



**Sunday, February 26, 2023**

**ST. ATHANASIUS UKRAINIAN  
CATHOLIC CHURCH  
55 MCMURCHY AVENUE  
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak  
Cell Phone: 306-519-9030

E-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)

**Parish Office:** 306-543-8008

**E-mail:** [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)

**Website:** [www.st-athanasius.ca](http://www.st-athanasius.ca)

**Facebook:** <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich

Cell phone (call or text) : 306-536-4252

UCWLC President – Iryna Baran

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Curtis Stechyshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**ROSARY: Sunday – 9:10 a.m. (livestreaming)**

**DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)**

**DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.**

**Weekday Liturgies – as scheduled**

**Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule**

**MEMBERSHIP AT ST. ATHANASIUS PARISH** is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

**Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.**

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

E-mail: [daris.cherian@gmail.com](mailto:daris.cherian@gmail.com)

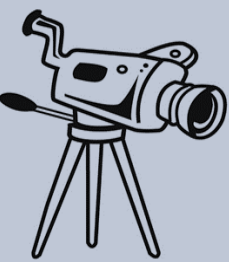
Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: [abru.arun@gmail.com](mailto:abru.arun@gmail.com)

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is invited to the auditorium for coffee, juice, cookies and socializing.

**TO ALL PARISHIONERS:** During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.



As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not

be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

FEBRUARY/MARCH GREETERS		FEBRUARY/MARCH TABULATORS
Feb. 26	Mark & Karen Woitas	Kevin Korchinski & Karen Woitas
Mar. 5	Maggie Stephen & Bernice Bzdell	Cliff Rakochy & Art Wytrykush
Mar. 12	Terry & Rosanne Miller	Walter Brigidear & John Dmyterko
Mar. 19	Kevin Korchinski & Len Markewich	Kevin Korchinski & Rosanne Miller
Mar. 26	Mark & Karen Woitas	Art Wytrykush & Karen Woitas

FEBRUARY/MARCH ROSARY		FEBRUARY/MARCH READERS
Feb. 26	Bernice Bzdell/Svitlana Zelenyi – <i>Sorrowful Mysteries</i>	Rosanne Miller
Mar. 5	Marianne Stadnyk /John Makuch <i>Sorrowful Mysteries</i>	John Makuch
Mar. 12	Karen Woitas/Svitlana Zenela <i>Sorrowful Mysteries</i>	Karen Woitas
Mar. 19	Bernice Bzdell/Iryna Baran <i>Byzantine Sorrowful Mysteries</i>	Rosanne Miller
Mar. 26	Louise Makuch/Natalia Osoba <i>Sorrowful Mysteries</i>	Louise Makuch

**СЛАВА ІСУСУ ХРИСТУ! СЛАВА НА ВІКИ!  
GLORY BE TO JESUS CHRIST! GLORY BE FOREVER!**

### FIRST SUNDAY OF THE GREAT FAST

***INSTEAD OF First Antiphon: p, 21 “Bless the Lord...” (First Psalm of Typica)***

Bless the Lord, O my soul, and let all that is within me bless His holy name.  
Bless the Lord, O my soul, and forget not all His benefits.  
He forgives all your iniquities, He heals all your diseases.  
He redeems your life from corruption, He crowns you with mercy and compassion.  
Compassionate and merciful is the Lord, long-suffering and abounding in mercy.  
Bless the Lord, O my soul, and let all that is within me bless His Holy name.  
Blessed are You, O Lord.

***INSTEAD OF Third Antiphon: p, 27 “Remember us...” (The Beatitudes)***

Remember us, O Lord, in Your kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
Blessed are they who mourn, for they will be comforted.  
Blessed are the meek, for they will inherit the land.  
Blessed are they who hunger and thirst for righteousness, for they will be satisfied.  
Blessed are the merciful, for they will be shown mercy.  
Blessed are the pure of heart, for they will see God.  
Blessed are the peacemakers, for they will be called sons of God.  
Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.  
Blessed are you when they insult you and persecute you and utter every kind of evil word against you falsely because of Me.  
Rejoice and be glad for your reward will be great in heaven.

**TROPAR (Tone 5):** Let us the faithful acclaim and worship the Word co-eternal with the Father and the Spirit, and born of the Virgin for our salvation. For He willed to be lifted up on the cross in the flesh, to suffer death and to raise the dead by His glorious resurrection.

