



**Sunday, January 9, 2022**

**ST. ATHANASIUS UKRAINIAN  
CATHOLIC CHURCH  
55 MCMURCHY AVENUE  
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak  
Cell Phone: 306-519-9030

E-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)

**Parish Office:** 306-543-8008

**E-mail:** [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)

**Website:** [www.st-athanasius.ca](http://www.st-athanasius.ca)

**Facebook:** <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Kevin Korchinski

Cell phone (call or text) @ 306-539-3935

UCWLC President - Josie Vantour

UCBC President - Mark Woitas

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**E-mail:** [kevin@osac.ca](mailto:kevin@osac.ca)

Seniors' Club President – Angie Lawryk

Ultimate A&B Youth - Lesia Lazurko

**ROSARY: Sunday – 9:10 a.m. (livestreaming)**

**DIVINE LITURGY: Sunday - 9:30 a.m. for the faithful. (livestreaming)**

**Weekday Liturgies – as scheduled**

**Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule**

**MEMBERSHIP AT ST. ATHANASIUS PARISH** is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

**Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.**

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: [daris.cherian@gmail.com](mailto:daris.cherian@gmail.com)

E-mail: [abru.arun@gmail.com](mailto:abru.arun@gmail.com)



Effective Friday, September 17, The Government of Saskatchewan announced Mandatory Masking for all indoor Public Spaces.

- ❖ Mask is mandatory in church
- ❖ Self-Screen using the COVID-19 Health Screening Questionnaire prior to entering facilities.
- ❖ Practice good hand hygiene.
- ❖ Stay home when sick and return when you are healthy.

OCTOBER 1<sup>ST</sup>, Saskatchewan government has implemented a proof of vaccination requirement in public places. Places of worship **DO NOT** require proof of vaccination.

*Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. All are invited to the auditorium for coffee, juice, cookies and socializing.*

CHRIST IS BAPTIZED!

Христос Хрещється!

IN THE RIVER JORDAN!

У Ріці Йордані!



**TO ALL PARISHIONERS:** During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

## SUNDAY AFTER THEOPHANY

**FIRST ANTIPHON:** When Israel came forth from Egypt, the house of Jacob from a people of alien tongue.

*Through the prayers of the Mother of God, O Saviour save us.*

Judah became His sanctuary, Israel His domain.

*Through the prayers of ...*

The sea beheld and fled, Jordan turned back.

*Through the prayers ...*

Why is it, O sea, that you flee? O Jordan, that you turn your back?

*Through the prayers ...*

Glory be to the Father... (P. 23 of Liturgy books)

**THIRD ANTIPHON:** Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

*Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia!* Let us come before His face with praise, and acclaim Him in psalms.

*Son of God, baptized ...*

For God is the great Lord and the great king over all the earth.

*Son of God, baptized...*

**TROPAR (Tone 8):** You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

**FESTIVE TROPAR (Tone 1):** At your baptism in the Jordan, O Lord, worship of the Trinity was revealed; for the Father's voice bore witness to You, calling You his beloved Son, and the Spirit in the form of a dove confirmed the truth of these words. O Christ God, who appeared and enlightened the world, glory be to You!

Glory be the Father, and to the Son, and to the Holy Spirit, now and forever and ever.  
Amen!

**KONDAK (Tone 4):** Today You have revealed Yourself to the universe, and Your light O Lord has shone upon us who spiritually sing to You: You have come and revealed yourself, O inaccessible light.

**PROKIMEN (Tone 1):** Let Your mercy, O Lord, be upon us, as we have hoped in You.

*Verse: Rejoice in the Lord, O you just; praise befits the righteous.*

**EPISTLE:** A reading from the Holy Apostle Paul to Ephesians (4: 7-13)

Brothers and Sisters! Each of us has received God's favor in the measure in which Christ bestows it. Thus you find Scripture saying: "When he ascended on high, he took a host of captives and gave gifts to men." "He ascended," what does this mean but that he had first descended into the lower regions of the earth? He who descended is the very one who ascended high above the heavens, that he might fill all men with his gifts. It is he who gave apostles, prophets, evangelists, pastors and teachers in roles of service for the faithful to build up the body of Christ, till we become one in faith and in the knowledge of God's Son, and form that perfect man who is Christ come to full stature.

