



**Sunday, September 20, 2026**

**ST. ATHANASIOS UKRAINIAN  
CATHOLIC CHURCH  
55 MCMURCHY AVENUE  
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak  
Cell Phone: 306-519-9030

E-mail: [vasyltymishak@gmail.com](mailto:vasyltymishak@gmail.com)

**Parish Office:** 306-543-8008 **Office Hours:** 10:00am-2:00pm (Tuesday, Wednesday, Thursday)  
**E-mail:** [stathanasius@sasktel.net](mailto:stathanasius@sasktel.net)  
**Website:** [www.st-athanasius.ca](http://www.st-athanasius.ca)  
**Facebook:** <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Peter Federko  
UCWLC President – Lorraine Woynarski  
UCBC President – Mark Woitas

Cell phone (call or text): 306-536-9057

Knights of Columbus – Nathan Sapach, Grand Knight

Ultimate A&B Youth - Lesia Lazurko

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

**SAFEGUARDING REPORTING LINE: 306-222-1475** [e-mail:safeguarding@skeparchy.org](mailto:safeguarding@skeparchy.org)

**ROSARY: Sunday – 9:10 a.m. (livestreaming)**

**DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. (livestreaming)**

**DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.**

**Weekday Liturgies – as scheduled**

**Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule**

**РОЗКЛАД БОГОСЛУЖІНЬ:**

**Вервиця: неділя — 9:10 (пряма трансляція)**

**Божественна Літургія (двомовна): неділя — 9:30 (пряма трансляція)**

**Божественна Літургія українською мовою: перша неділя кожного місяця — 11:30**

**Божественні Літургії у будні: згідно з розкладом**

**Сповідь: перед кожною Божественною Літургією; у будні — згідно з розкладом.**

**MEMBERSHIP AT ST. ATHANASIOS PARISH** is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or the parish office.

**Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.**

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for coffee, juice, cookies and socializing.

**TO ALL PARISHIONERS:** During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services.



This video will be kept for a maximum of 30 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream on Facebook: <https://facebook.com/reginaukrainian catholic north/live>

| September Greeters |                         | September Ushers & Tabulators     |
|--------------------|-------------------------|-----------------------------------|
| Sept. 20           | Gerry & Valerie Syrota  | Linda Korchynski & Art Wrytrykush |
| Sept. 27           | Carl & Linda Korchynski | Kevin Korchinski & John Dmyterko  |

| September Rosary |                                                                            | September Readers     |
|------------------|----------------------------------------------------------------------------|-----------------------|
| September 20     | Bernice Bzdell & Marian Bioarchuk<br><i>Byzantine – Luminous Mysteries</i> | Terelyne Vadeboncoeur |
| September 27     | Joe Hladky & Svitlana Zelenyi<br><i>Glorious Mysteries</i>                 | Joe Hladky            |

| ALTAR SERVER/<br>COMMUNION MINISTER |                                             | ALTAR SERVER<br>COMMUNION MINISTER        | COMMUNION MINISTER |
|-------------------------------------|---------------------------------------------|-------------------------------------------|--------------------|
| Sept. 13 – Sunday<br>9:30 a.m.      | Mark Woitas<br>2 <sup>nd</sup> Chalice      | Tyler Woloshyn<br>3 <sup>rd</sup> Chalice |                    |
| Sept. 20 – Sunday<br>9:30 a.m.      | Ihor Zelenyi<br>2 <sup>nd</sup> Challice    | Evan Derow<br>3 <sup>rd</sup> Chalice     |                    |
| Sept. 27 – Sunday<br>9:30 a.m.      | Walter Wilchowoy<br>2 <sup>nd</sup> Chalice | Tyler Woloshyn<br>3 <sup>rd</sup> Chalice |                    |

**СЛАВА ІСУСУ ХРИСТУ! СЛАВА НА ВІКИ!**  
**Glory Be To Jesus Christ! Glory Be Forever!**

**SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS**

**FIRST ANTIPHON:** My God, my God, look upon me, why have You forsaken me? Why can't my sinful words reach You, my salvation.

