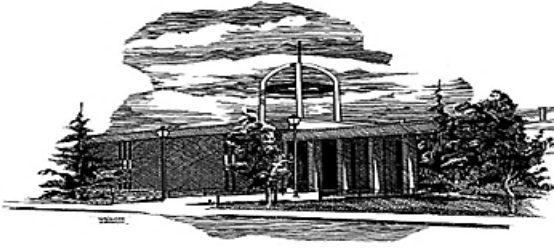


Sunday, September 18, 2022

**ST. ATHANASIOS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**



Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich

Cell phone (call or text) : 306-536-4252

UCWLC President – Iryna Baran

Seniors' Club President – Angie Lawryk

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – James Empey, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)

DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

MEMBERSHIP AT ST. ATHANASIOS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

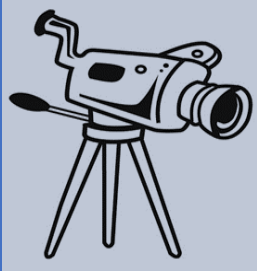
St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

E-mail: daris.cherian@gmail.com

Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: abru.arun@gmail.com



TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not

be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

SEPTEMBER GREETERS		SEPTEMBER TABULATORS
Sept 18	Mark & Karen Woitas	Walter Brigidear & Karen Woitas
Sept 25	Maggie Stephen & Bernice Bzdell	Cliff Rakochy & Linda Korchynski

SEPTEMBER ROSARY		SEPTEMBER READERS
Sept 18	Luminous Byzantine: Nicole Stephaniuk	Nicole Stephaniuk
Sept 25	Joyful: Bernice Bzdell	Len Markewich

Glory Be To Jesus Christ! Glory Be Forever! Слава Ісусу Христу! Слава на віки!

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

- Fifteenth Sunday After Pentecost

FIRST ANTIPHON: My God, my God, look upon me, why have You forsaken me? Why can't my sinful words reach You, my salvation.

Through the prayers of the Mother of God, O Saviour, save us.

When I cry to You during the day, O my God, You do not listen, and there is no rest for me at night.

Through the prayers of the Mother of God, O Saviour, save us.

Nonetheless You are there in the holy place, O Israel's boast.

Through the prayers of the Mother of God, O Saviour, save us.

Glory be to the Father. . . Only Begotten Son. .

THIRD ANTIPHON: Regular 3rd Antiphon with the following refrain:

O Son of God, crucified in the flesh, save us who sing to You: Alleluia!

TROPAR (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You.

TROPAR OF THE EXALTATION (Tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and forever and ever. Amen.

KONDAK (Tone 6): With His life-giving hand Christ our God, the Giver of life, raised all the dead from the murky abyss and bestowed resurrection upon humanity. He is for all the Savior, the resurrection and the life, and the God of all.

INSTEAD OF: "Holy God...": To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

PROKIMEN (Tone 6): Save Your people, O Lord, and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

EPISTLE: A reading from the letter of the Holy Apostle Paul to the Galatians (2: 16-20)

Brothers and Sisters! Knowing that a man is not justified by legal observance but by faith in Jesus Christ, we too have believed in him in order to be justified by faith in Christ, not by observance of the law; for by works of the law no one will be justified. But if, in seeking to be justified in Christ, we are shown to be sinners does that mean that Christ is encouraging sin? Unthinkable! If, however, I were to build up the very things I had demolished, I should then indeed be a transgressor. It was through the law that I died to the law, to live for God. I have been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave himself for me.

ALLELUIA VERSES: *He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.*

He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

GOSPEL: Mark 8:34 – 9:1

At that time He summoned the crowd with his disciples and said to them: "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and gospel's will preserve it. What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life! If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

INSTEAD OF "It Is Truly Right...": My soul, extol the venerable cross of the Lord. O Mother of God, you are a hidden paradise which mysteriously brought forth Christ by whom a life-giving tree of the cross has been planted on earth. Today this cross is being exalted, and we, adoring it, glorify You.

COMMUNION HYMN: The Light of Your face, O Lord, is raised over us.
Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

POPE's PRAYER INTENTION FOR SEPTEMBER: *For the abolition of the death penalty.*
We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.