**ALLELUIA VERSE:** *God gives me vindication, and has subdued peoples under me.*

*Making great the salvation of the king, and showing mercy to His anointed, David, and to His posterity forever.*

**GOSPEL:** Matthew 4:12-17

At that time, when the Lord heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled: "Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles, the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen." From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

**INSTEAD OF 'It Is Truly Right...':** O my soul, glorify Christ the King baptized in the River Jordan. No tongue has the power to fittingly extol you; and even a supernatural mind is powerless to glorify you, O Mother of God. But in your graciousness, accept our faith because you know our holy ambition; for you are the protectress of Christians, and we extol you.

**COMMUNION HYMN:** The grace of God has appeared, offering salvation to all men.

Praise the Lord from the heavens, Praise Him in the highest. Alleluia! Alleluia! Alleluia!

**INSTEAD OF 'Blessed is He who comes...':** *"We have seen the true light..."; and, "Blessed be the name...." -*

*"All creation is filled with rejoicing today, for Christ is baptized in the Jordan!"*

## LITURGICAL SCHEDULE January 10 – January 16, 2022

**Monday, January 10** - Post-feast of Theophany; Our Holy Father Gregory, Bishop of Nyssa (after 394); [Hebrews 8:7-13](#); [Mark 8:11-21](#)

6:30 p.m. Catechism

Blessing of homes

**Tuesday, January 11** - Post-feast of Theophany; Our Venerable Father Theodosius, Founder of the Cenoebitic Monastic Life (529) [2 Corinthians 4:6-15](#); [Matthew 11:27-30](#)

10:00 a.m. Divine Liturgy for repose of the soul of Josephine Mackow, requested by Harry Mackow

Blessing of homes

**Wednesday, January 12** - Post-feast of Theophany; the Holy Martyr Tatiana [Hebrews 10:1-18](#); [Mark 8:30-34](#)

10:00 a.m. Divine Liturgy for the repose of the soul of +Andrew Sereda, 40 day memorial, requested by Cathy Jabusch – *livestreaming*

Blessing of homes

**Thursday, January 13** - Post-feast of Theophany; the Holy Martyrs Hermylus and Stratonikus (313-24) [Hebrews 10:35-11:7](#); [Mark 9:10-16](#)

**10:00 a.m. Divine Liturgy** for the repose of the soul of +Bernice MacDougall, requested by St. Athanasius Seniors – **livestreaming**  
Blessing of homes

**Friday, January 14** - Leave-taking of the Feast of the Holy Theophany; Our Venerable Fathers Massacred in Sinai and Rhaithu (c. 370); [Hebrews 11:8,11-16](#); [Mark 9:33-41](#)

**10:00 a.m. Divine Liturgy** for repose souls of +Anna and +William Koszman, third anniversary, requested by the family - **livestreaming**  
Blessing of homes

**Saturday, January 15** - Our Venerable Fathers Paul of Thebes (312-37) and John the Hut-Dweller (465-74) [Ephesians 5:1-8](#); [Luke 14:1-11](#)

No service scheduled

**Sunday, January 16** – 30<sup>th</sup> Sunday after Pentecost; Tone 1; The Veneration of the Precious Chains of the Holy and Illustrious Apostle Peter [Colossians 3:12-16](#); [Luke 18:18-27](#)

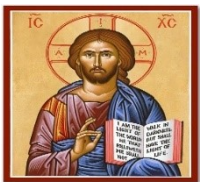
**9:10 a.m. Rosary livestreaming**

**9:30 a.m. Divine Liturgy** for faithful **livestreaming**

**1:30 p.m. Divine Liturgy** in Moose Jaw

**POPE's PRAYER INTENTION FOR JANUARY:** For true human fraternity – *We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.*

