



ST. ATHANASIUS UKRAINIAN CATHOLIC CHURCH 55 MCMURCHY AVENUE REGINA SK. S4R 3G3

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E-mail: vasyltymishak@gmail.com

Parish Priest: Fr. Vasyl Tymishak

Cell Phone: 306-519-9030

Parish Office: 306-543-8008 E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: https://facebook.com/reginaukrainiancatholicnorth/live

Parish Council President – Len Markewich Cell phone (call or text): 306-536-4252 UCWLC President – Holly Paluck UCBC President - Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Tyler Woloshyn, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (*livestreaming*) DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by <u>participating</u> in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in <u>contributing</u> to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian

Phone: 1-306-510-7700

Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302) E-mail: abru.arun@gmail.com

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for coffee, juice, cookies and socializing.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video

will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream icon: https://st-athanasius.ca/ or on Facebook:

https://facebook.com/reginaukrainiancatholicnorth/live

S	September/October Greeters	September/October Ushers Tabulators
Sept. 24	Mark & Karen Woitas	Walter Brigidear & Cliff Rakochy
Oct. 01	Terry & Rosanne Miller	John Dmyterko & Art Wytrykush
Oct. 08	Kevin Korchinski & Linda Korchysnki	Kevin Korchinski & Linda Korchysnki
Oct. 15	Maggie Stephen & Bernice Bzdell	Cliff Rakochy & Art Wytrykush
Oct. 22	Mark & Karen Woitas	Walter Brigidear & Karen Woitas
Oct. 29	Len Markewich & Terelyne Vadeboncoeur	John Dymterko & Rosanne Miller

SEPTEMBER/OCTOBER ROSARY		SEPTEMBER/OCTOBER READERS
Sept. 24	Louise Makuch & Natalia Osoba - Glorious Mysteries	Louise Makuch
Oct. 1	UCWLC – Joyful Mysteries	UCWLC
Oct. 8	Art Wytrykush & Svitlana Zelenyi – Luminous Mysteries	Art Wytrykush
Oct. 15	Karen Woitas & Mykola Perun - Byzantine: Glorious Mysteries	Karen Woitas
Oct. 22	Bernice Bzdell & Iryna Baran - Joyful Mysteries	Terelyne Vadeboncoeur
Oct. 29	John Makuch & Mykola Perun – Luminous Mysteries	John Makuch

Glory Be To Jesus Christ! Glory Be Forever! Слава Ісусу Христу! Слава на віки!

SEVENTEENTH SUNDAY AFTER PENTECOST

TROPAR (Tone 8): You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

KONDAK (Tone 8): When You rose from the tomb, You also raised the dead and resurrected Adam. Eve exults in Your resurrection, and the ends of the world celebrate Your rising from the dead, O most merciful One.

PROKIMEN (Tone 8): Pray and give praise to the Lord our God.

Verse: In Judea God is known; His name is great in Israel.

EPISTLE: A reading from the Second Letter of the Holy Apostle Paul to the Corinthians (6: 16-7:1)

Brothers and Sisters! You are the temple of the living God, just as God has said: "I will dwell with them and walk among them. I will be their God and they shall be my people. Therefore, 'Come out from among them,' says the Lord; 'and touch nothing unclean. I will welcome you and be a father to you and you will be my sons and daughters,' says the Lord Almighty." Since we have these promises, beloved, let us purify ourselves from every defilement of flesh and spirit, and in the fear of God strive to fulfill our consecration perfectly.

ALLELUIA VERSES: Come, let us rejoice in the Lord; let us acclaim God our Savior.

Let us come before His countenance with praise and acclaim Him with psalms.

GOSPEL: Matthew 15: 21-28

At that time Jesus entered into the district of Tyre and Sidon. It happened that a Canaanite woman living in that locality presented herself, crying out to him, "Lord, Son of David, have pity on me! My daughter is terribly troubled by a demon." He gave her no word of response. His disciples came up and began to entreat him, "Get rid of her. She keeps shouting after us." "My mission is only to the lost sheep of the house of Israel," Jesus replied. She came forward then and did him homage with the plea, "Help me, Lord!" But he answered, "it is not right to take the food of sons and daughters and throw it to the dogs." "Please, Lord," she insisted, "even the dogs eat the leavings that fall from their masters' tables." Jesus said in reply, "Woman, you have great faith! Your wish will come to pass." That very moment her daughter got better.

