E-mail: daris.cherian@gmail.com



ST. ATHANASIUS UKRAINIAN CATHOLIC CHURCH 55 MCMURCHY AVENUE REGINA SK. S4R 3G3

E-mail: vasyltymishak@gmail.com

Parish Priest: Fr. Vasyl Tymishak

Cell Phone: 306-519-9030

Parish Office: 306-543-8008 E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: https://facebook.com/reginaukrainiancatholicnorth/live

Parish Council President – Len Markewich Cell phone (call or text) : 306-536-4252

UCWLC President – Iryna Baran UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus - Curtis Stechyshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (*livestreaming*) DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies - as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies - As per the schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by <u>participating</u> in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in <u>contributing</u> to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302) E-mail: abru.arun@gmail.com

Everyone is invited to the Grey Cup Brunch being held today after the Divine Liturgy hosted by the UCBC. Tickets are available at the door.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture



the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with that website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not

be captured.

We have completed the installation of our security system for the parish complex and rectory. Please be advised there is 24 hour video coverage of the church facility and rectory.

Please join our services by visiting our website and clicking on the Livestream icon: https://st-athanasius.ca/ or on Facebook:

https://facebook.com/reginaukrainiancatholicnorth/live

NOVEMBER GREETERS		NOVEMBER TABULATORS
Nov. 13	Mark & Karen Woitas	Karen Woitas & John Dmyterko
Nov. 20	Terry & Rosanne Miller	Rosanne Miller & Art Wytrykush
Nov. 27	Maggie Stephen & Bernice Bzdell	Cliff Rakochy & Walter Brigidear

NOVEMBER ROSARY		NOVEMBER READERS
Nov. 13	Glorious: John Makuch	John Makuch
Nov. 20	Byzantine Joyful: Karen Woitas	Karen Woitas
Nov. 27	Joyful: Louise Makuch	Louise Makuch

Glory Be To Jesus Christ! Glory Be Forever! Слава Ісусу Христу! Слава на віки!

TWENTY - THIRD SUNDAY AFTER PENTECOST

TROPAR (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 6): With His life-giving hand Christ our God, the Giver of life, raised all the dead from the murky abyss and bestowed resurrection upon humanity. He is for all the Savior, the resurrection and the life, and the God of all.

PROKIMEN (Tone 6): Save Your people, O Lord, and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

EPISTLE: A reading from the letter of the Holy Apostle Paul to the Ephesians. (2: 4 - 10)

Brothers and Sisters! God is rich in mercy; because of his great love for us he brought us to life with Christ when we were dead in sin. By this favor you were saved. Both with and in Christ Jesus he raised us up and gave us a place in the heavens, that in ages to come he might display his kindness to us in Christ Jesus. I repeat, it is owing to his favor that salvation is yours through faith. This is not your own doing, it is God's gift; neither is it a reward for anything you have accomplished, so let no one pride himself on it. We are truly his handiwork, created in Christ Jesus to lead the life of good deeds which God prepared for us in advance.

ALLELUIA VERSES: He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

GOSPEL: Luke 8: 26-39

At that time, Jesus came into the country of the Gerasenes, which is opposite Galilee. When he came to land, he was met by a man from the town who was possessed by demons. For a long time he had not worn any clothes, he did not live in a house, but among the tombstones. On seeing Jesus he began to shriek; then he fell at his feet and exclaimed at the top of his voice, "Jesus, Son of God Most High, why do you meddle with me? Do not torment me. I beg you." By now Jesus was ordering the unclean spirit to come out of the man, This spirit had taken hold of him many a time. The man used to be tied with chains and fetters, but he would break his bonds and the demon would drive him into places of solitude. "What is your name?" Jesus demanded. "Legion," he answered, because the demons who had entered him were many. They pleaded with him not to order them back to the abyss. It happened that a large herd of swine was feeding nearby on the hillside, and the demons asked him to permit them to enter the swine. This he granted. The demons then came out of the man and entered the swine, and the herd charged down the bluff into the lake, where they drowned. When the swineherds saw what had happened, they took to their heels and brought the news to the town and country roundabout. The people went out to see for themselves what had happened. Coming on Jesus, they found the man from whom the devils had departed sitting at his feet dressed and in his full senses; this sight terrified them. They were told by witnesses how the possessed man had been cured. Shortly afterward, the entire population of the Gerasene territory asked Jesus to leave their neighborhood, for a great fear had seized them; so he got into the boat and went back across the lake. The man from whom the devils had departed asked to come with him, but he sent him away with the words, "Go back home and recount all that God has done for you." The man went all through the town making public what Jesus had done for him.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

POPE'S PRAYER INTENTION FOR NOVEMBER: For Children Who Suffer.