**JANUARY FOOD BANK ITEM – Rice**



**2022 Julian and Gregorian Calendars are available at the parish. We have a limited amount of calendars therefore we encourage one calendar per family. If you know of someone who is in a care home or is not comfortable to attend church but would like a calendar, please do not hesitate to take a calendar for them.**



**BLESSING OF HOMES:** The blessing of homes begins in January after the Feast of Holy Theophany and is carried out until February 2<sup>nd</sup>. By His Baptism in the River Jordan, Christ sanctified the waters. It is at this time of year that sanctification is brought to our homes, to us and to our loved ones. We keep this tradition of having our homes blessed by our Parish Priest every year in



**faith that God blesses all of us during this New Year with health and salvation.**


**Please call Fr. Vasyl at [306-519- 9030](tel:306-519-9030) to schedule your home blessing.**

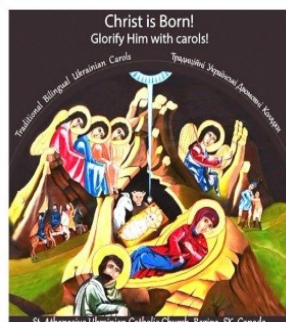


**2022 SUNDAY DONATION ENVELOPES** are available for pick up during scheduled Divine Liturgy services or during office hours, Tuesday – Thursday, 10:00 a.m. – 2:00 p.m. Please phone 306-543-8008 during office hours to arrange for pick up of your donation envelopes. If there is an error or if you did not receive a set of envelopes, please contact the office. Also, we would appreciate if you could include your e-mail address and any changes to your current address on your first donation envelope.



**CHRISTMAS MEMORIAL TREE:** Once again the memorial tree is set up in the front foyer. Christmas is a time to spend with loved ones, family and friends, and to remember those who are no longer with us in person but are with us in spirit. If you wish to donate, you may do so by placing your money and family names in the marked envelopes at the back of the church and then placed in the Sunday collection basket. E-Transfers are accepted, please indicate in the message field the names of the deceased member/members for whom you are donating. Fr. Vasyl will have the Panakhyda for all those departed family and friends on Wednesday, January 26, 2022 at 10:00 A.M. **(All funds received will be deposited into the St. Athanasius Building Fund).**

 <b>JANUARY GREETERS</b> 	
January 9	Mark & Karen Woitas
January 16	Carl & Linda Korchynski
January 23	Len Markewich & Kevin Korchinski
January 30	Maggie Stephen & Bernice Bzdell



**Christmas CD “Christ is Born! Glorify Him with Carols” by St. Athanasius Choir, Regina:** Our Choir Christmas CD recorded in 2020 by the St. Athanasius Choir are available at our parish. Enjoy traditional Ukrainian Christmas Carols sung in both Ukrainian and English! Join with us in your own homes in the caroling! Let’s be together in Spirit this Holy Season! Please, contact us at <mailto:stathanasius@sasktel.net>

Here is an example of Carols: <https://st-athanasius.ca/nl/carols-cd-2020/>



**SUNDAY COFFEE:** Do you enjoy socializing after Sunday Liturgy? There is a need to have people volunteer each Sunday. Please, help when you can. Also, there is still the need for someone to chair the Sunday coffee duties. If you have questions about what is involved, please speak to Linda Korchynski.

**Attention UCWLC Members:** Your 2022 membership is due by February 27<sup>th</sup>. \$20.00. New members welcome.

Questions? Please contact Josie Vantour 306-347-0631, [jmvantour@sasktel.net](mailto:jmvantour@sasktel.net), or Marie Brigidear 306-949-7493, [mariebrigidear@accesscomm.ca](mailto:mariebrigidear@accesscomm.ca).

### Clothing, Contests and Charitable Knights... Thank you!

The students and staff from St. Augustine Community School sincerely thank the Knights of Columbus Bishop Budka Council #5914 and the parishioners from St. Basil's and St. Athanasius for their generosity and kindness. Before Christmas, the Knights provided opportunities for the students to participate in a Soccer Challenge in which each classroom awarded top participants certificates, an art contest for students to represent 'Keeping Christ in Christmas', and they provided many bags of clothing for students and their families. Being such a challenging year, the prayers, the opportunities for activity, and the warm clothing were so appreciated by everyone. Thank you for your partnership with the School. The St. Augustine Community is very grateful and keep you in their prayers too. They wish both parish families God's many blessings, mercy, and protection in the New Year.

