



Sunday, October 18, 2026

**ST. ATHANASIOUS UKRAINIAN
CATHOLIC CHURCH
55 MCMURCHY AVENUE
REGINA SK. S4R 3G3**

Parish Priest: Fr. Vasyl Tymishak
Cell Phone: 306-519-9030

E-mail: vasyltymishak@gmail.com

Parish Office: 306-543-8008 **Office Hours:** 10:00am-2:00pm (Tuesday, Wednesday, Thursday)

E-mail: stathanasius@sasktel.net

Website: www.st-athanasius.ca

Facebook: <https://facebook.com/reginaukrainiancatholicnorth/live>

Parish Council President – Peter Federko

Cell phone (call or text): 306-536-9057

UCWLC President – Lorraine Woynarski

UCBC President – Mark Woitas

Ultimate A&B Youth - Lesia Lazurko

Knights of Columbus – Nathan Sapach, Grand Knight

Parish Coordinator of Care (PCC) - Mary Lou Senko @ 306-525-6437

SAFEGUARDING REPORTING LINE: 306-222-1475 [e-mail:safeguarding@skeparchy.org](mailto:safeguarding@skeparchy.org)

ROSARY: Sunday – 9:10 a.m. *(livestreaming)*

DIVINE LITURGY: Bilingual: Sunday - 9:30 a.m. for the faithful. *(livestreaming)*

DIVINE LITURGY in Ukrainian – the first Sunday of each month at 11:30 a.m.

Weekday Liturgies – as scheduled

Confessions before every Divine Liturgy & Week Day Liturgies – As per the schedule

РОЗКЛАД БОГОСЛУЖІНЬ:

Вервиця: неділя — 9:10 *(пряма трансляція)*

Божественна Літургія (двомовна): неділя — 9:30 *(пряма трансляція)*

Божественна Літургія українською мовою: перша неділя кожного місяця — 11:30

Божественні Літургії у будні: згідно з розкладом

Сповідь: перед кожною Божественною Літургією; у будні — згідно з розкладом.

MEMBERSHIP AT ST. ATHANASIOUS PARISH is recognized by participating in the Sunday Divine Liturgy and by fulfilling your baptismal responsibility in contributing to our Church Community activities by using your time, talents and treasures. Regular financial donations by use of Sunday envelopes is necessary for our parish to grow and prosper. If you would like to become a registered member, please contact Fr. Vasyl or the parish office.

Please contact Fr. Vasyl if you know of any parishioner who is sick and wants to be visited.

Welcome to all visitors and parishioners who are celebrating the Liturgy with us today. Everyone is welcome to the auditorium for Soup Sunday Sponsored by UCWLC.

TO ALL PARISHIONERS: During our Livestream and Videotaping, the video may capture the likeness of those parishioners sitting in the pews during our services.



This video will be kept for a maximum of 30 days. Other than those who choose to view the livestream as it happens, the video will not be released to third parties.

As our video will stream on Facebook, we will comply with the website's regulations.

If you are uncomfortable being on video, please advise the greeters when you enter the church and they will place you in a pew where you will not be captured.

Please join our services by visiting our website and clicking on the Livestream on Facebook: <https://facebook.com/reginaukrainian catholic north/live>

October Greeters		October Ushers & Tabulators
Oct. 18	Maggie Stephen & Bernice Bzdell	John Dmyterko & Carl Korchynski
Oct. 25	Gerry & Valerie Syrota	Art Wytrykush & Rosanne Miller

October Rosary		October Readers
October 18	Marianne Stadnyk & Natalia Osoba <i>Byzantine – Luminous Mysteries</i>	Marianne Stadnyk
October 25	Karen Woitas & Marian Bioarchuk <i>Joyful Mysteries</i>	Stephanie Royal

ALTAR SERVER/ COMMUNION MINISTER		ALTAR SERVER COMMUNION MINISTER	COMMUNION MINISTER
October 18 – Sunday 9:30 a.m.	Walter Wilchowy 2nd Chalice	Mark Woitas 3rd Chalice	
October 25 – Sunday 9:30 a.m.	Evan Derow 2nd Chalice	Tyler Woloshyn 3rd Chalice	
November 1 - Sunday 9:30 a.m. English	Mark Woitas 2nd Chalice	Ihor Zelenyi 3rd Chalice	
November 1 - Sunday 11:30 a.m. Ukrainian	Tyler Woloshyn		
November 8 – Sunday 9:30 a.m.	Walter Wilchowy 2nd Chalice	Ihor Zelenyi 3rd Chalice	
November 15 - Sunday 9:30 a.m.	Mark Woitas 2nd Chalice	Walter Wilchowy 3rd Chalice	
November 22 - Sunday 9:30 a.m.	Tyler Woloshyn 2nd Chalice	Evan Derow 3rd Chalice	
November 29 – Sunday 9:30 a.m.	Walter Wilchowy	Mark Woitas 3rd Chalice	Peter Federko 2nd Chalice

***СЛАВА ІСУСУ ХРИСТУ! СЛАВА НА ВІКИ!
Glory Be To Jesus Christ! Glory Be Forever!***

TWENTY- FIRST SUNDAY after PENTECOST

TROPAR (Tone 4): When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: "Death has been plundered! Christ our God is risen granting to the world great mercy."

