E-mail: daris.cherian@gmail.com

E-mail: abru.arun@gmail.com



ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3

E-mail: vasyltymishak@gmail.com

Parish Priest: Fr. Vasyl Tymishak

Cell Phone: 306-519-9030

Parish Office: 306-543-8008 E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: https://facebook.com/reginaukrainiancatholicnorth/live

Parish Council President – Len Markewich
UCWLC President – Iryna Baran
UCBC President - Mark Woitas

Cell phone (call or text) : 306-536-4252
Seniors' Club President – Angie Lawryk
Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Sunday - 9:30 a.m. for the faithful. (livestreaming)

Weekday Liturgies - as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies - As per the schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by <u>participating</u> in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in <u>contributing</u> to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

June 5, 2022 Vol. 50, No. 23

Although masks are not mandatory in our parish, we encourage you to continuing wearing a mask!

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. All are invited to the auditorium for coffee, juice, cookies and socializing.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture

the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not

be captured.

Please join our services by visiting our website and clicking on the Livestream icon: https://st-athanasius.ca/ or on Facebook:

https://facebook.com/reginaukrainiancatholicnorth/live

May/June Greeters		May/June Tabulators
June 5	Maggie Stephen & Bernice Bzdell	John Dmyterko & Walter Brigidear
June 12	Carl & Linda Korchynski	Len Markewich & Karen Woitas
June 19	Kevin Korchinski & Maggie Stephen	Carl Korchynski & Rosanne Miller
June 26	Terry & Rosanne Miller	Art Wytrykush & John Dmyterko

PENTECOST SUNDAY

(After "Blessed be the Kingdom..." all kneel and sing the following) SPECIAL HYMN: Heavenly King, Advocate, Spirit of Truth, Who are everywhere present and fill all things, Treasury of Blessings, Bestower of Life, come and dwell within us; cleanse us of all that defiles us, and O Good One, save our souls.

FIRST ANTIPHON: The heavens declare the glory of God, and the firmament proclaims his handiwork.

Through the prayers of the Mother of God, O Saviour, save us.

Day pours out the word to day, and night to night imparts knowledge.

Through the prayers ...

Through all the earth their voice resounds and to the ends of the world, their message.

Through the prayers ...

Glory be...now and forever...: Only Begotten Son...

THIRD ANTIPHON: O Lord, in your strength the king is glad; in your victory how greatly he rejoices.

TROPAR (Tone 8): Blessed are You, O Christ our God. You filled the fishermen with wisdom, sending down upon them the Holy Spirit. Through them You have caught the whole world in your net. O Lover of Mankind, glory be to You!

You have granted him his heart's desire; you refused not the wish of his lips.

Blessed are you, O Christ our God. . . .

For you welcomed him with godly blessings. you placed on his head a crown of pure gold.

Blessed are you, O Christ our God. . . .

SMALL ENTRANCE: Be extolled, O Lord, in your strength! We will sing, chant the praise of your might.

Blessed are you, O Christ our God. . . .

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

KONDAK (Tone 8): When the Most High descended and confused tongues, He scattered the people; but when He distributed the tongues of fire,* He called all to unity. Therefore, with one voice, let us praise the most Holy Spirit.

INSTEAD OF "Holy God ..." Amen: All you who have been baptized into Christ have put on Christ. Alleluia! (3x) Glory be to the Father, and to the Son and to the Holy Spirit; now and forever and ever. Amen. Have put on Christ. Alleluia! All you, who have been baptized into Christ, have put on Christ. Alleluia!

PROKIMEN (Tone 8): Through all the earth their voice resounds, and to the ends of the world, their message.

Verse: The heavens declare the glory of God, and the firmament proclaims his handiwork.

EPISTLE: A reading from the Acts of the Apostles (2: 1 -11)

When the day of Pentecost came it found them gathered in one place. Suddenly from up in the sky there came a noise like a strong, driving wind which was heard all through the house where they were seated. Tongues as of fire appeared which parted and came to rest on each of them. All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. Staying in Jerusalem at the time were devout Jews of every nation under heaven. These heard the sound, and assembled in a large crowd. They were much confused because each one heard these men speaking his own language. The whole occurrence astonished them. They asked in utter amazement, "Are not all of these men who are speaking Galileans? How is it that each of us hears them in his native tongue? We are Parthians, Medes, and Elamites. We live in Mesopotamia, Judea and Cappadocia, Pontus, the province of Asia, Phrygia and Pamphylia, Egypt, and the regions of Libya around Cyrene. There are even visitors from Rome -- all Jews, or those who have come over to Judaism; Cretans and Arabs too. Yet each of us hears them speaking in his own tongue about the marvels God has accomplished."

