



Sunday, March 26, 2023

**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich

Cell phone (call or text) : 306-536-4252

UCWLC President – Holly Paluck

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Curtis Stechyshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)

DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

E-mail: daris.cherian@gmail.com

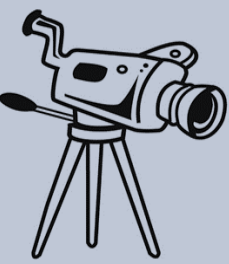
Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: abru.arun@gmail.com

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is invited to the auditorium for coffee, cookies and socializing after the Liturgy.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.



As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

СЛАВА ІСУСУ ХРИСТУ! СЛАВА НА ВІКИ!
GLORY BE TO JESUS CHRIST! GLORY BE FOREVER!

MARCH/APRIL GREETERS		MARCH/APRIL TABULATORS
Mar. 26	Mark & Karen Woitas	Art Wytrykush & Karen Wotias
Apr. 2	Maggie Stephen/Bernice Bzdell	John Dmyterko & Cliff Rakochy
Apr. 7	Good Friday: Rosanne Miller	N/A
Apr. 9	Easter Sunday: Mark & Karen Woitas	Walter Brigidear & Art Wytrykush (ushers)
Apr. 16	Carl & Linda Korchynski	Cliff Rakochy & Linda Korchynski
Apr. 23	Terry & Rosanne Miller	Carl Korchynski & Rosanne Miller
Apr. 30	Maggie Stephen/Bernice Bzdell	John Dmyterko/Art Wytrykush

MARCH/APRIL ROSARY		MARCH/APRIL READERS
Mar. 26	Louise Makuch/Natalia Osoba	Louise Makuch
Apr. 2	John Makuch/Svitlana Zelena	Phyllis Lukey
Apr. 9	Easter Sunday – Resurrection Matins	Peter Federko/Alla Gof
Apr. 16	St. Thomas Sunday – Resurrection Matins	Phyllis Lukey
Apr. 23	Karen Woitas/Iryna Baran – Byzantine Glorious	Karen Woitas
Apr. 30	Louise Makuch/Natalia Osoba – Joyful	Louise Makuch

**FIFTH SUNDAY OF THE GREAT FAST
& Post Feast of the Annunciation of the BVM**

INSTEAD OF First Antiphon: p, 21 “Bless the Lord...” (First Psalm of Typica)

Bless the Lord, O my soul, and let all that is within me bless His holy name.
 Bless the Lord, O my soul, and forget not all His benefits.
 He forgives all your iniquities, He heals all your diseases.
 He redeems your life from corruption, He crowns you with mercy and compassion.
 Compassionate and merciful is the Lord, long-suffering and abounding in mercy.
 Bless the Lord, O my soul, and let all that is within me bless His Holy name.
 Blessed are You, O Lord.

INSTEAD OF Third Antiphon: p, 27 “Remember us...” (The Beatitudes)

Remember us, O Lord, in Your kingdom.
 Blessed are the poor in spirit, for theirs is the kingdom of heaven.
 Blessed are they who mourn, for they will be comforted.
 Blessed are the meek, for they will inherit the land.
 Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
 Blessed are the merciful, for they will be shown mercy.
 Blessed are the pure of heart, for they will see God.
 Blessed are the peacemakers, for they will be called sons of God.
 Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.
 Blessed are you when they insult you and persecute you and utter every kind of evil word against you falsely because of Me.
 Rejoice and be glad for your reward will be great in heaven.

TROPAR (Tone 1): Though the stone was sealed by the Jews and soldiers guarded Your most pure body, You arose, O Saviour, on the third day, and gave life to the world.

And so the heavenly powers cried out to You, O Giver of Life. Glory to Your resurrection, O Christ! Glory to Your kingdom! Glory to Your saving plan, O only Lover of Mankind.

FEAST DAY TROPAR (Tone 4): Today is the source of our salvation and the revelation of an eternal mystery: The Son of God becomes a virgin's Son, and Gabriel announces this grace. Therefore, let us exclaim with him to the Mother of God: "Hail, O woman full of grace; the Lord is with you!"

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 3): Formerly laden with every kind of immorality, today because of your repentance, you were made a bride of Christ, longing for citizenship with angels, crushing demons by the Cross as your weapon. And so, glorious Mary, you became a bride of heaven.

