



Sunday, January 7, 2024

**ST. ATHANASIUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
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Parish Office: 306-543-8008

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Len Markewich Cell phone (call or text): 306-536-4252
UCWLC President – Holly Paluck UCBC President - Mark Woitas
Ultimate A&B Youth - Lesia Lazurko
Knights of Columbus – Tyler Woloshyn, Grand Knight
Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

ROSARY: Sunday – 9:10 a.m. (livestreaming)

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)

DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

MEMBERSHIP AT ST. ATHANASIUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or parish office.

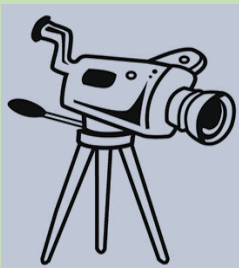
Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

St. John Paul II Syro-Malabar Parish – Fr. Daris Cherian
Phone: 1-306-510-7700
Parish Council Trustee – Arun Abraham Phone: (1-306-891-4302)

E-mail: daris.cherian@gmail.com

E-mail: abru.arun@gmail.com

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for coffee, juice, cookies and socializing.



TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services. This video will be kept for a maximum of 45 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on The Livestream icon: <https://st-athanasius.ca/> or on Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

January Greeters		January Ushers & Tabulators
Jan. 07	Terry & Rosanne Miller	Cliff Rakochy & Carl Korchynski
Jan. 14	Carl & Linda Korchynski	Linda Korchynski & John Dmyterko
Jan. 21	Kevin Korchinski & Len Markewich	Kevin Korchinski & Walter Brigidear
Jan. 28	Bernice Bzdell & Maggie Stephen	Art Wytrykush & Walter Brigidear

JANUARY ROSARY		JANUARY READERS
Jan. 07	UCWLC – <i>Glorious Mysteries</i>	UCWLC
Jan. 14	Benice Bzdell & Iryna Baran – <i>Joyful Mysteries</i>	Terelyne Vadeboncoeur
Jan. 21	Louise Makuch & Natalia Osoba – <i>Byzantine Glorious Mysteries</i>	Louise Makuch
Jan. 28	John Makuch & Svitlana Zelenyi – <i>Glorious Mysteries</i>	John Makuch

CHRIST IS BORN!
ХРИСТОС РОЖДАЄТЬСЯ!

LET US GLORIFY HIM!
СЛАВІМО ЙОГО!

SUNDAY AFTER THE THEOPHANY

FIRST ANTIPHON: When Israel came forth from Egypt, the house of Jacob from a people of alien tongue.

Through the prayers of the Mother of God, O Saviour save us.

Judah became His sanctuary, Israel His domain.

Through the prayers of ...

The sea beheld and fled, Jordan turned back.

Through the prayers ...

Why is it, O sea, that you flee? O Jordan, that you turn your back?

Through the prayers ...

Glory be to the Father... (P. 23 of Liturgy books)

Glory be . . . now and forever . . . : Only Begotten Son

THIRD ANTIPHON: Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia!

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, baptized ...

For God is the great Lord and the great king over all the earth.

Son of God, baptized...

TROPAR (Tone 7): By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrh-bearers to joy, and charged the apostles to proclaim that You are risen, O Christ, our God, offering great mercy to the world.

FEASTIVE TROPAR (Tone 1): At your baptism in the Jordan, O Lord, worship of the Trinity was revealed; for the Father's voice bore witness to You, calling You his beloved Son, and the Spirit in the form of a dove confirmed the truth of these words. O Christ God, who appeared and enlightened the world, glory be to You!

Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever. Amen.

FEASTIVE KONDAK (Tone 4): Today You have revealed Yourself to the universe, and Your light O Lord has shone upon us who spiritually sing to You: You have come and revealed yourself, O inaccessible light.

PROKIMEN (Tone 1): Let Your mercy, O Lord, be upon us, as we have hoped in You.

Verse: Rejoice in the Lord, O you just; praise befits the righteous.