ALLELUIA VERSES: By the word of the Lord the heavens were made; by the breath of his mouth all their host.

From heaven the Lord looks down; he sees all mankind.

GOSPEL: John 7:37 – 52, 8:12

On the last and greatest day of the festival, Jesus stood up and cried out: "If anyone thirsts, let him come to me; let him drink who believes in me. Scripture has it: 'From within him rivers of living water shall flow.' " (Here he was referring to the Spirit, whom those that came to believe in him were to receive. There was, of course, no Spirit as yet, since Jesus had not yet been glorified.) Some in the crowd who heard these words began to say, "This must be the Prophet." Others were claiming, "He is the Messiah." But an

objection was raised: "Surely the Messiah is not to come from Galilee? Does not Scripture say that the Messiah, being of David's family, is to come from Bethlehem, the village where David lived?" In this fashion the crowd was sharply divided over him. Some of them even wanted to apprehend him. However, no one laid hands on him. When the temple guards came back, the chief priests and Pharisees asked them, "Why did you not bring him in?" "No man ever spoke like that before," the guards replied. "Do not tell us you too have been taken in!" the Pharisees retorted. "You do not see any of the Sanhedrin believing him, do you? Or the Pharisees? Only this lot, that knows nothing about the law -- and they are lost anyway!" One of their own number, Nicodemus (the man who had come to him), spoke up to say, "Since when does our law condemn any man without first hearing him and knowing the facts?" Do not tell us you are a Galilean too," they taunted him. "Look it up. You will not find the Prophet coming from Galilee." Jesus spoke to them once again: "I am the light of the world. No follower of mine shall ever walk in darkness; no, he shall possess the light of life."

INSTEAD OF 'It is truly right...': O my soul, extol the One God in three persons. Rejoice, O Queen and glorious Virgin Mother! What orator, rich in eloquence, could find the proper words to fashion a hymn of praise worthy of you? For every spirit shudders before the mystery of your holy birthgiving; and we also unite our voices to glorify you.

COMMUNION HYMN: May your good spirit guide me on level ground. Alleluia! Alleluia!

ATTENTION St. A's SENIORS: There will be a senior's meeting on Thursday, June 9th, in the auditorium. There will be Moleben and liturgy starting at 6:00 with meeting to follow at 7:00. Anyone 55 years and over is welcome to attend. If you have any questions, please feel free to call me 306-591-3702. Angie Lawryk



COFFEE SCHEDULE: Coffee and socializing after Sunday Divine Liturgy has resumed. Please, if you can sign up for a Sunday to serve coffee, juice and cookies this would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having

coffee after Sunday Divine Liturgy and will be discontinued. Also, the parish is looking for someone to be in charge of purchasing supplies for this weekly event. If you have questions, Carl and Linda Korchynski would be able to answer them. Please, help out when you can.

LITURGICAL SCHEDULE June 6 – June 12, 2022

Monday, June 6 - Monday of the Holy Spirit. [A day when the faithful are highly encouraged to participate in the Divine Liturgy]. Ephesians 5:9-19; Matthew 18:10-20
10:00 a.m. Divine liturgy

Tuesday, June 7 - The Holy Priest-Martyr Theodotus of Ancyra (284-305) Romans 1:1-7, 13-17; Matthew 4:25-5:13

10:00 a.m. Divine Liturgy for health and God's blessing upon Oksana's and Yuriy's family

Wednesday, **June 8 -** The Transfer of the Holy Relics of the Holy Great Martyr Theodore Tyro Romans 1:18-27; Matthew 5:20-26

10:00 a.m. Divine Liturgy for the soul of +Beverly Bzdel Kitzel 40 day Memorial, requested by UCWLC of St.Athanasius branch

Thursday, June 9 - Our Holy Father Cyril, Archbishop of Alexandria (444) Romans 1:28-2:9; Matthew 5:27-32

10:00 a.m. Divine Liturgy For health and well-being of Fr. Vasyl & Alla, singers, live-streaming personnel, and altar servers, along with all their families, in thanks - requested by Phyllis Lukey - *livestreaming*

6:00 p.m. Moleben followed by seniors meeting

Friday, June 10 - The Holy Priest-Martyr Timothy, Bishop of Prussa (361-63) Romans 2:14-29; Matthew 5:33-41