**TROPAR First Sunday of Lent (Tone 2):** We pay homage to Your undefiled image, Good Lord, and beg pardon for our faults, Christ our God. By Your will You chose to mount the cross in Your flesh to free Your creatures from slavery to the enemy. For this we gratefully cry out to You: “By coming to save the world, our Saviour, You filled all things with joy.”

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

**KONDAK (Tone 8):** The uncircumscribed Word of the Father became circumscribed by being enfleshed from you, Godbearer. You brought back the stained image to its original state by infusing it with divine beauty. But recognizing our salvation we portray it by word and deed.

**PROKIMEN (Tone 4):** Blessed are you, and praiseworthy, O Lord, the God of our fathers, and glorious forever is your name.

*Verse: For you are just in all you have done.*

**A reading from the Epistle to the Hebrews (11:24-26; 32 -12:2)**

Brothers and Sisters! By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter; he wished to be ill-treated along with God's people rather than enjoy the fleeting rewards of sin. Moses considered the reproach borne by God's Anointed greater riches than the treasures of Egypt, for he was looking to the reward. What more shall I recount? I have no time to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets, who by faith conquered kingdoms, did what was just, obtained the promises; they broke the jaws of lions, put out raging fires, escaped the devouring sword; though weak they were made powerful, became strong in battle, and turned back foreign invaders. Women received back their dead through resurrection. Others were tortured and would not receive deliverance, in order to obtain a better resurrection. Still others endured mockery, scourging, even chains and imprisonment. They were stoned, sawed in two, put to death at sword's point; they went about garbed in the skins of sheep or goats, needy, afflicted, tormented. The world was not worthy of them. They wandered about in deserts and on mountains, they dwelt in caves and in holes of the earth. Yet despite the fact that all of these were approved because of their faith, they did not obtain what had been promised. God had made a better plan, a plan which included us. Without us, they were not to be made perfect.

Therefore, since we for our part are surrounded by this cloud of witnesses, let us lay aside every encumbrance of sin which clings to us and persevere in running the race which lies ahead. Let us keep our eyes fixed on Jesus, who inspires and perfects our faith.

**ALLELUIA VERSES:** *Moses and Aaron are among His priests and Samuel among those who call upon His name.*

*They called upon the Lord, and he answered them.*

**GOSPEL:** John (1: 43-51)

At that time Jesus set out for Galilee, but first he came upon Philip. "Follow me," Jesus said to him. Now Philip was from Bethsaida, the same town as Andrew and Peter. Philip sought out Nathanael and told him, "We have found the one Moses spoke of in the law - the prophets too -- Jesus, son of Joseph, from Nazareth." Nathanael's response to that was, "Can anything good come from Nazareth?" and Philip replied, "Come, see for yourself." When Jesus saw Nathanael coming toward him, he remarked: "This man is a true Israelite. There is no guile in him." "How do you know me?" Nathanael asked him. "Before Philip called you," Jesus answered, "I saw you under the fig tree." "Rabbi," said Nathanael, "you are the Son of God; you are the king of Israel." Jesus responded: "Do you believe just because I told you I saw you under the fig tree? You will see much greater things than that." He went on to tell them, "I solemnly assure you, you shall see the sky opened and the angels of God ascending and descending on the Son of Man."

**INSTEAD OF 'It Is Truly Right':** In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

**COMMUNION HYMN:** Praise the Lord from the heavens, praise Him in the highest. Exult, you just, in the Lord; praise from the upright is fitting. Alleluia! Alleluia! Alleluia!

### LITURGICAL SCHEDULE FEBRUARY 27 – MARCH 5, 2023

**Monday, February 27, 2023** - Our Venerable Father and Confessor Procopius the Decapolitan (716-40)

**6:30 p.m. Children's Service & Catechism**

**Tuesday, February 28, 2023** - Our Venerable Father and Confessor Basil, Ascetical Companion of Procopius (716-40)  
**No service scheduled**

**Wednesday, March 1, 2023** - The Holy Venerable-Martyr Eudocia (98-117) **Presanctified - Genesis 4:16-26; Proverbs 5:15-6:3.**

**10am – 12 :00 noon** Lenten Confessions at St. Timothy School

**6:30 p.m. Presanctified Liturgy** (intention and panakhyda for +Theresa Hall, requested by Choir and Staff of St.Athanasius)

**Thursday, March 2, 2023** - The Holy Priest-Martyr Theodotus, Bishop of Cyrenia (c. 321)  
**Clergy day off - No service scheduled**