PROKIMEN (Tone 8): Let Your mercy, O Lord, be upon us, as we have hoped in you.

Verse: Rejoice in the Lord, O you just; praise befits the righteous.

A reading from the Epistle to the Hebrews (9:11-14)

Brothers and Sisters! When Christ came as high priest of the good things which have come to be, he entered once for all into the sanctuary passing through the greater and more perfect tabernacle not made by hands, that is, not belonging to this creation. He entered, not with the blood of goats and calves, but with his own blood, and achieved eternal redemption. For if the blood of goats and bulls and the sprinkling of a heifers ashes can sanctify those who are defiled so that their flesh is cleansed, how much more will the blood of Christ, who through the eternal spirit offered himself up unblemished to God, cleanse our consciences from dead works to worship the living God!

ALLELUIA VERSES: *God gives me vindication, and has subdued peoples under me.*

Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity for ever.

GOSPEL: Mark (10:32-45)

At that time, Jesus taking the twelve aside once more, began to tell them what was going to happen to him. "We are on our way up to Jerusalem, where the Son of Man will be handed over to the chief priests and the scribes. They will condemn him to death and hand him over to the Gentiles, who will mock him and spit at him, flog him, and finally kill him. But three days later he will rise. Zebedee's sons, James and John, approached him, "Teacher," they said, "we want you to grant our request." "What is it?" he asked. They replied "See to it that we sit, one at your right and the other at your left, when you come into your glory." Jesus told them, "You do not know what you are asking. Can you drink the cup I shall drink or be baptized in the

same bath of pain as I?" "We can", they told him. Jesus said in response, "From the cup I drink of you shall drink; the bath I am immersed in you shall share. But as for sitting at my right or my left, that is not mine to give, it is for those to whom it has been reserved." The other ten, on hearing this, became indignant at James and John. Jesus called them together and said to them: "You know how among the Gentiles those who seem to exercise authority lord it over them; their great ones make their importance felt. It cannot be like that with you. Anyone among you who aspires to greatness must serve the rest; whoever wants to rank first among you must serve the needs of all. The Son of Man has not come to be served but to serve – to give his life in ransom for the many."

INSTEAD OF 'It is Truly Right': In you, Lady full of grace, all creation rejoices, the world of angels and the human race. Sanctified temple, spiritual paradise, boast of virgins, God took flesh from you and became a child; He was God before the ages. He made your womb a throne and made it more encompassing than the heavens. In you, Lady full of grace, all creation rejoices, glory be to you.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. The just man shall be in everlasting remembrance; of evil hearsay he shall have no fear. Alleluia! Alleluia! Alleluia!

LITURGICAL SCHEDULE MARCH 26 – APRIL 2, 2023

Monday, March 27, 2023

Our Holy Mother Matrona of Thessalonica

6:30 pm Catechism

Tuesday, March 28, 2023

Our Venerable Father Hilarion the New; the Holy Stephen the Wonderworker (464)

Lenten Mission at St. Basil - Day 1

6:00 p.m. Confessions

6:30 p.m. Lenten Akathist & Mission Talk by seminarian Ivan Simko

Wednesday, March 29, 2023

Our Venerable Father Mark, Bishop of Arethusa, the Deacon Cyril and Others Martyred

During the Reign of Julian the Apostate (360-63) Presanctified - Genesis 43:26-31; 45:1-16; Proverbs 21:23-22:4.

9:30a.m.- noon and 1:20p.m. - 3:10 p.m. Confessions at O'Neill High School students

Lenten Mission at St. Basil - Day 2

6:00 p.m. Confessions

6:30 p.m. Presanctified Liturgy & Mission Talk by Fr. Leonid Malkov

Thursday, March 30, 2023

Our Venerable Father John Climacus, Author of The Ladder of Divine Ascent (c. 649)

Lenten Mission at St. Athanasius - Day 3

6:00 p.m. Confessions

6:30 p.m. Lenten Akathist & Mission Talk by Fr. Leonid Malkov

Friday, March 31, 2023

Our Venerable Father Hypatius, Bishop of Gangra (312-37) Presanctified - Genesis 49:33-50:26; Proverbs 31:8-31.