*Through the prayers of the Mother of God, O Saviour, save us.*

When I cry to You during the day, O my God, You do not listen, and there is no rest for me at night.

*Through the prayers of the Mother of God, O Saviour, save us.*

Nonetheless You are there in the holy place, O Israel's boast.

*Through the prayers of the Mother of God, O Saviour, save us.*

Glory be to the Father. . . Only Begotten Son.. .

**THIRD ANTIPHON:** Regular 3<sup>rd</sup> Antiphon (pg. 25) but with the following refrain:

*O Son of God, crucified in the flesh, save us who sing to You: Alleluia!*

**TROPAR (Tone 8):** You came down from on high, O Merciful One, and accepted three days of burial to free us from our sufferings. O Lord, our life and our resurrection, glory be to You.

**TROPAR of the Exaltation (Tone1):** Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross.

**Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!**

**KONDAK (Tone 8):** When You rose from the tomb, You also raised the dead and resurrected Adam. Eve exults in Your resurrection, and the ends of the world celebrate Your rising from the dead, O most merciful One.

**INSTEAD OF: "Holy God...":** To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

**PROKIMEN (Tone 8):** Pray and give praise to the Lord our God.

**Verse:** In Judea God is known; His name is great in Israel.

**EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Galatians.  
(2: 16-20)**

Brothers and Sisters! Knowing that a man is not justified by legal observance but by faith in Jesus Christ, we too have believed in him in order to be justified by faith in Christ, not by observance of the law; for by works of the law no one will be justified. But if, in seeking to be justified in Christ, we are shown to be sinners does that mean that Christ is encouraging sin? Unthinkable! If, however, I were to build up the very things I had demolished, I should then indeed be a transgressor. It was through the law that I died to the law, to live for God. I have been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave himself for me.

**ALLELUIA VERSES:** *Come, let us rejoice in the Lord; let us acclaim God our Savior.*

*Let us come before His countenance with praise and acclaim Him with psalms.*

**GOSPEL: Mark 8: 34 – 9:1**

At that time He summoned the crowd with his disciples and said to them: "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and gospel's will preserve it. What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life! If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

**INSTEAD OF "It is truly right...":** My soul, extol the venerable cross of the Lord. O Mother of God, you are a hidden paradise which mysteriously brought forth Christ by whom a life-giving tree of the cross has been planted on earth. Today this cross is being exalted, and we, adoring it, glorify You.

**COMMUNION HYMN:** Praise the Lord from the heavens, praise Him in the highest.

The Light of Your face, O Lord, is raised over us. Alleluia! Alleluia! Alleluia!

**LITURGICAL SCHEDULE: SEPTEMBER 21 – SEPTEMBER 27, 2026**

**Monday, September 21, 2026:** The Holy Apostle Codratus of Magnesia. Leave-taking of the Feast of the Exaltation of the Cross. Ephesians 4:25–32; Luke 3:19–22.

**6:00 p.m. Children's service followed by catechism**

**Tuesday, September 22, 2026:** The Holy Hieromartyr Phocas, Bishop of Sinope; the Holy Prophet Jonah; the Venerable Jonah the Presbyter. Ephesians 5:20–26; Luke 3:23–4:1.

**6:30 p.m. Divine Liturgy** for +Walter Brigidear, (brother of Marie) requested by UCWLC followed by UCWLC meeting

**Wednesday, September 23, 2026:** The Conception of the Honourable and Glorious Prophet, Forerunner, and Baptist John. Galatians 4:22–31; Luke 1:5–25.

**10:00 a.m. Divine Liturgy and Panakhyda** for +Sandra Derenisky, requested by Len and Anna Markewich

**Thursday, September 24, 2026:** The Holy First-Martyr and Equal-to-the-Apostles Thekla. Ephesians 5:33–6:9; Luke 4:16–22.