**Friday, March 3, 2023** - The Holy Martyrs Eutropius and His Companions Cleonicus and Basiliscus (286-305)

**5:00 p.m. Lenten Service followed by Fish Fry at St. A's**

**Saturday, March 4, 2023** - Second Saturday of the Great Fast: All Souls Saturday; Our Venerable Father Gerasimus of the Jordan (475) **Hebrews 3:12-16; 1 Thessalonians 4:13-17; Mark 1:35-44; John 5:24-30.**

**10:00 a.m. Sorokousty Divine Liturgy and Panakhyda 2-5**

**Sunday, March 5, 2023** - Second Sunday of the Great Fast. The Divine Liturgy of St. Basil the Great is celebrated today. **Hebrews 1:10-2:3; Mark 2:1-12.**

**9:10 a.m. Rosary - *livestreaming***

**9:30 a.m. Divine Liturgy – *livestreaming* followed by UCWLC installation**

**11:30 a.m. Divine Liturgy in Ukrainian**

**NOTICE:** Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to [stathandeposit@sasktel.net](mailto:stathandeposit@sasktel.net). **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

**February 26:** 46 regular envelopes - \$1110; 5 visitor envelopes - \$90; 2 Eparchial Charities envelopes - \$70; 1 initial offering envelope - \$20; Loose Change - \$25.  
**E-Transfers - 2 donations - \$130.**



**ST. ATHANASIUS PARISH's ANNUAL GENERAL MEETING** will be held immediately following Divine Liturgy on Sunday, March 19, in the parish auditorium. Coffee, muffins and cheese will be provided.

As per terms in our Parish Constitution, the announcement of executive positions must be written in the bulletin for the three weeks preceding the meeting. The following are the proposed executive positions:

President – Len Markewich (second year of two-year term); Vice-President – Basil Kuzyk (second year of two-year term); Treasurer – Doris Gordon (1<sup>st</sup> year of a 3<sup>rd</sup> 2 year term) Secretary - Terelyne Vadeboncoeur (1<sup>st</sup> year of her first 2 year term) Past President – Kevin Korchinski.

Linda Korchynski has completed 2 years as Secretary and will be leaving the Parish Council. We thank Linda for all her work on Parish Council.

AGM reports will be available after Liturgy after Sunday, March 12<sup>th</sup> or can be picked up at the parish office after that date.



**SYMPATHY AND CONDOLENCES** are extended to **Bernice and Eugene Bzdell and family**, on the death of her brother, **Alexander Dakiniewich**, who passed away on **Thursday, February 16<sup>th</sup>, 2023**, in **Regina SK**. A **Celebration of Life** will be held at **2:00 p.m. February 27<sup>th</sup>, 2023** at the **Regina Funeral Home, Regina SK**. **Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!**



### **SOROKOUSTY SERVICES – ALL SOULS SATURDAYS**

Sorokousty Services (All Souls Saturday) will be celebrated this year **on March 4, March 11, March 18, and May 27**.

The word “Sorokousty” literally means “forty mouths” (*sorok* = *forty*; *ust* = *mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time.

Sorokousty or All Souls Saturdays services have been celebrated for deceased by holding Liturgies, Panakhydas or Parastas for them in five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call @ 306-543-8008 our parish office Tuesday-Thursday 10:00 a.m. – 2:00 p.m.



# congratulation!

## LESIA LAZURKO

BEING HONOURED WITH  
THE 2022 COMMUNITY RECOGNITION AWARD



**WE ARE PROUD TO HAVE YOU IN OUR  
UKRAINIAN CATHOLIC CHURCH!  
THANK YOU FOR ALL YOUR HARD WORK!**

**Youth & Young Adult Office of the Ukrainian  
Catholic Eparchy of Saskatoon**



### STATIONS OF THE CROSS

Led by the Youth and Young Adults

Calling all youth and young adults! We are looking for those available to lead the Stations of the Cross throughout this Lenten Season on:

Friday, March 24 – Time 7pm at St. Athanasius Parish

If you are available to lead, please send Lesia an email to [ultimateaandb@hotmail.com](mailto:ultimateaandb@hotmail.com) by the Thursday prior to the date noted above.

We welcome everyone to join us on the above dates mentioned as we journey through the stations of the cross this Lenten Season!