Lenten Mission at St. Athanasius - Day 4

6:00 p.m. Confessions

6:30 p.m. Presanctified Liturgy & Mission Talk by Seminarian Ivan Simko

Saturday, April 1, 2023

Lazarus Saturday; Our Venerable Mother Mary of Egypt (527-65) Hebrews 12:28-13:8; John 11:1-45.

10:00 a.m. Divine Liturgy – First Confessions-Prosphora Baking and rehearsal before First Holy Communion

Sunday, April 2, 2023

Palm Sunday: The Lord's Entrance into Jerusalem Philippians 4:4-9; John 12:1-18.

9:10 a.m. Rosary (livestream)

9:30 a.m. Divine Liturgy & First Solemn Holy Communion (livestream) followed by brunch

NOTICE: Although though there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

March 19: 48 Regular Envelopes - \$2460; 1 Building Fund envelope - \$20; 5 Visitor Envelopes - \$90; 2 Missions of Canada envelopes - \$60; 4 Easter flower envelopes - \$70; 1 donation from

Canada Helps to Aid to Ukraine - \$24.13; Loose Change - \$90. **E-Transfers – 3 Regular Donations - \$350.**

ST. ATHANASIUS PARISH would like to extend thanks and appreciation to St. Basil's Manor for their donation of \$2,000 for the upkeep of our parish. God Bless!

ATTENTION SENIORS OF ST. ATHANASIUS: Our membership is very low. We would love to keep the club active. We definitely need more seniors to come forward. If anyone is interested in joining the Seniors' organization please call me or text me at 306-591-3702.

Angie Lawryk

SYMPATHY AND CONDOLENCES are extended to family and friends of Kevin Korchinski on the death of his wife, Glenda, on March 19th. Funeral service is/was on Friday, March 24th, at Resurrection Roman Catholic Parish. **Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!**

NEW PICTORIAL DIRECTORIES have now arrived and are ready to be picked up. Envelopes with address labels have been prepared for all parishioners. If you did not respond to our request to have your picture taken, or if you did not submit a picture for the directory, copies are available for you if you are an active parishioner. A copy for non-active parishioners is available at a cost of \$15/directory. Please contact the office during regular office hours.



SOROKOUSTY SERVICES – ALL SOULS SATURDAYS

Sorokousty Services (All Souls Saturday) will be celebrated this year **on May 27**.

The word "Sorokousty" literally means "forty mouths" (*sorok* = *forty*; *ust* = *mouth*). Originally, this was a prayer service offered by forty mouths or by forty priests especially in Lenten time.

Sorokousty or All Souls Saturdays services have been celebrated for deceased by holding Liturgies, Panakhydas or Parastas for them in five Saturdays.

Each family in our parish has a book or a list where the names of deceased family members are written. Father reads out every book or list during each Sorokousty.

If you would like to have the names of your deceased relatives mentioned during the Sorokousty services this year, or if you wish to renew or add to last year's list, please call @ 306-543-8008 our parish office Tuesday-Thursday 10:00 a.m. – 2:00 p.m.



DONATIONS for Easter flowers to decorate our church for Easter are now being accepted. Please use either the specifically marked envelopes provided at the back of the church, e-transfers, or include with your regular donations and indicate "Easter flower donation". Thank you.



On Williw/Palm Sunday, April 2nd, the UCBC will be hosting a brunch to help us celebrate with our First Holy Communicants. Come out and celebrate as a church family. Tickets will be sold until Sunday March 26th. Adults \$20.00; Children (6-12) - \$15.00; Children 5 and under free.

FRIENDLY REMINDER: please do not drop used clothing and items at St. Athanasius Parish. The parish doesn't have the space to house the items and the clothing. Thank you for your co-operation regarding this matter.

UCWLC NOTICE: Please mark your calendars for the following dates for our monthly meetings: Saturday, April 22; Saturday, May 13; Saturday, June 17; Saturday, September 9; Saturday, October 14; Saturday, November 18; Saturday, January 13, 2024; Saturday, February 17, 2024. There are no meetings in July, August and December.

2023 LENTEN MISSION IN REGINA



As every year now, the two Regina parishes organize their Lenten Mission retreat jointly. Lenten Mission will take place on **Tuesday, March 28th and Wednesday March 29th** at St. Basil's Parish and will continue at St. Athanasius Parish on **Thursday, March 30th** and **Friday, March 31st**. The four traditional mission themes for Great Lent will be presented by **Rev. Fr. Leonid Malkov, CSsR** from Yorkton (**Wednesday March 29th and Thursday, March 30th**) and Seminarian Ivan Simko (**Tuesday, March 28th** and **Friday, March 31st**).