SEPTEMBER FOOD BANK ITEM – Soup

LITURGICAL SCHEDULE September 19– September 25, 2022

Monday, September 19 - Post-feast of the Exaltation of the Cross; Holy Martyrs Trophimus, Sabbatius and Dorymedontus (276-82); [Galatians 4:28-5:10](#); [Mark 6:54-7:8](#)
6:30 pm Children's Divine Liturgy (Blessing for Ron & Cynthia Misko) **and Catechism**

Tuesday, September 20 - Post-feast of the Exaltation of the Cross; Holy Great-Martyr Eustathius and those with him (276-82); [Galatians 5:11-21](#); [Mark 7:5-16](#)
10:00 am Divine Liturgy for Glenda and Kevin Korchinski
6:30 pm Marriage Preparation

Wednesday, September 21 - The Leave-taking of the Feast of the Exaltation of the Cross; Apostle Codratus (249-52); [Galatians 6:2-10](#); [Mark 7:14-24](#)
12:00 pm Divine Liturgy at Campion College (University of Regina)
6:30 pm Liturgical Service followed by UCBC Meeting

Thursday, September 22 - Holy Priest-Martyr Phocas, Bishop of Sinope (98-117); [Ephesians 1:1-9](#); [Mark 7:24-30](#)
6:30pm Divine Liturgy (intention for health of John Molema, Brenda & Tom Molema, Viola & Rick Parisan, requested by Alice Andrusiak) **followed by Parish Council Meeting**

Friday, September 23 - The Conception of the Honourable and Glorious Prophet, Forerunner and Baptist John; [Galatians 4:22-31](#); [Luke 1:5-25](#)
No service scheduled

Saturday, September 24 - Holy First-Martyr and Equal-to-the-Apostles Thekla; [1 Corinthians 10:23-28](#); [Matthew 24:34-44](#)
No service scheduled

Sunday September 25 - Sixteenth Sunday after Pentecost. Tone 7; [2 Corinthians 6:1-10](#); [Matthew 25:14-30](#)
9:10 a.m. Rosary - livestreaming
9:30 a.m. Divine Liturgy for faithful - livestreaming
1:30 p.m. Divine Liturgy in Moose Jaw

NOTICE: Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

September 11: Donations: 35 regular Sunday envelopes - \$1130; 2 Building Fund envelopes - \$50; 4 Visitor envelopes - \$95; 1 Beatification envelope - \$20; 1 Loose change - \$65.

E-Transfer Donations: 2 donations - \$55.

THANK YOU to Art Wytrykush and his daughter Suzanne for organizing and hosting the St. Athanasius Golf Tournament last weekend! A great time was had by all. Some amazing drives and putts! Also thank you to all who helped prepare, serve and clean up following our Fall welcome Parish barbecue! Was great to see everyone out enjoying some fellowship and a great meal! Was great to see all our parish organizations participate! God Bless all of you for your continued support and participation!

PHOTO DIRECTORY – St. Athanasius will be doing a new Photo Directory. The latest directory in 10 years. The dates will be Friday, September 30th, Saturday, October 1st, Monday, October 24th, Tuesday, October 25th, Monday, October 31st, Tuesday, November 1st, & Wednesday, November 2nd. There will be sign up sheets available after liturgy for you to indicate the time and date that will work the best for your photo session. Also, you may receive a phone call with the information regarding the photo directory. The parish would like full participation from all St. Athanasius parishioners.

St. Athanasius Seniors Club is in need of a president as soon as possible. This club cannot be run without a president therefore if no one comes forth, the St. Athanasius Seniors Club will be folding. Everyone enjoys the time for gathering and socializing with other seniors. If you would like to get involved and require information about becoming the president, please contact Fr. Vasyl or Angie Lawryk at 306-591-3702 by the end of September.

WELCOME BACK YOUTH AND YOUNG ADULTS

We are excited to get the 2022-23 events started.

The first event of the year will take place **Friday, September 30 from 7-9pm in the "Gathering Room"** located on the upper floor of the St. Basil's Parish Centre (1717 Toronto St).

We invite the youth (grades 7-12) and their families, along with the young adults (age 18 and older) for an evening of games, activities and fellowship.

To ensure there is enough food and drinks, we would appreciate it if you are able to RSVP for the event by Thursday, September 29 to Lesia and Maggie at ultimateaandb@hotmail.com.

YOUTH LEADERSHIP TEAM

We are looking for individuals to join the Ultimate A & B Youth leadership team. The leadership team is responsible for planning and executing various events during the year, outreach, communicating at parish council meetings and so much more!

If you are interested or would like more information, please reach out to Lesia/Maggie at ultimateaandb@hotmail.com.

**З ПОВЕРНЕННЯМ!
МОЛОДЬ І ДОРОСЛА МОЛОДЬ**
Ми раді розпочати молодіжні зустрічі 2022-2023 р.

Перша зустріч відбудеться в п'ятницю, 30 вересня, з 7 до 9 вечора в «Залі збору», розташованому верхньому поверсі парафіяльного центру Святого Василя: the St. Basil's Parish Centre (1717 Toronto St).