INSTEAD OF "It Is Truly Right...": My soul, extol the venerable cross of the Lord. O Mother of God, you are a hidden paradise* which mysteriously brought forth Christ by whom a life-giving tree of the cross has been planted on earth. Today this cross is being exalted, and we, adoring it, glorify You.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia!

LITURGICAL SCHEDULE SEPTEMBER 25 – OCTOBER 1, 2023

Monday, September 25, 2023 - Our Venerable Mother Euphrosyne <u>Ephesians 4:25-32; Luke</u> 3:19-22.

6:30 p.m. Moleben and Catechism

Tuesday, September 26, 2023 - The Passing of the Holy Apostle and Evangelist John the Theologian 1 *John 4:12-19; John 19:25-27; 21:24-25.*

10:00 a.m. Divine liturgy for repose of the soul of Lorris Kuz, requested by John and Louise Makuch

Wednesday, September 27, 2023 - Holy Martyr Callistratus and His Companions; Our Venerable Father Nilus, Founder and Hegumen of the Grottaferrata Monastery <u>Ephesians</u> <u>5:25-33; Luke 4:1-15.</u>

10:00 a.m. Divine liturgy for repose of the soul of Lorris Kuz, requested by Joe and Chris Hladky

Thursday, September 28, 2023 - Our Venerable Father and Confessor Chariton (350); Passing into eternal life of Blessed Nykyta Budka (1949), First Bishop of Canada and Confessor of Karaganda **2** *Corinthians 4:6-15; Luke 6:17-23.*

6:30 p.m. Divine liturgy for repose of the soul of Lorris Kuz, requested by Kevin Korchinski followed by **PCM**

Friday, September 29, 2023 - Our Venerable Father Cyriacus the Anchorite (c. 448-556) Ephesians 6:18-24; Luke 4:22-30.

No service scheduled - Clergy day off

Saturday, September 30, 2023 - The Priest-Martyr Gregory, Bishop of Great Armenia (284-305) 1 Corinthians 15:39-45; Luke 4:31-36.

4:00 p.m. Divine Liturgy in Moose Jaw

Sunday, October 1, 2023 - Eighteenth Sunday after Pentecost. The Protection of the Most Holy Mother of God; 2 Corinthians 9:6-11; Hebrews 9:1-7; Luke 5:1-11; Luke 10:38-42; 11:27-28.

9:10 a.m. Rosary – livestreaming

9:30 a.m. Divine Liturgy – *livestreaming*

11:30 a.m. Divine Liturgy in Ukrainian

NOTICE: Our parish expenses continue, so please continue to support the parish. Your donations are very much appreciated. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

September 17: 44 Regular Envelopes - \$990; 1 Building Fund Envelope - \$500; 7 Visitor Envelopes - \$115; 1 Beatifications & Canonizations donation - \$20; Loose Change - \$192. E-Transfers: 1 general donation - \$25;



NEW COFFEE SIGN UP SCHEDULE: Please, if you can sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy and will be discontinued. Please, help out when you can.

FRIENDLY REMINDER: St. Athanasius is a scent and perfume free parish. PLEASE refrain from using scented products that may impose a risk to people who encounter health issues and allergies. Thank you for your co-operation.

ДРУЖНЕ НАГАДУВАННЯ: Ласкаво просимо утриматися від використання парфумів у нашій парафії, які можуть становити ризик для людей, які мають проблеми зі здоров'ям та алергію. Дякую за співпрацю.

POPE's PRAYER INTENTION FOR OCTOBER: For The Synod – we pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

OCTOBER FOOD BANK ITEM - CEREAL



SYMPATHY AND CONDOLENCES are extended to Eugene and Bernice Bzdell, Connie Bzdel, and families, on the death of their brother in law Mervin Bzdel, who passed away on, Monday, September 18th. Funeral service will be held in Regina, on Monday, September 25, 2023 at 10:30 a.m. at. St. Basil's Ukrainian Catholic Church. Interment at Riverside Memorial Park Cemetery.



Вічная Пам'ять – Vichnaya Pamyat! Eternal Memory!