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

KONDAK (Tone 4): My Saviour and Deliverer from the grave as God has raised out of bondage the children of earth and shattered the gates of Hades; and as Master, He rose on the third day.

PROKIMEN (Tone 4): How great are Your works, O Lord: You have made all things in wisdom.

Verse: *Bless the Lord, O my soul; O Lord my God, You are exceedingly great.*

EPISTLE: A reading from the Letter of the Holy Apostle Paul to the Galatians: (2: 16-20)

Brothers and Sisters! Knowing that a man is not justified by legal observance but by faith in Jesus Christ, we too have believed in him in order to be justified by faith in Christ, not by observance of the law; for by works of the law no one will be justified. But if, in seeking to be justified in Christ, we are shown to be sinners does that mean that Christ is encouraging sin? Unthinkable! If, however, I were to build up the very things I had demolished, I should then indeed be a transgressor. It was through the law that I died to the law, to live for God. I have been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave himself for me.

ALLELUIA VERSES: *Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.*

You have loved justice and hated iniquity.

GOSPEL: Luke 8: 5-15

The Lord told this parable: “A farmer went out to sow some seed. In the sowing, some fell on the footpath where it was walked on and the birds of the air ate it up. Some fell on rocky ground, sprouted up, then withered through lack of moisture. Some fell among briars, and the thorns growing up with it stifled it. But some fell on good soil, grew up, and yielded grain a hundredfold.” As he said this he exclaimed: “Let everyone who has ears attend to what he has heard.” His disciples began asking him what the meaning of this parable might be. He replied, “To you the mysteries of the reign of God have been confided, but to the rest in parables that, seeing they may not perceive, and hearing they may not understand. This is the meaning of the parable. The seed is the word of God. Those on the footpath are people who hear, but the devil comes and takes the word out of their hearts lest they believe and be saved. Those on the rocky ground are the ones who, when they hear the word, receive it for a while, but fall away in time of temptation. The seed fallen among the briars are those who hear, but their progress is stifled by the cares and riches and pleasures of life and they do not mature. The seeds on good ground are those who hear the word in a spirit of openness, retain it, and bear fruit through perseverance.”

COMMUNION HYMN: Praise the Lord from the heavens, praise Him in the highest.
Alleluia! Alleluia! Alleluia!

LITURGICAL SCHEDULE: OCTOBER 19 – OCTOBER 25, 2026

Monday, October 19, 2026 - The Holy Prophet Joel. Colossians 2:13–20; Luke 9:18–22.
6:00 p.m. Children’s service followed by catechism

Tuesday, October 20, 2026 - The Holy Great-Martyr Artemius. Colossians 2:20–3:3; Luke 9:23–27.

6:30 p.m. Divine Liturgy followed by Parish Council Meeting

Wednesday, October 21, 2026 - Our Venerable Father Hilarion the Great. Colossians 3:17–4:1; Luke 9:44–50.

6:30 p.m. Divine Liturgy for +Sylvia Woloshyn, requested by Tyler Woloshyn, followed by **UCBC Meeting**

Thursday, October 22, 2026 - Holy Father John Paul II, Pope; The holy Bishop Abercius. Colossians 4:2–9; Luke 9:49–56.

6:30 p.m. Divine Liturgy and Panakhyda for +Travis Gordon, requested by Doris Gordon

Friday, October 23, 2026 - The Holy Apostle and Brother of the Lord in the Flesh James. Colossians 4:10–18; Luke 10:1–15.

10:30 a.m. Divine Liturgy for the deceased, requested by Holly Paluck

Saturday, October 24, 2026 The Holy Martyr Aretas and those with him. 2 Corinthians 5:1–10; Luke 7:1–10.

No service scheduled

Sunday, October 25, 2026 - Twenty-second Sunday after Pentecost; Tone 5; the Holy Martyrs and Notaries Marcian and Martyrius. Galatians 6:11–18; Luke 16:19–31.