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Ephesians (4: 7 - 13)

Brothers and Sisters! Each of us has received God's favor in the measure in which Christ bestows it. Thus, you find Scripture saying: "When he ascended on high, he took a host of captives and gave gifts to men." "He ascended," what does this mean but that he had first descended into the lower regions of the earth? He who descended is the very one who ascended high above the heavens, that he might fill all men with his gifts. It is he who gave apostles, prophets, evangelists, pastors and teachers in roles of service for the faithful to build up the body of Christ, till we become one in faith and in the knowledge of God's Son, and form that perfect man who is Christ come to full stature.

ALLELUIA VERSES: *God gives me vindication, and has subdued peoples under me.*

Making great the salvation of the king, and showing mercy to His anointed, David, and to His posterity for ever.

GOSPELS: Matthew 4: 12 -17

At that time when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went down to live in Capernaum by the sea near the territory of Zebulun and Naphtali, to fulfill what had been said through Isaiah the prophet: "Land of Zebulun, land of Naphtali along the sea beyond the Jordan, heathen Galilee: A people living in darkness has seen a great light. On those who inhabit a land overshadowed by death, light has arisen." From that time on Jesus began to proclaim this theme: "Reform your lives! The kingdom of heaven is at hand."

INSTEAD OF 'It Is Truly Right...': O my soul, glorify Christ the King baptized in the River Jordan. No tongue has the power to fittingly extol you; and even a supernatural mind is powerless to glorify you, O Mother of God. But in your graciousness, accept our faith because you know our holy ambition; for you are the protectress of Christians, and we extol you.

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest.

The grace of God has appeared, offering salvation to all men. Alleluia! Alleluia! Alleluia!

INSTEAD OF 'Blessed is He who comes...': "We have seen the true light..."; and, "Blessed be the name...." -

"All creation is filled with rejoicing *today*, for Christ is baptized in the Jordan!"

LITURGICAL SCHEDULE January 8 – January 14, 2024

Monday, January 8, 2024 - Post-feast of Theophany.

6:30 p.m. Catechism

No service scheduled – clergy meeting

Tuesday, January 9, 2024 - Post-feast of Theophany.

No service scheduled – clergy meeting

Wednesday, January 10, 2024 - Post-feast of Theophany. Our Holy Father Gregory, Bishop of Nyssa (after 394). James 3:11-4:6. Mark 11:23-26.

No service scheduled – Blessing Of Homes

Thursday, January 11, 2024 - Post-feast of Theophany. Our Venerable Father Theodosius, Founder of the Cenoebitic Monastic Life (529). 2 Corinthians 4:6-15.

Matthew 11:27-30.

No service scheduled – Blessing Of Homes

Friday, January 12, 2024 - Post-feast of Theophany. Martyr Tatiana.

No service scheduled – Blessing Of Homes

Saturday, January 13, 2024 - Saturday after Theophany. Ephesians 6:10-17. Matthew 4:1-11.

No service scheduled - Blessing Of Homes

Sunday, January 14, 2024 - Sunday of Zacchaeus. 1 Timothy 4:9-15. Luke 19:1-10.

9:10 a.m.-Rosary *livestreaming*

9:30 a.m.-Divine Liturgy *livestreaming*

1:30pm Divine Liturgy in Moose Jaw and homes blessings



BLESSING OF HOMES: The blessing of homes begins in January after the Feast of Holy Theophany and is carried out until February 2nd. By His Baptism in the River Jordan, Christ sanctified the waters. It is at this time of year that sanctification is brought to our homes, to us and to our loved ones. We keep this tradition of having our homes blessed by our Parish



Priest every year in faith that God blesses all of us during this New Year with health and salvation.

If you would like your home blessed please, fill in the schedule form on the table in the foyer, the date and time that works best for you.

CHRISTMAS MEMORIAL TREE: Once again, the memorial tree is set up in the front foyer.