The school also thanks Father Warren and Father Vasyl for hearing confessions to help our students prepare their hearts for Christmas. Thank you!



**NOTICE:** Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to [stathandeposit@sasktel.net](mailto:stathandeposit@sasktel.net). PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

**JANUARY 2:** 20 Sunday donation envelopes - \$825; 13 Initial Offering envelopes - \$220; 1 Building Fund envelope - \$20; 1 Memorial Tree envelope - \$150; Loose Change - \$20; 1 CD donation - \$20.

**E-Transfers – 4 Regular donations - \$600; 1 Initial Offering - \$20.**

## Ultimate A & B Youth Presents. . . A Youth “Lock-In” Retreat!

Are you in grades 7-12 and are looking to attend a 24-hour Lock-in Retreat?

Well now's your chance!

This year's lock-in takes place **Friday, January 28, 2022 @7pm to Saturday, January 29, 2022 @ 6pm** at **St. Basil's Parish Centre (1717 Toronto Street, Regina)**.

This year's theme will be “Awaken”. Activities for the two days include: group activities, spiritual sessions, guest speaker, and so much more. Our guest speaker for this year is: Deacon Lamont Dyck.

**The cost for the event will be \$10.** This will cover all the meals and activities.

The registration deadline is **Sunday, January 23, 2022.** Upon registration, participants will receive a registration package that will include the following documents: registration form, waiver, media release, COVID-19 procedures, and a detailed schedule.

**Note: We will continue to monitor the COVID-19 situation and inform the participants registered of any changes. During the retreat, all participants and volunteers must follow the COVID-19 procedures set out. If there is a change in the current public health orders, we will re-consider our decision of a two-day event and maybe change to a one day event.**

If you are interested in attending or would like more information, please contact Lesia Lazurko (Ultimate A & B Youth Coordinator) at [ultimateaandb@hotmail.com](mailto:ultimateaandb@hotmail.com).







We are very excited to hear that St. Michael's Camp at Madge Lake is having their Winter Camp this year for ages 9-15 from Feb 21-26th, 2022 at cost of \$300.

This camp has limited spots, therefore hurry up to register your children so they could spend fruitfully their February break with friends and God growing in faith and having fun. You will receive a confirmation email with a packing list and activity sheet once your registration is received. To register please email us at [stmichaelscamp@sasktel.net](mailto:stmichaelscamp@sasktel.net). Activities include downhill skiing, cross-country skiing, skating, Madge Lake snow maze, snowshoeing, toboggining and much more winter fun!!

The camp is also looking for camp counsellors right now and a camp director. If you feel you would like to serve in this ministry, please let us know.

**RPLA RESPECT FOR LIFE NOVENA JAN 21-29:** Please join RPLA in praying this 9-day novena for an end to the culture of death. **Novena:** Father and maker of all, you adorn all creation with splendor and beauty, and fashion human lives in your image and likeness. Awaken in every heart reverence for the work of your hands and renew among your people a readiness to nurture and sustain your precious gift of life. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen. Our Lady of Guadalupe, pray for us. **Concluding Prayers:** Our Father, 3 Hail Mary's, and a Glory Be.



**UCPBA: UKRAINIAN LANGUAGE CLASSES – Ukrainian Language Program Sponsored by the Ukrainian Self-Reliance League of Canada, Regina Branch [UOMA/TYC] Second Semester from January – May, 2022. In person classes will be held at Selo Gardens Classroom, 1106 McNiven Ave., Regina SK. For more information or to register, please contact: Svitlana Kenyuk, [kensvit83@gmail.com](mailto:kensvit83@gmail.com).**



**UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN  
GRANT FUND PROGRAM – 2021 DISTRIBUTION OF FUNDS**

The Ukrainian Catholic Foundation Grant Fund was established from the proceeds of sale of the Sheptytsky Institute building. The investment income earned on this fund is distributed to Parishes/Missions or Eparchial Organizations for various initiatives to assist them in becoming “Vibrant Parishes/Missions/Organizations” within the Eparchy.