No service scheduled

Saturday, June 11 - The Holy Apostles Bartholomew and Barnabas Polyeleos Feast. Romans 1:7-12; Acts 11:19-30; Matthew 5:42-48; Luke 10:16-21

10:00 a.m. Divine Liturgy in Glentworth

1:30 p.m. Divine Liturgy – Praznyk in Hodgeville

Sunday June 12

First Sunday after Pentecost. All Saints Sunday. <u>Hebrews 11:33-12:2</u>; <u>Matthew 10:32-33</u>, <u>37-38</u>; <u>19:27-30</u>

9:10 a.m. Rosary - livestreaming

9:30 a.m. Divine Liturgy for faithful - livestreaming

Parishioners who are unable to attend Sunday Liturgy on a regular basis can now receive Communion in their homes. If you know of someone who is sick or home bound and requires a visit from Fr. Vasyl or one of the Ministers of Communion please contact Fr. Vasyl Tymishak @ 306-519-9030 or the parish office @ 306-543-8008.

POPE's PRAYER INTENTION FOR JUNE: For families

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

JUNE FOOD BANK ITEM - Soup

NOTICE: Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

May 29 Donations: 28 Sunday donation envelopes - \$1175;1 Building Fund envelope - \$20; 2 Visitor envelopes - \$45; 1 Popes Pastoral envelope - \$25; 1 Aid To Ukraine - \$5; Ribbons & Decals - \$5; Loose Change - \$20. E-Transfers - 5 regular donations - \$1105.

NOW THAT COVID restrictions have been lifted and we start to see a return to some normalcy, we are looking for volunteers to be tabulators, (to open and count the envelopes after Sunday Liturgy). There is still time to enjoy a coffee afterwards. All interested ladies and gentlemen are asked to provide their names, e-mail addresses, and phone numbers to Rosanne Miller who will then prepare a schedule. Please contact Rosanne via email at gtmiller@myaccess.ca or by phone at 306-543-5773. No experience necessary as training is available!

HELP TO UKRAINIANS ARRIVING IN REGINA: Fr. Vasyl and the parish office have received calls, emails, and inquiries regarding what help is needed, and how can I help? People are willing to donate/provide housing, food, household goods, toiletries, etc. A database has been created at our parish where the information of the donors and donations are being stored. When a person or family arrives in Regina, we can search the data base for what is needed, and make arrangements to contact the person/people who are willing to provide what is required, and make arrangements to pick the items up. If you wish to be included in this data base, please contact the parish office either by email (stathanasius@sasktel.net) or phone (306-543-8008) and leave your name, and contact information (email, telephone).



ST. A'S APPEAL FOR AID TO UKRAINE

МОЛИСЬ ЗА УКРАЇНУ PRAY FOR UKRAINE

As we witness the horrors occurring throughout Ukraine

many are asking, how they can help.

St. Athanasius has created the Aid for Ukraine Appeal which will continue throughout June. Anyone who wishes to donate can do so in person, using the Aid for Ukraine envelopes available at the church, or online using "Aid for Ukraine Appeal" and your envelope number in the message box. All donations will be included on your 2022 Income Tax receipt. Also, you may e-transfer, to stathandeposit@sasktel.net. Please note, if you are non-parishioner making a donation, please complete the message field stating donation to Aid to Ukraine, your complete name and address so we can mail a receipt to you at the end of the year.

As the needs of millions of refugees continues to evolve, Father Vasyl has asked that we adapt our donations to help those refugees arriving in Regina or forwarded for those in need in Ukraine and we will be working with local and provincial organizations to have those valuable dollars have the maximum impact.

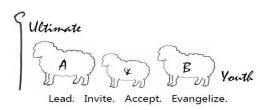
Thank You and God Bless, St. Athanasius Parish Council

NOTICE OF YOUTH YEAR-END WIND-UP!

The Year-end wind-up will take place **Friday**, **June 10 at 7pm.** We will be going to **SkyPark**.

Invite your friends to join us!

Please RSVP to Lesia by noon on Friday, June 10 at ultimateaandb@hotmail.com.



SAVE A DATE ~ SUNDAY, JUNE 26TH. Morris Smysnuik, Executive Director, Ukrainian Catholic Foundation of Saskatchewan will visit our parish and has a presentation about the Ukrainian Catholic Foundation of Saskatchewan.

