

**Sunday, July 16, 2023**

**ST. ATHANASIOUS UKRAINIAN  
CATHOLIC CHURCH  
55 MCMURCHY AVENUE  
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak  
Cell Phone: 306-519-9030

E-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)

**Parish Office:** 306-543-8008

**E-mail:** [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)

**Website:** [www.st-athanasius.ca](http://www.st-athanasius.ca)

**Facebook:** <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich Cell phone (call or text) : 306-536-4252

UCWLC President – Holly Paluck

UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Curtis Stechyshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**ROSARY: Sunday – 9:10 a.m. (livestreaming)**

**DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)**

**DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.**

**Weekday Liturgies – as scheduled**

**Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule**

**MEMBERSHIP AT ST. ATHANASIOUS PARISH** is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

**Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.**

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

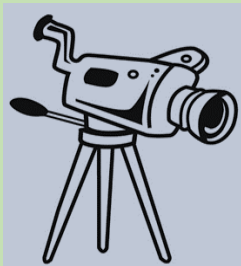
Phone: 1-416-262-9670

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: [daris.cherian@gmail.com](mailto:daris.cherian@gmail.com)

E-mail: [abru.arun@gmail.com](mailto:abru.arun@gmail.com)

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for coffee, juice, cookies and socializing.



**TO ALL PARISHIONERS:** During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the Greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream icon: <https://st-athanasius.ca/> or on Facebook:

<https://facebook.com/reginaukrainiancatholicnorth/live>

JULY GREETERS		JULY TABULATORS
<b>July 16</b>	Kevin Korchinski & Len Markewich	Kevin Korchinski & Linda Korchynski
<b>July 23</b>	Carl & Linda Korchynski	Carl Korchynski & Cliff Rakochy
<b>July 30</b>	Karen Woitas & Kevin Korchinski	John Dmyterko & Walter Brigidear

JULY ROSARY		JULY READERS
<b>JULY16</b>	Louise Makuch & Svitlana Zelenyi – <b>Byzantine Luminous</b>	Louise Makuch
<b>JULY 23</b>	Bernice Bzdell - <b>Glorious</b>	Rosanne Miller
<b>JULY 30</b>	Karen Woitas & Iryna Baran - <b>Joyful</b>	Karen Woitas

**SEVENTH SUNDAY AFTER PENTECOST**  
**- Holy Fathers of the First Six Ecumenical Councils**

**TROPAR (Tone 6):** Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

**KONDAK (Tone 6):** With His life-giving hand Christ our God, the Giver of life, raised all the dead from the murky abyss and bestowed resurrection upon humanity. He is for all the Savior, the resurrection and the life, and the God of all.

**PROKIMEN (Tone 6):** Save Your people, O Lord, and bless Your inheritance.

*Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.*

**EPISTLE:** A reading from the Epistle to the Hebrews. (13: 7-16)

Brothers and Sisters! Remember your leaders who spoke the word of God to you; consider how their lives ended, and imitate their faith. Jesus Christ is the same yesterday, today, and forever. Do not be carried away by all kinds of strange teaching. It is good to have our hearts strengthened by the grace of God and not by foods which are useless to those who take them as a standard for living. We have an altar from which those who serve the tabernacle have no right to eat. The bodies of the animals whose blood is brought into the sanctuary by the high priest as a sin offering are burned outside the camp. Therefore Jesus died outside the gate, to sanctify the people by his own blood. Let us go to him outside the camp, bearing the insult which he bore. For here we have no lasting city; we are seeking one which is to come. Through him let us continually offer God a sacrifice of praise, that is, the fruit of lips which acknowledge his name. Do not neglect good deeds and generosity, God is pleased by sacrifices of that kind.

**ALLELUIA VERSES:** *He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.*

*He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.*

**GOSPEL:** John 17: 1-13

At that time Jesus looked up to heaven and said: "Father, the hour has come! Give glory to your Son that your Son may give glory to you, inasmuch as you have given him authority over all mankind, that he may bestow eternal life on those you gave him. Eternal life is this, to know you, the only true God, and him whom you have sent, Jesus Christ. I have given you glory on earth by finishing the work you gave me to do. Do you now, Father, give me glory at your side, a glory I had with you before the world began. I

have made your name known to those you gave me out of the world. These men you gave me were yours; they have kept your word. Now they realize that all that you gave me comes from you. I entrusted to them the message you entrusted to me and they received it. They have known that in truth I came from you, they have believed it was you who sent me. For these I pray -- not for the world but for these you have given me, for they are really yours. Just as all that belongs to me is yours, so all that belongs to you is mine. It is in them that I have been glorified. I am in the world no more, but these are in the world as I come to you. O Father most holy, protect them with your name which you have given me, that they may be one, even as we are one. As long as I was with them, I guarded them with your name which you gave me. I kept careful watch, and not one of them was lost, none but him who was destined to be lost -- in fulfillment of Scripture. Now, however, I come to you; I say all this while I am still in the world that they may share my joy completely.

**COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest.  
Alleluia! Alleluia! Alleluia!**

### LITURGICAL SCHEDULE July 17– July 23, 2023

**Monday, July 17, 2023** -The Holy Great-Martyr Marina; Passing into Eternal Life (1944) of Blessed Tarsykia (Matskiv) of the Sister Servants of Mary Immaculate, Martyr [1 Corinthians 9:13-18; Matthew 16:1-6.](#)

**Clergy day Off - No service Scheduled**

**Tuesday, July 18, 2023** -The Holy Martyr Hyacinth of Amastris; Holy Martyr Emilian (360-63) [1 Corinthians 10:5-12; Matthew 16:6-12.](#)

**10:00 a.m. Divine Liturgy** for + Josephine Mackow, requested by Harry Mackow

**Wednesday, July 19, 2023** - Our Venerable Mother Macrina, Sister of Saint Basil the Great (379); Our Venerable Father Dios (c. 431) [1 Corinthians 10:12-22; Matthew 16:20-24.](#)

**10:00 a.m. Divine Liturgy** for repose of the soul of Margaret Dunk, requested by Wales Marguerite

**Thursday, July 20, 2023** - The Holy and Glorious Prophet Elijah (Elias) (9th c. BC) [James 5:10-20; Luke 4:22-30.](#)

**No service scheduled**

**Friday, July 21, 2023** - Our Venerable Father Simeon, the Fool for Christ (c. 580), and His Ascetical Companion John (527-65); Prophet Ezekiel [1 Corinthians 11:8-22; Matthew 17:10-18.](#)

**10:00 a.m. Divine Liturgy** for + Cynthia Misko, requested by Pauline Lesciuk

**Saturday, July 22, 2023** - The Holy Myrrh-bearer and Equal-to-the-Apostles Mary Magdalene; Return of the Relics of the Priest-Martyr Phocas [Romans 13:1-10; Matthew 12:30-37.](#)

**No service scheduled**

**Sunday, July 23, 2023 - Eighth Sunday after Pentecost. Octoechos Tone 7; The Holy Martyrs Trophimus, Theophilus and those with them (284-305); Miracle of the Pochaiv Icon of the Mother of God against the Invaders (1675) 1 Corinthians 1:10-18; Matthew 14:14-22.**

**9:10 a.m. Rosary - *livestreaming***

**9:30 a.m. Divine Liturgy - *livestreaming***

**1:30 p.m. Divine Liturgy in Moose Jaw**

**NOTICE:** Although there are no restrictions on numbers who can attend church services, some people are not comfortable in group settings, therefore we continue our livestreaming of services. Our parish expenses continue and it would be very much appreciated if you could continue to support the parish. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to [stathandeposit@sasktel.net](mailto:stathandeposit@sasktel.net). **PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.**

**July 9: 37 Regular Envelopes - \$1090; 1 Building Fund Envelope - \$20; 5 Visitor Envelopes - \$75; Loose Change - \$405.**

**E-Transfers: 2 general donations - \$55.**



We are again ordering Cabbage for our parishioners and friends. Cabbage will be in 50 pound bags @ \$35 per bag. There will not be any 25 pound bags.

Please have your orders and cash payment for your cabbage into Eleanor Hadubiak @ 306 352-6565; or Fran Hladun @ 306 543-7354 by July 23<sup>rd</sup>. Delivery date is August 10 at 8:15 a.m. The cabbage will be delivered to the west side parking lot at St. Athanasius and must be picked up at time of delivery as we cannot store it.



**NEW COFFEE SIGN UP SCHEDULE:** Please, if you can sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy and will be discontinued. Please, help out when you can.

**POPE's PRAYER INTENTION FOR JULY: *For a Eucharistic Life.*** We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

**JULY FOOD BANK ITEM – Cereal**



HEAVENLY FATHER, we thank you for the blessing of Father Vasyl who shares his Ministry so generously with us! Continue to bless him in his Ministry with good health, strength and joy in living out the values and teachings of our faith, ultimately leading us closer to one another and to God.

