

Sunday, July 2, 2023

**ST. ATHANASIOUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich Cell phone (call or text) : 306-536-4252

UCWLC President – Holly Paluck

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Curtis Stechyshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)

DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

MEMBERSHIP AT ST. ATHANASIOUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

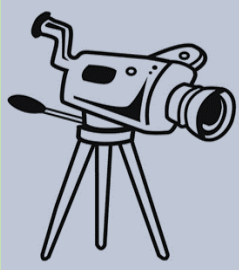
Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: daris.cherian@gmail.com

E-mail: abru.arun@gmail.com

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for coffee, juice, cookies and socializing.



TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

JULY GREETERS		JULY TABULATORS
July 2	Terry & Rosanne Miller	Kevin Korchinski & Rosanne Miller
July 9	Maggie Stephen & Bernic Bzdell	Art Wytrykush & John Dmyterko
July 16	Kevin Korchinski & Len Markewich	Kevin Korchinski & Linda Korchynski
July 23	Carl & Linda Korchynski	Carl Korchynski & Cliff Rakochy
July 30	Karen Woitas & Kevin Korchinski	John Dmyterko & Walter Brigidear

JULY ROSARY		JULY READERS
JULY 2	UCWLC – Glorious	UCWLC
JULY 9	John Makuch & Natalia Osoba - Joyful	John Makuch
JULY 16	Louise Makuch & Svitlana Zelenyi – Byzantine Luminous	Louise Makuch
JULY 23	Bernice Bzdell - Glorious	Rosanne Miller
JULY 30	Karen Woitas & Iryna Baran - Joyful	Karen Woitas

FIFTH SUNDAY AFTER PENTECOST
- Mother of God of Perpetual Help

TROPAR (Tone 4): When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: "Death has been plundered! Christ our God is risen granting to the world great mercy."

TROPAR OF THE FEAST (Tone 7): O Virgin Mother of God, your glory we celebrate, your help we seek, your miraculous icon we venerate. You are our gracious Mother, you are the Hope of the world. Do not despise our prayers, but always rescue us from our sorrows and troubles.

Glory be to the Father, and to the Son, and to the Holy Spirit.

KONDAK (Tone 4): My Saviour and Deliverer from the grave as God has raised out of bondage the children of earth and shattered the gates of Hades; and as Master, He rose on the third day.

Now and for ever and ever. Amen!

KONDAK OF THE FEAST (Tone 6): Our Mother of Perpetual Help, grant us, we pray, help in difficulties, relief in sickness, comfort in sorrow, strength in our labours. Give us, we beseech you, the virtue of piety, unity to Christians, forgiveness to sinners, perseverance to the righteous, salvation to the dying, purification to the souls in purgatory and obtain for them eternal glory.

PROKIMEN (Tone 3): My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.

VERSE: Because He has regarded the humility of His handmaid; for, behold, from henceforth all generations shall call me blessed.

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Romans. (10: 1-10)

Brothers and Sisters! My heart's desire, my prayer to God of the Israelites, is that they may be saved. Indeed, I can testify that they are zealous for God though their zeal is unenlightened. Unaware of God's justice and seeking to establish their own, they did not subject themselves to the justice of God. Christ is the end of the law. Through Him, justice comes to everyone who believes. Moses writes of the justice that comes from the law, "The one who observes the law shall live by it." But of the justice that comes from faith he says, "Do not say in your heart, 'Who shall go up into heaven?' (that is, to bring Christ down), or 'Who shall go down into the abyss?' (that is, to bring Christ up from the dead)." What is it he does say? "The word is near you, on your lips and in your heart" (that is, the word of faith which we preach). For if you confess with your lips that Jesus

is Lord, and believe in your heart that God raised him from the dead, you will be saved. Faith in the heard leads to justification, confession on the lips to salvation.

ALLELUIA VERSES: *Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.*

You have loved justice and hated iniquity

GOSPEL: Matthew 8: 28 – 9: 1

At that time as Jesus approached the Gadarene boundary, he encountered two men coming out of the tombs. They were possessed by demons and were so savage that no one could travel along that road. With a sudden shriek they cried: "Why meddle with us, Son of God? Have you come to torture us before the appointed time?" Some distance away a large herd of swine was feeding. The demons kept appealing to him, "If you expel us, send us into the herd of swine." He answered, "Out with you!" At that they came forth and entered the swine. The whole herd went rushing down the bluff into the sea and were drowned. The swineherds took to their heels, and upon their arrival in the town related everything that had happened, including the story about the two possessed men. The upshot was that the entire town came out to meet Jesus. When they caught sight of him, they begged him to leave their neighbourhood. Then he re entered the boat, made the crossing, and came back to his own town.