We pray for children who are suffering, especially those who are homeless, orphans, and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.

NOVEMBER FOOD BANK ITEM - Canned Vegetables

LITURGICAL SCHEDULE November 14 - November 20, 2022

Monday, November 14 - The Holy and All-Praiseworthy Apostle Philip Polyeleos Feast. 1 Corinthians 4:9-16; John 1:43-51

6:30 p.m. Children's Divine Liturgy and Catechism (intention for +Josephine Mackow)

Tuesday, November 15 - The Holy Martyrs and Confessors Gurias, Samonas (284-305) and Abibus (313-24) Nativity Fast. <u>1 Thessalonians 3:9-13; Luke 11:34-41</u>
10:00 a.m. Divine Liturgy with Fr. Vasyl and Fr. Warren for +Lawrence Kosar, requested by Len & Anna Markewich

Wednesday, November 16 - The Holy Apostle and Evangelist Matthew Polyeleos Feast. Nativity Fast. 1 Corinthians 4:9-16; Matthew 9:9-13
10:00 a.m. Divine Liturgy for +Lawrence Kosar, requested by Shirley Kosar

Thursday, November 17 - Our Holy Father Gregory the Wonderworker, (270-75); Passing into Eternal Life (1947) of Blessed Josaphat Kotsylovsky, Ukrainian Bishop of Peremyshl and Martyr Nativity Fast. <u>1 Thessalonians 5:1-8; Luke 11:47-12:1</u> **10:00 a.m. Divine Liturgy** for +Lawrence Kosar, requested by Allan & Gloria Demchuk

Friday, November 18 - The Holy Martyrs Plato (286-305) and Roman (305) Nativity Fast. 1 Thessalonians 5:9-13, 24-28; Luke 12:2-12

No service scheduled at St.Athanasius
7:00 p.m. – 9:00 p.m. Youth gathering at St.Basil's

Saturday, November 19 - The Holy Prophet Obadiah (Abdias); the Holy Martyr Barlaam Nativity Fast. <u>2 Corinthians 11:1-6; Luke 9:1-6</u> **4:00 p.m. Divine Liturgy in Moose Jaw**

Sunday, November 20 - Twenty-fourth Sunday after Pentecost. Blessed Josaphata Hordashevska, First Ukrainian Superior of the Sisters Servants of Mary Immaculate (+1919); <u>Ephesians 2:14-22; Luke 8:41-56</u>

9:10 a.m. Rosary - livestreaming

9:30 a.m. Divine Liturgy for faithful - livestreaming

NOTICE: Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

November 6 Donations: Regular Sunday envelopes - \$920; 3 Building Fund envelopes - \$2150; 1 Visitor envelope - \$20; 4 Special Eparchy Aid to Ukraine envelopes - \$55; 3 Aid to Ukraine envelopes - \$650; Loose change - \$10.

E-Transfer Donations: 2 donations - \$50.

9 Pre-authorized Giving: \$1515.

"A big thank you to Parish Council and all the members of the parish – for the farewell party, the gifts and the good wishes for my retirement. It will take a while to respond to all the messages and I wanted to let you all know that I appreciate your kindness." Take care of each other and all the best for the future. Z Bohom, Josie Vantour"

PROPOSED PEROGY BEE DATES: It was confirmed at the last Parish Council Meeting that the parish would again undertake the making of perogies as a fund raiser for the parish. Order forms will be provided at a later date. Please come out to help if and when you can.

Friday, November 18: 6:00-8:00pm to peel potatoes, cook onions and make some dough Saturday, November 19: 9:00am-1:00pm to make perogies

Monday, November 28: 6:00-7:30pm to peel potatoes and make some dough Tuesday, November 29: 9:00am-12:00pm to cook potatoes, and make dough

6:00-9:00pm to make perogies

Wednesday November 30: 9:00-10:00am to bag perogies

Monday, December 12: 6:00-7:30pm to peel potatoes, make some dough, and perhaps cook more onions

Tuesday, December 13: 9:00-1:00pm to cook potatoes, make dough, and make perogies Wednesday, December 14: 9:00-10:00am to bag perogies

Wednesday, **December 21**: 6:30-9:00pm pick up of perogies and cabbage rolls (made by UCWLC)

Thank you to everyone who turned out to have their picture taken for our new Pictorial Directory. For those that weren't able to attend in person please be advised that you have until November 15, 2022 to submit a photo to be included in the directory. Pictures may be emailed to St. Athanasius at stathanasius@sasktel.net. Please include your name and updated contact information with your picture. If you are not able to email and have an actual picture, please bring to church and we will scan it for you.