*Mnohaja Lita! May God grant your and family many more joyful years of Ministry!*

**Many years to Fr. Tymishak on his  
5th anniversary of ordination!  
Axios! Аксіос! Многая літа!**

**St. ATHANSIUS PARISH**



**Rev. Vasyl Tymishak  
2018 - July 12 - 2023**



**ST. ATHANASIUS SOCIAL JUSTICE COMMITTEE** continues to provide help and guidance to displaced individuals and families in need. The committee would like to assist families for 2023 Summer Camps taking place in the City Day Camps or St. Michael's Madge Lake Camp. If you require assistance, please contact Father Vasyi Tymishak at 306-519-9030 or the parish office at 306-543-8008. All requests are held in confidence.

**КОМІТЕТ СОЦІАЛЬНОЇ СПРАВЕДЛИВОСТІ СВЯТОГО АТАНАЗІЯ** продовжує надавати підтримку та допомогу та особам та сім'ям, які цього потребують. Комітет хотів би допомогти сім'ям у літніх таборах 2023 року, які проводяться в міських денних таборах або таборі St. Michael's Madge Lake. Якщо вам потрібна допомога, будь ласка, зв'яжіться з отцем Василем Тимішаком за номером 306-519-9030 або до парафіяльного офісу за номером 306-543-8008. Всі запити проводяться конфіденційно.

## UCWLC Notes...



## Примітки лукжк...

### Activities:

- Want to learn more about the UCWLC/ЛУКЖК Christmas Market on December 9? An information meeting will be held (today) Sunday, July 16 following liturgy. Meet at the UCWLC table in foyer. Can't attend? Contact Holly or Lorraine. Vendor information packages are available from the UCWLC mailbox.
- We have a Facebook page now! ☺ "St. Athanasius Branch UCWLC" - Like/Follow Us!
- UCWLC/ЛУКЖК Branch members are leading Rosary and the Reading of the Epistle on the first Sunday of each month. Contact Holly if you would like to participate!
- If you would like to join the UCWLC and be part of our Ministry in support of the life of the parish (spiritual, cultural, community/social justice, & charitable activities), please contact Holly or Lorraine for more information! Faith, Fun and Fellowship!

### Available after Sunday Liturgies – contact Holly

- UCWLC/ЛУКЖК golf shirts are available after July liturgies (\$40)
- UCC Raffle Tickets will also be sold after liturgies this summer- \$5 each for some great prizes!

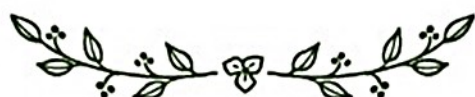
### Upcoming Branch Events – mark your calendars!

- Saturday, September 9 – Meeting following service
- Saturday, September 16 – Games Afternoon for parishioners
- Saturday, December 9 – Christmas Market Trade & Craft Show



St. Athanasius Branch UCWLC  
invites you to our

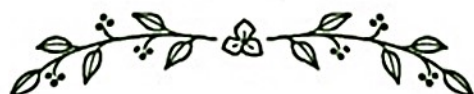
# Christmas Market Trade & Craft Show



DECEMBER 9, 2023

10:00 am - 4:00 pm

55 McMurphy Avenue  
Regina, SK



For Vendor Information & Application:



<http://bit.ly/3pygsx9>





## June 2023 Parish Council Highlights

Hello everyone,

As a way to improve communication with all of you as St. Athanasius Parishioners we will be including a brief recap of the recent Parish Council meeting. If there is other information you would like to know about do not hesitate to contact Parish Council.

### Financial Update

Inquiries regarding the balance of accounts is available by contacting the Parish office.