Christmas is a time to spend with loved ones, family and friends, and to remember those who are no longer with us in person but are with us in spirit. If you wish to donate, you may do so by placing your money and family names in the envelopes at the back of the church where it is stated "Specify Donation" and print "Memorial Tree" and then place in the Sunday collection basket. E-Transfers are accepted, please indicate in the message field the names of the deceased member/members for whom you are donating. Fr. Vasyl will have the Panakhyda for all those departed family and friends on Thursday, January 25, 2024 at 6:00 p.m. All funds received will be directed to "St. Athanasius Aide to Ukraine Fund" to help our new families enjoy their first Christmas in Regina.



2024 Gregorian Calendars are available at the parish. We have a limited amount of calendars therefore we encourage one calendar per family. If you know of someone who is in a care home or is not comfortable to attend church but would like a calendar, please do not hesitate to take a calendar for them.

NOTICE: Our parish expenses continue, so please continue to support the parish. Your donations are very much appreciated. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail in your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. PLEASE COMPLETE THE MESSAGE FIELD and DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.

December 31: 57 Regular Envelopes - \$1820; 1 Building Fund Envelope - \$20; 4 Christmas Offering Envelopes - \$230; 4 Memorial Tree Envelopes - \$245; 1 Christmas Flowers Envelope - \$20; 1 World Mission Envelope - \$20; 4 Visitor Envelopes - \$590; 10 Caroling Donations: \$680; Loose Change - \$152.

E-Transfers: 4 general donations - \$930; 1 Memorial Tree donation - \$100; 1 Caroling donation: \$50

2024 SUNDAY DONATION ENVELOPES are available for pick up during scheduled Divine Liturgy services or during office hours, Tuesday – Thursday, 10:00 a.m. – 2:00 p.m. Please phone 306-543-8008 during office hours to arrange for pick up of your donation envelopes. If there is an error or if you did not receive a set of envelopes, please contact the office. **Although you may make your donations through e-transfers or are set up on pre authorized givings, the designated box of envelopes belong to you and we would greatly appreciate them picked up at your earliest convenience.** Also, we would appreciate it, if you could include your e-mail address and any changes to your current address on your first donation envelope.



NEW COFFEE SIGN UP SCHEDULE: Please, if you can sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving this would be an indicator no one is interested in having coffee after Sunday Divine Liturgy and will be discontinued. Please, help out when you can.

POPE's PRAYER INTENTION FOR JANUARY: *For The Gift Of Diversity In The Church* –We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

JANUARY FOOD BANK ITEM – RICE



SYMPATHY AND CONDOLENCES are extended to Janet Bzdel and Gerald Mydan, and family, on the death of her mother, Stella Bzdel, who passed away on, Monday, December 18th, 2023. Funeral service was held on Saturday, December 30th, at St. Michaels Ukrainian Catholic Church, Wishart SK. Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!



SYMPATHY AND CONDOLENCES are extended to Kevin Korchinski and family, on the death of his mother, Margaret Korchinski, who passed away on, Tuesday, January 2, 2024. Funeral service will be held at a later date. Вічна Пам'ять – Vichnaya Pamyat! Eternal Memory!

Ultimate A & B Youth Presents. . . A Youth “Lock-In” Retreat!

Are you in grades 7-12 and are looking to attend a 24-hour Lock-in Retreat?

Well now's your chance!

This year's lock-in takes place **Friday, January 26, 2024 @7pm to Saturday, January 27, 2024 @ 6pm** at **St. Basil's Parish Centre (1717 Toronto Street, Regina)**.

This year's theme will be “Journey”. Activities for the two days include: team building activities, bowling, spiritual sessions, and so much more. More information will be available in January 2024.

The cost for the event will be \$40. This will cover all the meals and activities.

The registration deadline is **Sunday, January 21, 2024.**

If you are interested in attending or would like more information, please contact Lesia Lazurko (Ultimate A & B Youth Coordinator) at ultimateaandb@hotmail.com.



UCWLC
Notes



Примітки
лукжк

Upcoming Branch Activities – Mark Your Calendars!