The sessions are not repeated and are different, although related to one another. The mission sessions will be livestreamed on Facebook pages: <https://facebook.com/reginaukrainiancatholicnorth/live> and on website: <https://st-athanasius.ca>

<https://www.facebook.com/stbasilchurchregina/live>

SCHEDULE

Tuesday, March 28 – Lenten Mission at St. Basil's Parish – Session 1

6:00-7:00 p.m.: Confessions
6:30 – 7:00 p.m.: Lenten Akathist
7:00 – 7:30 p.m.: Mission Talk – Seminarian Ivan Simko
7:30 p.m.: Fellowship & Social

Wednesday, March 29 – Lenten Mission at St. Basil's Parish - Session

6:00 – 7:30 p.m.: Confessions
6:30 – 7:40 p.m.: Liturgy of the Presanctified Gifts and Mission Homily – Fr. Leonid Malkov, CSsR
8:10 – 9:00 p.m.: Fellowship & Social

Thursday, March 30 – Lenten Mission at St. Athanasius Parish – Session 3

6:30 – 7:00 p.m.: Lenten Akathist
6:00 – 7:00 p.m.: Confessions 7:00 – 7:30 p.m.:
Mission Talk – Fr. Leonid Malkov, CSsR
7:30 p.m.: Fellowship & Social

Friday, March 31 – Lenten Mission at St. Athanasius Parish - Session 4

6:00 – 7:30 p.m.: Confessions
6:30 -7:40 p.m.: Liturgy of the Presanctified Gifts and Mission Talk – Seminarian Ivan Simko
8:10 – 9:00 p.m.: Fellowship & Social

POPE's PRAYER INTENTION FOR MARCH: *For Victims of Abuse.* We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

MARCH FOOD BANK ITEM – JUICE

The **Class of 1973 from Miller Comprehensive High School in Regina** is having a **50th Reunion** for members of the class. The Reunion is on **Friday June 23 and Saturday June 24** in Regina. If you are from this class or know of someone from this class please note the Reunion Dates. If you would like to attend or you require additional information you may contact the Reunion Committee for more information at 306-731-3008 or email miller1973alumni@gmail.com. There is also a private **Facebook Group** for our **Alumni members to connect at Miller High School Regina SK 1973 Grads**.



START AND END YOUR DAY DURING LENT

WITH THE PRAYER OF ST. EPHREM

O Lord and Master of my life, Keep from me the spirit of indifference and discouragement, Lust of power and idle chatter.

(Prostration)

Instead, grant to me Your servant, the spirit of wholeness of being, humble- mindedness, patience and love.

(Prostration)

O Lord and King, Grant me the grace

to be aware of my sins, and not to judge my neighbour, For You are blessed, now and forever and ever.

(Prostration)

ORDINATION BANNS: Ivan Simko is to be Ordained to the Diaconate. Anyone having knowledge of any obstacles to the proposed ordination has an obligation in conscience to make it known to the parish priest as soon as possible.