August 2023 Parish Council Highlights

Hello everyone.

As a way to improve communication with all of you as St. Athanasius Parishioners we will be including a brief recap of the recent Parish Council meeting. If there is other information you would like to know about do not hesitate to contact Parish Council. Financial Update

Inquiries regarding the balance of accounts is available by contacting the Parish office. Business Arising

- Photo Icons Fr. Vasyl reported that the photo icons are almost complete and will be installed before winter. The Parish will be borrowing some scaffolding from St. Basil's, to support the completion of this project.
- Coffee Please sign up to serve coffee as it can only happen with your support. There will not be coffee if no one is signed up to help and we are VERY short of volunteers at the moment.
- Support for Ukraine The donations are noted weekly in the bulletin your generosity is very much appreciated, and Father Vasyl and the Social Justice Committee are continuing the process of distributing funds. We wish to thank all of the parishioners who have donated funds or goods, as well as those who have been driving the newcomers to appointments, church etc. The newcomers viewed their home at St. Michael's Camp this summer as a blessing.
- Insurance on the Parish Complex Parish Council agreed to increase the insurance coverage on the complex to more properly reflect current market conditions and replacement value. After meeting with an inspector, who suggested some minor changes in day to day operations, was concerned that the parish was not insured at 90% of replacement costs. Parish Council will increase coverage on the renewal date in February 2024.
- Ushering in the last few months we have returned to the pre-pandemic way of ushering. Those scheduled to usher will be responsible for the collection after the Homily, guiding people during Holy Communion, and tabulating the collection after Liturgy. Ushers are also reminded to notify the Sunday School teachers at times during Liturgy as noted on the reserved pew. If you would like to volunteer please let the office

know. We would also like to remind parishioners that collections will happen immediately after the Homily.

- Bilingual Liturgies - With the arrival of many newcomers from the Ukraine, we will continue having a more bilingual service to help all feel welcome. Please use the weekly bulletin for English words for Epistle and Gospel readings.

Special thanks to all parishioners for helping everyone feel welcome.

The first Sunday of the month will see a Ukrainian Liturgy starting at 11:30 A.M.

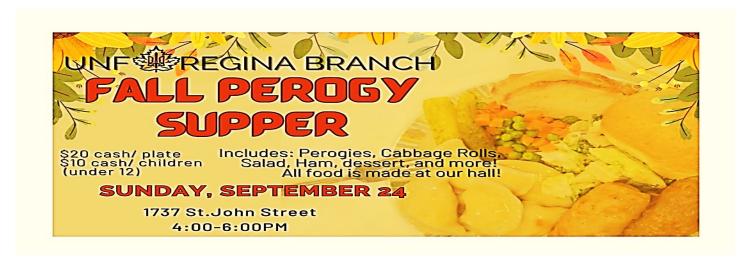
- Catechism/Sunday School Catechism and Sunday School have started for the new school year. This year will be Karen's final year of involvement as coordinator. She is hoping a new coordinator will step up soon, so he/she can shadow her and learn about the role next year. If you are interested in either teaching or becoming the coordinator please contact Fr. Vasyl or Karen.
- New Door Locking Policy following a person entering the complex on Sunday May 7 just as Liturgy began and taking food from the freezer, Parish Council has reminded all key holders to ensure that procedures are being followed. Also, for the time being the West Door will remain locked Sunday mornings. We will ask those making coffee to listen for knocking /doorbell but no one may be available to open the door.

New Business

- Cathedraticum The Eparchy notified the parish that the 2022 cathedraticum would be 11 % of the 2022 Sunday Collection and Memberships (not including Special Collections / Aid for Ukraine or Building Fund Donations). The Eparchy also stated that the 2024 Cathedraticum will be increased by 1% to 12% and that the clergy insurance costs will increase to 3% of those same collections.
- Kitchen Recertification The City of Regina inspected the kitchen and recertified the kitchen for use for parish functions. There MUST be one person involved in kitchen activities (not including Sunday Coffee) that has their Food Safe training. A list will be kept in the kitchen of those who have the training, so please let the office know when, or if, you have completed the training. This day-long course is available with dates listed in the bulletin. This training is also available in Ukrainian during weekdays.

Many thanks to Holly Paluck and Rosanne Miller for initiating and completing this project.