**6:30 p.m. Divine Liturgy** for +Ted Dusyk, requested by Peter & Marion Federko followed by Parish Council Meeting

**Friday, September 25, 2026:** Our Venerable Mother Euphrosyne. Ephesians 6:18–24; Luke 4:22–30.

**Clergy Day Off – No service scheduled**

**Saturday, September 26, 2026:** The Falling Asleep of the Holy Apostle and Evangelist John the Theologian. 1 John 4:12–19; John 19:25–27; 21:24–25.

**11:00 a.m. Divine Liturgy in Chaplin**

**Sunday, September 27, 2026:** Eighteenth Sunday after Pentecost; Tone 1; 2 Corinthians 9:6–11; Luke 5:1–11.

**9:10 a.m.** Rosary – livestreaming

**9:30 a.m.** Divine Liturgy (bilingual) – livestreaming

**1:30 p.m.** Divine Liturgy in Moose Jaw

**POPE’S PRAYER INTENTION FOR SEPTEMBER – FOR CARE OF WATER.**

Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

**SEPTEMBER FOOD BANK ITEM – SOUP**

**NOTICE:** Our parish expenses continue, so please continue to support the parish. Your donations are very much appreciated. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to [stathandeposit@sasktel.net](mailto:stathandeposit@sasktel.net). Non-parishioners sending an e-transfer must complete the message field with your name and mailing address for income tax receipts. **WHEN MAKING AN E-TRANSFER DONATION, PLEASE COMPLETE THE MESSAGE FIELD INCLUDING YOUR ENVELOPE NUMBER and please DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION.** When using a “visitor’s envelope”, please complete all the information, if you wish to receive a tax receipt.

St. Athanasius Children's Catechism/First Solemn Holy Communion Preparation will begin

**Monday September 21, 2026:**

- 6:00pm Liturgical Service
- 6:20pm Father's Spiritual Message
- 6:30pm Catechism Classes
- 7:15pm Children's Choir Practice

Please contact the Catechism Coordinator-Tyler Woloshyn at [tjvwoloshyn@gmail.com](mailto:tjvwoloshyn@gmail.com) or 306-526-6563 for registration, questions or assistance.



**COFFEE SIGN UP SCHEDULE:** Please, if you can, sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving, this would be an indication no one is interested in having coffee after Sunday Divine Liturgy and it will be discontinued. Please, help out when you can



**KNIGHTS OF COLUMBUS**  
INTER-COUNCIL CHARITY APPEAL · 2026  
**BUY YOUR TICKETS BEFORE SEPTEMBER 30**

Support Charity. Support Community. Support Our Order.  
Purchase tickets from any Knights of Columbus member.  
Tickets: \$1 each    Total Prizes: Over \$25,000 in cash  
Draw Date: Nov. 7, 2026 – 9:00 p.m., Yorkton, SK  
Need not be present to win. Early purchase helps councils reach their charity goals.

**GRAND PRIZE**

**\$10,000**

[kofcsask.com](http://kofcsask.com)

"The Knights of Columbus Charitable Foundation 2027 Cash Calendars. sale for \$40.00 per calendar . Please contact Tyler Woloshyn at 306 526 6563 or a Brother Knight from Bishop Budka Council #5914 to purchase your calendar."



**UCWLC  
Notes!**



## UCWLC September Meeting

Tuesday, September 22, 2026

Liturgy at 6:30 followed with the meeting in the boardroom.

## September Sunday Luncheon

Sunday, September 27, 2026 following Divine Liturgy

## 2026 Christmas Trade and Craft Show

Saturday, December 5, 2026

If you or anyone you know is interested in being a vendor at this event, please contact [stasucwlc@gmail.com](mailto:stasucwlc@gmail.com) or talk to Lorraine W.