**YOU ARE CORDIALLY INVITED TO
THE INSTALLATION TO MINOR ORDERS
AND ORDINATION TO THE DIACONATE**



**OF MR. IVAN SIMKO
BY THE HANDS OF HIS EXCELLENCY
MOST REV. ANDRIY RABIY**

On

Holy Wednesday, April 5, 2023

6:30pm

**Dormition of the Blessed Mother of God Ukrainian
Catholic Parish**

120 105 St West, Saskatoon

&

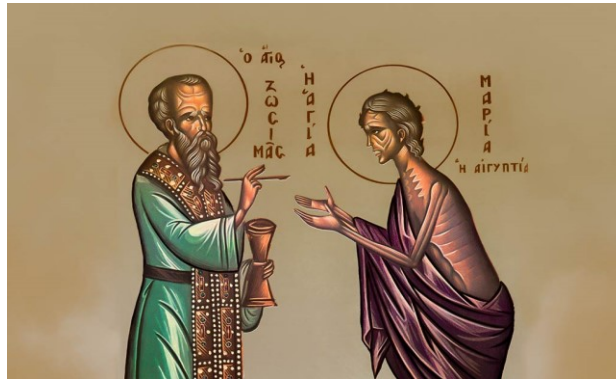
Holy Thursday, April 6, 2023

10:00 am

**St. George's Ukrainian Catholic Cathedral
210 Ave M South, Saskatoon**

FIFTH SUNDAY OF THE GREAT FAST

St. Mary of Egypt



The Peadings of Saint Andrew of Crete

Brief is my lifetime and full of pain and wickedness, but accept me in penitence and recall me to awareness of You. May I never be the possession or food of the enemy. O Saviour, have compassion on me.

The opulent and righteous man, arrayed in royal dignity, crown and purpose, abounding in wealth and cattle, was suddenly shorn of his riches, glory and kingdom and became a beggar.

If he who was righteous and blameless beyond all did not escape the snares and net of the deceiver, what will you do, my soul, who are sin-loving and wretched, if something unexpected happens to you?

Boastful I am, and hard-hearted, in all vain and for nothing. Condemn me not with the Pharisee, but rather grant me the humility of the Publican, O only merciful and just Judge, and number me with him.

I have sinned, I know, O merciful Lord, and outraged the vessel of my flesh, but accept me in penitence and recall me to awareness of You. May I never be the possession or food of the enemy. O Saviour, have compassion on me.

Am become my own idol, and have injured my soul with passions, O merciful Lord, but accept me in penitence and recall me to awareness of You. May I never be the possession or food of the enemy. O Saviour, have compassion on me.

I have not listened to Your voice, I have disobeyed Your Scripture, O Lawgiver, but accept me in penitence and recall me to awareness of You. May I never be the possession or food of the enemy. O Saviour, have compassion on me.

Holy Mother Mary, pray to God for us.

(To St Mary of Egypt): Though dragged down to the depth of great offences, you were not held there. But with better thought you returned by action to consummate virtue beyond all expectation, to the amazement of angel kind, O Mary.

UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN GRANT FUND PROGRAM

Ukrainian Catholic Foundation of Saskatchewan (UCFSask) is considering applications for grants from the Grant Fund Program. The Foundation is looking for applications from Parishes/Missions and approved Eparchial Organizations for projects/initiatives that align with the Foundation's mission and purpose. In addition, grant allocations will also be guided by the recommendations for action from the Eparchial 2014 SOBOR Document – The Vibrant Parish. The Foundation will be looking to distribute up to \$50,000 from the Grant Fund this year.

To receive this grant money, Parishes/Missions or Eparchial Organizations will be required to complete a grant application form. The application form is available under the “Grants” tab on the Foundation's website at www.ucfsask.org. More detailed information concerning the grant fund, and the guidelines under which grants will be considered is also available under the “Grants” tab on the website.

Parishes/Missions or Eparchial Organizations wishing to apply for a grant should complete and submit their “grant application form”, to the Foundation Office by 5:00pm April 15, 2023.

NOTE: Parishes/Missions/Eparchial Organizations who have already submitted their applications to the Foundation DO NOT need to re-submit their applications

If more information or clarification is required, please contact the UCFSask office at:

(306) 653-0138, ext 223 or email at admin@ucfsask.org. or go to our website at www.ucfsask.org where the criteria for grant funding and the grant application form is located under the “GRANTS” caption.

Westminster United Church invites you to a Ukraine benefit concert: An intimate evening of entertainment with performances by Jack Semple, Jeffery Straker, Dale Mac and Olivia Obarianyck; along with special guest former senator Raynell Andreychuk.

Proceeds will go to mental health support for those affected by the trauma of war, in partnership with Canada-Ukraine Foundation & Ukrainian Canadian Congress. April 20, 2023 at 7:30pm. Tickets are \$25/in-person attendance or \$10 online viewing. For tickets contact wucrevents@gmail.com.

The event is at 3025 – 13th Avenue, Regina. Free parking at the Holy Rosary Cathedral, across Cameron Street.

For more information on the program supporting mental health please visit <https://www.cufoundation.ca/mental-health-support-for-internally-displaced-children-in-ukraine>

Can't attend? Send your donation to: Westminster United Church, in person at the event or e-transfer wucrevents@gmail.com