.



SEASON OF CREATION

From the Office of Human and Environmental Development Program
- Dr. Lesya Sabada, Coordinator

An Eastern Christian Point of View on the Season of Creation

"Where there is no vision, the people will perish" Proverbs 29:18

The ecological vision of the Eastern Church is grounded in the Biblical and Patristic understanding of the interrelation and reciprocity outlined in the five main points below:

- 1) Creation is an ecological order involving unity, diversity, interdependence, hierarchy, and harmony.
- 2) Human nature is both integrally part of the order of creation, and at the same time, there is something in our nature - our Divine image – that transcends the created order, making us both responsible for creation as priests and stewards and dependent upon it in our kinship with all life.
- 3) The nature of the relationship of human nature with the order of nature is one of dynamic reciprocity; that is, what humans are and what humans do is central to sustaining or the destruction of order and harmony in nature.
- 4) Metanoia – change of heart followed by a change of life is key to all earth keeping and care for creation. If human nature is integral to the order of nature, then disorder in nature can be restored only by order in human beings.
- 5) The human energy that creates, sustains, and restores order in nature is the energy of sacrificial love, grounded in *ascesis* – self-discipline.

Links:

- [Season of Creation 2021 Calendar & Info>>](#)
- [Season of Creation Prayer Guide>>](#)
- [Season of Creation Educational Kit>>](#)
- [Season of Creation Action Guide>>](#)

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



Icon of the Crucifixion of Christ

The Glory of the Cross

A hardened criminal was moved from his prison cell to solitary confinement because he deserved additional punishment. In the corner of his new cell, he saw something wedged into the corner of the room. Upon closer inspection, he discovered that it was a copy of the New Testament left there by the inmate before him. Out of curiosity, he began reading the Scriptures for the first time in his life and was drawn again and again to the account of our Lord's suffering and crucifixion.

Our Lord suffered on the cross for the good of many. Thinking of his own present sufferings, the inmate then wondered how his own life would have been different if he had used all of his energies for good instead of evil. Then he realized that even he was among the many for whom Jesus died on the Cross! Because of the Cross, the inmate repented and found a place for God in his life!

The Cross is the instrument of Christ's suffering and passion. However, it is also the Trophy of Victory and the means by which Christ conquered death by His death. The Feast of the Exaltation of the Cross placed before us this most profound mystery of suffering and its undeniable paradox: that in death there is life, and that in suffering there is glory. As we continue to celebrate this holy feast, may we turn our own sufferings over to Jesus and ask Him for the grace to bear them with resignation to His divine will - for those who bear the Cross are also sheltered by it.

FUNERALS AT OUR PARISH

When a parishioner dies, it is important that we honour the deceased with a Christian Funeral. It is essential that you contact the Parish Priest to let him know that the person has died and then contact a local funeral home for the funeral arrangements.

The Funeral Service

Usually, a *Parastas* and/or *Panakhyda* (memorial service also called Prayers) is served the evening before the funeral. On the day of the funeral, while at Roman Catholic Church a Mass for the Deceased is celebrated, in Ukrainian Catholic Tradition the Funeral (Burial) Service is celebrated, therefore, a Divine Liturgy or Eucharist is not attached to it.

Divine Liturgy for the Deceased are celebrated after the burial in the Ukrainian church and may be served 3, 9, days after and 40 days and 1 year service etc.

The Funeral (Burial) Service of Our Church is deeply impressive, as well as truly meaningful and uplifting. It is profoundly moving, based in the Psalms, various hymns and a blessing of the body. The celebration is a truthful meditation on life and death, reminding us how precious and short life is and how it should be spent in union with God.

Cremation

The Church sincerely recommends that the pious custom of burial be retained; but it does not forbid cremation, unless this is chosen for reasons which are contrary to Christian teaching (*Canon 876, §3*).

If the cremation is preferred because of certain circumstances, please make sure you are familiar with the current teaching of the Church and the Eparchial policy regarding it. The Eparchial Funeral directives about cremation are more or less the same as those of Roman Catholics.

In any case, the decision to cremate should never be taken hurriedly and always in consultation with your parish priest.

The Catholic Church strongly recommends that the funeral service should be performed in the presence of the body of the deceased before it is cremated. The presence of the body over which the church community is praying is an essential and deeply meaningful feature of the Church's funeral rites.

Most parishioners are familiar with our funeral customs but if you are unsure, you can always contact the Parish Priest who will answer any questions you may have.