Pro-Life Personal Prayer Intentions to Pentecost 2022 June 5 - Pentecost

We pray that the Holy Spirit will transform us from frightened disciples into fervent and courageous missionaries for Life. It is this great gift of Your lifegiving power that we pray to receive. "...come and dwell within us, cleanse us all that would defile us, and O Good One, save our souls.



Grad Sunday:

The UCWLC is planning to acknowledge our parish's Grade 12 graduates following liturgy on Sunday, June 12. If you are a parent of a Grade 12 graduate this year, please contact Claudette Stefankiw (306.545.3232), so that further planning may proceed. Thank you!



CRIBBAGE TOURNAMENT
SAT. JUNE 11TH 2022
St. Athanasius Parish Center
55 McMurchy Ave.
10AM – 2:00pm (DOORS OPEN AT 9AM)



\$40 per TEAM (2 Person)
35 % CASH PRIZE of ENTRY FEES COLLECTED FOR WINNING TEAM
10 % CASH PRIZE of ENTRY FEES COLLECTED FOR 2nd PLACE TEAM
5 % CASH PRIZE of ENTRY FEES COLLECTED FOR 3rd PLACE TEAM
\$100 FOR PLAYER HAVING A 29 HAND
THERE WILL BE A 50/50 DRAW
FOOD AND REFRESHMENTS AVAILABLE

REGISTER BY JUNE 6TH - SPACE LIMITED TO FIRST 24 TEAMS -

Mail Team Names, contact # and cheque (payable to St. A's UCBC) to:

UCBC, RR 2 Site 202 Box 19 Regina Sk. S4P 2Z2 For e-transfer payments contact: basilkuzyk@gmail.com
For More Information & to Register Contact:

Basil Kuzyk 306-570-6618
Singles – please contact for spaces

A fundraiser project of At. Athanasius Ukrainian Catholic Brotherhood

PICK UP PEROGY DINNER **FRIDAY JUNE 24**

In support of assisting displaced Ukrainians from Ukraine coming to Regina



\$20.00 per plate includes: Perogies, Cabbage rolls, Shishliki, Salad & Dessert



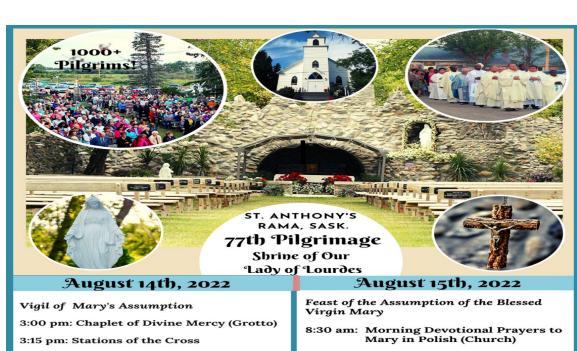
Dinner Pick up from 4-6pm Friday, June 24th 1305 – 12th Ave Descent of the Holy Spirit Ukrainian Orthodox Church

All dinners by preorder ONLY

To order call or text Wayne: (306) 537-5656 E-transfer:w.hydeman@sasktel.ne for pre-order & pickup

Sponsored by:

Descent of the Holy Spirit Ukrainian Orthodox Church Ukrainian Orthod ox Men's Association & Ukrainian Women's Association of Canada



4:30 pm: Supper (Book by Aug 2nd. Call: 593-6120)

6:00 pm: Hymns of Praise to Mary (Filipino Choir)

6 - 7:45 pm: Confessions & anytime priests

8:00 pm: Celebration of the Holy Eucharist with Archbishop Don Bolen

**Living Rosary, Candlelight Procession, **Exposition & Adoration of The Blessed Sacrament

9:00 am: Mass in Polish (Church)

10:00 am: Divine Liturgy in the Byzantine Rite ~ Very Rev. Joakim Rac

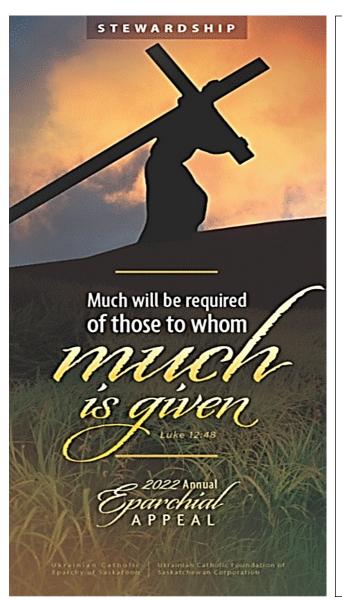
11:30 am: Final Mass ~

- *Anointing of the Sick & Aged. * Blessing for Plenary Indulgence * Blessing of Religious Articles

*Like Rama Grotto on Facebook & Twitter

**Website: www.RamaShrine.ca





"For much will be required of those to whom much is given" (Luke 12:48).