### Business Arising

- **Photo Icons** - Fr. Vasyl reported that the photo icons are almost complete and will be installed soon. The Parish will be borrowing some scaffolding from St. Basil's, to support the completion of this project.
- **Coffee** – Please sign up to serve coffee as it can only happen with your support. There will not be coffee if no one is signed up to help and we are VERY short of volunteers at the moment.
- **Support for Ukraine** – The donations are noted weekly in the bulletin – your generosity is very much appreciated, and Father Vasyl and the Social Justice Committee are continuing the process of distributing funds. We wish to thank all of the parishioners who have donated funds or goods, as well as those who have been driving the newcomers to appointments, church etc. The committee will also support families who are attending summer camp this year.
- **Father Ivan Simko** – Father Ivan was ordained at St. George's Cathedral on Saturday June 24<sup>th</sup>. Father Ivan has since been posted to Canora, beginning August 1, and celebrated his first Divine Liturgy at St. Athanasius on Sunday, July 9.
- **Insurance on the Parish Complex** – Parish Council agreed to increase the insurance coverage on the complex to more properly reflect current market conditions and replacement value.
- **Ushering** – in the last few months we have returned to the pre-pandemic way of ushering. Those scheduled to usher will be responsible for the collection after the Homily, guiding people during Holy Communion, and tabulating the collection after Liturgy. If you would like to volunteer please let the office know. We would also like to remind parishioners that collections will happen immediately after the homily.
- **Bilingual Liturgies** - With the arrival of many newcomers from the Ukraine, we will continue in the short term of having a more bilingual service to help all feel welcome. Please use the weekly bulletin for English words for Epistle and Gospel readings.  
Special thanks to all parishioners for helping everyone feel welcome.

The first Sunday of the month will see a Ukrainian Liturgy starting at 11:30 A.M.

- **Catechism/Sunday School** – Both of these programs are now completed until September. **Next year will be Karen's final year of involvement as coordinator.** She is hoping a new coordinator will step up soon, so they can shadow her and learn about the role next year. If you are interested please contact Karen.
- **St. Basil's Parish** - St. Basil's is fundraising for a new roof for their Parish Centre. They are advertising a "Raising the Roof" 50/50 Fundraiser. Please support this project if you can  
[www.rafflebox.ca/raffle/stbasil](http://www.rafflebox.ca/raffle/stbasil)

## **New Business**

- **Fr. Vasyl Vacation** – Father will be on vacation July 18 – 28. Please refer to the bulletin for a list of service days and times and names and numbers should you need to reach someone.
- **New Door Locking Policy** – following a person entering the complex on Sunday, May 7 just as Liturgy began and taking food from the freezer, Parish Council has reminded all key holders to ensure that procedures are being followed. Also, for the time being the west door will remain locked Sunday mornings. We will ask those making coffee to listen for knocking /doorbell but no one may be available to open the door.
- **New Kitchen Items** – The UCBC has purchased additional baskets for washing cutlery and a Bunn coffee machine for smaller meeting etc. Instructions, in English and Ukrainian, are beside the machine.

Thanks for your continued support.

St. Athanasius Parish Council



## **Discover Canada's 2nd National Martyr's Shrine**

The Bishop Velychkovsky National Martyr's Shrine is located at St. Joseph's Ukrainian Catholic Church at 250 Jefferson Avenue in Winnipeg Manitoba. Come and experience this prayerful, peaceful atmosphere of holiness before the precious Holy Relics of Blessed Martyr Vasyl Velychkovsky. You can also tour the Museum and visit the Gift Shop to learn more about this modern day martyr and how he was such a great witness to the truth of the Gospel.

**Open: Tuesday to Friday – 10 am to 5pm**

**Saturday – 10 am to 1 pm**

**Sunday – after 10 a.m. Liturgy Also every**

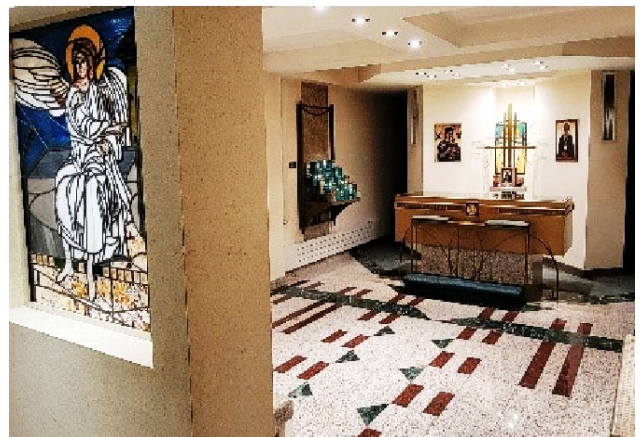
**Wednesday: 1:30 p.m. Praying for Ukraine**

**7:00 p.m. Devotional Service**

**For more information:**

**Visit the website: [bvmartyrshrine.com](http://bvmartyrshrine.com)**

**Call 204-338-7321 Email: [info@bvmartyrshrine.com](mailto:info@bvmartyrshrine.com)**



# ST. ATHANASIUS AND MOOSE JAW DISTRICT SERVICES:

July 2023

Parish Administrator: Fr. Vasyl Tymishak  
Tel: 306-519-9030 e-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)  
Address: 55 McMurchy Ave. Regina, SK. S4R 3G3