INSTEAD OF 'It Is Truly Right...': O my soul, extol the Mother of God, of Perpetual Help. Beneath the Cross we heard the words of comfort, that you are our Mother and we are your children. Therefore, we have gathered today and sincerely plea: Place our Church and our nation under Your perpetual help, for we extol you with faith and love, as our Mother of Perpetual Help.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. I will take the chalice of salvation; and I will call upon the name of the Lord.
Alleluia! Alleluia! Alleluia!

LITURGICAL SCHEDULE July 3 – July 10, 2023

Monday, July 3, 2023 - The Holy Martyr Hyacinth [Romans 16:17-24; Matthew 13:10-23.](#)
10:00 a.m. Divine Liturgy for health of Orest and Sylvia Dudiak, requested by Doris Gordon

Tuesday, July 4, 2023 - Our Holy Father Andrew the Jerusalemite, Archbishop of Crete (740);
[1 Corinthians 1:1-9; Matthew 13:24-30.](#)
10:00 a.m. Divine Liturgy for +Mike & Antonia Leciuk, requested by Ron Misko

Wednesday, July 5, 2023 - Our Venerable Father Athanasius of Athos (c. 1003) [Galatians 5:22-6:2; Luke 6:17-23.](#)
10:00 a.m. Divine Liturgy for +Emil & Caroline Gessell, requested by Ron Misko

Thursday, July 6, 2023 - Our Venerable Father Sisoës the Great (c. 429) [1 Corinthians 3:18-23; Matthew 13:36-43.](#)

No service scheduled

Friday, July 7, 2023 - Our Venerables Thomas and Acacius [1 Corinthians 4:5-8; Matthew 13:44-54.](#)

No service scheduled

Saturday, July 8, 2023 - The Holy Great-Martyr Procopius (303) [Romans 9:1-5; Matthew 9:18-26.](#)

No service scheduled

Sunday, July 9, 2023 - Sixth Sunday after Pentecost. [Romans 12:6-14; Matthew 9:1-8.](#)

9:10 a.m. - Rosary *livestreaming*

9:30 a.m. - First Divine Liturgy and newly ordained blessing by Fr. Ivan Simko at St. Athanasius *livestreaming*

NOTICE: Although there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

June 25: 43 Regular Envelopes - \$1825; 2 Building Fund Envelopes - \$724.79; 3 Visitor Envelopes - \$140; Loose Change - \$115.

E-Transfers: 2 general donations - \$50.



AXIOS! Fr. Ivan Simko will be celebrating his first Divine Liturgy at St. Athanasius Parish on Sunday, July 9th. There will be cake and coffee served in the auditorium following the Liturgy. Please plan to stay to congratulate Fr. Ivan.



NEW COFFEE SIGN UP SCHEDULE: Please, if you can sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy and will be discontinued. Please, help out when you can.

POPE's PRAYER INTENTION FOR JULY: *For a Eucharistic Life.* We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

JULY FOOD BANK ITEM – Cereal



ST. ATHANASIUS SOCIAL JUSTICE COMMITTEE continues to provide help and guidance to displaced individuals and families in need. The committee would like to assist families for 2023 Summer Camps taking place in the City Day Camps or St. Michael's Madge Lake Camp. If you require assistance, please contact Father Vasyl Tymishak at 306-519-9030 or the parish office at 306-543-8008. All requests are held in confidence.

КОМІТЕТ СОЦІАЛЬНОЇ СПРАВЕДЛИВОСТІ СВЯТОГО АТАНАЗІЯ продовжує надавати підтримку та допомогу та особам та сім'ям, які цього потребують. Комітет хотів би допомогти сім'ям у літніх таборах 2023 року, які проводяться в міських денних таборах або таборі St. Michael's Madge Lake. Якщо вам потрібна допомога, будь ласка, зв'яжіться з отцем Василем Тимішаком за номером 306-519-9030 або до парафіяльного офісу за номером 306-543-8008. Всі запити проводяться конфіденційно.