9:10 a.m. Rosary – *livestreaming*

9:30 a.m. Divine Liturgy (*bilingual*) – *livestreaming*

1:30 p.m. Divine Liturgy in Moose Jaw

POPE’S PRAYER INTENTION FOR OCTOBER – FOR MENTAL HEALTH MINISTRY

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

OCTOBER FOOD BANK ITEM – CEREAL

NOTICE: Our parish expenses continue, so please continue to support the parish. Your donations are very much appreciated. There are a few options available to you: drop off your envelope at 54 McMurchy Avenue, mail your cheque to 55 McMurchy Avenue, Regina, S4R 3G3, or you can also do an e-transfer to stathandeposit@sasktel.net. Non-parishioners sending an e-transfer must complete the message field with your name and mailing address for income tax receipts. **WHEN MAKING AN E-TRANSFER DONATION, PLEASE COMPLETE THE MESSAGE FIELD INCLUDING YOUR ENVELOPE NUMBER** and please **DO NOT USE ALIAS NAMES WHEN SENDING AN E-TRANSFER DONATION**. When using a “visitor’s envelope”, please complete all the information, if you wish to receive a tax receipt.



COFFEE SIGN UP SCHEDULE: Please, if you can, sign up for a Sunday to serve coffee, juice and cookies. This would be very much appreciated. Coffee schedule sign up sheets are located in the front foyer desk and on the kitchen table. If no one signs up for serving, this would be an indication no one is interested in having coffee after Sunday Divine Liturgy and it will be discontinued. Please, help out when you can.

Please note: Covenant of Care Safeguarding documents and training are in the process of being reviewed and updated. If you are in a position of volunteering and working with children, youth, vulnerable adults, handling of money, finances, and being entrusted with control of keys and property, you will be required to have a Criminal Occurrence Security Check known as a police record check. Police record checks are required every five years. You will be contacted if you hold a position within the parish that requires a police record check or if your previous police record check has expired. If you have any questions regarding this information, please contact Fr. Vasyly Tymishak at [306-519-9030](tel:306-519-9030) or parish office [306-543-8008](tel:306-543-8008).



PEROGY BEE: St. Athanasius Parish will again be holding a perogy bee for perogies to be available to parishioners and their families and for sale at the UCWLC Trade & Craft Sale on December 5, 2026. The dates of the work bees will be announced soon. Order forms will be available in the front foyer in the not too distant future.



**ST. ATHANASIOS UCWLC
INVITES YOU TO OUR:**

**SOUP SUNDAY
LUNCHEON**

ENJOY A LIGHT LUNCHEON
&
SOME FELLOWSHIP AFTER LITURGY

ALL PARISHIONERS & VISITORS WELCOME!

NO TICKETS INVOLVED
DONATION BASKET AVAILABLE

SUNDAY, OCT. 15, 2023

TODAY, OCTOBER 18

**UCWLC
Notes!**



Buckwheat Cabbage Rolls

(made with regular cabbage leaves, not sour leaves)

are available for purchase from St. Athanasius UCWLC.

A limited amount of buckwheat cabbage rolls has been made. The UCWLC order form offers you rice cabbage rolls, buckwheat cabbage rolls, meat and rice cabbage rolls, borscht, beet relish with and without horseradish, kolach and kutia kits for purchase.

Order forms are available in the church foyer.

There is no UCWLC meeting in October.

The next meeting is Tuesday, November 24 at 6:00 pm in the boardroom.

Dates to remember:

Kolachi making dates:

- Tuesday, November 3—9:30
- Thursday, November 5—9:30

Meet you in the auditorium today for Soup Sunday and fellowship!!



Coats for Kids

Knights of Columbus – Bishop Budka Council 5914

Share the Warmth This Winter

The Knights of Columbus Bishop Budka Council 5914 is collecting cash donations and gently used children's winter coats to support families in need as the cold season arrives.

Your generosity helps ensure every child in our community has a warm, dignified winter coat.

Donation Types

- **Cash Donations** – used to purchase new children's coats
- **Gently Used Children's Coats** – clean, good-condition coats are gratefully accepted

Contacts: Nathan: 306-450-0034 OR James: 306-551-9679

Thank you for helping us bring warmth, comfort, and dignity to children in need.



**KNIGHTS OF COLUMBUS
INTER-COUNCIL CHARITY APPEAL · 2026
BUY YOUR TICKETS BEFORE SEPTEMBER 30**

**Support Charity. Support Community. Support Our Order.
Purchase tickets from any Knights of Columbus member.
Tickets: \$1 each Total Prizes: Over \$25,000 in cash
Draw Date: Nov. 7, 2026 – 9:00 p.m., Yorkton, SK
Need not be present to win. Early purchase helps councils
reach their charity goals.**

GRAND PRIZE

\$10,000

kofcsask.com

"The Knights of Columbus Charitable Foundation 2027 Cash Calendars. sale for \$40.00 per calendar. Please contact Tyler Woloshyn at 306 526 6563 or a Brother Knight from Bishop Budka Council #5914 to purchase your calendar."