**Attention UCWLC Members: Your 2023 membership is due by February 28th. \$20.00. New members welcome. Questions? Please contact Iryna Baran 306-501-2808, [iryna21.baron2gmail.com](mailto:iryna21.baron2gmail.com) or Marie Brigidear 306-949-7493, [mariebrigidear@accesscomm.ca](mailto:mariebrigidear@accesscomm.ca)**



**POPE's PRAYER INTENTION FOR MARCH: *For Victims of Abuse.* We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.**

**MARCH FOOD BANK ITEM – JUICE**



**BISHOP BUDKA 5914  
INVITES YOU TO JOIN US  
FOR AN EVENING OF PRAYER  
AND GOOD FOOD**

**WHEN:** Friday, March 3<sup>rd</sup>, 2023

**WHERE:** St. Athanasius Parish Auditorium  
55 McMurchy Ave, Regina SK.

**TIME:** 5:00 p.m. – Lenten Service in the Church  
6:15 p.m – Supper in the Parish Auditorium

**MENU:** Baked Fish, Side Dishes, Coleslaw, Dessert

**COST: ADULTS: \$20.00**

**YOUTH: (12 & under) \$10.00**

**ALL TICKETS MUST BE PURCHASED BY  
TUESDAY, FEBRUARY 28TH**

***All tickets can be purchased from a Knight's member before/after all liturgies or contact:  
Curtis Stechyshyn 306-535-4636. E-Transfers are welcome: [bdstadnyk@sasktel.net](mailto:bdstadnyk@sasktel.net) "FISH  
FRY***

**St. Athanasius UCWLC Branch Notes:**



**\*2022 AGM was held Sat. Feb. 18, 2023**, with 16 members in attendance. The meeting received the 2022 financials, Branch reports, and the election/appointment of Slate of Officers. A huge bouquet of thanks to Iryna Baran for her service as 2022 Branch President! Iryna now moves to the position of Past President, with the 2023 Executive Committee as follows: Holly Paluck (President), Lorraine Woynarski (Vice President), Karen Woitas (Recording Secretary), Claudette Stefankiw (Correspondence Secretary), and Marie Brigidear (Treasurer). Though many Committee positions are filled – there remains room to serve! Thank you to all for sharing their time and talents so generously with the Branch as it fulfills its role to support the life of our parish!

**\*2023 Branch Installation Ceremony & Blessing of Members – March 5, 2023, following the 9:30am liturgy.** All Members are asked to wear their navy/white dress code. Members will be called forward for the blessing portion and a group photo to follow.

**\* Branch Membership Profile Form & Dues (\$20) for the 2023 year are due!** New and returning Members are welcome – please submit to Marie Brigidear asap as are due to Eparchial March 1/2023. Ми дякуємо вам!

**\* Mark your calendars:**

**-Next Branch meeting is Saturday, March 11, 2023** following the 10am liturgy.

**- 2023 League Day is May 28, 2023** – when we recognize Branch members who are new or celebrating a milestone membership year! Details to follow!

## 2023 LENTEN MISSION IN REGINA



As every year now, the two Regina parishes organize their Lenten Mission retreat jointly. Lenten Mission will take place on **Tuesday, March 28<sup>th</sup> and Wednesday March 29<sup>th</sup>** at St. Basil's Parish and will continue at St. Athanasius Parish on **Thursday, March 30<sup>th</sup> and Friday, March 31<sup>st</sup>**. The four traditional mission themes for Great Lent will be presented by **Rev. Fr. Leonid Malkov, CSsR** from Yorkton (**Wednesday March 29<sup>th</sup> and Thursday, March 30<sup>th</sup>**) and Seminarian Ivan Simko (**Tuesday, March 28<sup>th</sup> and Friday, March 31<sup>st</sup>**).

The sessions are not repeated and are different, although related to one another. The mission sessions will be livestreamed on Facebook pages: <https://facebook.com/reginaukrainiancatholicnorth/live> and on website: <https://st-athanasius.ca>

<https://www.facebook.com/stbasilschurchregina/live>

### SCHEDULE

#### **Tuesday, March 28 – Lenten Mission at St. Basil's Parish – Session 1**

6:00-7:00 p.m.: Confessions  
6:30 – 7:00 p.m.: Lenten Akathist  
7:00 – 7:30 p.m.: Mission Talk – Seminarian Ivan Simko  
7:30 p.m.: Fellowship & Social