**UNYF REGINA**  
invites everyone to our fundraiser for UNF Regina...



**NATALKA  
POLTAVKA**

A play adapted by UNYF Regina from the 1819 story  
written by Ivan Kotlyarevsky

**September 27th, 2026**  
The Artesian  
2627 13<sup>th</sup> Ave

| Program          |        | Tickets              |         |
|------------------|--------|----------------------|---------|
| Doors Open.....  | 6:00PM | Children (4-12)..... | \$12.00 |
| Show Begins..... | 6:30PM | Adults.....          | \$25.00 |
| Doors Close..... | 8:30PM |                      |         |



**ARTESIAN**  
ARTESIANTHEATRE.CA

For people that are not able to buy tickets online, please contact Andrew Kenuik at (306-216-2777) to reserve your ticket. Also, tickets can be purchased at the door.



CAMPION COLLEGE

FALL 2026

# UKRAINIAN CATHOLIC DIVINE LITURGY

with Fr. Vasyl Tymishak

Parish Priest, St. Athanasius Ukrainian Catholic Church



SEPT 10 | OCT 6 | NOV 26 | DEC 4  
12pm - Campion College Chapel (2<sup>nd</sup> floor)  
Everyone is welcome!

## LET US UNITE IN CATECHETICAL MINISTRY IN CANADA



A CATECHIST IS:

a **vocation** | a **mission** of the heart | a **way of life** and **service**



Monthly Bilingual **Online Gatherings**  
For Catechists and Those Who Aspire to Become One

### These gatherings aim to:

- unite in catechetical ministry and build community;
- develop and discover the beauty of the catechist's vocation;
- pray together;
- share experiences and support one another in ministry;
- grow both spiritually and professionally.



The first gathering will take place in **October 6, 2026.**

**Registration:** <https://forms.gle/Lsh2t9ZXcBwg8Wan7>

**For additional information, please contact:** [catechistugcc@gmail.com](mailto:catechistugcc@gmail.com) (Viktorlia)



### **St. Basil's Events:**

**Fall Tea - Sunday, September 20<sup>th</sup> (TODAY) 2:00 – 4:00**

Hosted by the Library

Upper Level - Parish Center

Fancy Sandwiches, Dessert and Bingo (\$2per card)

**Crib Tournament – Saturday, October 3<sup>rd</sup> 10:00-4:00**

\$40 per team of 2 - Register by September 26<sup>th</sup>

Single Players are Welcome

Refreshments available for Purchase

**Fall Perogy Supper – Sunday, October 4<sup>th</sup> 4:00-6:00**

Adults \$25, Children 6-12 \$10, Children under 6 Free

Tickets at the Door!

For Information or to Register for the Tournament Contact: Carla Lazurko 306-552-5524

See Posters in St. A's Hall

## SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



*Icon of the Crucifixion of Christ*

## **THE GLORY OF THE CROSS**

A hardened criminal was moved from his prison cell to solitary confinement because he deserved additional punishment. In the corner of his new cell, he saw something wedged into the corner of the room. Upon closer inspection, he discovered that it was a copy of the New Testament left there by the inmate before him. Out of curiosity, he began reading the Scriptures for the first time in his life and was drawn again and again to the account of our Lord's suffering and crucifixion.

Our Lord suffered on the cross for the good of many. Thinking of his own present sufferings, the inmate then wondered how his own life would have been different if he had used all of his energies for good instead of evil. Then he realized that even he was among the many for whom Jesus died on the Cross! Because of the Cross, the inmate repented and found a place for God in his life!

The Cross is the instrument of Christ's suffering and passion. However, it is also the Trophy of Victory and the means by which Christ conquered death by His death. The Feast of the Exaltation of the Cross placed before us this most profound mystery of suffering and its undeniable paradox: that in death there is life, and that in suffering there is glory. As we continue to celebrate this holy feast, may we turn our own sufferings over to Jesus and ask Him for the grace to bear them with resignation to His divine will - for those who bear the Cross are also sheltered by it.