REGINA'S ANNUAL FARM TOY AND COLLECTOR'S SHOW & SALE



October 23 & 24, 2026

**Hosted at St. Athanasius Ukrainian
Catholic Church Centre • 55 McMurphy
Avenue, Regina, SK, Canada**

Friday Oct 23: 5pm-9pm • Saturday Oct 24: 9am-5pm

Admission \$5 • 13 & under free

**Farm & construction toys • vintage & antiques •
model trains • dolls • collectibles**



**Traditional Ukrainian food:
perogies, cabbage rolls &
Ukrainian sausage**

Tables \$45 per 8 ft • Info: Ray Storozuk 1-306-550-9514

Cantoring & Liturgical Singing Workshop with Protodeacon Dr. Cyril Kennedy, PhD – Oct 23-24, 2026 at St. Basil's in Regina (1757 Toronto Street). Open to everyone interested in learning the principles of liturgical singing and leading in a parish setting. The goal is to increase participants understanding, competence, and confidence when leading and/or partnering to sing the Divine Liturgy and other liturgical services. This is the first of two workshops being offered in the Deanery, thanks to support from a UCFSask Grant. Registration fee is subsidized at only \$50 per person, and includes: 3 meals, a copy of the Anthology for Divine Workshop, and additional electronic files. To Register, contact Fr. Warren Dungen at info@stbmd.ca <<mailto:info@stbmd.ca>> or 306-590-7900. Payment in person, or through e-Transfer to: treasurer@stbmd.ca <<mailto:treasurer@stbmd.ca>> with "Cantoring Workshop" listed in the notation. Please refer to the poster on the bulletin board in the auditorium for additional information.

ST. BASIL'S

UKRAINIAN CATHOLIC CHURCH

CANTORING & LITURGICAL SINGING WORKSHOP

Guest Presenter

PROTODEACON DR. CYRIL KENNEDY

Eparchy of Edmonton & Assistant Professor at
Newman Theological College

Sing to our God Sing!

Oct 23 & 24, 2026

6PM-9PM // 9AM-6PM

1757 Toronto Street, Regina, SK

Workshop Highlights

- ✓ Introduction to the principles of liturgical singing
- ✓ Learning litanies, antiphons, the Anaphora, cherubic hymn, tropars, prokeimenon, and hymns
- ✓ \$50 Registration by e-Transfer to treasurer@stbmd.ca
- ✓ Includes 3 meals & copy of "Anthology of Divine Worship"

TO REGISTER OR INFO



306-590-7900



info@stbmd.ca





The Ukrainian Canadian Congress – Regina Branch invites the community to a Service and Program commemorating the 112th Anniversary of Canada's First National Internment Operations (1914–1920). The commemoration will take place on Sunday, October 25, 2026, at 2:00 PM at the Holodomor Monument in Regina. The community will gather to honour the victims and families whose lives were impacted by these historic events. Everyone is encouraged to attend and help preserve the memory of this important chapter in Ukrainian Canadian history. For more information refer to the Poster in the Hall.

TWENTY-FIRST SUNDAY AFTER PENTECOST



Icon of Saint Luke – October 18th

The Works of Jesus

Those who believe in one God the Father Almighty ought to believe in His only-begotten Son. Jesus says: "I am the door. No one can come to the Father but by me" (Jn 10: 9; 1.4:6).

Anyone who does not accept the door cannot possibly reach the Father. Anyone who wishes to pray to the Father should adore the Son, or his prayer is not accepted.

The Son is called Christ, which means anointed, that is, consecrated. He was not anointed by human hands but consecrated by the Father to become a priest forever. He died, but He did not remain, as all human beings do, in the underworld. He is the only one free among the dead.

The Savior becomes all things to all, according to the need of each: to those who ask for joy, he becomes the vine; to those who wish to enter, he becomes the door; to those who are under the weight of sin, he becomes a lamb, a lamb slain for them. He becomes all things to all, but He remains nonetheless what He is.

He is called by a twofold name: Jesus because He gives us salvation, and Christ because He is priest. He is the healer of bodies and the doctor of souls. As He made whole those who were physically blind, so He gave light to their minds. As He gave the lame the chance to walk, so He urges the steps of sinners in the direction of the way of penitence.

St. Cyril of Jerusalem