Запрошуємо молодь (7-12 класи) та їхні сім'ї, а також молодь (віком від 18 років і старше) на вечір ігор, заходів та спілкування.

Щоб забезпечити достатню кількість їжі та напоїв, ми будемо вдячні, якщо ви зможете підтвердити вашу присутність до четверга, 29 вересня. Будьласка надішліть вашу відповідь на захід Лесі та Меррі на емейл: ultimateaandb@hotmail.com. Для більш детальної інформації звертайтеся до о.Василя Тимішака.

МОЛОДІЖНА ЛІДЕРСЬКА КОМАНДА

Ми шукаємо людей, які б приєдналися до команди лідерів Ultimate A & B Youth. Керівна команда відповідає за планування та проведення різноманітних заходів протягом року, інформаційно-роз'яснювальну роботу, спілкування на засіданні парафіяльної ради та багато іншого!

Якщо ви зацікавлені або хочете отримати додаткову інформацію, будь ласка, зв'яжіться з Лесею /Меррі на емейл: ultimateaandb@hotmail.com



HELP TO UKRAINIANS ARRIVING IN REGINA: *Fr. Vasyi and the parish office have received calls, emails, and inquiries regarding what help is needed, and how can I help? People are willing to donate/provide housing, food, household goods, toiletries, etc. A database has been created at our parish where the information of the donors and donations are being stored. When a person or family arrives in Regina, we can search the data base for what is needed, and make arrangements to contact the person/people who are willing to provide what is required, and make arrangements to pick the items up. If you wish to be included in this data base, please contact the parish office either by email (stathanasius@sasktel.net) or phone (306-543-8008) and leave your name, and contact information (email, telephone).*



COFFEE SCHEDULE: We are in desperate need of people to sign up to serve coffee, juice and cookies, after Sunday Divine Liturgy. If no one has signed the schedule sheet for a Sunday, NO coffee or socializing will be happening. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy. and will be discontinued. Also, the parish is looking for someone to be in charge of purchasing supplies for this weekly event. If you have questions, Carl and Linda Korchynski would be able to answer them. Please, help out when you can. Your **HELP** would be very much appreciated.



Country Gospel Sing-a-Long
Sunday, September 25th
2:00 p.m.
100 Argyle St. Regina. South
Entrance



to church hall. Wheelchair accessible. Everyone is welcome.

Admission is freewill offering. 50/50 tickets sold. Masks are optional.

Sing with Free Spirit



Win a Weekend Get-Away
Valued at \$4175

at St. Michael's at Madge
in Saskatchewan's beautiful
Duck Mountain Provincial
Park

Cash prize of \$3000 if unable
to use free stay. Any available



date can be used until December 31, 2023

Raffle Tickets - \$20 each

50/50 Tickets - 5 for \$10 or 20 for \$20

Draw Date: October 2, 2022, at 4:00 PM at Christ the Teacher Catholic Schools Office, 45A Palliser Way, Yorkton, SK

Maximum 3500 Tickets Sold

For more information regarding the raffle refer to the poster on the bulletin board in the auditorium.

EMPLOYMENT OPPORTUNITY

Executive Director

UKRIANIAN CATHOLIC FOUNDATION OF SASKATCHEWAN (UCFSASK)

The Board of Directors of the Ukrainian Catholic Foundation of Saskatchewan invites applications for the position of ***Executive Director***.

We are seeking a highly motivated and ethical professional who will lead our organization in generating funds to achieve stewardship and fundraising goals of the Eparchy of Saskatoon.

Please visit our website at www.ucfsask.org to view the detailed job profile and more information about how to apply for this position. Deadline for applications is September 26, 2022

Ukrainian Catholic Foundation of Saskatchewan Corporation is an organization under the auspices of the Ukrainian Catholic Eparchy of Saskatoon whose primary objective is to develop, organize and implement fundraising initiatives and programs for the purposes of enhancing Eparchial programs.