#### **Wednesday, March 29 – Lenten Mission at St. Basil's Parish - Session 2**

6:00 – 7:30 p.m.: Confessions  
6:30 – 7:40 p.m.: Liturgy of the Presanctified Gifts and Mission Homily – Fr. Leonid Malkov, CSsR  
8:10 – 9:00 p.m.: Fellowship & Social

#### **Thursday, March 30 – Lenten Mission at St. Athanasius Parish – Session 3**

6:00 – 7:00 p.m.: Confessions  
6:30 – 7:00 p.m.: Lenten Akathist  
7:00 – 7:30 p.m.: Mission Talk – Fr. Leonid Malkov, CSsR  
7:30 p.m.: Fellowship & Social

#### **Friday, March 31 – Lenten Mission at St. Athanasius Parish - Session 4**

6:00 – 7:30 p.m.: Confessions  
6:30 -7:40 p.m.: Liturgy of the Presanctified Gifts and Mission Talk – Seminarian Ivan Simko  
8:10 – 9:00 p.m.: Fellowship & Social



## **START AND END YOUR DAY DURING LENT**

### **WITH THE PRAYER OF ST. EPHREM**

**O Lord and Master of my life, Keep from me the spirit of indifference and discouragement, Lust of power and idle chatter.**

**(Prostration)**

**Instead, grant to me Your servant, the spirit of wholeness of being, humble- mindedness, patience and love.**

**(Prostration)**

**O Lord and King, Grant me the grace to be aware of my sins, and not to judge my neighbour, For You are blessed, now and forever and ever.**

**(Prostration)**

### **Communal Lenten Prayers of our Church**

Every year, starting the Great Lent, we ask ourselves: “How good Christians are we”? We try to analyze our spiritual state and make decisions for ourselves at this time. Our Liturgical services of the Great Lent (*Liturgy of the Presanctified Gifts, Lenten Akafist, Great Canon of St. Andrew of Crete, Prayer of St. Ephraim Syrian and others*) are proposed to help us understand the essence of the Great Lent, to know the beauty of the Lenten prayers. They are built in the manner that everyone can conveniently participate in the great renewal.

The communal prayer is strongly recommended for all who are interested in their spiritual development and their desire to meet Christ’s Resurrection, having gone through the path of renewal through prayer, spiritual fast, reflection and personal experience.

## THE MAIN RULE OF FASTING – “DO NOT EAT EACH OTHER...”

**Lent - the Great Fast** - begins forty days before Palm Sunday, on the Monday after Forgiveness Sunday (Cheese- Fare Sunday), and lasts until the Friday preceding Palm Sunday.

**Holy Week** is a special Fast in honor of our Lord's Passion, and lasts from the evening of Palm Sunday until Holy Saturday inclusive.

According to the directions of the Episcopal Synods of Ukrainian Greek Catholic Church the canonical prescriptions for fasting are **UGCC Part.Law Can. 115§ 2. (CCEO, c. 882):**

- 1) A strict fast is observed on the first day of the Great Fast and Passion Friday, i.e. abstention from meat and dairy products and eggs, as well as foods that contain these ingredients.
- 2) Abstention from all meat and foods containing meat is to be observed during the first week of the Great Fast and all days of Passion Week.
- 3) During the Great Fast, abstention from the consumption of meat and meat products is to be observed on all Mondays, avoided Wednesdays and Fridays. All other foods are permitted on Tuesdays, Thursdays, Saturdays and Sundays.

**Prayer & Good Works:** All faithful are urged to attend, besides the regular Sunday and Holiday services, the special services of the Great Lent. They are exhorted to perform Christian and penitential deeds of charity.

Following the Church's recommendations about fast, we do not only fast from food, in today's world, we also need to fast from television, internet, computer, games or anything else that prevents us from hearing God's voice of Gospels.

All that the Church recommends to observe regarding the fasting is solely for the welfare of the faithful. It must be understood that the requirements for fasting are recommended only to healthy Christians who do not have any dependence on work, road, training, pregnancy, and much more. Following all previous rules, the Church, considering the present-day life and circumstances, prescribes all the recommended requirements for fasting on the conscience, conditions and current circumstances of the life of Christians.

Have a great Lenten Journey!!