Today marks the close of the 2022 Annual Eparchial Appeal. Our Parish, the Eparchy & The Ukrainian Catholic Foundation of Saskatchewan want to say a *HEARTFELT THANK YOU* to all who have made a gift to this Annual Eparchial Appeal to support the Eparchial Ministries & Programs. Please be confidently assured that your gift will be used to support ministries and programs that were identified in the 2022 Annual Eparchial Appeal literature.

If you have not yet made your pledge/gift, there is still time to do so. We recognize that there are many worthy charitable causes that you can support. However, for sustaining our faith, there are not many that are as important or as critical as the support of our Ukrainian Catholic Church in Saskatchewan. We ask you to prayerfully, and with faith, please consider making a gift to the Appeal.

Thank you again for your generosity and for your attentiveness to our call for funds to the 2022 Annual Eparchial Appeal. May God Bless you abundantly with His Grace, Mercy, and Blessings.

A full report of the funds raised in the 2022 Annual Eparchial Appeal will be provided just as soon as the final accounting is completed.

If you have any questions or comments regarding the Annual Eparchial Appeal or the Foundation itself, please contact the **Foundation Office** at 306-653-0138, ext 223.

Ukrainian Catholic Foundation of Saskatchewan

www.ucfsask.org.

email: admin@ucfsask.org



Love in the Kitchen: A Recipe for Holiness

The dinner table and the kitchen aren't just for making memories – they're where saints are created. This Corpus Christi weekend, June 18-19, Chalice is inviting everyone, from aspiring chefs to those who just like to eat (or enjoy a drink!), to a free online event, **Love in the Kitchen: A Recipe for Holiness.** Discover why our Catholic faith should have a place at every meal. Register today at chaliceevents.org/love-in-the-kitchen. Bon Appétit!

May 2022 Parish Council Highlights

Hello everyone,

As a way to improve communication with all of you as St. Athanasius Parishioners we will be including a brief recap of the recent Parish Council meeting. If there is other information you would like to know about do not hesitate to contact Parish Council.

Financial Update

Inquiries regarding the balance of accounts is available by contacting the Parish office.

Business Arising

- The **website** re development continues as Father and the developer continue working on improvements. If you, or someone you know, would be interested in joining our Livestream Team we are looking for people to help. Full training is available.
- **Security Cameras** The cameras have been installed at the rectory and will be installed at the Parish Complex in the coming weeks.
- The **photo icon** project for the front lobby continues to be developed with progress slowed as the artist is volunteering with the war effort.
- Restarting Coffee we have restarted coffee after Sunday Liturgy. Please sign up to serve
 coffee as it can only happen with your support. There will not be coffee if no one is signed up
 to help.
- **Support for Ukraine –** The donations are noted weekly in the bulletin your generosity is very much appreciated, and Father Vasyl has begun the process of distributing funds.
- **Mask Policy –** while the Provincial mandates have expired, St. Athanasius will continue to encourage mask wearing while entering the Parish and during Liturgy however they are not required. Please respect everyone's choice regarding masks.
- **Seminarian** The Eparchy notified St. Athanasius and St. Basils that Regina will be home to a Seminarian and his family for a year starting sometime this summer. While there will be some financial costs to our Parish \$300 per month he will be able to assist with our Parish needs as well.
- **Tabulators** Parish Council has created a list of tabulators to count the donation envelopes on Sundays. Please see the notice in the bulletin on how you can help. There is always room for more to help.
- Aid to Ukraine/request for fundraiser update St. Michael's Orthodox Church in Regina would like to thank St. Athanasius for the use of the hall and kitchen for their fundraiser for aid to Ukraine. Special Thanks to Roseanne Miller as well as the UCBC for all of their work to make this a success.

- **Photo Directory** - St. Athanasius will be doing a new Photo Directory – the first in 10 years! The dates will be Sept. 30th to Oct. 1st and Oct. 31st(during the day only) to Nov. 2^{nd.} Please watch the bulletin for updates and more information in the coming weeks.