Bible Study with Fr. Gregory Hrynkiw starts again on Tuesday, September 20 at 6:30 p.m. In person class is at Dormition of Mother of God Parish 120 -105 St. West Saskatoon, SK. To receive WebEX invitation contact: rel.ed@sasktel.net or (306)652-1718 or (306) 380-8509 or (306)270-4920. Invitations will be sent out on Tuesday afternoon

Bible Study DATES:

No class on October 4

Last Class before Christmas December 13, 2022

NO CLASSES IN JANUARY, 2023

Classes resumes February 7

No classes April 4 & 11

Class resume April 18

Last day of class June 13

HOW TO REGISTER:

Visit our online Participation Registration Form:



OUR SUPPORTERS



Ukrainian Catholic Eparchy of Saskatoon
Ukrainian Greek-Catholic Eparchy of Saskatoon

Annual
Eparchial
Appeal



"Be a Light For All to See" (Matthew 5:16)



CYLA

CATHOLIC YOUTH
LEADERSHIP ACADEMY



Catholic Youth Leadership Academy | CYLA
YouTube Trailer

youtu.be/s8DmYe87a8



Contact Info



Viktorina Marko
Parish Social Media Minister

Ukrainian Catholic Eparchy of Saskatoon
Saskatoon, SK
306-914-8355
cyask22@gmail.com



Ursulines of St. Angela's Convent
Educating for Life

@CYLASK

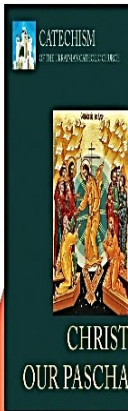
AGES 14 - 18



CATHOLIC
YOUTH
LEADERSHIP
ACADEMY

What is CYLA?

CYLA is a leadership training program based on the Salesian program called Animating, We Learn. Educational Tools for Young Animators (Salesian program of St. John Bosco), developed by Marco Durando & Alberto Martelli. This program has been adapted for our Canadian youth and our Byzantine Ukrainian Catholic faith.



CYLA

Fall of 2022, running for 1 year.

Who is the Program For?

CYLA is for individuals aged 14-18



Saint John Bosco

What our Program Looks Like:

CYLA will consist of four weekends
(Friday night to Sunday afternoon)

CALLING - Why am I starting this adventure?

Date: SEPTEMBER 23 - 25, 2022
Location: TBD

TOGETHER - Relationships & Leadership

Date: NOVEMBER 18 - 20, 2022
Location: TBD

GET READY - Preparedness for the Ministry

Date: MARCH 10 - 12, 2023
Location: TBD

GO - Missionary Discipleship

Date: MAY 26 - 28, 2023
Location: TBD



Our Goals Are:

To form young leaders who will serve our parishes, camps, and places of need.

To evangelize and form missionary disciples who will inspire and courageously profess their Faith.

To equip them with the knowledge of our Byzantine Ukrainian Catholic tradition (based on the UGCC Catechism "Christ - Our Pascha")

To build a unique inspiring community of young people who love Christ and want to follow the footsteps of the missionary spirit of Holy Mary.

STEWARDSHIP

UKRAINIAN CATHOLIC FOUNDATION OF SASKATOON

2022 ANNUAL EPARCHIAL APPEAL REPORT

The 2022 Annual Eparchial Appeal initiative is now complete. The Foundation would like to say a huge **THANK YOU** to all the Parish Families who so generously contributed to this year's Annual Eparchial Appeal. We also want to say a huge **THANK YOU** to the many, many Parish Families who continue to contribute year after year to the Annual Eparchial Appeal. For this we are extremely grateful. Certainly, our success would not have been possible if it were not for the support, hard work, effort, and commitment to this Annual Eparchial Appeal by many people.

The total funds raised in the 2022 Annual Eparchial Appeal was \$111,804.00. The amount rebated to Parishes that exceeded their goal totaled \$300.00. As noted in the information provided below, the Eparchy will receive \$91,804.00 that will be allocated towards the following Eparchial Ministries that were identified as recipients of this support. In addition, the Foundation will be allocated \$20,000 as part of the financial goals identified to offset the expenses incurred in conducting the 2022 Annual Eparchial Appeal.

INITIATIVES/PROGRAMS FUNDED BY THE APPEAL

ALLOCATION

Ukrainian Catholic Religious Education Centre

\$39,914.78

Family and Life Office Ministry

\$15,965.91

Youth and Young Adult Ministry

\$7,982.96

St. Matthew Clergy Society

\$9,978.70

Bishop Roborecki Foundation

\$7,982.96

Eparchial Communications Office

\$9,978.70

TOTAL AMOUNT TO THE EPARCHY OF SAKATOON

\$91,804.00

In 2022, the participation rate of the family units in the Eparchy who contributed to the Annual Eparchial Appeal was 20%, as compared to 25% in 2021, 22% in 2019, 22% in 2018, 22% in 2017, 30% in 2016 and 33% in 2015. The Annual Eparchial Appeal was not conducted in 2020 due to the COVID-19 pandemic.