ST. ATHANASIUS AND MOOSE JAW DISTRICT SERVICES:

July 2023

Parish Administrator: Fr. Vasyl Tymishak
Tel: 306-519-9030 e-mail: vasyltymishak@gmail.com
Address: 55 McMurchy Ave. Regina, SK. S4R 3G3

Parish Office Hours: 10:00am-2:00pm (Tuesday-Wednesday, Thursday)
Parish Office Tel: 306-543-8008
Parish Office e-mail: stathanasius@sasktel.net
website: www.st-athanasius.ca
Facebook: <https://facebook.com/reginaukrainiancatholicnorth>

St. Athanasius Church Sundays:
Rosary – 9:10 a.m. (livestreaming)
Sunday Divine Liturgy – 9:30 a.m. (livestreaming)

July 2 - Sunday	St. Athanasius - Regina St. Athanasius - Regina	Fr. Vasyl Tymishak Fr. Vasyl Tymishak	9:30 a.m. 11:30 a.m.
July 9 - Sunday	St. Athanasius - Regina (First Divine Liturgy at St. Athanasius)	Fr. Ivan Simko	9:30 a.m.
July 16 - Sunday	St. Athanasius - Regina Moose Jaw	Fr. Vasyl Tymishak Fr. Vasyl Tymishak	9:30 a.m. 1:30 p.m.
July 23 - Sunday (First Divine Liturgy in Moose Jaw)	St. Athanasius - Regina	Fr. Ivan Simko Fr. Ivan Simko	9:30 a.m. 1:30 p.m.
July 30 - Sunday	St. Athanasius – Regina Moose Jaw	Fr. Vasyl Tymishak Fr. Vasyl Tymishak	9:30 a.m. 1:30 p.m.

Clergy Info:

Fr. Ivan Simko	St. Athanasius and St. Basil - Regina Tel. (306) 717-8958 E-Mail: ivan.simko@usask.ca
Fr. Warren Dungen	St. Basil Parish, 1747 Toronto Street, Regina, SK S4P1M5 Cell: 306-590-7900 E-Mail: wdungen@gmail.com
Fr. Ivan Nahachewsky Chancellor	214 Avenue M South, Saskatoon, SK S7M 2K4 Cell: 306-961-1390 E-Mail: inahachewsky@skeparchy.org
Fr. Joakim Rac, Dean of Yorkton	(Yorkton-Regina) Box 1137 Canora, SK SOA OLO Tel. 306-563-5148 E-mail: joarac@sasktel.net
Fr. Daris Cherian	St. John Paul II Syro-Malabar Parish, 55 McMurchy Ave. Regina, SK. S4R 3G3 Cell: 1-416-262-9670 E-mail: daris.cherian@gmail.com

Contact persons info:

St. Athanasius in Regina:	Len Markewich (306) 536-4252 email: annalen@sasktel.net
Moose Jaw Parish:	Mark Lazurko (306) 690-3708 email: marklazurko@hotmail.com Crystal Zakaluzny 306-630-4616 or email: czak@sasktel.net

**FIFTH SUNDAY AFTER PENTECOST
FIFTH SUNDAY OF MATTHEW**



Icon of the Healing Gadarene Demoniacs

WARFARE WITHIN US

The whole warfare of the demons against us is waged with the one purpose of alienating those who obey them from the glory of God and the grace of the Holy Spirit. But, as I see it, we have already deprived ourselves of such a gift before they even attack us, because we have forsaken the commandments of God and have not been eager to seek Him with all our soul. Had we sought Him we should not have lived so idly and carelessly! Had we been concerned for the things of heaven we should not have shown such great eagerness for the things of earth. Had our thoughts been on things incorruptible we should not have gaped greedily after the things that are transitory and corruptible.

Had we striven for things eternal we should not thus have pursued things temporal. Had we loved God we should not thus have turned away from those who guide us to Him. Had we sought to acquire virtues we would not have abhorred the teachers of virtues. Had we gladly embraced fasting we should not have complained of the lack of food and drink. Had we fought to gain control over our passions we should not have given ourselves unrestrainedly to pleasures. Had we a right and firm faith we should not have performed the works of faithlessness. Had we been found worthy to attain true love we should have known God.

St. Simeon the New Theologian