January Branch Meeting Date Change

Our next Branch meeting is moved to January 27 following 9:30 liturgy which will be offered for (+) Stella Bzdel. This is the last Branch meeting before our Feb. 17 AGM!

*** Our next Soup Sunday Luncheon is January 28/24!**

Please let Holly know if you can help!

A festive banner for a Ukrainian New Year's Family Fun Day event. The background is a bright blue sky with white clouds and green hills at the bottom. Two strings of colorful triangular bunting (yellow, green, and red) hang from the top corners. In the center, a large blue circle contains the word 'FAMILY' in large, bold, yellow letters with a blue outline. Below it, the words 'FUN DAY' are written in the same style. Above the circle, the text 'The Bishop Budka #5914 Knights of Columbus present a:' is written in black. Below the circle, a yellow ribbon banner contains the date and time: 'Sunday, Jan 14th, 2024 1-5pm (come and go)'. At the bottom, four lines of text describe the event: 'There will be snacks and refreshments.', 'Bowling, billiards, board games & music.', 'The club bar will be open for beverage purchases.', and 'Bring your family and celebrate with us.'

**The Bishop Budka #5914
Knights of Columbus
present a:**

Ukrainian New Year's

FAMILY FUN DAY

**Sunday, Jan 14th, 2024
1-5pm (come and go)**

There will be snacks and refreshments.
Bowling, billiards, board games & music.
The club bar will be open for beverage purchases.
Bring your family and celebrate with us.

THE VICTORIA CLUB (1300 Victoria Ave)

There is a large parking lot behind the club.
(ENTER THRU REAR OF BUILDING, USE BUZZER)



Livestreams for Nomination, Consecration and Installation of
Bishop Michael Smolinski, C.Ss.R.

January 19, 20 and 21, 2024

Available here:

<https://www.youtube.com/@skeparchy/streams>

SUNDAY AFTER THEOPHANY



This time after the Theophany the Gospel introduces the person and work of John the Baptist, who reveals to his contemporaries a different road to follow, a different path of faith. This path is the path of conversion. What does the word 'conversion' mean? In the Bible it means to change direction and orientation; and thus also to change one's way of thinking. It comes from the Greek word "Matanoia" – which means to change one's way of thinking.

In the moral and spiritual life, to convert means to turn oneself from evil to good, from sin to love of God. And this is what the Baptist was teaching, who in the desert of Judea was "preaching a baptism of repentance for the forgiveness of sins". Receiving baptism was an outward and visible sign of the conversion of those who had listened to his preaching and decided

to repent. That baptism occurred with immersion in the Jordan, in water and it was useless if there was no willingness to repent and change one's life.

Conversion involves the desire to be free from sins, the intention to exclude them from one's own life forever. Conversion involves two elements: Detachment from too much worldly things and seeking God and his kingdom. Abandoning a worldly mentality is not an end in itself; it is not a way of living in fear of God and to do penance: a Christian is not like this. To be a Christian means something else. It means of attaining something greater, namely, the Kingdom of God, communion with God, friendship with God.

For some people of our time the word Conversion can even recall a discouraging thought. It is not that they don't want to be good Christians or people who don't want believe. Many would like to go that different path of conversion, to change a way of thinking, but they feel they cannot do it? One could ask - what to do in this case?

First of all, we should remind ourselves that conversion is a grace: no one can convert by his or own strength. It is a grace that the Lord gives you, and thus we need to forcefully ask God for it. To ask God to convert us, that we can truly convert, to the degree in which we open ourselves up to the beauty, the goodness, the tenderness of God. Think about God's tenderness. God is not a bad father, an unkind father, no. He is tender. He loves us so much, like the Good Shepherd, who searches for the last member of his flock.

This is the way we should understand the word conversion as a grace of God who is with us. We don't have to search for God but to open ourselves to Him. Like the shepherd's and Magi were open to receive the message of God, beginning a different path of faith, because it is God who moves us to a different path in order to open ourselves to Him, to his Word, to his love which restores and saves.