It is our hope that the participation numbers of the number of Parish Families contributing to the Annual Eparchial Appeal continues to grow in the 2023 Annual Eparchial Appeal. We are hopeful that more Parishioners will see the important significance that their donation will make in the growth and continuance of our Ukrainian Catholic Church and Faith in Saskatchewan.

Thank you, again, for your generous support, and we hope that we can call on you again to be just as abundant, both in time and talent, during the 2023 Annual Eparchial Appeal. We will continue to stand together in faith and hope for our Church.

Blessings to All Our Faithful!

Ukrainian Catholic Foundation of Saskatchewan

Much will be required
of those to whom

much
is given
Luke 12:48

2022 Annual
Eparchial
APPEAL

LEARN:

TO READ
ЧИТАТИ

TO WRITE
ПИСАТИ

TO CONVERSE
РОЗМОВЛЯТИ

THE CULTURE
КУЛЬТУРА

THE CUSTOMS
ЗВИЧАЇ

THE TRADITIONS
ТРАДИЦІЇ

Sponsored By:

Ukrainian Orthodox
Men's Association
(UOMA/TYC), Regina
Branch

With
Financial Assistance
From:



Ukrainian Canadian Congress
– Regina Branch

Ukrainian Canadian
Congress – Saskatchewan
Provincial Council



Saskatchewan Association
of International Languages

SUS Foundation of
Canada



Ukrainian Classes

УКРАЇНСЬКІ
КЛАСИ

for
**Adults
and
Youth**

**September 2022
to
May 2023**

For more information
or to register, please contact:
Svitlana Kenyuk
at 639-571-3447 or
kensvit83@gmail.com

UKRAINIAN LANGUAGE CLASSES

BEGINNERS

MONDAYS

Starting: September 12, 2022

INTERMEDIATE

TUESDAYS

Starting: September 13, 2022

ADVANCED

WEDNESDAYS

Starting: September 14, 2022

DETAILS FOR ALL CLASSES

Time: 7:00 p.m. – 9:00 p.m.

Cost: \$75/person/semester +
materials

(Semester 1 – Sept-Dec 2022)
(Semester 2 – Jan-May 2023)

Location:

In person classes will be held at
Selo Gardens Classroom
1106 McNiven Avenue
Regina SK

*In case of new COVID restrictions in-
person classes may be changed to
online via Zoom and/or a hybrid
combination of in-person and online.*

Instructor: Svitlana Kenyuk

BIOGRAPHY OF SVITLANA

Svitlana Kenyuk was born in Kolomyia,
Ivano-Frankivsk region, Ukraine.

After graduating from high school, she
studied at Kolomyia Pedagogical
College where she received her
Bachelor of Pedagogy degree followed
by studies at the Prekarpathian
University completing a Master degree
as a primary school teacher.

From 2002-2004, while still living in
Ukraine, Svitlana worked as a
Kindergarten teacher. She also worked
from 2004-2014 as a elementary
school teacher at School #8.

Svitlana immigrated to Canada in
October 2014. She worked for the
Balgonie Early Learning Centre until
2018 and now is employed as a
teacher in the Catholic School Division
in Regina.

Offering of classes will be subject on a sufficient number of
students registering for classes.

Cheques are to be made payable to
"UOMA Regina" or "TYC Regina"

The Glory of the Cross

A hardened criminal was moved from his prison cell to solitary confinement because he deserved additional punishment. In the corner of his new cell, he saw something wedged into the corner of the room. Upon closer inspection, he discovered that it was a copy of the New Testament left there by the inmate before him. Out of curiosity, he began reading the Scriptures for the first time in his life and was drawn again and again to the account of our Lord's suffering and crucifixion.

Our Lord suffered on the cross for the good of many. Thinking of his own present sufferings, the inmate then wondered how his own life would have been different if he had used all of his energies for good instead of evil. Then he realized that even he was among the many for whom Jesus died on the Cross! Because of the Cross, the inmate repented and found a place for God in his life!

The Cross is the instrument of Christ's suffering and passion. However, it is also the Trophy of Victory and the means by which Christ conquered death by His death. The Feast of the Exaltation of the Cross placed before us this most profound mystery of suffering and its undeniable paradox: that in death there is life, and that in suffering there is glory. As we continue to celebrate this holy feast, may we turn our own sufferings over to Jesus and ask Him for the grace to bear them with resignation to His divine will - for those who bear the Cross are also sheltered by it.

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



Icon of the Crucifixion of Christ