Thanks for your continued support St. Athanasius Parish Council



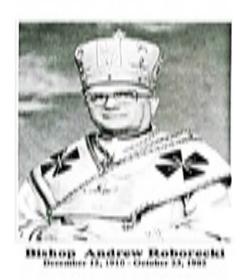
UKRAINIAN CATHOLIC BROTHERHOOD OF CANADA

Bishop Andrew Roborecki Branch



БРАТСТВО УКРАЇНЦІВ КАТОЛИКІВ КАНАДИ

зідділ єп. Андрея Роборецького



41st Anniversary of the passing of our Late Bishop Andrew Roborecki

Sunday, October 22, 2023

9:30 a.m. – Divine Liturgy/Panakhyda – LIVESTREAM

St. George's Cathedral

Short program to follow:

All faithful are invited!

UCWLC Notes...



Примітки лукжк...

1. Looking for Cabbage Rolls?

Just in time for Thanksgiving! We have vegetarian cabbage rolls for sale: \$15/2 dz bag. They are also gluten-free! Contact Holly P.

Orders for meat/rice (\$18/2dz bag) & rice/onion (\$15/2dz bag) cabbage rolls are being accepted between Sept. 15 – Oct. 15/23. Payment is due at time of order.

Order Forms are available from Holly P., Lorraine W., or the UCWLC mailbox. Order Pickup: Sunday, Nov. 5 (11am - 1pm) or Tuesday, Nov. 7 (4-6pm).

Perfect timing for the November long weekend, Grey Cup and Christmas menu planning!

- 2. Last Chance for UCWLC Dress Code Golf shirts \$40, see Holly P.
- <u> 3. Upcoming Branch Events Mark Your Calendars!</u>

Wed., Sept. 27 (AM)

Food Service Bee #1*

> Sat., Oct. 14

Branch Meeting follows liturgy

(we will have cake/coffee in honour of Sophie C's belated 90th birthday!)

> Sun., Oct. 15

Soup Sunday Luncheon (by donation)

Wed., Oct. 25 (AM)

Food Service Bee #2*

*<u>Note</u>: Call Marie B. to volunteer: 306-949-7493









FALL TURKEY SUPPER will be held at Little Flower Parish, Sunday, October 1st, 5:00 P.M. Adults - \$25.00; Children Under 12 - \$12.00; Children Under 5 – Free.

For more information regarding this event, refer to the poster on the bulletin board in the auditorium.



The Marian Centre would be grateful for donations of men's fall and winter clothing for its clothing room, especially the following items; men's walking and running shoes, jeans and casual pants (especially smaller waist sizes), belts, sweats, and large sized men's underwear. We are very grateful for your continued support for those we serve.



SEVENTEENTH SUNDAY AFTER PENTECOST ели Icon of Zachary and Elzabeth, Conception of St. John the Baptist - September 23rd

THREE PERSONS, ONE FLESH

Marriage is the representation of an important reality. It is a representation of Jesus Christ and the Church. It is a mystery, and the mystery consists in this, the fact that the spouses are united and the two become one. In great silence, while all around them there is complete tranquility, the two are united and together form the image of God. One meets the other to make one body.

Every father is happy at the marriage of a daughter or a son, because he sees that two persons are about to form a single body. He has spent a lot of money on his children, they have cost him a great deal, and to see them not marrying does not help to support him: one body divided into two, that is what they are.

But, when they marry how do they become one flesh? It is as if you were to take gold purer than any that exists and mix it with more gold. The wife

receives the seed - fused as though in a crucible of pleasure - nourishes it, protects it, and adding her own contribution delivers it to her husband as a baby, a third person to make a bridge between the two parents. The three are one flesh, counting the baby who binds the father and mother together.

But then, if they do not have children, will they in that case not be forming one flesh? They will be one flesh just the same, because it is the conjugal union that creates this unity by mingling together the bodies of the two spouses. Add a little seasoning to the oil and the mixture is complete. The same thing happens in marriage.

St. John Chrysotom



Christmas Market Trade & Craft Show

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DECEMBER 9, 2023

10:00 am - 4:00 pm

55 McMurchy Avenue Regina, SK

39:30 80 0:38

For Vendor Information & Application:



http://bit.ly/3pygsx9