HELP TO UKRAINIANS ARRIVING IN REGINA: St. Athanasius Social Justice Committee want to hear from the Ukrainian Refugees who have arrived in Regina. The front desk at the church are envelopes addressed to Ukrainian Refugees. Inside of the envelope is a form to be completed with the items you may need such as clothing, household items, food etc. Once you have completed the form, please place your sealed envelope in the basket or give to Father Vasyl and the Social Justice Committee will be in contact with you. All forms completed will remain confidential.

UKRAINIAN newcomer to Regina is looking for part-time work (few hours per day) in order to support her three children. If you are interested to help her to find employment, please contact Fr. Vasyl at 306-519-9030.

COFFEE SCHEDULE: Please continue to sign up to serve coffee, juice and cookies after



Sunday Divine Liturgy. If no one has signed the schedule sheet for a Sunday, NO coffee or socializing will be happening. Coffee sign up sheets are located in the front desk and on the kitchen counter. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy and will be discontinued.



COMMEMORATION OF THE 89TH ANNIVERSARY

Ukrainian Famine Genocide (Holodomor) will be held on Tuesday, November 22, 2022 12:00 p.m. at the Rotunda, Legislative Building Regina. Following the service, a wreath will be laid at the "Bitter Memories of Childhood" monument.

Photo identification required upon arrival at the Legislative Building.

St. Athanasius Ukrainian Catholic Brotherhood





1 Ring = \$7.50 per lbs. (Which is two sticks of sausage.)

Contact Basil Kuzyk at

306-570-6618

or

basilkuzyk@gmail.com

to order.

Orders must be in by December 1, 2022.





Українське католицьке братство святого Афанасія





1 Кільце = \$7.50 за фунт. (Це дві палички ковбаси.) Зв'яжіться з Василем Кузьком за адресою 306-570-6618 або

basilkuzyk@gmail.com на замовлення.

Замовлення мають надійти до 1 грудня 2022 року



COATS FOR KIDS



HELP KEEP KIDS AND THEIR FAMILIES WARM THIS WINTER. THIS YEARS CLOTHING WILL BE SPLIT BETWEEN THE NEW UKRAINIAN FAMILIES AS WELL AS LOCAL AND RURAL SCHOOL AGED KIDS.



PLEASE DONATE GENTLY USED WINTER ITEMS OR CONTACT A K OF C BROTHER TO GIVE A MONETARY DONATION FOR NEW COATS.

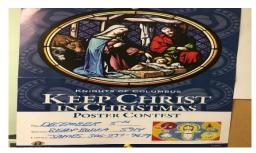




PLEASE JOIN BISHOP BUDKA 5914 KNIGHTS AND HELP US FILL THE TABLES THIS CHRISTMAS. DONATIONS BARRELS ARE LOCATED AT THE BACK OF BOTH CHURCHES.

THIS YEAR WE WILL BE SPLITTING THE ITEMS DONATED TO THE DISPLACED UKRAINIANS AND THE REGINA FOOD BANK.

IF YOU WISH TO MAKE A CASH DONATION, CALL/TEXT JAMES EMPEY AT 306-551-9679



THIS CONTEST IS OPEN TO ALL CHILDREN AGES 5-14 ENTRY FORMS AND RULES LOCATED AT ST. BASIL'S AND ST. ATHANASIUS PARISHES THIS DATE HAS BEEN EXTENDED TO DECEMBER 31, 2022



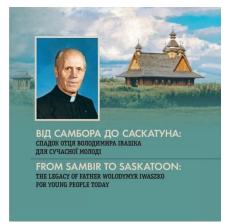
KNIGHTS FAMILY BRUNCH, SUNDAY, NOVEMBER 27, 2022 OF COLUMBUS (following 10:00 a.m. Divine Liturgy)
IN SERVICE TO ONE. IN SERVICE TO ALL. St. Basils Parish Center, 1717 Toronto St. Regina.

ADULTS: \$15.00, 10-15; \$8.00, 9 & UNDER: Free

NEW UKRAINIAN FAMILIES ARE FREE

For more information regarding this event, please refer to the poster on the bulletin board in the St. A's auditorium.

Looking for Christmas gift ideas? Here are two...



Idea #1: Buy a book of national and international interest! The recently released "From Sambir to Saskatoon: the Legacy of Fr. Wolodymyr Iwaszko for Young People Today" is a bilingual, 292 page collection of archive photos and stories about the life, in Ukraine and Canada, of Father Iwaszko - a modest priest who left an enduring legacy of selfless service to God, country, Past Ukrainian youth organization, and community. The book includes Father's

memoirs which he wrote prior to his passing. From Sambir to Saskatoon is available for the purchase price of \$40.00 at these

Saskatoon locations: Musée Ukraina Museum and Smak Ukrainian Store; or by ordering online by scanning the QR code.