The amount of funds available for distribution in 2021 was **\$57,700**. The following is a list of Parishes receiving funding from the Grant Fund:

St. George’s Parish – Prince Albert (Hall Roof Repair)	\$7,500
Dormition of Blessed Mother of God – Saskatoon (Church Window Replacement)	\$5,000
Holy Spirit Parish – Orlow (Church Structure Repair)	\$2,100
St. George’s Cathedral – Saskatoon (Building Fire Code Repair)	\$3,000
SS. Peter & Paul - Bodnari (Church Building Repair)	\$3,500
Sacred Heart Parish – Vonda (Church Window Repair & Replacement)	\$2,500
Sacred Hear Parish – Wynyard (Office Equipment)	\$ 500
St. Demetrius Parish – Holar (Church Restoration Project)	\$5,000
St. John, the Baptist Parish – Arran Vesna (Cemetery Identification Plaque)	\$1,750
SS. Peter & Paul Parish Rama (Church Windows)	\$2,000
St. Athanasius Parish – Regina (Livestreaming Project)	\$1,800
St. Basil’s Parish – Regina (Security System )	\$7,000
St. Mary’s Parish – Yorkton (Post Monastery Demolition Project)	<u>\$16,050</u>
<b>Total 2021 Grant Fund Distributed</b>	<b><u>\$57,700</u></b>

For a complete and detailed information, please visit our website [www.ucfsask.org](http://www.ucfsask.org). The list will be found under the “**Grants**” Tab, with caption of “2021 Grant Fund Program Distribution.”

## SUNDAY AFTER THEOPHANY



This time after the Theophany the Gospel introduces the person and work of John the Baptist, who reveals to his contemporaries a different road to follow, a different path of faith. This path is the path of *conversion*. What does the word ‘conversion’ mean? In the Bible it means to change direction and orientation; and thus also to change one’s way of thinking. It comes from the Greek word “Matanoia” – which means to change one’s way of thinking.

In the moral and spiritual life, to convert means to turn oneself from evil to good, from sin to love of God. And this is what the Baptist was teaching, who in the desert of Judea was “preaching a baptism of repentance for the forgiveness of sins”. Receiving baptism was an outward and visible sign of the conversion of those who had listened to his preaching and decided to repent. That baptism occurred with immersion in the Jordan, in water and it was useless if there was no willingness to repent and change one’s life.

Conversion involves the desire to be free from sins, the intention to exclude them from one’s own life forever. Conversion involves two elements: Detachment from too much worldly things and seeking God and his kingdom. Abandoning a worldly mentality is not an end in itself; it is not a way of living in fear of God and to do penance: a Christian is not like this. To be a Christian means something else. It means of attaining something greater, namely, the Kingdom of God, communion with God, friendship with God.

For some people of our time the word Conversion can even recall a discouraging thought. It is not that they don’t want to be good Christians or people who don’t want believe. Many would like to go that different path of conversion, to change a way of thinking, but they feel they cannot do it? One could ask - what to do in this case?

First of all, we should remind ourselves that conversion *is a grace*: no one can convert by his or own strength. It is a grace that the Lord gives you, and thus we need to forcefully ask God for it. To ask God to convert us, that we can truly convert, to the degree in which we open ourselves up to the beauty, the goodness, the tenderness of God. Think about God’s tenderness. God is not a bad father, an unkind father, no. He is tender. He loves us so much, like the Good Shepherd, who searches for the last member of his flock.

This is the way we should understand the word conversion as a grace of God who is with us. We don’t have to search for God but to open ourselves to Him. Like the shepherd’s ad Magi were open to receive the message of God, beginning a different path of faith, because it is God who moves us to a different path in order to open ourselves to Him, to his Word, to his love which restores and saves.