## FIRST SUNDAY OF THE GREAT FAST – SUNDAY OF ORTHODOXY



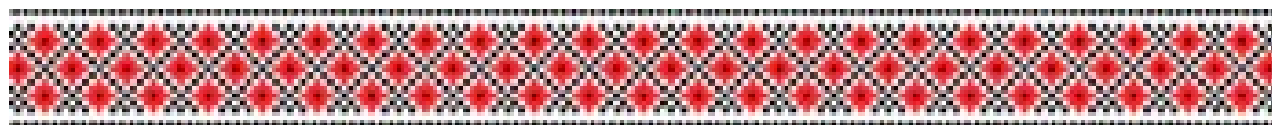
### *A HUMBLE HEART, O LORD, YOU WILL NOT SCORN*

*Have mercy on me, God, in accord with your  
merciful love;  
in your abundant compassion blot out my  
transgressions.  
Thoroughly wash away my guilt;  
and from my sin cleanse me.  
For I know my transgressions;  
my sin is always before me.  
Against you, you alone have I sinned;  
I have done what is evil in your eyes  
So that you are just in your word,  
and without reproach in your judgment.  
Behold, I was born in guilt,  
in sin my mother conceived me.  
Behold, you desire true sincerity;  
and secretly you teach me wisdom.  
Cleanse me with hyssop, that I may be pure;  
wash me, and I will be whiter than snow.  
You will let me hear gladness and joy;  
the bones you have crushed will rejoice.*

*Turn away your face from my sins;  
blot out all my iniquities.  
A clean heart create for me, God;  
renew within me a steadfast spirit.  
Do not drive me from before your face,  
nor take from me your holy spirit.  
Restore to me the gladness of your salvation;  
uphold me with a willing spirit.  
I will teach the wicked your ways,  
that sinners may return to you.  
Rescue me from violent bloodshed, God, my  
saving God,  
and my tongue will sing joyfully of your justice.  
Lord, you will open my lips;  
and my mouth will proclaim your praise.  
For you do not desire sacrifice or I would give it;  
a burnt offering you would not accept.  
My sacrifice, O God, is a contrite spirit;  
a contrite, humbled heart, O God, you will not  
scorn.*

*From: Psalm 51*





St. Athanasius Ukrainian Catholic Brotherhood

Easter Sausage Fundraiser



1 Ring = \$7.50 per lbs. (Which is two sticks of sausage.)

Contact Basil Kuzyk at

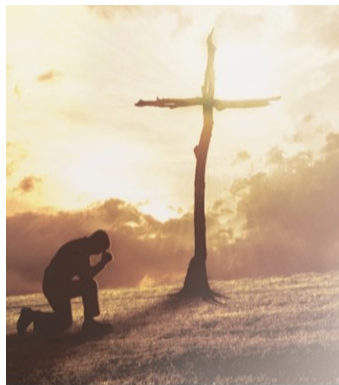
306-570-6618

or

[basilkuzyk@gmail.com](mailto:basilkuzyk@gmail.com)

Orders must be in by March 20, 2023.to order.





## A Life-Changing Study for the Whole Parish!



### Session One: Where Are You?

What are we to do with guilt? Should it be ignored, or does it present an opportunity we don't want to miss? The truth is, God seeks us out when we have sinned, not to scold or punish us, but to offer us his healing and his forgiveness. It's certainly true that God is omnipotent and just, but before all else he is our loving, merciful Father.

All adults are invited to attend this 3-part Lenten video series - led by Fr. Warren Dungen

March 2, 9, 23 at 6:45pm in St. Basil's Church basement

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THE CATHOLIC FAITH.  
ON DEMAND.



## A Life-Changing Study for the Whole Parish!



### Session Two: An Encounter with Mercy

Sin always damages our relationships with God and with others, and, depending on the gravity of the sin, it may even rupture these relationships. Jesus calls us to the Sacrament of Reconciliation not only to forgive us and wash away our sins, but also to heal our wounds and the root causes of our sins. We are not defined by our mistakes; we are defined by the Father's love for us!

All adults are invited to attend this 3-part Lenten video series - led by Fr. Warren Dungen

March 9, 23 at 6:45pm in St. Basil's Church basement

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## A Life-Changing Study for the Whole Parish!



### Session Three: Embraced in Mercy: The Rite Explained

God, in his wisdom and mercy, has given us a beautiful gift in the Sacrament of Reconciliation. Whether you go to Confession regularly or you haven't gone since second grade, this session guides you step-by-step through the deeper meaning of every aspect of the rite—what it is, why we do it, and how it impacts your life. God's merciful love shapes every word and action of the Sacrament, and when we prepare for it honestly and prayerfully, we will be open to receiving the fullness of his grace.

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