Other News and Business

New Business

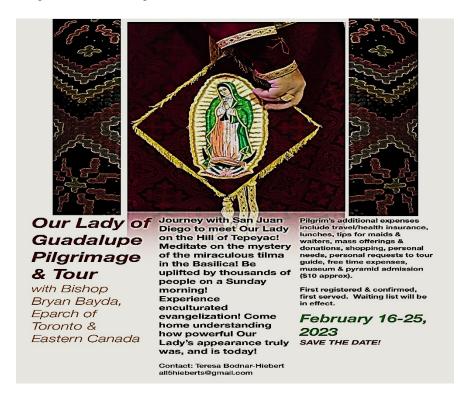
- Father has booked his vacation from July 1st-21st/2022. Father Ivan will have liturgy for July 3^{rd.} Father Leonid Malkov from Yorkton will be substituting on July 10th and 17th. Father Warren and Father Daris will be available for emergencies.
- **The Eparchial Appeal** is underway. The goal is \$250,000 for the Eparchy, our parish goal is \$14,000 which works out to about \$110 per household. Please give if you are able.
- **Eparchial recommendation for Aid to Ukraine** There are about \$11,000 presently to distribute for aid to Ukraine, and likely more coming in to add to this amount. Father would like to set up a committee to help him with the distribution of the funds. There is more organizations set up now to aid Ukraine as options. Another option can be to help refugees that are coming here to Saskatchewan. Father will be contacting parishioners to help him in the near future so please offer to help if you can.
- Rectory the Spring melt resulted in water seeping into the basement of the rectory. Some work will be required at the rectory to repair drywall and baseboards due to water seepage in the basement. Also, the carpets will need to be cleaned. There is also work to be done in the backyard to ensure the drainage is correct. Also if anyone has a used couch / sectional they no longer are using the Rectory could use a different one in the basement. Your donation would be appreciated.
- **Lawn Care** Matthew Markewich will again be doing the grass cutting at the rectory and church complex.
- **Bishop Bryan Farewell** St Athanasius will do a presentation to Bishop Bryan at his farewell. It has been decided to give him a framed photo of the Iconostas and a monetary donation. Fr. Vasyl will make the presentation.

Thanks for your continued support.

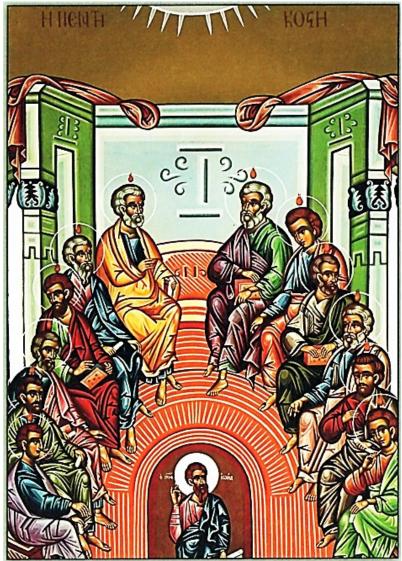
St. Athanasius Parish Council



OUR LADY Of GUADALUPE PILGRIMAGE & TOUR With Biship Bryan Bayda – February 16 -25, 2023



SUNDAY OF PENTECOST – THE HOLY TRINITY



The Works of the Holy Spirit

The titles given to the Holy Spirit must surely stir the soul of anyone who hears them, and make him realize that they speak of nothing less than the Supreme Being. Is He not called the Spirit of God, the Spirit of truth who proceeds from the Father, the steadfast Spirit, the guiding Spirit?

The Spirit is the source of holiness, a spiritual light, and He offers His own light to every mind to help it in its search for truth. By nature the Spirit is beyond the reach of our mind, but we can know Him by His goodness. The power of the Spirit fills the whole universe, but He gives himself only to those who are worthy, acting in each according to the measure of his faith.

Simple in Himself, the Spirit is manifold in His mighty works. The whole of His being is present to each individual; the whole of His being is present everywhere. Like the sunshine, which permeates all the atmosphere, spreading over land and sea, and yet is enjoyed by each person as though it were for him alone, so the Spirit pours forth His grace in full measure, sufficient for all, and yet is present as though exclusively to everyone who can receive Him.

The Spirit raises our hearts to heaven, guides the steps of the weak, and brings to perfection those who are making progress. He enlightens those who have been cleansed from every stain of sin and makes them spiritual by communion with Himself.

From the Spirit comes foreknowledge of the future, understanding of the mysteries of faith, insight into the hidden meaning of Scripture, and other special gifts. Through the Spirit we become citizens of heaven, we enter into eternal happiness, and abide in God.

St. Basil the Great