Idea #2: Consider making a donation to the Fr. Iwaszko plaque project in your name, or in honour of a loved one. The plaque, unveiled this past summer at St. Volodymyr Eparchial Park, is a tribute to Fr. Iwaszko's dedication to his community and his vision to have a place where families could spend time outdoors... especially for camping purposes.

Please forward donations by December 31, 2022. Cheques payable to 'Ukrainian Catholic Eparchy of Saskatoon' should be mailed to: Chancery Office – 214 Ave M S, Saskatoon, SK S7M 2K4. Indicate 'Fr Iwaszko

plaque (or book) project' in the memo. A charity receipt will follow.



More information about these projects can be found on Facebook; search 'From Sambir to Saskatoon' or contact Viktoriia Marko at uwitness2youth@skeparchy.org

Crown Them with Honor and Glory: Eparchy of Saskatoon Marriage Preparation 2022-23

Getting Married?

Congratulations! We wish you every blessing. Here is how to begin your sacramental preparation...

All couples who are planning marriage over the next year should speak to their Parish Priest as soon as possible.

Couples should also Register for one of the upcoming marriage preparation courses:

Note: All courses include both self-study of the *Crown Them with Honor and Glory* Booklet, online Inventory with guided reflections (FOCCUS), and in-person or zoom class/retreat sessions. While the self-study and Inventory are independent couple work, the sessions require real time attendance if possible (special circumstances may be accommodated).

Dates and times of the classes are as follows:

Fall 2022:

Sunday November 13, 2022, Session #1–6:30-9:30 pm Sunday November 21, 2022, Session #2 —6:30-9:30 pm Saturday November 26, 2022, Session #3–9 am -12:30 pm Saturday December 3, 2022, Session #4–9 am -12:30 pm

Spring 2023:

Sunday, April 23, 2023, Session #1–6:30-9:30 pm Sunday, April 30, 2023, Session #2 —6:30-9:30 pm Saturday, May 6, 2023, Session #3–9:00am-12:30 pm Saturday, May 13, 2023, Session#4 –9:00 am -12:30 am

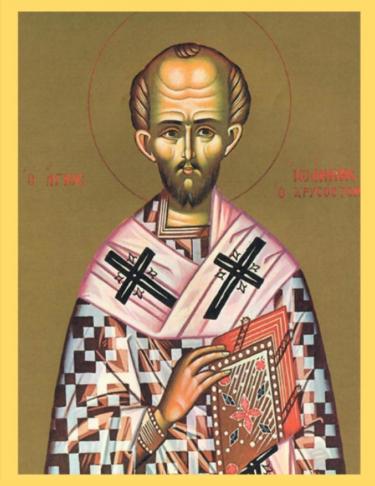
To register and begin your Marriage Preparation email Deborah Larmour at

familylife@skeparchy.org

Eternal God, You gather the separate into one and make the bond of love unbreakable. You blessed Isaac and Rebecca and marked them as heirs of Your promise. Bless also these servants of Yours and guide them in good works of every kind. For You are a merciful and man-befriending God, and we send up glory to You, Father, Son, and Holy Spirit, now and for ever and ever.

Ukrainian Catholic Order of Crowning/Betrothal

TWENTY THIRD SUNDAY AFTER PENTECOST



Icon of Saint John Chrysosotom – November 13th

Reflection on the Good Samaritan

First, we must pity the ill fortune of the man who fell unarmed and helpless among robbers, and who was so rash and unwise as to choose the road in which he could not escape the attack of robbers. For the unarmed can never escape the armed, the heedless the villain, the unwary the malicious. Since malice is ever armed with guile, fenced round with cruelty, fortified with deceit, and ready for fierce attack. ...

He poured in wine, that is, the blood of His passion, and oil, that is, the anointing of the chrism, that pardon might be granted by His blood, sanctification be conferred by the chrism ...

The wounded parts are bound up by the heavenly Physician, and containing a salve within themselves, are by the working of the remedy restored to their former soundness. Having poured in wine and oil, he placed him upon His beast ...

For the Inn is the Church, which receives

travelers, who are tired with their journey through the world, and oppressed with the load of their sins; where the wearied traveler casting down the burden of his sins is relieved, and after being refreshed is restored with wholesome food. And this is what is here said, and took care of him. For outside is everything that is conflicting, hurtful and evil, while within the Inn is contained all rest and health ...

He said, if you see anyone oppressed, say not surely he is wicked; but be he Gentile or Jew and need help, dispute not, he has a claim to your assistance, into whatever evil he has fallen.

St. John Chrysostom