Parish Office Hours: 10:00am-2:00pm (Tuesday-Wednesday, Thursday)  
Parish Office Tel: 306-543-8008  
Parish Office e-mail: [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)  
website: [www.st-athanasius.ca](http://www.st-athanasius.ca)  
Facebook: <https://facebook.com/reginaukrainiancatholicnorth>

St. Athanasius Church Sundays:  
**Rosary – 9:10 a.m. (livestreaming)**  
Sunday Divine Liturgy – 9:30 a.m. (livestreaming)

July 16 - Sunday	St. Athanasius - Regina Moose Jaw	Fr. Vasyl Tymishak Fr. Vasyl Tymishak	9:30 a.m. 1:30 p.m.
July 23 - Sunday (First Divine Liturgy in Moose Jaw)	St. Athanasius - Regina	Fr. Ivan Simko Fr. Ivan Simko	9:30 a.m. 1:30 p.m.
July 30 - Sunday	St. Athanasius – Regina Moose Jaw	Fr. Vasyl Tymishak Fr. Vasyl Tymishak	9:30 a.m. 1:30 p.m.

## Clergy Info:

Fr. Ivan Simko

St. Athanasius and St. Basil - Regina  
Tel. (306) 717-8958 E-Mail: [ivan.simko@usask.ca](mailto:ivan.simko@usask.ca)

Fr. Warren Dungen

St. Basil Parish, 1747 Toronto Street, Regina, SK S4P1M5  
Cell: 306-590-7900 E-Mail: [wdungen@gmail.com](mailto:wdungen@gmail.com)

Fr. Ivan Nahachewsky Chancellor

214 Avenue M South, Saskatoon, SK S7M 2K4  
Cell: 306-961-1390 E-Mail: [inahachewsky@skeparchy.org](mailto:inahachewsky@skeparchy.org)

Fr. Joakim Rac, Dean of Yorkton

(Yorkton-Regina) Box 1137 Canora, SK SOA OLO  
Tel. 306-563-5148 E-mail: [joarac@sasktel.net](mailto:joarac@sasktel.net)

Fr. Daris Cherian

St. John Paul II Syro-Malabar Parish, 55 McMurchy Ave. Regina, SK. S4R 3G3  
Cell: 1-416-262-9670 E-mail: [daris.cherian@gmail.com](mailto:daris.cherian@gmail.com)

## Contact persons info:

St. Athanasius in Regina:

Len Markewich (306) 536-4252 email: [annalen@sasktel.net](mailto:annalen@sasktel.net)

Moose Jaw Parish:

Mark Lazurko (306) 690-3708 email: [marklazurko@hotmail.com](mailto:marklazurko@hotmail.com)  
Crystal Zakaluzny 306-630-4616 or email: [czak@sasktel.net](mailto:czak@sasktel.net)



## *Fencing the Mysteries*

The life of the Church in the earlier Byzantine period is dominated by the seven General Councils. These Councils fulfilled a double task. First, they clarified and articulated the visible organization of the Church, crystallizing the position of the five great sees or Patriarchates, as they came to be known. Secondly, and more important, the Councils defined once and for all the Church's teaching upon the fundamental doctrines of the Christian faith - the Trinity and the Incarnation. All Christians agree in regarding these things as "mysteries" which lie beyond human understanding and language. The bishops, when they drew up definitions at the Councils, did not imagine that they had explained the mystery; they merely sought to exclude certain false ways of speaking and thinking about it. To prevent men from deviating into error and heresy, they drew a fence around the mystery; that was all.

The discussions at the Councils at times sound abstract and remote, yet they were inspired by a very practical purpose: the salvation of man. Man, so the New Testament teaches, is separated from

God by sin, and cannot through his own efforts break down the wall of separation which his sinfulness has created. God has therefore taken the initiative: He became man, was crucified, and rose from the dead, thereby delivering humanity from the bondage of sin and death. This is the central message of the Christian faith, and it is this message of redemption that the Councils were concerned to safeguard. Heresies were dangerous and required condemnation, because they impaired the teaching of the New Testament, setting up a barrier between man and God, and so making it impossible for man to attain full salvation.

*Metropolitan Kallistos of Diokleia*

## **SUNDAY OF THE FATHERS OF THE FIRST SIX ECUMENICAL COUNCILS**



*Icon of Fathers of the First Six Ecumenical Councils*